

NOVEMBER 2015

GUIDE — AND — DIGEST



A PUBLICATION OF HMC-TV AT HERSHEY'S MILL



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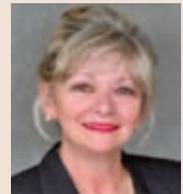
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We recommend an appointment for viewing properties.

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All submissions are welcomed. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38 - 41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Contents are from various sources; the information and opinions are of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

HMC-TV Guide and Digest

Volume XVI Number 11 - November 2015

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Cover: A dusting of snow on the decorations of autumn signal that the beauty of winter is just around the corner. See Recipes for a treat from these pumpkins.

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Marc Fraser | Director of Security

I am sure that most of us can remember the severity of the weather we experienced last winter and the resulting power outages. Though winter is

may lose electricity. While most outages last two or three hours, a few have lasted for more than 24 hours. During power outages lasting any length of time, the Security Department receives dozens of phone calls from residents

Be Prepared For A Power Outage

not scheduled to officially arrive for at least another month and a half, the following information will help you prepare for any instance where you may lose power, regardless of the season.

From time to time, usually during inclement weather, Hershey's Mill villages and the surrounding community

who find themselves inconvenienced or even in emergency situations that could be prevented with some advance planning. Listed below are a few suggestions that can better prepare people for a power outage:

- When the power is out, most automatic garage door openers will not operate. For those residents with detached garages, be sure you know how to operate your emergency door release.
- Keep plenty of flashlights around the house, and keep extra batteries at hand for all of them. It's important to have them near when needed.
- Turn off any appliances that you were using when the power went off. When the power goes out unexpectedly, a person may have been using their stove, heating pad, or other device that requires monitoring. A person might leave the house and forget that these items were left turned on. If the person is not at home when the power is restored, these items may

begin to operate again without any supervision, causing a fire hazard.

Please call PECO at 1-800-494-4000 to report that your power is out and for all outage-related questions, as PECO requires that account holders report their problem directly and does not provide the Security Department with any more information than they give to residents. When the Security Department is inundated with calls regarding a power outage,

the phone line is then tied up; and residents who are calling with security-related issues or emergencies cannot get through.

If you have available a smart phone or tablet with a data plan, you can visit the PECO website at www.peco.com and report your outage via the "Report An Outage" link on the page. Also, PECO provides an "outage map" on its site; and this allows customers to see where reported outages are located, how many people are affected, and the time by which the outage should be repaired.



- Keep a charged cell phone somewhere in your house. Providing that phone and cable service have not gone out along with the electricity, Verizon customers will continue to receive phone service and Comcast Phone customers should have phone service for 6-8 hours before the backup battery in their modem expires.
- If you are dependent on any life-saving electrical devices (such as oxygen pumps, medical monitors, etc.), please contact your medical supply company to discuss options for a backup power supply.

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BAYADA caregiver Laura McCarthy with her client Mrs. Rita A.

Tom Barrett | Kennett

We're approaching that time of year when many HM residents migrate from the frozen tundra of West Chester to the warmth of the Sunshine state. Here are a few suggestions gleaned from fellow snowbirds – and lessons learned from past mistakes.

- 1 Stop newspapers and other scheduled deliveries.
- 2 Forward your mail – or not. I find it takes an average of 7-8 days to forward mail from 19380 to 32962 (Vero Beach, FL). Instead, buy some USPS Priority Mail envelopes for about \$5.85 and ask a neighbor to

- 4 Turn off your water. The main valve location varies, but in most cases it is a short pipe that comes into your basement on the wall closest to the street. Twist the valve (gently)



Top-Ten List for a Great Winter

collect your mail and send it to your snowbird address. That way you can get the *Guide and Digest* and other magazines that the post office does not forward.

- 3 Go to Amazon.com and purchase a Thermo Cube C-3 for about \$11. You plug the cube into any standard outlet. Next, you plug a lamp (with a red compact fluorescent bulb) into it and place it in a window visible to neighbors. If your heat fails, the cube will turn on the lamp when your house temperature drops to 35°F. I set my thermostat to 49°F while I'm away. When your neighbor sees the light, they can call you so that you can arrange to have your heater serviced.

clockwise to turn off. Next, turn off your hot water heater; it's in your service panel and is a twin breaker. Also, disconnect any garden hoses and open the faucet by turning it counter clockwise.

- 5 Contact Hershey's Mill Security and fill out a Vacant Premises card.
- 6 Driving to Florida? If you are stressed by the I-95 insanity from here to Richmond, try I-81 instead. Yes, it adds 80 miles to your trip but I found it still takes 3 hours less to Vero Beach – especially travelling northbound. The fall foliage is beautiful on the southbound trip, and the spring equally beautiful northbound. If you have a smartphone,

get the Google Maps app. It will give you real-time traffic information and actually instruct you to get off the interstate if there is a backup ahead.

- 7 Tired of driving? Believe it or not, winter months are off season for Florida flights. As of this writing, I am seeing flights on Southwest for \$62 one way. I hear car transport services to Florida are about \$500. There is also the Autotrain from Lorton, VA to Sanford, FL.
- 8 If you have a television HD box from Comcast, don't pay \$19.95 or more per month while you are away. Call a month in advance and they will drop the HD service and charge just \$5 per month; and you don't have to disconnect or return the box.

9 If you are like us, the only reason we have a landline phone is that Hershey's Mill Security requires it. Check out Verizon's Ultra Call Forwarding. It costs \$6 per month, and you can redirect calls from any of your phones to any other you have.

- 10 Moochers. Have you noticed since you bought that condo in your little slice of paradise that friends and relatives have surfaced? Donate the bed in your second bedroom to Goodwill and replace it with a snake in an aquarium. If you have Facebook friends who you would really rather block, just wait until the weather in West Chester is below 30 with ice and snow and send them a photo of you on the beach enjoying your favorite adult beverage – and they will unfriend you.



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HM SINGERS HOLIDAY CONCERT

Ready to get into the holiday spirit? Allow the Hershey's Mill Singers to start your holiday season off by attending one of our 2015 Holiday Concerts.

Don't miss this special program of holiday selections; which includes traditional and popular Christmas songs as well as some you may not have heard before. Our resident men's quintet "The Millers" will again be with us. We will also feature solos and other instrumentals, as well as a carol sing-along!



HM Singers Holiday Concert

Saints Peter and Paul Roman Catholic Church

Friday, December 4 at 7:30 p.m.
Saturday, December 5 at 2:00 p.m.

The concert is free, but donations are appreciated to help us defray costs.

The church has a huge sanctuary, so we will have plenty of seats for everyone; and the parking lot can also accommodate all cars.

The church is located at 1325 E. Boot Road, West Chester; just outside the Mill. You will exit the Mill at the gate next to the Giant, then turn right onto Boot Road. Just after Wellington, turn right into the church parking lot.



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Mary Kay Hagerty | Heatherton

With two great passions, horses and modeling, Kate Moore has created an exciting and interesting life! Growing up in Chicago on “the wrong side of the tracks,” Kate yearned for glamour and at the same time had a love of horses (which she began riding at the age of seven). Her father, who was in the fashion industry, helped her get her first modeling job when she was 16. However, he wanted her to have a college education; which her two older sisters did not have. She graduated with honors from Loyola University in 1987 with a degree in marketing.

After college, Kate lived a “highly driven life” in Palm Beach, Florida, dividing her time between the glamorous world of fashion and the quiet, calming world of horses. As she explains, “When I walked into the barn, everything would just quiet down.” Horses were a soothing counter-balance to the exciting world of modeling. For Kate, modeling was both exhilarating and exhausting! She worked for the Ford and Elite modeling agencies and was a runway model for Michael Korrs, Donna Karan, Ralph Lauren, Isaac Mizrahi, and Nina McLemore (Hillary Clinton’s designer). She worked in New York, and even traveled to Milan, Italy, during her runway modeling career. She was quickly caught up in the high-fashion lifestyle; not eating, being told she was “fat,” having her body being constantly measured, and living on

a liquid diet. She became, as she puts it, “rack and bone” but got used to it. Today, she has many health problems as a result of her modeling days including bone issues, arthritis, and digestive problems. She showed me scars on her feet from undergoing three surgeries



as a result of years of stress and abuse to her bones and tendons. She vows she will never wear heels again!

Kate took a well-deserved vacation in 2007 to Bayhead, on the Jersey Shore, with some girlfriends, where she met her future husband Fred. They were married in May, 2008 in West Palm Beach, Florida. She is, as she declares, “blessed by a loving husband,” who works for the Federal Reserve Bank in Philadelphia. Fred was formerly an investment banker in Chicago and New York, traveling the world work-

ing for BNP Paribas, a leader in global banking and financial services.

After marrying, Kate left Florida to begin the next chapter of her life in Pennsylvania, where she got a job at QVC. She and Fred purchased a charming row house in South Philly. They enjoyed living in the area and had great neighbors who looked after each other. However, after a few years the neighborhood began to change and Kate and Fred didn’t always feel safe.

said “Hershey’s Mill.” Kate and Fred decided against Marshalltown, went home, called a real estate agent, and looked at several homes in Hershey’s Mill. When they saw 229 Chatham, Fred pulled Kate aside and said “This is it!” They sold their South Philly home in a day and have been living happily at Hershey’s Mill ever since!

Kate is very happy to be working at QVC, although it can be hectic and stressful behind the scenes working

Meet Kate Moore

Chatham

Working at QVC, which is broadcast live 24 hours a day, Kate worked crazy hours. She would often come home at 3am and not be able to find a parking space near her home. One time, while out walking, Kate and her dogs were attacked by a pit bull. They decided it was time to get out of the city.

How did they end up at Hershey’s Mill? They found a “Gentleman’s Farm” in Marshalltown with a beautiful old house near the Four Dogs Tavern. When Kate and Fred asked the owners why they were moving, they explained that they were tired of all the work involved in taking care of the house and property. This made sense to Kate, and she asked them where they were moving to. They



on a continuous, 24-hours-a-day live show! “You have to check your ego at the door!” QVC was founded in 1986 by Joseph Segel, an entrepreneur who saw an opportunity to create a new and engaging shopping experience through television broadcasts. He named the company to represent its three guiding principles: Quality, Value and Convenience. QVC wants to have a good relationship with the public.

Kate models hair and aging products for numerous clients. She is grateful to be living in Hershey’s Mill, only five minutes away from the QVC studio. During a TSV (Today’s Special Value) sale, she can work up to 24 hours in a stretch. She is able to go home between live appearances and rest, and often invites other

Photos provided by Mary Kay Hagerty

Continued on next page

models to join her. The hours at QVC are random and every week is different. With her degree in marketing, Kate is interested in the live feedback she gets while working at QVC. After each modeling session she checks to see

he was named Chef d'Equipe for the U.S. National Dressage Team (USDF). Kate has remained involved in dressage for many years. During her time

Up Close with Kate

How long have you lived in Hershey's Mill?
Four Years.

Where did you live before Hershey's Mill?
We lived in South Philly.

Are you involved in activities at Hershey's Mill? Not yet. Between my work at QVC and Blue Hill Farm I don't have much free time.

How do you like Hershey's Mill so far? I love it! I feel very grateful to live here. It's convenient to QVC, I feel safe here, and I enjoy the beautiful grounds and walking trails.

Favorite local restaurants? Limoncello and Oriental Pearl.



if they have reached their sales goals and target audience.

How does Kate unwind from her intense job at QVC? With horses of course! Kate has been riding and caring for horses since she was a child in Chicago; where she had to take a bus to the nearest riding stables. Her first riding mentor was Olympic equestrian champion Robert Dover, who is the most honored dressage rider in the United States, and has been inducted into the U.S. Dressage Federation Hall of Fame. In 2013,

in Palm Beach, she rode competitively for the USDF, and has also participated locally in the Devon Horse Show. Dressage, a French term most commonly translated to

mean "training," is a competitive sport defined by the International Equestrian Federation as "the highest expression of horse training" where horse and rider are expected to perform from memory a series of predetermined movements. Its purpose is to develop a horse's natural athletic ability and willingness to perform, thereby maximizing its potential as a riding horse. Kate now spends much of her free time at Blue Hill Farm, a full service training facility located on 75 acres in Unionville; owned and operated by three-time Olympian Jessica Ransenhousen and her daughter Missy. Blue Hill offers boarding for horses along with riding lessons and programs in dressage. She recently attended the Plantation Field Horse Trials in Unionville; grooming horses and assisting riders.



Kate enjoys being part of the volunteer work at Blue Hill Farm, and spending time there riding "Simply Harry" (her favorite horse). Harry is very sweet, and has been her buddy for three years. He

is very friendly, like "a dog with hooves," and he weighs 1,500 pounds! I asked Kate for advice on horseback riding for an adult amateur like myself, and she advised me that horses are living creatures – often unpredictable. You have to protect yourself, and be aware of all situations when riding. A little fear is healthy!

Kate loves living at Hershey's Mill! She feels very safe here and has met many friendly, fun people. She loves to walk her dogs, Victoria and Henry James, on the beautiful walking trails; and has met many fellow dog owners that way, even sharing the same groomer who makes house calls here! She enjoys the social life too; having recently attended a progressive party with her neighbors in Chatham. They had so much fun swapping recipes that they plan to have another party soon!

Kate is a fascinating person with a full and rewarding life; blending and balancing her passions! I enjoyed getting to know her and hope you did too!

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TRIPS ARE LISTED IN
CHRONOLOGICAL ORDER

Franklin Institute – Vatican Splendors

Wednesday, November 4, 2015

Cost: \$42 + Lunch

Departs: 8:30am

Contact: Priscilla Burt

Experience 2,000 years of Vatican history with more than 200 works of art and historically significant objects that form a great mosaic of the history of the Church. The eleven galleries walk you through the history of Christianity and the amazing religious art that came out of Rome. Many of the artifacts and works from the renaissance and baroque period have never before left Vatican City. The exhibit includes artwork by Michelangelo, embroidered silk vestments, religious relics, and bone fragments of Saints Peter and Paul. Following lunch on your own at Franklin Foodworks, there will be time to visit the Gift Shop and other museum exhibits.

National Christmas Center

Thursday, November 5, 2015

Cost: \$48

Departs: 10:00am

Contact: Ann McClay

Relive your childhood and experience a journey like no other

Trip payment checks should be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

as you explore the magic, memories, history, and traditions of Christmas! Nestled in the heart of Pennsylvania Dutch Country, this is one of the Travel Channel's "Most 'Christmasy' Places In America" – taking you on a journey through wonderful memories of Christmases past and present, near and far. An exhibit displaying an authentic 1950's Woolworth's 5 & 10 cent store, filled with vintage merchandise and great memories is just one of fifteen main galleries and numerous, ever-changing smaller exhibits that are all part of the 20,000 square feet of life-sized, walk-through, indoor exhibits – bringing the holiday to life for all ages. Afterwards, enjoy a family style meal at nearby Good & Plenty Restaurant. Be sure to bring your camera!



Sugarloaf Crafts Festival

Friday, November 6, 2015

Cost: \$13 + Admission

Departs: 9:30am

Contact: Sandy Waldman

Lovers of fine crafts and art will find more than 250 top artisans displaying and selling their unique creations in pottery, sculpture, glass, jewelry, fashion, home decor, furniture, home accessories, and photography. This is a great opportunity to buy unique holiday gifts!

West Chester University President's Speaker Series – Dan Rather

Friday, November 6, 2015

Cost: \$29

Departs: 7:15pm

Contact: Dolores Labowskie

WCU presents this prominent American journalist who was the anchor of the *CBS Evening News* for 24 years and a contributor to CBS's *60 Minutes*. Join us for this interesting and informative experience!

39th Annual Philadelphia Museum of Art Contemporary Craft Show

Thursday, November 12, 2015

Cost: \$14 + Admission

Departs: 9:30am

Contact: Sandy Waldman

Join us for this show at the Convention Center,



which features more than 195 fine craft artists from across the United States. The trip also provides an opportunity to spend time, or grab a lunch, at the Reading Terminal Market.

New York City

Wednesday, November 18, 2015

Cost: \$29 + Meals

Departs: 8:00am

Contact: Bobbi Rubenstein

Perfect timing for a day on your own in NYC, as you can do your holiday shopping in the city that has everything you could want or need! Perhaps you would rather see a tourist attraction, spend time at a museum or Broadway Show, or just wander around. The choice is yours!

The Pennsylvania Christmas & Gift Show

Wednesday, December 2, 2015

Cost: \$22 + Lunch

Departs: 9:00am

Contact: Joan Wood

Christmas shop at one of the largest holiday shows in the country – located in Harrisburg, PA! Thousands come from all over to visit this festive celebration of the season's finest decorations, arts & crafts, cuisines, and musical & dance groups. You can visit over 500

Continued on page 21

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HERSHEY'S MILL BUS TRIPS (continued)

specialty shops; located completely indoors and all on one floor! Among the unique and exclusive gifts available for purchase are crafts, jewelry, clothing, Christmas decorations, toys, household accents, ceramics, furniture, dolls, flowers, paintings, holiday foods, and much more! Lunch is on your own at the show.

light-hearted holiday humor are the ingredients for this season's extravaganza. This year's all-new show is sure to be the highlight of your holiday season and will warm your heart and touch your soul with the true meaning of Christmas. The 2015 show is a musical memory you'll cherish! A smorgasbord lunch at Bird-in-Hand Restaurant is included prior to the show.

American Music Theatre - Christmas Show

Thursday, December 3, 2015

Cost: \$66

Departs: 12:00pm

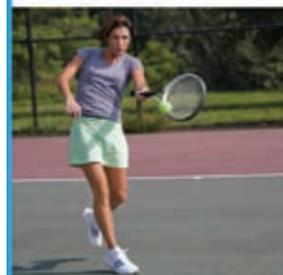
Contact: BJ VanSchooneveld

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Tuesday Evening Series

Cost: \$8 (Single Date Bus Only) + Event Admission

Departs: 6:30pm

Contact: Sandy Waldman

The West Chester University Travel Adventures Series is a wonderful and inexpensive way to see the world! The presenters are professional photographers who entertain across the country, and we are very fortunate to have these programs available close by. The WCU Geography Department remaining programs are:

November 17, 2015

China Rising

February 16, 2016

Florida's West Coast

March 15, 2016

South America & Central America

March 29, 2016

Not a Day Goes By: Remembering Hell's Canyon

Purchase event tickets in advance or at the door.

2015-2016 Walnut Street Theatre

Thursday & Saturday Matinees

Cost: \$41 (per show)

Departs: 12:30pm

Contact: Adele Juzi (Thursdays)

Contact: Connie Cline (Saturdays)

Remaining 207th anniversary season:

Friday 11/27/15 & Saturday 11/28/15

A Christmas Story, The Musical



Thursday 2/4/16 & Saturday 2/13/16

Harvey

Thursday 3/31/16 & Saturday 4/9/16

Peter And The Starcatcher

Thursday 6/2/16 & Saturday 6/11/16

Sister Act

We're collecting names as vacancies become available for individual shows.

2015-2016 Philadelphia Orchestra

Friday Evening Series

Cost: \$14 (Single Date Bus Only) + Performance Admission

Departs: 6:00pm

Contact: Ann Seraphin

If you haven't been to the Philadelphia Orchestra, or haven't been lately, join us to experience the wonderful and thrilling music which you've been missing! Our remaining series dates are:

November 13, 2015

November 27, 2015

February 12, 2016

March 11, 2016

April 29, 2016

Call now to reserve your place.

The Playhouse on Rodney Square

Wednesday Matinee Series

Cost: \$235

Departs: 12:30pm

Contact: Adele Juzi

This venue was previously known as DuPont Theatre. We will attend three performances this season:

January 13, 2016

Chicago

A tale of fame, fortune, and all that jazz with one show-stopping song after another, in addition to some astonishing dancing!

April 20, 2016

42nd Street

Portrays the story of a starry-eyed young dancer's journey from her Allentown home to becoming a Broadway star!

May 11, 2016

Jersey Boys

The Tony, Grammy, and Oliver award-winning Best Musical about Rock and Roll Hall of Famers The Four Seasons.

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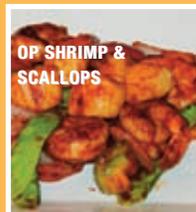
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Gay Barry | Quaker

If you have lived here for a while, you are probably familiar with the location of 30 Main. First it was a hardware store, then a Stouffer's outlet (this I remember), then Baxter's Restaurant, and now 30 Main. If you recall Baxter's, the décor will be familiar with the cozy wood trim and

booths still remaining; but the walls have been changed to brick, giving it a more sophisticated and warmer feeling.

Owner Michael DiDominico, is a very personable young man. Commercial real estate is his "game," but he has always wanted to own a restaurant and always knew just what he wanted it to be. 30 Main has been open for almost a year; and a few months ago he found the chef for whom he had been searching. Chef Mark Ztevis has had 15 years of experience at the Four Seasons, so he comes with major credentials. The dinner the three of us had did not disappoint; it was delicious.

Michael DiDominico is altruistic in his own way. He gives back to the community through his food. A percentage of his profits go to local youth sports teams and churches. He also provides *prix fixe* meals on occasion for these institutions.

He considers his fare to be creative, contemporary American. He is also

conscious of the dietary needs of diners. There are a number of gluten-free and vegetarian choices on the menu. You can notify the server of any dietary needs prior to ordering.

The menus (lunch, brunch and dinner) have many selections, so the choice is wide. One could surely find something pleasing to his or her palate. And if you love



Photographs are courtesy of 30 Main

mussels, you are in luck. They are available (served with your choice of a white wine and fennel sauce, marinara, or blue cheese and bacon) every evening for \$13, or on Thursdays as an "all you can eat!"

30 Main has now received many awards. It was voted Best Mussels of The Main Line; Best of the Main Line Happy Hour; winner of the Diner's Choice, and Best of the Main Line – all in their first year.

Brunch is now available Tuesdays through Saturdays from 11am to 3pm and Sundays from 10am to 3pm; with live jazz on Sundays. The lunch and brunch menus are the same; including egg dishes, burgers, and sandwiches. An innovation is a breakfast pizza made with your choice of meat, scrambled eggs, and cheese. Country ham, Florentine, and crab cake Bene-

dicts all served with home fries are just "up my alley." Other breakfast dishes are available. Lunch dishes include burgers accompanied with additional items; shrimp po'boy (beer battered with chipotle remoulade); and a grilled brie, shaved turkey sandwich.



Other dishes available are pizzas – try fig with prosciutto, gorgonzola and a balsamic reduction. Lobster bisque is always available and receives rave reviews. Salads, entrées, burgers and sandwiches round out the dinner menu. Some entrées include sesame encrusted tuna; exotic mushroom

30 Main

660 Lancaster Avenue
Berwyn, Pennsylvania
(610) 220-2367

I can't imagine that one would want anything more than there is on the dinner menu. My favorite part is the small plates – the perfect amount of food. All three of us chose from this section. I had grilled lollipop New Zealand lamb over sautéed spinach, mashed potato and lamb glacé. Jack had house-smoked, baby back ribs tossed with a choice of buffalo, honey BBQ, or sweet chili lime. Our friend had a Burrata made from mozzarella and cream served with a marinated heirloom tomato salad. Calamari is also a small plate and house favorite.

risotto; Norwegian salmon; cioppino; a half rack of New Zealand lamb; osso-buco; or filet mignon.

Hours are Sundays from 10am to 10pm, Mondays from 5pm to 10pm, Tuesdays through Thursdays from 11am to midnight, and Fridays and Saturdays from 11am to 2am. You can enjoy music almost every night after the dinner hours.

Michael DiDominico has real passion for his restaurant and is eager to please. I think you will enjoy "a bite" here.

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Greg Gaul | Ulster

Is there greater appreciation for the game when you walk? It is a debatable issue, but for those who like walking, here are three basic strategies.

The first is that you can adjust your bag. Try playing with less clubs; take out some woods or irons. For instance, only use the odd numbered clubs and then switch to the evens for another round.



Tips For Golfers Walking The Mill

And of course, you can always get a lighter bag. Many of today's bags have adjustable dual straps that balance the weight and make walking easier and mostly hands free.

The second is you can always go to a trolley; or as they call it here in America a pull (or push) cart. They even have motorized ones nowadays. The trolley is the strategy of choice in Britain and



through much of Europe. This is particularly good if you are prone to back problems.

The third is that there are ways to adjust your walking when riding in a cart; or a buggy as they call it across the pond. A couple strategies are to find a cart "buddy."

They could be your spouse or just someone with whom you play a lot of golf. One of you will walk nine while

Golf Tip

An issue I hear a lot from my students is how to better deal with those 1st tee jitters; especially with the amount of tournaments here at the Mill. First of all, be sure to warm up. Try not to run to the 1st tee from the parking lot. If you don't have time for some swings at the range, put a tee in the ground, away from the teeing ground, and make some swings over an imaginary ball.

Then, when it's your turn to hit, take a deep breath, relax your grip, forearms and shoulders, and start the swing with a slow, deliberate takeaway only concentrating on making solid contact. Above all, you must try and resist the urge to overpower the shot. If you do that, you'll be off and running with a great tee ball and the nerves will disappear.

Matt Harvey, PGA

Of all the hazards, fear is the worst. – Sam Snead

November Club Activities

- November 5 Steak Night
- November 11 Trivia Night
- November 26 Thanksgiving Dinner

the other rides and then you switch. Or allow your buddy to take the cart on the path and you walk straight down the fairway; later switching off. Fortunately for us, the Mill is a walking friendly course.

There are lots of ways to enjoy the game walking and these few tips may help you. Many golfers today are looking for the health advantages of playing golf. One recent study shows that a round is comparable to an average 45 minute fitness class. Other research shows that

by walking and carrying your bag for 18 holes you will burn, on average, 2,000 calories. Recently a friend measured an entire walking round at the Mill as being just over five miles. One might note that riding in a cart burns about 1,200 calories on average. So there you have it; some easy ways and a reason to enjoy walking the Mill. Have fun.

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|---|--|--|--|--|--|--|
| 2 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm Singers 7:00pm WH Duplicate Bridge | 3 8:45am Balanced Athlete 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Camera Club | 4 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 11:00am Cradle Stitchers 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Dominoes 2:00pm Mah Jongg 3:15pm Singers 7:00pm Casual Singing Group 7:00pm Chatham Open 7:00pm Mah Jongg | 5 10:00am Alzheimer/Dementia Support Group 10:00am Medicare Seminar 10:00am Yoga 1:00pm Art Appreciation 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Kennett Open 7:00pm Remedies For Wellness 7:00pm Troon Open | 6 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble | 7 | 1 8 2:00pm Private Party |
| 9 8:30am Aerobic Dancing/Exercise 9:00am Chester Co. Hosp. Aux. 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm Inverness Open 7:00pm Singers 7:00pm WH Duplicate Bridge | 10 8:45am Balanced Athlete 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 6:30pm Open Bunco 7:00pm (SH) Great Books Club | 11 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 2:00pm Mah Jongg 3:15pm Singers 7:00pm Ashton Open 7:00pm Mah Jongg 7:00pm Merrifield Open 7:30pm Boomers Scrabble Club | 12 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Art Appreciation 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm (SH) Books Discussion 2:00pm Legislative Update 6:30pm Poker 7:00pm Quaker Open 7:00pm Remedies For Wellness | 13 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Billiards 1:00pm Pickleball Mah Jongg 1:00pm Rummikub 2:30pm Scrabble | <i>For man, autumn is a time of harvest, of gathering together. For nature, it is a time of sowing, of scattering abroad.</i> Edwin Way Teale | |
| 16 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm Franklin Open 7:00pm Singers 7:00pm WH Duplicate Bridge | 17 8:45am Balanced Athlete 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 3:00pm Vassar Open 7:00pm Jefferson Open 7:00pm PC Computer Club | 18 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Dominoes 2:00pm Mah Jongg 3:15pm Singers 7:00pm HLN Open 7:00pm Mah Jongg | 19 10:00am Yoga 1:00pm Art Appreciation 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Glenwood Open 7:00pm Princeton Open 7:00pm Remedies For Wellness | 20 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble | 21 | 22 |
| 23 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm Singers 7:00pm WH Duplicate Bridge | 24 8:45am Balanced Athlete 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Devonshire Open 7:00pm (SH) Great Books Club | 25 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 2:00pm Mah Jongg 3:15pm Singers 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club | 26 <i>Thanksgiving Day Most Activities Cancelled</i> 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Remedies For Wellness | 27 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Billiards 1:00pm Pickleball Mah Jongg 1:00pm Rummikub 2:30pm Scrabble 3:00pm Bingo | 28 10:00am Mac Computer Group | 29 |
| 30 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm Singers 7:00pm WH Duplicate Bridge | SH is Sullivan House. Dates and times subject to change. Contact program leader for details. | |  | | | |
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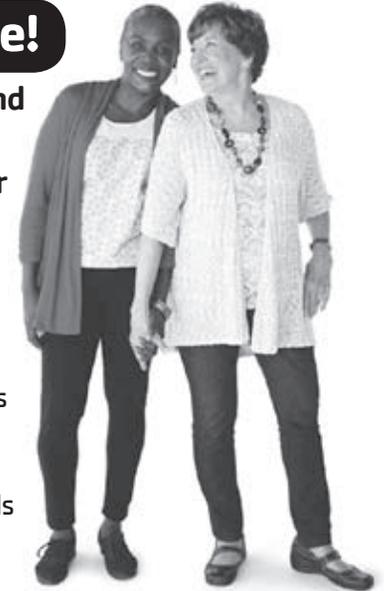


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Carolyn Eagan | Princeton

Promoting Educational Opportunities for Women (P.E.O.) presents “All About Bluebirds” on **November 8 at 2pm** in the Community Center. Ken Leister will share his extensive knowledge on bluebird habitats and preservation. Tickets are \$15 and include desserts and door prizes. Please contact Alice Bogert at 610-431-9758.

CONGRESSMAN RYAN COSTELLO

The Congressman invites residents to a legislative update on **Thursday, November 12 at 2pm** in the Community Center. Costello, who represents parts of Chester, Montgomery, Berks, and Lebanon counties will provide an update on key



Last year’s beautifully lit tree outside the Hershey’s Mill Community Center

issues before Congress this fall. Feel free to contact District Director Kori Walter in Costello’s West Chester office at 610-696-2982 for more information.

TREE LIGHTING CEREMONY

Patricia Thomas | Eaton

The Hershey’s Mill Auxiliary of Paoli Hospital invites you to join its members on **Wednesday, December 2 at 7:30pm** for this annual ceremony



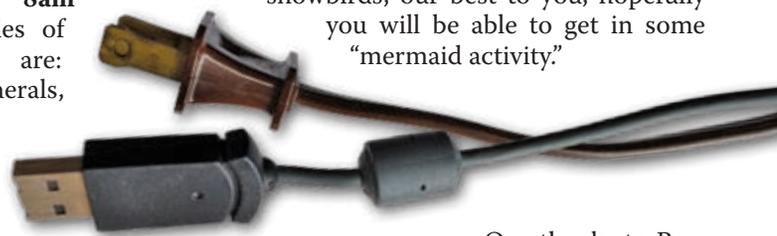
in front of the Community Center. As the lights sparkle on the beautiful evergreen tree, the Covenant Presbyterian Church Brass Ensemble will lead us in carol singing. The celebration will continue inside with more music and refreshments. We hope you will support Paoli Hospital and honor your loved ones by purchasing a light. In return, you will receive a star with the name of the person to be honored on it, which will be hung on a tree in the Community Center to be viewed throughout the holiday season. Lights are available for a \$10 donation by calling Ann Harper

at . They may also be purchased that evening. All proceeds benefit Paoli Hospital. Many thanks to Hershey’s Mill Landscaping for donating the lights and their time!

RECYCLING - ANYTHING WITH A PLUG

Don Trauger | Kennett

The Township will accept for recycling “anything with a plug” on **Saturday, November 21** at the East Goshen Township Park (1661 Paoli Pike, West Chester) from **8am to 1pm**. Examples of acceptable items are: computers, peripherals, typewriters, telephones, microwaves, cameras, cell phones, calculators, dehumidifiers, small appliances, fax machines, keyboards, printers, and air conditioners.



MERMAIDS AND MERMEN

*Lee Lipstein | Jefferson
Sandy Loose | Yardley*

To our Mermaids and Mermen, thank you all for a wonderful summer at the pool. It was great to have so many new faces in our class this year and especially to have some men join us. We



Mermaids photo provided by Lipstein/Loose

sadly miss the friends who are no longer with us, but they will always be in our thoughts.

Mother Nature was good to us this year, so we only had to cancel a couple of classes due to weather. It was also nice to have the extra two weeks in the spring giving us an early start. Now that our 2015 season is over, and for those of you who are heading south, we wish you a warm and wonderful winter and please keep exercising. To the non-snowbirds, our best to you; hopefully you will be able to get in some “mermaid activity.”

Our thanks to Barbara Werner and her committee who did a great job with our end-of-season brunch. Also, Barb, your original and clever poem was a big hit enjoyed by all. So until we get together in the spring, keep well and let’s keep in touch with news of our mermaids. All our best, Lee and Sandy.

HERSHEY’S MILL SALES REPORT

Lynn Carter | Kennett

The Hershey’s Mill Community continues to be a popular choice for buyers wanting an active lifestyle in a relaxed and beautifully landscaped setting. The extensive list of items included in the Homeowner Association fee is attractive to people who want to enjoy life yet not be

Continued on page 39



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COMMUNITY NEWS (continued)

tied down to home and property maintenance. Our Village Council members and those on the Master Association work hard to maintain and upgrade our community and its amenities. To all of you, and the many volunteers who offer their time and talents, we say “thank you.”

Year to date, through the end of September, 66 homes have sold and settled. Total sales are just over 23 million dollars. These homes were on the market an average of 38 days. In addition, there are 10 homes that are under contract as of this same period. Most of these are scheduled for settlement by the end of November, with one to settle the first week of December.

At present, there are 46 homes on the active market plus two that are under

contract and have contingences that are being completed. While this number is higher than in recent years, it is important to remember that homes vary significantly in price; from \$139,000 for a small one bedroom home to \$629,000 for a large home with a family room and loft as well as a 2-car attached garage. Since price, location, features upgrades, and condition differ with each buyer’s “wants and needs,” not all of these 46 would be a seller’s competition. Of interest, the average sale price for a home here in the Mill is in the \$360,000s.

So if selling is on your mind, it is a good time to work towards that goal; and please tell your friends about our fabulous lifestyle so they too can enjoy themselves.



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CLASSIFIEDS

Ad deadline is the 22nd and runs two months at no cost (due to lead time, an ad received on January 22 would start in the March edition, etc.). Limit description to 30 words per item, and include pricing and contact information. Ads are subject to review and editing. Email submission to hmctvguide@comcast.net, attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. You must be a HM resident to advertise.

FOR SALE 4-drawer metal file cabinets, black, 4' 4" tall x 2' 2" deep. \$25 each or best offer. Call

FOR SALE New Head tennis racquet, Prestige model, retail value \$180, 3/8 grip size, custom leather grip, Gamma "Live Wire" 17 gauge strings. \$125. Call Don Evons at _____ or _____ (cell).

FOR SALE Dark blue Lazy Boy recliner in excellent condition, original price \$1,400. \$300. Call

FOR SALE Danby microwave, 1000W, white, 1 year old. \$20. Rocketfish TV wall mount for 32" to 70" TVs, never used. \$25. Call

FOR SALE Kodak carousel slide projector and 6' x 6' projection screen. \$100 for both. Call

FOR SALE New and purchased in Sweden are two vintage Kosta Boda art glass votives, Sunflower Series candle holders, 4 1/2" high by Gordan Warff. \$18 each. Lenox 3" china teddy bear, 100th anniversary series with stuffed 6" brown fabric teddy bear under glass dome case with wooden base. \$25. New Keeman tool kit. Contents: screwdriver, tire gauge, auto tester, long nose pliers, plus many more pieces housed in a man's figure stand up tool box purchased at Philadelphia Museum of Art. \$30. Tablecloth, 63" x 100" with 12 matching 16" napkins, lovely, never used, richly embroidered



light beige with darker beige embroidery. \$25. Call

FOR SALE Craftsman 10" radial arm saw, 2.75 HP, with stand, excellent condition. \$100 or best offer. Call

FOR SALE Oak coffee table, 36" x 36" x 16". \$50. Rectangular oak end table, 22" x 27" x 20". \$25. Hexagonal oak end table, 27" x 27" x 20". \$25. All are in excellent condition. Call

FOR SALE Two 2-light vanity wall bath fixtures, traditional style, antique gold finish, 9" high x 13" wide. Glass is white opal etched and fixture is like new. \$10 each. One 24" x 32" beveled wall mirror, elongated octagonal shape with 2 1/2" antique gold frame. Perfect for over vanity or just as a wall mirror. \$15. Call

FOR SALE Theodore Haviland Glenbrook Pattern, 8 place settings, sugar, creamer, and odd pieces. \$50. Call

| Original Programming | November 1-15, 2015 | | | |
|---|----------------------------|---------|---------|----------|
| Meet the Author <i>With Sandy Wollenberg</i> Sandy talks to Bruce Mowday about his new book <i>Pickett's Charge: The Untold Story</i> which explores what the Union soldiers endured during the charge by the Southern forces. | 10:00 am | 4:00 pm | 7:00 pm | 12 am |
| Sacred Ponies <i>With Linda Lang</i> Linda interviews historical romance author Caroline Hartman about her new novel <i>Sacred Ponies</i> . | 10:15 am | 4:15 pm | 7:15 pm | 12:15 am |
| 22 Park Avenue Orchestra Concert - Part 1 Watch excerpts from the June Concert in the Park featuring this seventeen piece band. | 10:30 am | 4:30 pm | 7:30 pm | 12:30 am |
| 22 Park Avenue Orchestra Concert - Part 2 The concert features old favorites from the '40s, such as "In the Mood" and "That Old Black Magic". | 10:45 am | 4:45 pm | 7:45 pm | 12:45 am |

| | |
|--|---|
| Movies Noon and 8:30pm | November 1-8 Popi (G) <i>Alan Arkin and Rita Moreno</i> A struggling father takes his kids from the New York streets to the Florida coast, where he passes them off as Cuban refugees. [Run time 1h 53m] |
| | November 9-16 The Mighty Macs (G) <i>Carla Gugino and Ellen Burstyn</i> The story of a tiny all girls Catholic college and their road to their first national basketball championship. [Run time 1h 39m] |

| | | | |
|-----------------------|----------------|---------------|------------------------------------|
| Bulletin Board | 1:00am-10:00am | 11:00am-Noon | Following the movie until 4:00pm |
| | 5:00pm-7:00pm | 8:00pm-8:30pm | Following the movie until Midnight |

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| Original Programming | November 16-30, 2015 | | | |
|---|-----------------------------|---------|---------|----------|
| Peoples Light Panto Preview - Part 1 Discover the unique holiday tradition that is the People's Light Panto directly from the artists who make the magic. | 10:00 am | 4:00 pm | 7:00 pm | 12 am |
| Peoples Light Panto Preview - Part 2 This year's Panto is to be <i>The Three Musketeers, the Later Years</i> . Do you think they moved to Hershey's Mill? | 10:15 am | 4:15 pm | 7:15 pm | 12:15 am |
| Arts in Chester County - Part 1 <i>With Sen. Andy Dinniman</i> Senator Dinniman talks with three directors of different arts programs in Chester County. | 10:30 am | 4:30 pm | 7:30 pm | 12:30 am |
| Arts in Chester County - Part 2 <i>With Sen. Andy Dinniman</i> Andy's interview continues with the directors of the Oxford Art Alliance, the Art Partners Studio, and the Assoc. for the Colonial Theater. | 10:45 am | 4:45 pm | 7:45 pm | 12:45 am |

| | |
|--|--|
| Movies Noon and 8:30pm | November 17-23 Death Becomes Her (PG-13) <i>Meryl Streep and Goldie Hawn</i> An epic vanity competition between an actress and a writer leads them to a woman who offers the secret to everlasting youth. [Run time 1h 43m] |
| | November 24-30 First Knight (PG-13) <i>Sean Connery and Richard Gere</i> A classic romantic triangle develops in Camelot in this action packed version of the English legend. [Run time 2h 14m] |

To view Channel 20's original programming on your computer:

Go to hersheysmill.org. Select TV & Digest, HMC-TV20, and Original Programming.

To view or print the HM cable channels:

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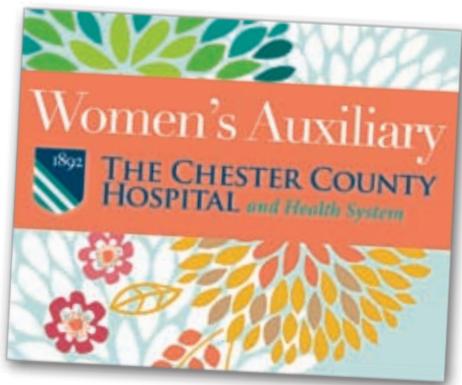
Carol Campanelli | Ulster

To hear a dynamic speaker about “The State of the Mac and iOS Devices,” come to the **November 14** Main Line Macintosh Users Group (MLMUG) meeting being held this month at The Ludington Library, 5 Bryn Mawr Avenue, Bryn Mawr. Bob LeVitus, aka Dr. Mac, has been writing about Apple technology for over 25 years. He’s written or co-written more than 65 popular computer books, with over two million copies sold worldwide. His most recent titles include: *OS X Yosemite for Dummies*, *iPhone for Dummies - 8th Edition*, *iPad For Dummies*, and *iPad Mini For Dummies*; all for Wiley Publishing. For over 15 years Bob has been the Apple technology columnist for the *Houston Chronicle*, penning the Dr. Mac column on Tuesdays in print and Wednesdays on the website.

This is Dr. Mac’s 14th visit to MLMUG. There is no charge, although we encourage you to join the group to have access to the very helpful “listserve” which provides a wonderful forum for Mac questions. For the latest information on Bob “Dr. Mac” LeVitus or the services he offers, please visit www.boblevitus.com.



Bob Barton will probably be at Hershey’s Mill for our regular **4th Saturday** Newer Users’ Group meeting even though it will fall on Thanksgiving weekend. As usual, the meeting



will be held from **10am to noon** on the second floor of the Community Center. Email me at _____ to be put on the email list so that you will be notified of meeting changes or cancellations.

AUXILIARY TO CHESTER COUNTY HOSPITAL

Nancy St. Laurent | Yardley

The next meeting of the Auxiliary will be on **Monday, November 9 at 10am** upstairs in the Community Center. Join us and have fun pricing all of the costume jewelry that we will be selling at our Holiday Market. The Market is held at the hospital on **December 10 all day** in the hallway. All CCH Auxiliaries sell their holiday wares and goodies. Our December luncheon will be held at The Vickers Restaurant on **December 8**. Membership in an auxiliary offers a way to be involved with the community and to meet new people. We welcome

all guests and interested attendees. For additional information please contact me at _____ or _____.

BOOK CLUB

Anne McAssey | Merrifield
Audene Paulson | Eaton

The Boys in the Boat by Daniel James Brown. The true story of nine University of Washington crew team members and their quest for gold at the 1936 Berlin Olympics. You’re welcome to join the discussion in the Sullivan House on **Thursday, November 12 at 2pm**.

HERSHEY’S MILL KNITTING CIRCLE

Ruth Schick | Chatham

We have been meeting weekly for about ten years. We enjoy ourselves while knitting and crocheting – chatting, laughing and helping each other with our projects. Our meetings are from **1pm to 3pm** on **Thursdays** in the Paoli Room of the Community Center. We welcome all whether they are beginners or experienced in their crafts. To the best of our ability, we are very happy to assist people with projects and techniques. For more information contact Bernice Soffer at _____.



REMEDIES FOR WELLNESS

Anita Weeks | Kennett

We have covered several remedies such as the Emotional Freedom Technique or “tapping.” How to interview Doctors and Life Issues. Coming up are Spiritual Life, Gratitude Journal and Meditation. You may come for one of these if you would like to participate and try out our remedies. The cost is \$7 for one session.

We have a great group of people who are committed to their wellness so as to spend their time at this course and bring their own wisdom and knowledge to share with the others. We meet **Thursdays** from **7pm to 8:30pm** in the Community Center’s Malvern Room.

TREDYFFRIN #3 QUESTERS

Edna Reese | Brighton

Did you know the saying “God willing and the Creek don’t rise” was in reference to the Creek (Muscogee) Indians and not a body of water? Join our Questers in private homes in Hershey’s Mill to experience history in a fun and social environment.

We meet at **10am** on the **2nd Wednesday** of the month and have interesting speakers throughout the year who keep us well informed on antiques, preservation and education. We also visit historic landmarks periodically. Won’t you join us? Please contact me at _____ for more information.



Creek woman warrior circa 1900

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HM LIBRARY NEWS

Donna Spoto | Ulster

Our HM Library continues to flourish. New books are purchased each month and processed. Please come in and view our recent acquisitions. As the winter months approach, remember we have books on tape and DVDs to enjoy as you head off to a warmer climate.

If you know someone that would like books from our library and is unable to get to the library, one of our ambassadors will bring them books and return them to the library. Please contact Becky Bell at

Don't know what to read? Our library board has suggestions. Look for our "Book Picks." We are always interested in volunteers. Our most visible volunteers are at the desk, but we do have some behind the scene volunteers. Our Book List volunteers read and preview upcoming releases. Please contact Peggy McReynolds at if you are interested.

NEW LIBRARY BOOKS

Peggy McReynolds | Yardley Librarian

Alphabetical by Author

Banville, John – *Blue Guitar*

Beaton, M. C. – *Dishing the Dirt*

Blume, Judy – *In the Unlikely Event*

Boyd, William – *Sweet Caress*

Brown, Sandra – *Fiction*

Challinor, C. S. – *Murder Comes Calling*

Child, Lee – *Make Me*

Clayton, Meg Waite – *Race For Paris*

Clegg, Bill – *Did You Ever Have a Family*

Community Center Library Hours
Monday to Friday 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

www.hmlibrary.com

Coulter, Catherine – *End Game*

Cussler, Clive – *Solomon Curse*

Doig, Ivan – *Last Bus To Wisdom*

Egan, Elisabeth – *Window Opens*

English, T. J. – *Where the Bodies Were Buried*

Evanovich, Janet – *Scam*

Evison, Jonathan – *This Is Your Life, Harriet Chance!*

Ranzen, Jonathan – *Purity*

Goolrick, Robert – *Fall of Princes*

Grafton, Sue – *X*

Gregory, Philippa – *Taming of the Queen*

Griffin, W. E. B. – *Deadly Assets*

Groff, Lauren – *Fates and Furies*

Jong, Erica – *Fear of Dying*

Kellerman, Jonathan – *Murderer's Daughter*

Lackberg, Camilla – *Drowning*

Lagercrantz, David – *Girl In The Spider's Web*

Murphy, Brian – *81 Days Below Zero*

Penny, Louise – *Nature of the Beast*

Revoyr, Nina – *Lost Canyon*

Robb, J. D. – *Devoted In Death*

Steel, Daniel – *Undercover*

Stewart, Amy – *Girl Waits With Gun*

Umrigor, Thrity – *Story Hour*

Walker, martin – *Patriarch*

Ware, Ruth – *In a Dark, Dark, Wood*

Weiner, Jennifer – *Who Do You Love*

Young, Hester – *Gates of Evangeline*

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Don Trauger | Kennett

Windows 10 has many more ways to track your web surfing than previous Windows versions. Through the use of cookies, targeted advertisements can arrive and be displayed. Targeted ads are based on the Web sites you have visited. However, Windows 10 allows you to control this type of advertising.



Controlling your privacy is easy in Windows 10. Click the 4-pane white icon in the lower left corner of the Desktop screen. Click Settings just above the icon. Click Privacy, then General, and turn off "Let Apps use my advertising ID." Also, turn off "Send Microsoft info about how I write" and "Let websites provide locally relevant content." Microsoft has an opt-out selection for ads website that you can visit to control ads. Visit <https://choice.microsoft.com/en-us/opt-out> and choose to turn off the two available selections. Be sure to sign in to turn

off the middle box choice. Do this for each browser you have installed. The new Microsoft Edge browser does not save your choice. When using Edge, you must reset the opt-out choice each time you open the Edge browser, if you choose to do so. I'm not a fan of this browser for this and other reasons.

Another of the areas that could be of concern is a new item called Wi-Fi Sense. This is turned on by default and provides web access to visitors coming into your home. It works automatically by sharing your encrypted router password with your visitor and your password protected router. Your visitors never see your password but they must use a Windows 10 device for this to work. I think it's very handy for those of you that have Comcast modem/routers that have those long passwords. If all of this bothers you, you can turn it off. In Settings, go to Network & Internet, click Wi-Fi, and then click Manage Wi-Fi settings. Turn off "Connect to open

hotspots" and "Connect to networks." Just below is another area called Wi-Fi Services. Turn that off unless you plan to use paid-for hotspots.

Microsoft has allowed other ways to receive updates and system files for your computer. Instead of the tradi-

ers that have the necessary files that your computer needs. If this bothers you, and it should, then turn it off by going to Settings, Update & Security, Windows Update, Advanced Options and click "Choose how updates are delivered." Click to turn off.

I've covered the more important areas of Windows 10 privacy; however, there are many more under the Privacy category. Many are self-explanatory and have accompanying information.

PC Club meetings are open to all regardless of experience. If you have questions that need answering, be sure to attend on the **third Tuesday** of each month at **7pm** upstairs in the Community Center. We are now covering Windows 10.

Windows 10 Privacy Settings

tional downloads from Microsoft servers, Microsoft farms out updates to other users in bits and pieces of files needed for updates. When an update is needed you may be connected to oth-



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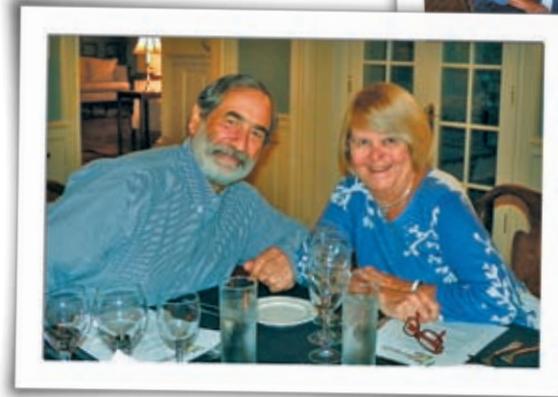
FRIENDS OF SULLIVAN HOUSE

Ann Gunn | Jefferson

As the last days of summer blessed us with a beautiful September evening, Sue and Jim DiCarlo of Yardley Village, the winners of the Gourmet Dinner Raffle, celebrated their good fortune at the Sullivan House.

Sue and Jim invited eight lucky family members and friends to join them at the historic Sullivan House for the gourmet dinner they created

next year. Looking at the photographs of the evening, can't you just see yourself with your own group there next year?



You might be wondering what is FoSH? We are a core working, fundraising committee consisting of 13 Hershey's Mill residents who have the passion to support and increase community awareness and utilization of the Sullivan House by raising funds. We will be present at the Sullivan

with Brandywine Catering. The evening kicked off with a gathering on the patio followed by a five-course gourmet dinner in the beautiful dining room. In the words of Jim DiCarlo, "Food was great, wine was great, service was great. You could not have done anything better."

This event was so successful that Friends of Sullivan House (FoSH) is thinking of holding a Gourmet Dinner Raffle again

Gourmet Dinner Raffle Winners

House Open House and Railroad event scheduled for **December 6**. Please plan on stopping by to say hello and enjoy cookies, punch and FoSH events. Also, watch future *Guide and Digest* editions for upcoming FoSH fundraising event dates and details.

The Sullivan House – Once Discovered, Never Forgotten

Photographs provided by FoSH

**Charlie Gentile | Yardley
HMSG President**

Ah yes, fall is upon us; but if you think that HMSG is going on vacation, think again. Take a look at our listing and see the activities that are available.

Since the weather is about to change, Paddle is the sport of the month. Paddle, for those who are not familiar with it, is played outdoors in the winter. The colder the better!

There is nothing more invigorating than a cold winter evening, where you can see your breath, the snowflakes falling, and you are breaking a sweat playing Paddle. For those who have played Pickleball, Racquetball, Squash, or Tennis, this is your "sport of the season" all winter long. Our courts

are located behind the swimming pool with a lighted walkway leading to them. For those who do not have equipment, there are paddles and balls in a cabinet along the walkway. The paddle is similar to a Pickleball paddle, just a little larger and a bit heavier. The ball is a solid rubber ball that, when cold, does

Paddle

not bounce very much. When warm it is more like a "super" ball! For this reason, many facilities keep balls in freezers until put in play. When it snows, the courts have what we call "snow boards" to allow clearing the snow to the ground below.

When first learning to play the game, it plays much like Pickleball, keeping

One big difference is, as you progress, screens are used on most shots and the game slows down.



During the winter months the Mermaid Cove is available and heated (you may have to find someone with a key, however). It is important to stay warm while waiting for a court. Cold muscles injure easier than warm ones.



the ball in front of you, hitting over the net, and keeping it within the lines. The court size is also similar. As you learn the game, the screens are used, and for those familiar with Squash or Racquetball, this will be familiar.

Get Involved; Play Where You Live

Skiing starts next month!

Paddle Tennis - clinic each Friday; contact Val Woodley to confirm times

Paddle Tennis - open play

Pickleball - indoors open play; ACAC, YMCA, Concord, Garnet Valley, and United Sports (Downingtown); call venues for days and times

To see the game in action, go to the American Platform Tennis Association (APTA) website to watch videos of recreational play or some of the top players in the country. For those interested in the game at a serious level, subscribe to *Platform Tennis* magazine and join the APTA.

Clinics are planned for Fridays for those interested in learning the game. Contact Val Woodley for times. Come out and give it a try.

Email me questions and/or ideas about HMSG at



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HM RESIDENTS UPDATE

| | | |
|---|--|--|
| Barkovsky, Carol 508 Eaton Way | Geller, Samuel & Sherri 1029 Kennett Way | Simon, Henry & Rosina (new #) 111 Ashton Way |
| Coppola, Marie (new #) 489 Eaton Way | Hamilton, Jack & Sara 685 Heatherton Lane | Stahl, James & Karen 34 Ashton Way |
| Craig, John & Theresa 18 Chandler Drive | Henderson, James & Barbara 1015 Kennett Way | Tillman, Elizabeth 972 Kennett Way |
| Dalton, Jack & Trudy (new #) 981 Kennett Way | Nolin, Pierre & Janice 1631 Yardley Drive | Walsh, Rick & Linda 297 Devon Way |
| DeYoung, Ross & Julie (new #) 908 Jefferson Way | Schultz, William & Patricia 235 Chatham Way | This residents update is provided by Hershey's Mill Security. |

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Joe Kennedy | Princeton

These days, it is considered offensive to mimic American Indians and their culture. Yet in an earlier era, the Improved Order of Red Men, a national secret benevolent society with links to this region, took delight in masquerading as “Indians.” The group, with the motto “Freedom-Friendship-Charity,” peaked during the second decade of the 20th century, when enrollment reached about 500,000 and assets exceeded \$10 million.

In this area, “tribes” existed in Norristown, Telford and Green Lane. Typically, these chapters had their own meeting hall, called “wigwams,” that were rented out to the public for parties, receptions or lectures. Only the inner sanctum, the room where the Red Men conducted their secret rites, was closed to the public.

According to information in the library of the Historical Society of Montgomery County, tradition holds that the origins of the Red Men go back to a group of US Army volunteers defending Fort Mifflin in 1813. The men were looking to develop a secret society that was indigenous to the United States,

the story goes, and based their society on Indian lore.

The first tribe of Red Men was formed in Baltimore in 1847. Growth was slow, and it was not until the turn of the century that the membership began to expand. Members had to be “male, of good moral character, sound in mind

Red Men



and body, and have a belief in the Great Spirit.” As with many secret societies, the Red Men had various ranks within the organization. In keeping with the American Indian theme, these were scout, brave, warrior, sagemore, sannah, sachem and prophet.

At first, local churches mistrusted the group because it was secret and not related to Christianity. But in time, as pillars of the community joined, the opposition was overcome.

“The Red Men was basically a benevolent society for its membership. It offered insurance benefits that covered widows, orphans, the disabled, and funeral expenses for those who died.

As such, the members were constantly raising money,” said Abe Roan of the Goschenhopen Historians of Green Lane. “Those were needs not met by either the government or the private sector at the time,” Roan said.

Fund-raising involved dinners, parties and picnics, which also served as social outlets for members and their families. The local tribe’s hall served as the center of many such activities.

Among the more notable of those buildings in the area is the Red Men’s Hall in Green Lane, built in 1906. Local folklore holds that the building site was a burial ground for African American slaves who worked in the nearby mills during the late 18th century.

Many of the Red Men were armed-service veterans interested in promoting

patriotism and respect for the American flag. They did this by making public appearances at parades, dedications and community rallies, wearing Indian dress and carrying flags, accompanied by their own band and drill teams.

As the 20th century advanced, the automobile and the movies began to erode the social activities of the Red Men. And the new veterans’ groups that emerged from World War I took over many of the group’s public activities. By the middle of the century, the benevolent aspect of the Red Men had been replaced by government and corporate medical and retirement benefits.

Roan said he believes there are still a few scattered tribes of the Improved Order of Red Men around the country.

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If you like to decorate with uncarved pumpkins, toasting the seeds after is delicious, healthy, and quick to do. Some seeds come clean from the goo easier than others, but taste great whether pristine or not. Toasted seeds can be stored for a few days in an airtight container, or about a week if refrigerated. Once you get the hang of the basics, the flavor choices are endless!



Toasted Seeds

Smoky, Spicy & Sweet

- 1 egg white
- 2 drops liquid hickory smoke
- ¼ cup light brown sugar
- ½ teaspoon cayenne pepper
- ¼ teaspoon smoked paprika
- ½ teaspoon fine grained sea salt
- 1 cup fresh pumpkin seeds

Preheat oven to 375°F. In a bowl, whisk all but seeds, then add seeds and coat well. Spread seeds on a parchment lined baking sheet, and bake until seeds are golden (~12 minutes).

Butter & Chai Tea

Gee (clarified butter) may be substituted for that authentic far east flavor.

- 1 teaspoon *dry* chai tea
- ¼ cup unsalted butter, melted
- ½ teaspoon fine grained sea salt
- 1 cup fresh pumpkin seeds

Preheat oven to 375°F. Use a mortar and pestle to grind the tea to a fine powder.

In a bowl, whisk all but seeds, then add seeds and coat well. Spread seeds on a lightly buttered baking sheet, and bake until seeds are golden (~12 minutes).

Parmesan & Garlic

- 1 teaspoon finely chopped garlic
- ¼ teaspoon garlic powder
- ¼ cup extra virgin olive oil
- 1½ tablespoons finely grated Parmesan
- ½ teaspoon fine grained sea salt
- 1 cup fresh pumpkin seeds

Preheat oven to 350°F. In a bowl, whisk all but seeds, then add seeds and coat well. Spread seeds on a parchment lined baking sheet, and bake until seeds and cheese are golden (10-15 minutes).

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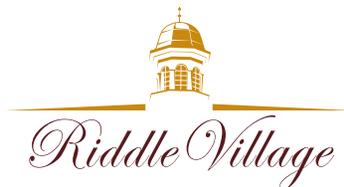


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| Social Club Party Bridge, Members Only..... | Susan Hackstaff |
| Golf Club Friday Bridge, Members Only..... | John Marks |
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