

AUGUST 2016

# GUIDE — AND — DIGEST



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A PUBLICATION OF HMC-TV AT HERSHEY'S MILL



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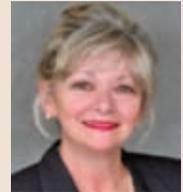
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All submissions are welcomed; with rights retained by owner. Send to [hmcvtvguide@comcast.net](mailto:hmcvtvguide@comcast.net), Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38-41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

**HMC-TV Guide and Digest**

Volume XVII Number 8 – August 2016

Editor Louise O'Brien

Featured Writers Gay Barry, Mary Kay Hagerty,

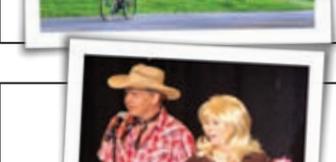
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	<b>From The Main Gate</b>	<b>6</b>
	<b>HM Residents Update</b>	<b>9</b>
	<b>HMC-TV Ch20 Programming</b>	<b>10</b>
	<b>Pool News</b>	<b>12</b>
	<b>Getting To Know You</b>	<b>16</b>
	<b>HM Bus Trips</b>	<b>22</b>
	<b>HM Series Trips</b>	<b>30</b>
	<b>Dining Out</b>	<b>32</b>
	<b>Classifieds</b>	<b>35</b>
	<b>Activities Calendar</b>	<b>36</b>
	<b>Club News</b>	<b>40</b>
	<b>Community News</b>	<b>46</b>
	<b>HM Library News</b>	<b>52</b>
	<b>Technology Tips</b>	<b>56</b>
	<b>Local History</b>	<b>58</b>
	<b>Hershey's Mill Golf Club</b>	<b>62</b>
	<b>HM Sports Group</b>	<b>64</b>
	<b>Recipes</b>	<b>66</b>
	<b>Activities Contacts</b>	<b>69</b>
	<b>Advertisers' Index</b>	<b>70</b>

**Cover:** The Mill's own Wally Hart sings another favorite at the HMC-TV Concert on July 10th. See a couple more photos, and hear more about the concert, on page 9.



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Marc Fraser | Director of Security

From time to time, usually during inclement weather, Hershey's Mill villages and the surrounding community lose electricity. While most outages last only two or three hours, a few have lasted for more than 24 hours. During power outages of any length, the

been prevented with some advance planning. So here are a few suggestions to better prepare Hershey's Mill residents for a power outage:

- When the power is out, your automatic garage door opener will not operate. For residents with detached garages, be sure you know how to operate the emergency door release.

# Be Prepared For A Power Outage

Security Department receives dozens of phone calls from residents who find themselves in inconvenient, or even emergency, situations that could have

*Note:* Always take your house keys with you when you leave home! You cannot rely on entering your home through your garage if you return during a power outage.

- Keep plenty of flashlights around the house, and keep extra batteries handy.

- Keep a charged cell phone somewhere in your house. Providing that phone and cable service have not gone out along with the electricity, Verizon customers will continue to receive phone service; and Comcast *phone* customers should have phone service for 6-8 hours before the backup battery in the modem expires.

- If you are dependent on any life-saving electrical devices (oxygen pumps, medical monitors, etc.), please contact your medical supply company to discuss options for a backup power supply.

- Turn off any appliances that you were using when the power went out. You may have been

using the stove, a heating pad, or other device that requires monitoring, and might leave the house and forget that these items were left on. If you are not home when the power is restored, they may begin operating again without any supervision - this can cause a fire hazard!



Please call PECO at 1-800-494-4000 to report that your power is out, and for all outage-related questions. PECO requires account holders to report their problem directly, and does not provide the Security Department with any more information than they give to residents. When the Secu-

*rity Department is inundated with calls regarding a power outage, the phone line is then tied up and residents who are calling with security-related issues or emergencies cannot get through.*



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## HM RESIDENTS UPDATE

Bowers, William & Carol

1677 Yardley Drive

Feher, Paul & Vera

468 Eaton Way

Feldman, Craig & Doris

663 Heatherton Lane

*The Residents Update is provided by Hershey's Mill Security.*

Heckman, Rod & Cathy

1690 Yardley Drive

Mangelli, Peter & Jane

1077 Kennett Way

Sheves, Patricia

185 Chandler Drive

Sincavage, John & Patricia

514 Eaton Way

Sizelove, J. Douglas & Audrey

1176 Princeton Lane

Skelly, William & Eileen  
*(new #)*

56 Ashton Way

Taylor, George & Mary

815 Jefferson Way

Woodruff, Paul & Marcia

1633 Yardley Drive

The HMC-TV Concert on July 10th was a perfect summer evening - beautiful weather, good friends, and great live music. The Mill's own Wally Hart led his band, Webb, through old and new favorites that had feet tapping and dancers out of their chairs. The final concert of the summer, on August 7, should be stellar as well. Make plans to be there with us! And to make it a picnic, see the Recipes section.



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**Michael C. Neale, P.C.H.**  
**Connie L. Friedrich, P.C.H.**



Original Programming	August 1-15, 2016			
<p><b>Travels with Kay: Southeast Asia – Part 1</b> <i>With Kay Ricker</i></p> <p>What is Vietnam like these days? Jack Keeley found out when he and Julie, his wife, visited there. Jack has a lot of interesting pictures he took on his trip. Watch to hear and see about it.</p>	10:00 am	4:00 pm	7:00 pm	12 am
<p><b>Travels with Kay: Southeast Asia – Part 2</b></p> <p>Kay and Jack continue discussion of his visit to Hanoi, Da Nang, and Saigon (Ho Chi Min City) in Vietnam.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am
<p><b>Travels with Kay: Southeast Asia – Part 3</b></p> <p>Jack and Julie also visited Cambodia and Thailand on this trip. Jack has some interesting stories about these two countries as well.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am
<p><b>Mind, Body, Spirit</b> <i>With Sandy Wollenberg</i></p> <p>Sandy talks to Anita Weeks about her course and program that deals with healing and stress management.</p>	10:45 am	4:45 pm	7:45 pm	12:45 am

<p><b>Movies</b> Noon and 8:30pm</p>	<p>August 1-8 (noon only on the 8th) <b>Clue (PG)</b> <i>Eileen Brennan and Tim Curry</i> The classic board game becomes a zany comedy mystery. [Run time 1h 31m]</p>
	<p>August 9-15 (noon only on the 15th) <b>Paint Your Wagon (PG-13)</b> <i>Lee Marvin and Clint Eastwood</i> In a California gold rush town, a pair of miners dig for riches. [Run time 2h 34m]</p>

**To view Channel 20's original programming online:** Go to [hersheysmill.org](http://hersheysmill.org), TV & Digest, HMC-TV20, Original Programming. Follow instructions for the video streaming service.

**To view/print all HM cable channels:** Go to [hersheysmill.org](http://hersheysmill.org), TV & Digest, Cable & Com-cast. A basic or full listing is available.



Original Programming	August 16-31, 2016			
<p><b>HM Branch of Paoli Hospital Auxiliary – Part 1</b> <i>With Sandy Wollenberg</i></p> <p>Sandy talks to Judy Molt and Judy Krischer about who the Auxiliary is, what the Auxiliary does, and how they benefit the Paoli Hospital.</p>	10:00 am	4:00 pm	7:00 pm	12 am
<p><b>HM Branch of Paoli Hospital Auxiliary – Part 2</b></p> <p>Sandy continues the discussion with Judy Molt and Fernanda Lamb about the many exciting activities of the Auxiliary.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am
<p><b>Main Line Health Center at Exton Square – Part 1</b> <i>With Dr. Jim McCabe</i></p> <p>Dr. McCabe continues his series “Changes in Health Care Delivery” by taking us on a tour of this facility with the Director of Urgent Care.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am
<p><b>Main Line Health Center at Exton Square – Part 2</b></p> <p>Discussion continues about the services that the Exton Health Center provides.</p>	10:45 am	4:45 pm	7:45 pm	12:45 am

<p><b>Movies</b> Noon and 8:30pm</p>	<p>August 16-23 (noon only on the 23rd) <b>The Hindenburg (PG)</b> <i>George C. Scott and Anne Bancroft</i> Chronicles the events of the Hindenburg disaster in which a zeppelin burst into flames. [Run time 2h 5m]</p>
	<p>August 24-31 (noon only on the 31st) <b>Coal Miner's Daughter (PG)</b> <i>Sissy Spacek and Tommie Lee Jones</i> Compelling portrayal of country music legend Loretta Lynn. [Run time 2h 4m]</p>

<p><b>Bulletin Board</b></p>	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight

HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2016 HMC-TV

Carol Campanelli | Ulster

**Girls' Night Out**

Join us on **Tuesday, August 2nd** (or rain date of the 3rd) for this great event! The deadline for reservations is July 26, which may be before the August *Guide and Digest* is distributed. But if you've missed the deadline, call me at \_\_\_\_\_ and you will be put on the wait list.

The price is \$20 per person, and includes an evening of food, volleyball, friendship, and fun. There will also be bingo, and bingo cards will be \$1 each with a 2-card limit.

**Labor Day Weekend Event**

Our event this year will say goodbye to the old Cove and locker rooms, and welcome the construction start of our new Pool facility – scheduled to open in May of 2017! Join

**Hershey's Mill Pool Hours**  
**Until August 21 is 10:30-7:30**  
**Aug. 22-Sept. 5 is to be determined**  
**Pool Telephone 610-692-8437**  
**www.hersheysmillpool.org**

us on **Saturday, September 3rd** (or rain date of the 4th) for festivities that will feature a live band, great food, and lots of end-of-summer fun. The price is \$25 per person, and *the deadline for reservations is August 28.*

**Aquacise Update**

After **August 20th**, Aquacise may not meet at the regular time. This is because

A poolside table of lovely ladies enjoy a beautiful July 3rd evening. They are (clockwise from left): Donna Spoto, "shy friend", Karen Janney, Francoise & Isabelle Moore, Sally McKnight, and Ginger Dye.



Pool hours are to be determined based upon lifeguard availability after that date. Check with program leader, Lee Lipstein, as the date nears – Aquacise will meet if lifeguards are available.

**July 4th Weekend Party Follow-Up**

The HM Pool was pleased to host *A Benefit for the USO* on July 3rd. The weather was good, the food yummy, and the friends plentiful! Disc Jockey Tom Barrett was spinning favorites throughout the evening, and enticed most to the dance

**Clarification To Hershey's Mill Pool Rules & Regulations**

Because of confusion over who is considered a "Guest" at the Pool and who must pay a guest fee, the Master Asso-

The HM Pool Committee is all smiles as they celebrate another successful July 4th weekend party at the Pool. They are (below from left): Wilma Glendenning, Sandy Olseski, Sandy Loose, Helen Ziegler, Carol Campanelli (Chair), Judy Garvey, and Julie Senn.



floor (dance deck!) to show off their moves. We thank everyone who came out to support our veterans, and all the volunteers who made this event possible!

Don Evons expects to have an article in the November *Guide and Digest* about the new flag pole that was dedicated during our event. Keep an eye out!

ciation has issued the following clarification:

"The swimming pool of the Hershey's Mill Homeowners Association is intended for the private use of Hershey's Mill residents and their invited and accompanied guests.

*Continued on page 15*



*“Wouldn’t you like to live where your voice will be heard?”*

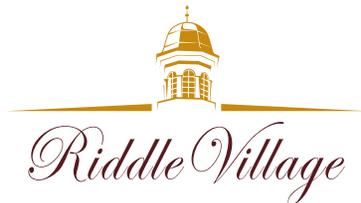
—Bob Bertollette, *President and CEO of Riddle Village*

At Riddle Village, our executive and management teams are always available to discuss the questions, suggestions and concerns of all of our current and future residents.

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## POOL NEWS (continued)

A “resident” is defined as a Home Owner or the Lessee of a House in Hershey’s Mill, the spouse or legal partner of a Home Owner (or Lessee) and any adult (person aged 18 or older) progeny of a Home Owner whose legal address (on driver’s license, where they receive U.S. mail, etc.) is with Home Owner in Hershey’s Mill.

Any resident meeting this definition is entitled to the full use and enjoyment of the pool under and subject to the Rules and Regulations propagated by the Pool Committee and/or the Master Association from time to time.

shall be considered a “Guest” under the Pool Rules and subject to all rules and guest fees associated with that status.”



Any other person – including children or grandchildren of residents who may be staying with a Home Owner for an extended period of time (i.e., the summer), other extended family member or long-term guest –

An always smiling Tom Barrett (top) spins the hits that get you dancing – whether it’s oldies or the latest groove. We have so many great photos we ran out of room, so watch for more!

Mary Kay Hagerty | Heatherton

*The Mill's Got Talent* was the theme, and name, Greg Gaul created for the Hershey's Mill Players show this year. Greg and his wife Jean performed a beautiful ballroom dance to open the show. This talented and creative couple has been dancing through life, and enjoying themselves by being very involved at Hershey's Mill!

Greg grew up on the Main Line, in Haverford and Bryn Mawr, with his parents, twin sisters, and brother. He graduated from St. Joseph's University with a degree in economics. Jean grew up with her parents, brother, and sister in Strafford. She graduated from Conestoga High School where her children later attended. After high school, she went on to Colby-Sawyer College in New Hampshire.

In 1969, they met at The Tavern in Bala Cynwyd where Greg asked Jean to dance. "Where do you work?" Jean asked as they were dancing. Greg, hoping to impress her replied, "I work at an advertising agency." To which Jean put him in his place by saying, "Oh, I run an advertising agency!" Greg knew then and there he had found a strong woman.

Greg worked for several advertising agencies in Philadelphia, and eventually formed his own agency, Gaul Advertising, which still exists. He comes from a

very artistic family. The Gaul's home is filled with many beautiful wood carvings and pieces of furniture created by Greg's father; who began wood carving after he retired. His brother and sister are also artistic, and his mother was very crafty. Greg explains that when he was growing up, the family would often all sit together and draw. Greg is also an artist; or as he modestly explains, "a



competent renderer". With his great visual perception he has created many fine pen-and-ink drawings. In their family room hangs a beautiful drawing he did of his father sailing. This artistic ability helped him in the advertising world. That talent, along with his economics degree and sales background, enabled him to handle all aspects of the advertising business.

Jean's mother and grandmother were also artists. Jean's mother began painting when she was older. It is no wonder that both of the Gaul's children are artistic. They feel that their children look at people and things from an artistic perspective. Jean feels that Greg is the more creative and artistic of the two of them, while she is more practical and word-oriented. As Greg puts it, "I'm the kite and she's the string!"

The other creative aspect of this family is dancing. When daughter Lauren was having learning problems in school at a young age, Jean and Greg

went to Harrisburg for the state geography contest. One summer, he read over 30 books. He was always interested in Russia, and traveled there for six weeks in 7th grade and again in 11th. He learned Russian as part of his master's in International Affairs, but currently works for the non-profit The Hartford Foundation for Public Giving. Having two children with such different abilities challenged Jean and Greg's parenting skills.

# Meet Jean & Greg Gaul

got her into dance therapy. She joined a tap dancing company in high school and went on to graduate from Oklahoma City University with a degree in Dance. She tried out for the Radio City Rockettes in New York City, and out of 500 people she was one of three who were selected! During Lauren's years as a Rockette, Jean and Greg enjoyed traveling around the country watching her perform. She took two years off during her time as a Rockette to get a master's degree and become a Professor of Dance at Pace University in New York; developing a new dance program there. She also was a union negotiator for the Rockettes.

Early on, Jean and Greg realized that their son Scott was intellectually gifted. He won the school spelling bee, and

## Ulster Village

Jean followed her daughter's interest in dance and became involved in it in her 40s. She had always wanted to dance, and Jean believes we should do more "risky" things as we get older. As she says, "Why not?" She became involved directing and acting in fundraising performances at Hillside Elementary in Berwyn, her children's school.

Jean worked part-time as an office manager for an insurance company while her children were growing up. She is currently working as Executive Director of a medical publishing company, where she has been employed for 20 years.

While many of their Main Line friends were sending their children to private

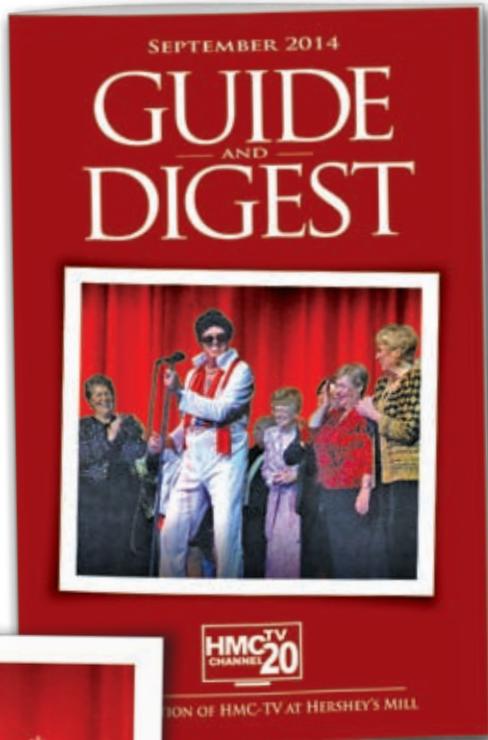
Recent photographs by Mary Kay Hagerty

*Continued on next page*

schools, the Gauls wanted their children to have a more egalitarian experience. So they sent them to public school, and used the money they would have spent on tuition traveling with them around the world. This, they felt, was a great educational experience for their kids!

How did Jean and Greg end up at Hershey's Mill? When it was time to downsize from their house in Berwyn, they looked all over the area but wanted to stay near the Main Line where they had always lived. They liked the different housing options at Hershey's Mill, and when they saw their light-filled home in Ulster, with plenty of room for visitors, they fell in love with it! They bought it, sold their house in Berwyn, and moved into Hershey's Mill in 30

When they were looking for something fun to do



This page, 2014 Players' show; photo at right taken at a 2016 Players' performance.

together, they discovered Ballroom dancing. It has been one of their passions, having just celebrated their 10th anniversary with Arthur Murray! They attend dance lessons at Arthur Murray once a month, and enjoy dancing at Hershey's Mill. They also have gone on many cruises where they have opportunities to dance. As they say, "We've danced together all around the world!"

Travel has also been one their passions, and they have been to many countries.

They decided to take the big international trips when they were younger; and went to places including China, Australia, New Zealand, South America, and Russia. Now, they are

Being in the advertising business was stressful, so Greg enrolled in a stress-management course at the University

Up Close with Jean & Greg

**How long have you lived at Hershey's Mill?** Six and a half years.

**Where did you live before moving to Hershey's Mill?** Berwyn, PA.

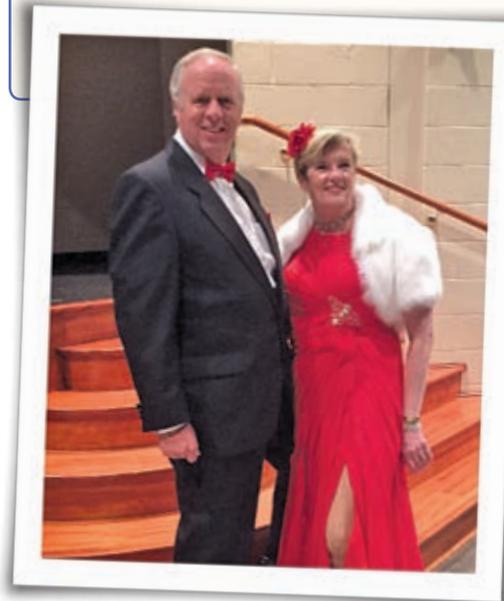
**What activities do you enjoy at Hershey's Mill?** We have both been involved with the Hershey's Mill Players for the past six years, and this year Greg wrote the show. We performed a ballroom dance together in the show, and Jean choreographed and danced as one of the Millettes. Jean also choreographed the men's dance act, Chunkindales, of which Greg

was a part. And you may remember seeing Greg as Elvis from the performance two years ago! We both enjoy playing golf here and Greg has written articles about golf for the HMC-TV *Guide and Digest*. Jean belongs to the Hershey's Mill Book Club.

**Favorite Restaurant?** Outback.

**Favorite place to travel?** Bermuda.

**How many children and grandchildren do you have?** Two children and three grandchildren. Our son Scott and his wife and two children who live in Hamden, Connecticut. Our daughter Lauren and her husband, and their new baby, live in Sleepy Hollow, New York.



of Pennsylvania. "It changed everything" he says, and he and Jean began to meditate and study the Buddhist philosophy. The meditation classes they took were held at Main Line Unitarian Church in Devon, where their children had attended nursery school years before. They had shopped around for a church where they both felt comfortable, and this one had everything they were looking for. Now, they are very involved and serve together on many of its committees.

Both Jean and Greg are golfers, and belong to both the Hershey's Mill Golf Club and Merion Golf Club.

Continued on page 21

focus-  
sing more on seeing the USA. They also enjoy vacationing in Groton Longpoint, Connecticut, with their family.



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## GETTING TO KNOW YOU (continued)

Jean golfs with the HM Sundowners, and enjoys being outside and having fun with friends while playing. Greg is more of a “hard core” golfer, and is active in the Philadelphia Seniors Golf Association. Their den, which Greg designed, is filled with many of his golf trophies and awards.

Greg serves on the board of the Philadelphia chapter of First Tee, a national golf charity which helps 15,000 underprivileged kids each year. In this program, character development lessons such as honesty, perseverance, and integrity are taught to the children through golf. Greg was also active in founding Fireman’s Hall in Philadelphia for the Bicentennial in 1976. It is a museum dedicated to the art and science of fire fighting through the last

three centuries. It is located on the site of Engine Company #8, a descendant of the Union Fire Company which was founded by Benjamin Franklin in 1736.

The Gauls enjoy many other interests and activities. Jean started a book club in her Berwyn neighborhood 30 years ago and it is still going strong. She also enjoys researching family genealogy, and has traced her family roots to England and Northern Ireland. The Gauls’ home is filled with many beautiful family antiques which have been handed down to her. They both enjoy reading, and are very active in the East Goshen Democratic Committee.

Jean and Greg are enjoying the “good life” together at Hershey’s Mill, and show no signs of slowing down. They are truly an inspiration!

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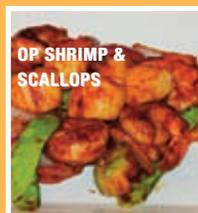
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TRIPS ARE LISTED IN  
CHRONOLOGICAL ORDER

**Reading Fightin' Phils & Fireworks**

**Saturday, August 6, 2016**

**Cost: \$25 + Food**

**Departs: 4:45pm**

**Contact: Sandy Waldman**

We will travel to FirstEnergy Stadium in Reading (proclaimed by *Stadium Journey Magazine* to be "... easily one of the best parks in the minor leagues ...") to watch the Reading Fightin' Phils (AA minor league affiliate of the Philadelphia Phillies) take on the Altoona Curve for a 6:35pm game. We will stay after to watch the largest fireworks show ("MegaBlast") in stadium history. Our seats are in the Section 7 yellow box seats near home plate. Food is on your own at one of the many ballpark concessions. But for an additional \$15, you can add the all-you-can-eat buffet (served 5pm-7:30pm) to your ticket; up until game time. This buffet includes BBQ chicken, hotdogs, cheeseburgers, baked beans, potato salad, chips, cookies, and Pepsi products. *Children age 8 and older are welcome!*



Trip payment checks need to be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

**Delaware Park**

**Monday, August 8, 2016**

**Monday, August 22, 2016**

**Monday, September 12, 2016**

**Monday, September 26, 2016**

**Cost: \$15 + Lunch**

**Departs: 10:15am**

**Contact: Ann Seraphin**

Join us for an exciting day at the races! Watch horse racing, or try your luck at slots and table games. \$30 free slots play given to everyone on the bus. Lunch is on your own.



**Cape May, NJ - A Day At The Shore**

**Thursday, August 18, 2016**

**Cost: 25 + Meals**

**Departs: 9:00am**

**Contact: Priscilla Burt**

Rain date is Thursday, August 25. Enjoy a day on your own at what is called the Queen of the Seaside Resorts. See the Victorian architectural diversity, pristine beaches, promenade, and scores of small shops and antique stores. The outdoor Washington Street Mall to Beach Avenue stores cater to the sun and fun crowds. You can experience superior cuisine alongside customary seaside fare. Dinner is on your own at The Lobster House.

**American Music Theatre - "Crooners"**

**Wednesday, August 31, 2016**

**Cost: \$59**

**Departs: 12:00pm**

**Contact: B.J. VanSchooneveld**

Join us in Lancaster for a musical journey of when the Rat Pack owned Las Vegas. The AMT Singers, Dancers, and Orchestra celebrate iconic crooners like Rosemary Clooney, Frank Sinatra, Tony Bennett, Ella Fitzgerald, and Bing Crosby; along with current crooners like Michael Buble, Harry Connick Jr., and more. A smorgasbord lunch, prior to the show at Bird-In-Hand Restaurant, is included in the price.



**20th Annual Jimmy Brent Concert at the Curtis Institute of Music**

**Sunday, September 18, 2016**

**Cost: \$15**

**Departs: 12:30pm**

**Contact: Lillian Brent**

Talented students of the Curtis Institute will perform a selection of classical compositions, and a buffet reception to meet the performers will follow the concert. I hope you will join us for this great annual event!

**Stratford Hall Plantation Fossil Collecting & Mansion Tour**

**Weekend Trip**

**Friday, September 23 through Sunday, September 25, 2016**

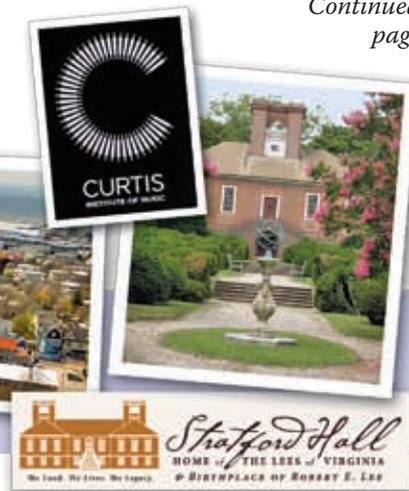
**Cost: \$565 (per person for a single room) or \$400 (per person if sharing a double room)**

**Departs: 1:30pm**

**Contact: Cathy Young**

Travel to Northern Virginia where we'll spend part of Saturday collecting fossils while walking along the beach of

*Continued on page 25*



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## HERSHEY'S MILL BUS TRIPS (continued)

Save all the dates

August 6, 8, 18, 22, 31  
September 12, 18, 23-25, 26  
October 6, 19, 27

the Potomac River. The age of the fossils is Miocene Age, 6-14 million years old; fossil shark teeth, possibly including Megalodon and Mako; whale bones and shells are the usual finds. Sunday will bring a fabulous tour of Stratford Hall's Great House; the birthplace of General Robert E. Lee, and home of two signers of the Declaration of Independence. We will learn the history of the plantation and what it was like living there in the 1700s and 1800s. We will stay in guest houses on the Plantation. Friday night, we will stop for dinner at Captain Billy's Crabhouse in Newburg, MD, along the Potomac River; then, after arriving at Stratford, we will enjoy a presentation by Smithsonian Institution paleontologist David Bohaska (a Museum Specialist in Collections Management in the Department of Paleontology at the National Museum of Natural History). He will be with us on Saturday to help collect and identify fossils. Saturday

evening will be another program about fossils. Stratford will provide breakfasts for us, a box lunch on Saturday, and a wonderful southern dinner on Saturday night. Please note that other meals, including Captain Billy's Crabhouse, are on your own and not included in the price. Children age 7 and older are welcome, and they are the same price as an adult. There is limited space, so

please call immediately to sign up or for more information.

**Penn's Peak - "Live At The Sands: Frank, Dean, & Sammy"**

**Thursday, October 6, 2016**

**Cost: \$67**

**Departs: 9:00am**

**Contact: Ann McClay**

Experience family dining while enjoying the performance. Be dazzled and transported back to Sinatra's sun-kissed world of wine, women, and song. When Michael Dutra performs with his ensemble, you'll swear Dean Martin and Sammy Davis Jr. are in the room! It's the Swinging Sixties all over again as the guys trade stage patter and perform their biggest hits. Dean's Scotch-

*Continued on page 27*

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## HERSHEY'S MILL BUS TRIPS (continued)

soaked rumble and Sammy's comic antics are counterpoint to Frank's mellow melodies. Relive the chemistry of comedy and song that these three iconic performers brought to the stage! From this famous mountaintop venue, you will also enjoy a breathtaking overlook of nearby Beltzville Lake; plus a commanding, picturesque 50-mile panoramic view of northeastern Pennsylvania's Appalachian mountains.

### Penn's Peak - "Real Diamond"

**Wednesday, October 19, 2016**

**Cost: \$67**

**Departs: 9:00am**

**Contact: Ann McClay**

Experience family dining while enjoying the performance. Curtis DiDomizio sang and played guitar in a variety of rock & roll bands for 30+ years. The decision to move into performing Neil Diamond songs and the concept of a polished world-class tribute show stems from countless requests for him to utilize his raspy growl and strong baritone voice to perform favorites like "Sweet Caroline", "I Am I Said", and just about any Neil Diamond song he had the back track for – and "Real Diamond" was born. Curt set out with 27 songs, a 10-piece band, and a vision; and since their 2008

debut, Real Diamond has become the premier Neil Diamond tribute show! From this famous mountaintop venue, you will also enjoy a breathtaking overlook of nearby Beltzville Lake; plus a commanding, picturesque 50-mile panoramic view of northeastern Pennsylvania's Appalachian mountains.

### Penn's Peak - "The Glenn Miller Orchestra - A Legend Lives On"

**Thursday, October 27, 2016**

**Cost: \$71**

**Departs: 9:00am**

**Contact: Ann McClay**

Experience family dining while enjoying the performance. The legendary Glenn Miller was one of the most successful of all dance bandleaders back in the Swing Era of the 1930s and '40s. A matchless string of hit records; the constant impact of radio broadcasts; and the drawing power at theatres, hotels, and dance pavilions built and sustained the momentum of popularity. Today, the 18 member ensemble continues to play many of the original

*Continued on page 29*





MICHELLE AITKEN, DDS

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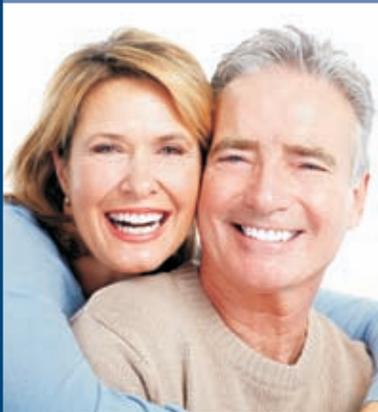
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## HERSHEY'S MILL BUS TRIPS (continued)

Miller arrangements both from the civilian band and the AAFB libraries. Additionally, it also plays some of the more modern selections arranged and performed in the Miller style and sound. Since January 2012, vocalist Nick Hilscher leads the band. Just as it was in Glenn's day, the Glenn Miller Orchestra today is still the most sought

after big band in the world. An annual event at Penn's Peak that you do not want to miss! From this famous mountaintop venue, you will also enjoy a breathtaking overlook of nearby Beltzville Lake; plus a commanding, picturesque 50-mile panoramic view of northeastern Pennsylvania's Appalachian mountains.

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**2016-2017 Walnut Street Theatre**

**Thursday & Saturday Matinees**

**Cost:** \$44 (per show)  
**Departs:** 12:30pm  
**Contact:** Adele Juzi (Thursdays)



**Contact:** Connie Cline (Saturdays)

We're collecting names for our wait list as vacancies frequently become available for individual shows. The Theatre's 208th anniversary season includes:

**Thur. 9/22/16 & Sat. 10/1/16**  
 Rodger's & Hammerstein's  
*South Pacific*

**Friday 11/25/16 & Sat. 12/3/16**  
*The Wizard of Oz*

**Thur. 2/2/17 & Sat. 2/11/17**  
*Laughter on the 23rd Floor*

**Thur. 3/30/17 & Sat. 4/8/17**  
*The Importance of Being Earnest*

**Thur. 6/1/17 & Sat. 6/10/17**  
*Saturday Night Fever*

**2016-2017 Philadelphia Orchestra**

**Friday Evening Series**

**Cost:** \$84 (bus only for all six) or \$14 (bus only for each) + Performance Admission

**Departs:** 6:00pm

**Contact:** Ann Seraphin

Join us for another exciting season with the Orchestra! The dates, along with brief performance summaries, for our concerts are:

**October 7, 2016**  
 Yannick Nezet-Seguin conducts Berlioz, and Saint-Saens with Staphane Tetreault on cello.

**November 25, 2016**

Gianandrea Nodeda conducts Petrassi and Beethoven, and Ravel with Alexander Toradze on piano.

**January 13, 2017**

Yannick Nezet-Seguin conducts a Paris Festival with Susan Graham (mezzo-soprano).

**March 10, 2017**

Michael Tilson Thomas conducts Seeger and Beethoven, and Berg with Leonidas Kavakos on violin.

**April 28, 2017**

Stephane Deneve conducts a Rachmaninoff Festival with Nikolai Lugansky on piano.

**May 19, 2017**

Yannick Nezet-Seguin conducts Mahler's Symphony No. 3 with Karen Cargill (mezzo-soprano), and Philadelphia Symphonic Choir and American Boychoir.

**2016-2017 WCU Travel Adventures**

**Tuesday Evening Series**

**Cost:** \$8 (bus only for each) + Admission (\$10 for each and purchased on your own in advance or at the door)

**Departs:** 6:30pm

**Contact:** Sandy Waldman

Would you like a tour of Cuba? Italy? A welcoming Southeast Asia? Or a sunset at our National Parks on their 100th Anniversary? If so, join us at West Chester University as our tour guide/photographer takes us on a presentation-tour of must-see places. This season's presentations, sponsored by the WCU Geography Department, are:

**September 20, 2016**

*Southeast Asia: Indonesia, Cambodia, Vietnam, Singapore, and Thailand*

**October 11, 2016**

*Tibet*

**November 29, 2016**

*Italy*

**February 21, 2017**

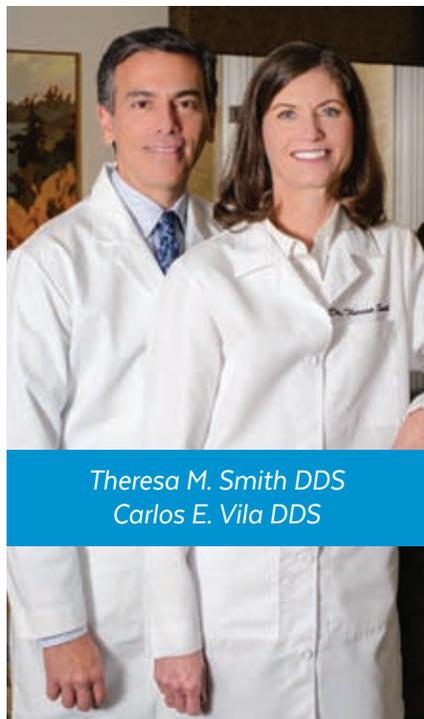
*National Parks at Sunrise/Sunset*

**March 7, 2017**

*Ghosts of the Gold Rush*

**March 21, 2017**

*Cuba's Secret Side*



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Brandywine Prime now occupies the home of the former Chadds Ford Inn which opened in 1736. An English Quaker from Wiltshire, Francis Chadsey, purchased 500 acres from William Penn's Commissioner for land grants. These acres compose most of present day Chadds Ford. Francis Chadsey's house became the Chadds Ford Inn, which has been a tavern off and on since 1736 according to a *New York Times* article, until a few years ago when it became Brandywine Prime.

Chadsey's eldest son, known as John Chad, took over his father's estate in 1717, and in 1736 turned his father's house into a tavern. John Chad also operated the ferry service that crossed the Brandywine Creek. John Chad died in 1760, and left the tavern to his nephew Joseph Davis.

Brandywine Prime has largely retained the rustic flavor of this historic building, with wide plank floors and stone walls – though with a few modern touches as well. The bar area is more contemporary; and there are some booths available in several of the dining rooms, one of which is a formal dining room with a few changes to the regular menu. Andrew Wyeth and Jamie Wyeth reproductions grace the stone walls.

In reading many reviews, Brandywine Prime receives high marks for its steaks and the perfection to which they are

cooked. It is also known for its eight-ounce Battlefield Burger with Rogue Valley blue cheese, crispy bacon, prime ground beef, and the expected "fixins" – for \$14.50 when we were there. Fridays are burger nights, when all burgers are half price. House cut fries come with the burgers and are quite good.

The dinner menu options are a raw bar, soups and salads, appetizers, and the Steakhouse Grill. Everything is *à la carte*. From the raw bar you can



choose tuna tartare, jumbo lump crab cocktail, raw oysters on the half shell,

Photos courtesy of Brandywine Prime

clams, or a jumbo shrimp cocktail. If this is not to your liking, you may wish to choose a mixed green salad with Dunbarton blue cheese, chopped iceberg, grilled romaine, or a crock of French onion soup.

The appetizers are creative and include house made short rib spring rolls, sautéed Pacific octopus, local buffalo carpaccio, or a Kennett Square mushroom tart (which was delicious). You can

we were there. Other steak selections are a 12-ounce black Angus center-cut NY strip, 8-ounce filet mignon, or 16-ounce short bone-in rib eye. Also from the Grill are a prime pork chop, barrel-cut rib eye, prime sirloin, or grilled line-caught swordfish. There is a nice selection of sides, almost all of which were under \$10.

Entrées also include other beef and fish, as well as house made mushroom and

# Brandywine Prime

## Seafood and Chops at Chadds Ford Inn

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tell by my selection that I am not too adventuresome.



The Steakhouse Grill is really the heart of this restaurant, and why people give it four to five stars. It is pricey, so one should expect to have a very special steak. The Grill includes a 16-ounce prime Delmonico rib eye – its most expense cut, for \$55 when

ricotta ravioli, grilled Faroe Island wild salmon, or roasted chicken breast.

There is quite a selection of wines, specialty cocktails, and beers on offer to wet your whistle. You may also bring your own wine, for a corkage fee of \$6; but there is no corkage fee on Mondays. There are great Happy Hour specials including the "Best of Philly" burger. A gluten-free menu is offered, and may be partaken on the patio outside.

The dress code is casual at this Chadds Ford restaurant. It is open Monday to Saturday from 5pm to 10pm, and Sunday from 4pm to 9pm. They also serve lunch on Saturday from noon to 2pm. Reservations are a good idea, and can be made by telephone or online.

Bring a hearty appetite, and friends, for a special evening or lunch at Brandywine Prime.

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**FOR SALE** NordicTrack EXP200 Treadmill. \$150. Raleigh Marathon lady's bicycle. \$50. Raleigh World-sport man's bicycle. \$50. Assorted lifting weights. \$30. All are in good condition. Call

**FOR SALE** Men's right-hand golf clubs and bag. Woods: 1, 3, 5; recovery 21 degrees; irons: 3-9; pitching wedge; 60-degree wedge; and two putters. Also, size 10W shoes, some tees, and balls. \$100. Call

**FOR SALE** Sun Titanium Frame Recumbent Tricycle, 21 speeds, minimal usage. Retail price \$1,900. \$1,200 but negotiable. Call

**FOR SALE** American Girl accessories including horse, fuchsia Jeep, and the out-of-production kitchen

set that includes a combination sink/stove and refrigerator/freezer. Great condition, and selling at a reasonable price. Call for more details and pricing.

**FOR SALE** Men's 21" Trek custom bike, ridden once. Call for price. Hess trucks from 1991-2015, never out of box. \$25-\$50. Texaco airplane banks. \$50-\$75. Some Gulf, Sunoco, and Texaco toy trucks. Call for prices. Call

**FOR SALE** Pro-Form 6.0 RT Electric Treadmill, like new and rarely used, with User's Manual. Was asking \$1000, now \$300. Call

**FREE** Electric organ, Lowrey Symphonic Holiday, four channels, with Magic Genie Chords. Call to make arrangements.

**FREE** Amana full-size upright freezer, 63" high x 28" wide x 26" deep, in good working condition. Call



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Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
<b>1</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>2</b>	9:45am Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders	<b>3</b>	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 9:45am Aquacise 10:00am Ageless Exercise 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Groff Mah Jongg 7:00pm Casual Singing Group 7:00pm Mah Jongg	<b>4</b>	9:45am Aquacise 10:00am Alzheimer/Dementia Support Group 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker	<b>5</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	<b>6</b>	9:45am Aquacise 5:00pm Kennett Party	<b>7</b>	7:00pm HMC-TV Concert
<b>8</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>9</b>	9:45am Aquacise 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm (SH) Great Books Club	<b>10</b>	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 9:45am Aquacise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	<b>11</b>	9:45am Aquacise 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	<b>12</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Rummikub	<b>13</b>	9:45am Aquacise	<b>14</b>	3:00pm Players Annual Meeting
<b>15</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>16</b>	9:45am Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Computer Club	<b>17</b>	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 9:45am Aquacise 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	<b>18</b>	9:45am Aquacise 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	<b>19</b>	8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	<b>20</b>	9:45am Aquacise	<b>21</b>	6:00pm HLN Party 7:00pm HMC-TV Concert Rain Date
<b>22</b>	TBD Aquacise 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>23</b>	TBD Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm (SH) Great Books Club	<b>24</b>	TBD Aquacise 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	<b>25</b>	TBD Aquacise 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	<b>26</b>	TBD Aquacise 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Rummikub 7:00pm Bingo	<b>27</b>	TBD Aquacise 10:00am Mac Group	<b>28</b>	
<b>29</b>	TBD Aquacise 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>30</b>	TBD Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Model Railroaders	<b>31</b>	TBD Aquacise 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	<p>(SH) takes place in Sullivan House. TBD means "to be determined". Dates and times are subject to change. Contact program for details.</p>							

# August 2016 Activities Calendar

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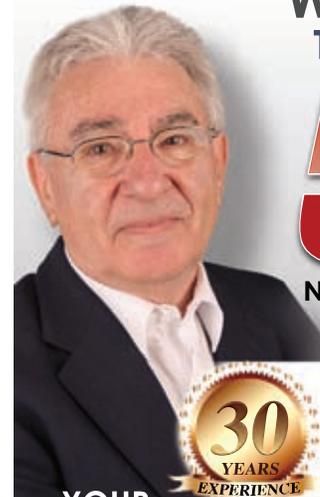
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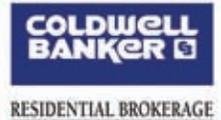


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**APPLE MAC CONNECTION**

*Carol Campanelli | Ulster*

With so many residents now possessing an iPad, our **fourth Saturday** monthly meetings now spend a large part of the two hours discussing iPad-related problems. Mac computer issues are still addressed, but don't hesitate to attend a meeting with a question about your iPad or iPhone. Bob Barton also welcomes emails with your questions, which he will include in his presentation. He can be reached at bartonbob@comcast.net. Bob will be at the HM Community Center on **Saturday, August 27, from 10am to noon.** Coffee, tea, and light refreshments are usually available.



Art Group members Barbara Leone (above) and Sara Hamilton creating beautiful art. All of the friendly folks there in June have such wonderful talent, so check out the HM art gallery!



**ART GROUP**

*Dave Linton | Springton*

We are creative individuals who love the camaraderie and art. Some of us are beginners and others have worked in the field or studied art. So bring your paints and brushes, or whatever medium you prefer, and join us on **Wednesdays from 12:30pm to 3pm** upstairs in the HM Community Center. Sometimes we car pool to regional art museums or have professional artists come in to give demonstrations for inspiration.

**BILLIARDS**

*Joe Silio | Eaton*

Learn the basics of billiards with our "Billiards for Beginners" session, and do so in a casual and social atmosphere. Join us in the Billiards Room, in the HM Community Center, on **Fridays** at

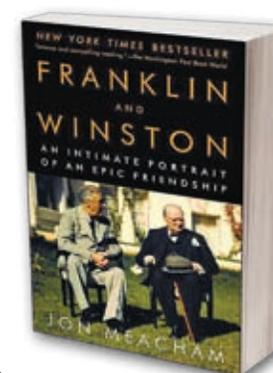
**12:30pm.** This is an opportunity to pass an afternoon among friends and learn something new. Please call me at \_\_\_\_\_ with any questions. I hope to see you there!

**BOOK CLUB**

*Anne McAssey | Merrifield  
Jean Gaul | Ulster*

*Franklin and Winston:  
An Intimate Portrait of an  
Epic Friendship*  
by Jon Meacham

This book is said to be the most complete portrait ever drawn of the complex, emotional connection between two of history's towering leaders: Franklin Roosevelt and Winston Churchill. Jon Meacham explores the fascinating relationship between the two men, who piloted the free world to victory in World War II. Join us at Sullivan House at **2pm on Thursday, September 8** for what should be an enjoyable discussion.



**COMPUTER CLUB**

*Don Trauger | Kennett*

Our meetings are open to all residents regardless of computer experience, and we usually have a mix of varying skills so you should fit right in! If you have questions about PCs, or just want to learn new things, be sure to attend on the **third Tuesday** of each month at **7pm** upstairs in the HM Community Center. There is a new topic discussed each month, as well as time for a question and answer session. I hope you will join us.

**HERSHEY'S MILL KNITTING CIRCLE**

*Ruth Schick | Chatham*

We are a group of handcrafters, mostly knitters and crocheters, who meet on **Thursdays from 1pm to 3pm.** We enjoy helping each other with projects, and welcome those who are beginners or experienced in their crafts. In the summer season we meet at the HM Pool, and during the rest of the year, or during inclement summer weather, we meet in the HM Community Center's Paoli Room. We will return to the HM Community Center regularly after Labor Day. For more

information, please contact Bernice Soffer at \_\_\_\_\_.

*Continued on page 43*



Lisa Groff (left) teaching new player Pat Patterson the basics. Lisa leads the Groff Mah Jongg group that was enjoying play on a sunny day at the Hershey's Mill Pool.

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**CLUB NEWS (continued)**

**PHOTOGRAPHY CLUB**

*Carol Poling | Oakmont*

We are a Hershey's Mill group of residents with varying experience and knowledge regarding photography. Come join us in **September** for the start of another year; which runs through June 2017. Meetings are held at Sullivan House on the **second Monday** of each month at **3pm**. Our photography topic for September will be "Summer Vacation".

**HERSHEY'S MILL RIDERS**

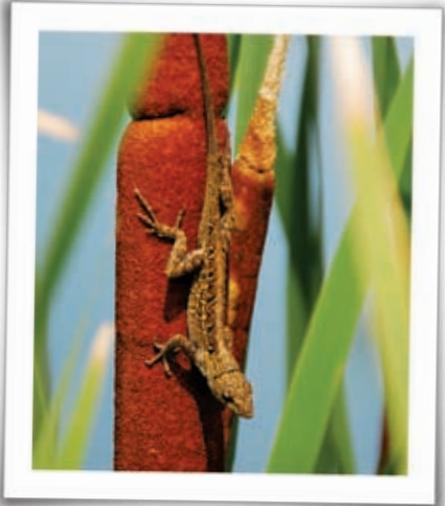
*Seth French | Yardley*

The Hershey's Mill Sports Group (HMSG) is proud to announce the formation of a bike club! As one of the co-leaders of the club, I hope that you will contact me at to find out how you can get involved. If you haven't yet noticed, we have installed a bike rack at the entrance to the Bocce courts, and plan to install one near the tennis bulletin board as well. Riding your bike to the courts is a great way to warm up on your way to playing a sport!



Our objectives for the new club are many, and a few of them are: great exercise and friends to ride with; go green and improve the environment;

a low-impact activity with excellent fitness benefits; a fun thing to do with your grandchildren; tour



**Photography Club**  
photo (above) by Brooke Hamilton

and see the beauty of our area "up close and personal"; and get the best "parking spot" at the fitness complex every time using our new bike rack!

We plan to offer several kinds of rides, and you can choose the ones that suit your interests and abilities. Such as rides through the Mill, which is about five miles. Or rides on local bike trails such as Exton to Valley Forge or Reading; using the great "rails to trails" paths. Even Philadelphia and the Eastern Shore to add variety. And there are fun grandparent rides to get the whole family pedaling. Your input about what you want this club to be is important – so contact me to get involved today, and come ride with us!



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Dr. Towsen (pictured with a coach) was a former college lacrosse player before going "Pro" in Orthopaedics

As a former lacrosse player who was sidelined by a knee injury in college, Dr. Towsen truly understands how injuries affect the female athlete. Her own experience with reconstructive knee surgery inspired her career in orthopaedics. Her fellowship training in orthopaedic sports medicine allows her to offer the most advanced techniques for treating all types of sports injuries and overuse syndromes. Whether you are a competitive or recreational athlete, Dr. Towsen's goal is to help you return to physical activity without limitation whenever possible. There are very few women practicing orthopaedic surgery and sports medicine, so Dr. Towsen has a unique perspective when treating the active female patient.

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SUPPORT GROUP FORMING

Cathie Voorhees | Heatherton

We are looking to form a support group for people with non-cancerous pulmonary issues, Pulmonary Fibrosis, or COPD; and their care givers. Please contact me at \_\_\_\_\_ or \_\_\_\_\_ to find out more about participating.



(Top, from left) Donna Dougherty and Steve Tompkins

(Above, from left) Janet Emanuel and Mary Rose Wineberg

(At right, from left) Jack Falcone, Carl Fletcher, Bob Shabaker, and Andy Bodine

All Players photographs courtesy of Eileen Hotte of Quaker

CONGRATULATIONS TO THE HM PLAYERS

Louise O'Brien | Springton

On behalf of Hershey's Mill Community-TV (Channel 20), I would like to thank the entire cast and crew of *The Mill's Got Talent* for a wonderfully entertaining evening. This Hershey's Mill Players' production proved it absolutely true that the Mill really does have great talent. We are very proud of you all!

This multi-talented group not only performs, but also does everything else. I stopped counting friends and neighbors in the program when I got over 100 as the group is so big and members wear so many hats. I do want to mention what a great job Ronnie Manaker did on costumes, the top-notch directing by Carol Campanelli, and the clever writing of Greg Gaul (as well as the writing of our late friend Lee McCarthy).

Two years seems too long to wait for the next Players' show, but we can at least enjoy 2016's again when it airs on Channel 20!



(At left) Mark Blaha and Ginny Behan



ing eye care, blood testing, and help with urology and gastroenterology patient visits. Over \$300,000 has been raised for the Cookie Jar since 2000, including \$100,000 through the Hershey's Mill Cocktail & Buffet Parties.

Please join us in supporting these patients, and for an evening filled with fun and delicious food provided by CVIM volunteers. There will be two open bars, hot and cold appetizers, and a buffet. The ticket price of \$60 per person is a fully deductible charitable donation. All proceeds from the event go directly to Judy's Cookie Jar. If you attended last year, an invitation will be mailed to you; if you did not, please call Cathy Thorn at \_\_\_\_\_ for an invitation. We look forward to seeing you all for a great evening in support of this ongoing and important community service!

Continued on page 49

CVIM FUNDRAISER

Hershey's Mill CVIM Volunteers

The ladies of Hershey's Mill who volunteer at Community Volunteers in Medicine (CVIM) in West Chester invite you to the 12th Annual Cocktails & Buffet Party on **September 18** from 4:30pm to 7pm at Sullivan House.

In fiscal year 2016, funds from Judy's Cookie Jar served 60 patients; provid-



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## COMMUNITY NEWS (continued)

### HM REAL ESTATE UPDATE

*Lynne Carter | Kennett*

Here we are in the middle of summer, and the Hershey's Mill real estate scene is good. Results year to date, January 1 to June 30, show that 60 homes have sold and settled, and there are another 17 under contract – most of which will settle by the end of August. The days on market (DOM) is dropping as we progress in 2016. For those sold to date, the DOM is 84 versus 60 for those 17 pending settlement. There are 58 homes currently in an "active" status in the multiple listing (MLS) records; four of those are already under contract and going through various contingencies. The home prices range from \$149,900, for a one bedroom, to \$625,000.

period compared with 2015. Keep telling your friends about our fabulous community. The next community-wide open house is **Sunday, October 23.**

### HERSHEY'S MILL SINGERS!

*Bonalyn Mosteller | Inverness*

Do you love to sing? Have you had singing experience? We welcome you to join the Hershey's Mill Singers. We have a wonderful time harmonizing together – as well as just having fun! I hope you will consider joining us, and extend a special welcome to those who are new to Hershey's Mill and are just learning about the Singers.

In September, we begin rehearsals for our 2016 Holiday Concert. Starting on **September 12**, we will hold full group rehearsals on **Mondays from 7pm to 9pm**. In addition, women's section rehearsals are **Wednesdays from 3:15pm to 4:15pm**, and men's section rehearsals are **Wednesdays from 4:25pm to 5:25pm**. All rehearsals take place in the HM Community Center. Please make sure that you can attend most rehearsals if you want to join us. All voice parts are welcome! The 2016 concerts will likely be held the evening of December 2 and the afternoon of December 3.



The Mill is lovely – who wouldn't want to live here?

To find out more, or to join us, contact me, the Singers president, at \_\_\_\_\_ or \_\_\_\_\_

*before the first rehearsal so that I can learn more about your musical background. And for all our fans, keep an eye on the Guide and Digest for details as the concerts approach!*

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Donna Spoto | Ulster

We have created the flyer, shown at right, and provided it to the *Guide and Digest*. It includes information about our Book Sale, a related event, and some basic Library information. The Library Board thanks all of you for your continued support.

Our thanks also to the resident who donated a subscription of the *Hearing Loss* periodical for the Library.

NEW LIBRARY BOOKS

Peggy McReynolds | Yardley  
HM Librarian

Alphabetical by Author

- Backman, Fredrik – *Man Called Ove*
- Banks, Russell – *Voyager*
- Berry, Flynn – *Under the Harrow*
- Black, Cara – *Murder on the Quai*
- Blume, Lesley M. M. – *Everybody Behaves Badly*
- Clark, Mary Higgins – *As Time Goes By*
- Cronin, Justin – *City of Mirrors*
- Cussler, Clive – *Emperor's Revenge*
- Danler, Stephanie – *Sweetbitter*
- DiSclafani, Anton – *After Party*
- Erdrich, Louise – *LaRose*
- Ferrante, Elena – *My Brilliant Friend*
- Ferrante, Elena – *Story of a New Name*

- Ferrante, Elena – *Story of the Lost Child*
- Fisher, David – *Bill O'Reilly's Legends and Lies - The Patriots*
- Frank, Dorothea Benton – *All Summer Long*
- Furst, Alan – *Hero of France*
- Gabhart, A. H. – *Murder Comes By Mail*
- Gaynor, Hazel – *Girl From the Savoy*
- Geye, Peter – *Wintering*
- Gyasi, Yaa – *Homegoing*
- Hastings, Max – *Secret War*
- Hawley, Noah – *Before the Fall*
- Hooper, Kim – *People Who Knew Me*
- Jewell, Lisa – *Girls in the Garden*
- King, Stephen – *End of Watch*
- Krugler, David – *Dead Don't Bleed*
- Kubica, Mary – *Don't You Cry*
- Monroe, Mary Alice – *Lowcountry Wedding*
- North, Freya – *Turning Point*
- Philbrick, Nathaniel – *Valiant Ambition*
- Preston, Douglas – *Beyond the Ice Limit*
- Proulx, Annie – *Barkskins*
- Rowley, Steven – *Lily and the Octopus*
- Sheldon, Michael – *Melville in Love*
- Straub, Emma – *Modern Lovers*
- Thayer, Nancy – *Island House*
- Vincent, Isabel – *Dinner with Edward*
- Woods, Stuart – *Dishonorable Intentions*

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Saturday & Sunday, September 10 & 11  
10 AM - 3 PM

\*To attend Preview Night, join Friends of the Library with a donation of \$5.00 (or more).

- Visit the HM Library during library hours and the library volunteer will sign you up.
- Join at the door on Friday, September 9.
- Checks or cash accepted. Make checks payable to: Hershey's Mill Library.

**Community Center Library Hours**  
Monday to Friday 10 AM - 2 PM  
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[www.hmlibrary.com](http://www.hmlibrary.com)



We are accepting books in good condition for this sale until September 2. We do not accept Bibles and religious books, periodicals or text books.

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Don Trauger | Kennett

The last time I wrote about buying a new computer was for the February 2012 *TV-Guide* (what has since become the *Guide and Digest*). Since then, a number of changes have certainly taken place! Desktop computers with a monitor are still viable, and are often slightly less expensive than laptops with equal specifications. What can be

for cramped typing. Glossy screens are great for sharpness and contrast, but don't sit with a sunny window behind you as the glossy screen acts as a mirror. It reflects more of the light from the window and can make the screen harder to see. Another item to consider is the touchpad. A touchpad allows you to mimic the mouse. Some people have trouble using the touchpad and prefer to connect a real mouse to the laptop.

That's fine if you typically use the laptop as a substitute for a desktop.

My minimum hardware recommendations for both laptops and desktops is that they



confusing when shopping for a new computer is the terminology and the technical specifications. Although space doesn't allow for a complete primer on the subject, I'll tell you the basics of what you need to know. *If you want to know even more, or have questions, I recommend you join us at a Computer Club (PC) meeting!*

First, decide whether you want a laptop or a desktop. Laptops offer certain advantages over a desktop. You get portability with plenty of processing power. However, there are disadvantages too. A somewhat smaller screen may strain your eyes over a period of time, and a smaller keyboard can make

Screens about the noted Dell 15 5000 at [www.dell.com](http://www.dell.com). Visit for full specifications, available options, and extras.

have dual-core processors. Dual core refers to two computer processors in one package. Names like i3, i5 and i7 made by Intel are best. Computers with i3 processors can serve very nicely for everyday computing, and are good for tasks such as Internet surfing, email, and word processing. An i5 processor

can handle all of that plus photography and simple video editing, and even light gaming. An i7 processor, the fastest and most expensive, is designed for serious gamers and multitasking.

When buying a new computer, choose one with a base processor speed of 2.3 GHz or higher. The higher the speed, the faster the computer will run apps (programs). Windows 10 computers, along with many popular apps, run better with a quad-core processor. More cores offer faster operation, but

are many other options available, and some manufacturers can customize a PC for your needs; of course, this will add to the cost. A DVD drive is now an option on some laptops, and can often write them as well as read them. What I've outlined here would be suitable for most HM residents.

Most laptops and desktops now include the Windows 10 operating system. Shop for popular brands, such as HP, Dell, and others. I favor Dell because of good reliability, easy ordering, and less

# Buying A New Windows 10 PC

at a higher price. Although I recommend Intel processors, AMD is very price competitive on the lower end of the price scale. An A9 dual core or A10 quad core AMD processor for a laptop is a generally a lower priced choice than a comparable Intel based computer. For a desktop computer, look for an A8 or A10 processor.

My recommendation for a typical Internet, email, and word processing computer would have a 2.3 GHz, or higher, dual core Intel i3 processor, 4 GB or more of RAM, and a 500 GB or larger hard drive. A mid-range computer would handle all of the previous tasks, and additionally do photography and simple video editing, and even light gaming. It should have a 2.3 GHz, or higher, dual or quad core Intel i5 processor, 4 GB or more of RAM, and a 500 GB or larger hard drive. There

junk-ware installed when compared to other brands. Before going to a store, become familiar with a manufacturer's line of computers by visiting their website. HP can be found at [www.hp.com](http://www.hp.com) and Dell is at [www.dell.com](http://www.dell.com). A mid-range laptop is the Dell 15 5000, and full specifications are available on the website. Try to avoid the low cost \$200-\$300 computers, as they can be annoyingly slow; particularly if speed is a priority for your needs. A higher priced computer may also offer "future proofing" where the computer will operate at nearly the same speed even after updates over a period of years.

*As noted prior, if you have questions, or want more details about purchasing a new Windows 10 computer, make plans to join me at the PC Club meeting on the third Tuesday of each month at 7pm in the HM Community Center.*

Joe Kennedy | Princeton

This is a story of the American Revolution, accidental espionage, and a resourceful woman. The heroine is Lydia Darragh, a Quaker from Philadelphia, and the villain is the British army.

In late fall of 1777, after suffering two straight defeats at Brandywine and Germantown, George Washington's Continental Army was camped at Whitemarsh. To the south, the British occupied the city. Darragh and her husband, William, according to information in the files of the Old York Road Historical Society, were living in a two-story house at 177 South Second Street in Philadelphia. Very little information is available about their personal or family background, except that they were married in Dublin, Ireland.

The house was said to have been the site of some sermonizing by the great Protestant preacher George Whitfield. But when the British captured the city, the adjutant general of the British army, Maj. John Andre, was billeted in the Darraghs' second-floor rooms. On occasion, those rooms were used for army staff meetings.

On December 3, 1777, according to an article in a publication of the Montgomery County Historical Society, Andre told Lydia Darragh to prepare the upper rooms for a late-night conference. When the conference began, Andre ordered the rest of the household to their beds. But Lydia

Darragh was curious. After the meeting started, she left her bedroom and made her way upstairs to listen at the keyhole of the conference room. What she heard was a plan to surprise Washington's forces by secretly moving the British troops on a night march the next evening, December 4. When the meeting of the British officers concluded, Andre knocked at Darragh's door to see whether she was in bed. Darragh allowed Andre to knock three times before she answered the door, pretending to have been asleep.

One can surmise that Lydia Darragh must have been in a quandary about what to do. Because the Darraghs were Quakers, opposed to any involvement in war, discussing the situation with her husband would have been difficult. And because of the timing, she knew she had to decide and act swiftly.

The morning dawned cold, with snow on the ground. Under the subterfuge of getting flour from Frankford, according to accounts found at the Montgom-

ery County Historical Society, Darragh left the house armed with a pass that would get her through the British Lines. Going out Front Street to German-

town Road took her to Pearson's Mills in Frankford, where she purchased a 25-pound bag of flour. Leaving it at the mill, she proceeded north toward the Rising Sun Inn. She felt sure she could make contact there with Continental patrols. She had already walked five miles, but before reaching the inn, Darragh encoun-

tered a cavalry patrol led by a Lt. Col. Craig. She was acquainted with Craig, though how they became acquainted is not explained in the report in the Montgomery county Historical Society library. Darragh reported to Craig

the day, "... we found all their cannons mounted and the troops prepared to receive us and we have marched back like a parcel of fools." No one can say with certainty what effect a defeat at Whitemarsh would have had on the Patriot cause. But because he was not surprised there, Washington was able to lead his army into winter encampment at Valley Forge. And out of that experience emerged a new American Army that, in the end, defeated the British.

Lydia Darragh died in 1789, unsung and unrewarded for her role in the ultimate victory.

*Editor's Note: We are big fans of Joe's articles and look forward to them every month! For this article, we have chosen to use the widely accepted spelling of Darragh, but left other spellings as provided. We also note*

# Lydia Darragh



Maj. Andre (at left) and Gen. Washington

what she knew, and he in turn led her to a nearby house where she received warmth and food. After a short stay, she returned to the mill, picked up her flour, and returned home.

She was there when the British marched out of the city at night to surprise the Americans at Whitemarsh. But when his troops reached Whitemarsh, according to Maj. Andre's account of

*that understanding history is a challenging journey that balances what is commonly believed with what can be corroborated. We hope that you are inspired to research the period and events noted in this article so that you better understand this fascinating and important time in America.*





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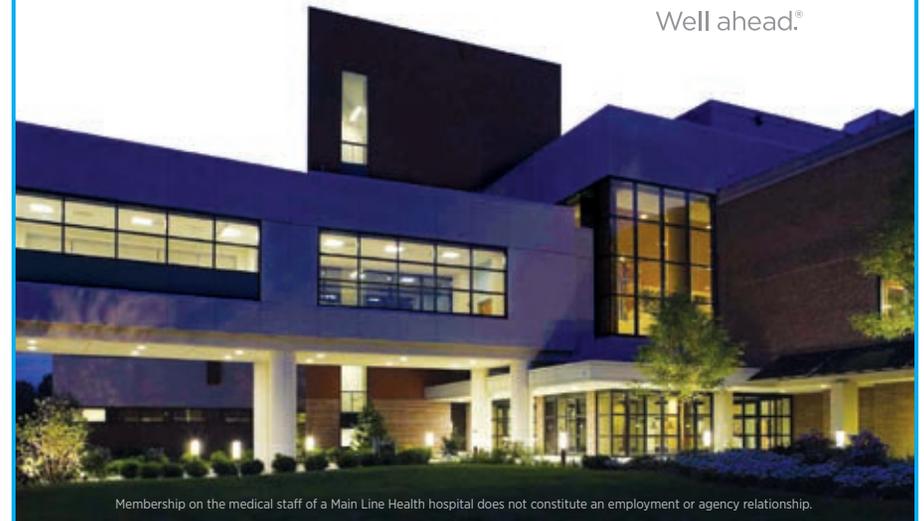
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**Judy Bradley | Ulster  
HMGC House Committee**

We are pleased to introduce the staff of the Hershey's Mill Golf Club, and will be doing this in multiple parts in the *Guide and Digest*. We begin with this article about some of the House staff, will continue with the Golf staff, and conclude with the Course Maintenance staff.

I am excited to tell you a bit about the Managerial House



versity, with a degree in accounting, he was promoted and put in charge of implementing a Club-wide point-of-sale computer system. His duties now include membership recruitment, marketing, computers, accounting, and web maintenance. Scott and his wife live in Exton, and have two daughters, ages 9 and 6, and twin boys who are 15 months.

Photos (l to r) of Scott, Steve, and Teresa provided by Judy Bradley

**Steve Muir – Executive Chef**

After graduating from

John Jay High School, Steve was accepted to the Culinary Institute of America in Hyde Park, NY, and graduated in February 1976 with an Associate of Science Degree. He began his career in the hotel industry by splitting his time between Florida and New Hampshire, and in 1983 opened the largest convention center hotel in New Hampshire. Steve moved to Pennsylvania in 1987 to take the Executive Chef position at Hershey's Mill Golf Club. In 1991, he designed the kitchen of his dreams here, and has been with us ever since. Steve and his wife live in Coatesville, and have three adult children and three grandchildren.

**Teresa Redcay – Club Manager**

Teresa is originally from New Jersey and moved to Chester County in



two young children. After the Club closed for renovations in 1991, she held positions at Coatesville Country Club, Waynesborough Country Club, and Sandy Run Country Club. Fortunately, she returned to Hershey's Mill in 2004 to take over the role of Club Manager. She and her husband live in Coatesville, and have a daughter and son.

# Meet Our Staff

1986. She has over 35 years of experience in the club industry. She started with our Club, part time, in 1988; and has since had

I hope you enjoyed learning just a little bit about the great staff that makes our Club so very special. And, of course, that you keep an eye on the *Guide and Digest* in the coming months.



staff this month, which will be followed by the bartending and wait staff next month. We are privileged to have such a talented and devoted group who has been a part of our Club life for many years.

**Scott Martin – Assistant GM**

Scott began working at Hershey's Mill Golf Club in 1995. During high school and college, he worked in the golf shop. When he graduated from Drexel Uni-

**Golf Tip**

A proper swing plane gives you a direct route to the ball, resulting in better ball striking and accuracy. At the top of your swing, being either "laid off" (club pointed left of the target line) or "across the line" (club pointed right of the target line) requires compensation during the downswing that leads to inconsistency. A simple drill to get on plane is the split-grip drill. As you make your backswing, allow your right hand

to slide to the bottom of the grip. At the top of your backswing, notice how this makes your right elbow fold nicely and your left arm stays straight and stretched across your chest. Do this a few times, and then switch to your regular grip while maintaining that sensation. In time, you should feel your swing start to take a new, more efficient path the ball.

**Matt Harvey, PGA**

**August Club Activities**

- August 4 ..... Steakhouse Night
- August 11 ..... Trivia Night

*I think the swing is all about rotation, all about keeping the club on plane.*  
– Tiger Woods

Charlie Gentile, HMSG President | Yardley  
... with Don Evons | Princeton

*Editors note: The issue of hydration, particularly during the heat of summer or when exercising vigorously, is an important one; and it is helpful to provide exposure regarding this topic. However, the information in this section, though of a useful general nature, should not be construed as medical advice.*

# Hydration & Fitness



Marge Brolly (left) of Inverness, and Lois Buffington, formerly of Eaton, with water bottle in hand after a Pickleball game on July 4 at the HMSG Activities Celebration.

While the reasons above are the most important from a health standpoint, it is performing at our highest level that is compromised as it regards fitness activities. The most frequently asked questions I hear are:

- *How do I know if I am drinking enough water?* A simple way to tell is to look at the color of your urine. If it is clear, or almost clear, you are in good shape. If dark or amber, you're probably not drinking enough.
- *How much should I drink?* This is difficult to answer in a general way. A useful guideline for most, though, would be: 15 ounces 2 hours before exercise; 8 ounces 30 minutes before; 8 ounces every 20 minutes during;

"Why is staying hydrated important" you might ask? While not a doctor, I will answer with general information and advice. The most common reasons for staying hydrated are that water regulates our body temperature, and that it acts as a lubricant for our joints – and helps to remove waste. However, the more important issue I think is that water can help reduce fatigue, reduce cramps, and even minimize dizziness and possible unconsciousness!

and 8 ounces after. These are approximate, and depend on your perspiration rate, heat of the day, how hard you work, personal chemistry, and other factors.

- *What should I drink, and is it a good choice for exercise?*

Water. It's very good.

Sports drinks. May be good since some add beneficial calories, potassium, and improve electrolyte balance, but it's important to read the nutrition label as some also contain caffeine; and too much is not good!

Coffee. Not good since caffeine dehydrates.

V8. I'm not sure. It has a mix of vegetables, but may not contain appropriate levels or types of sugar and sodium. Check the nutrition label for all products of this type.

Soft drinks. Not good as most contain too much processed sugar.

Scotch, beer, or other alcoholic. Not good, obviously! Wait until you're done playing, as alcohol dehydrates (and can "numb the brain").

Orange juice and milk. Both are good, but keep an eye on the sugar and fat.

- *Can you drink too much water?* Yes, but this is typically not an issue for the majority of people who exercise.

I hope this article has prompted you to think about the important topic of hydration; particularly for those of us who are getting our fitness outside in the heat of summer. But no matter the time of year, or the type of activity, it is something everyone should keep an eye on. So stay active, and enjoy all the activities the Mill has to offer – and make sure water is your performance partner!



## Get Involved and "Play Where You Live"

**Paddleton:** Now playing! A cross between badminton and pickleball. Paddles and shuttlecock are at the courts.

**College Football Trip:** September 17. Bus trip to State College to watch Penn State play Temple. Email Don Evons at

**Bicycle Club:** We are pleased to announce the "Hershey's Mill Riders". Read more about it in this month's *Guide and Digest* in the Club News section.

**Club Championships:** August. Championships start for all sports.

**Labor Day:** September 5. All activities celebration. Everyone is welcome; sign up on the tennis bulletin board prior to the day of the event.

**Annual Fall Meeting:** September 14 at 2pm. Takes place at the HM Community Center. There will be HMSG elections, and issues related to the HMSG by-laws; make sure to find out about them ahead of time so you are ready to vote!

**Fall Social:** September.

If you have questions or ideas related to the HMSG, send me an email at [charlie.gentile@hersheymill.org](mailto:charlie.gentile@hersheymill.org). To receive more up-to-date information about what is going on, you can email me or Don Evons ([don.evons@hersheymill.org](mailto:don.evons@hersheymill.org)).

What can we add to the final summer concert (on August 7th) that would improve it? Why an Italian picnic, of course! But we don't much want to deal with dishes and silverware, and any grandchild will tell you it's more fun to eat with your hands anyway. So our menu is not only loaded with Italian favorites, but each dish is also made in a muffin tin to produce perfectly-sized portions – ready to unwrap and enjoy while our toes are tappin'. Each can be made ahead, can be sized to mini, regular, or jumbo pans, are transported easily, are temperature flexible, and absolutely delicious. Recipes use metal pans (timing/browning will vary with others), and do prepare pans well and let the foods cool and set; there is little worse than losing half the food to a pan! We hope to see you there, food in hand!

## Pancetta & Fig Bites

*Crispy, salty Italian bacon (that is cured but not smoked) and a sweet, boozy jam to wake up your tastebuds.*

*Mini cups pan recommended to make 24; spray lightly with oil.*

- 1 cup chopped dried figs
- ½ cup apple juice
- ¼ cup + 1 teaspoon sweet vermouth
- 2 tablespoons honey
- ½ teaspoon ground cinnamon
- 1 teaspoon lemon juice
- 2 dozen pancetta slices

In a saucepan, bring figs, juice, and ¼ cup vermouth to a boil; then simmer, covered, for 15 minutes. Add figs and liquids, along with all remaining except pancetta, to a food processor and puree until nearly smooth. Fit a slice of pancetta in each cup of a mini muffin pan so that it covers the bottom and sides; place in a cold oven, set to 400°F, and bake until crispy. Let cool in pan, then transfer onto a paper towel to fill with fig mixture. Serve warm or cool.

## Spiral Lasagnas

*An Italian favorite so good we make two pans worth – and it reheats beautifully if you're lucky enough to have leftovers! Homemade pasta sauce is the bees knees, but storebought does work.*

*Two regular cups pans recommended to make 24; line with parchment and/or brush liberally with olive oil.*

- 12 lasagna noodles
- 2 cups ricotta cheese
- ½ cup grated pecorino
- 2½ cups chopped spinach
- 1½ cup chopped fresh basil
- 2 teaspoons kosher salt
- 2½ cups pasta sauce
- 1½ cups shredded mozzarella

Preheat oven to 350°F. Cook noodles until al dente; then spread divided ricotta and pecorino over each. Top with divided spinach, basil, and salt. Roll noodles and cut into two. Divide half of sauce among cups, and place a noodle round in each (cut side up). Divide remaining sauce and all mozzarella over each. Bake until cheese is melted and bubbly. Let cool in pans. Garnish with more basil and pecorino.

## Pesto Pizzas

*Beloved by gourmands and grandchildren! Gardeners know fresh pesto is easy and remarkable, and bakers know the same about fresh dough, but storebought does work for both. For a less traditional, but flaky, crust use croissant dough.*

*Regular cups pan recommended to make 12; brush liberally with olive oil.*

- 1 pizza dough
- 1¼ cups pesto

- 1 cup sliced cherry tomatoes
- 1 cup chopped, grilled pancetta
- 1 cup shredded mozzarella
- ¼ cup grated pecorino

Preheat oven to 425°F. Divide dough into 12, roll into rounds, and place in cups. Divide and fill cups with remaining ingredients in the order listed. Bake until lightly browned and bubbling.

- ¼ teaspoon ground cinnamon
- 6 ounces cream cheese
- ¾ cup ricotta cheese
- 1 tablespoon lemon juice
- 2 tablespoons light brown sugar
- 1 teaspoon vanilla extract

- 2 cups cherries
- ¼ cup sweet vermouth
- 3 tablespoons light brown sugar
- 1 teaspoon lemon juice
- 2 teaspoons cornstarch
- 1 tablespoon cold water

*For cheesecake:* Mix crumbs, pistachios, honey, butter, cloves, and cinnamon; then divide and press into the lined cups. Whisk cream and ricotta cheeses, juice, sugar, and extract until

*A perfect spot for a picnic you can hold in your hands. (That's probably what the couple at left is whispering too!)*

# Muffin Tin Picnic



## Cherry Cheesecakes

*After slaving over a hot oven and muffin tin, this no-bake Italian dessert treats the cook as well as the tastebuds.*

*Regular cups pan recommended to make 12; use cup liners.*

- 1¼ cup graham cracker crumbs
- ¾ cup finely chopped pistachios
- ½ cup honey
- 1 tablespoon melted butter
- ½ teaspoon ground cloves

light; then divide into cups. Place in refrigerator.

*For cherry sauce:* In a saucepan, simmer cherries, vermouth, sugar, and juice until cherries have broken down a bit. Combine starch and water, then add to the saucepan and heat until the sauce has thickened. Let cool.

Combine chilled sauce and cakes and refrigerate, or top at time of service.

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Additional contacts available in the annual *HM Resident Directory*

## ADVERTISERS' INDEX

ACAC.....	34	Liberty In Home Care .....	70
Angel Companions .....	4	Liberty Wheels .....	60
A to Z Appliance Repair, LLC .....	54	MaLaren Kitchen & Bath .....	60
Barclay Friends .....	24	Made Easy Inc.....	50
Battavio Heating Cooling Plumbing .....	44	Northbrook Canoe Co.....	38
Berkshire Hathaway Home Services.....	26	Oliver Heating and Air Conditioning.....	8
Blinds 4 U.....	44	Oriental Pearl Restaurant.....	20
Boyles Flooring .....	21	Osprey Health .....	8
Brandywine Valley Heating & Air.....	50	Paoli Hospital.....	61
Brewer Heating & Air Conditioning .....	21	Peak Legal Group.....	54
Brooklands Audiology, Inc. ....	71	Podiatry, Ronald Melincoff, DPM .....	68
Buckley, Brion, McGuire & Morris LLP .....	39	Podiatry Care Specialists .....	48
Calmon Patient Advocate.....	42	Premier Orthopaedics.....	45
Christine Hannafin Ph.D. ....	38	RE/MAX Main Line .....	34
Coldwell Banker .....	39	Richard J. Egan Painting Co.....	29
E.W. Brown, Inc. ....	38	Riddle Village.....	14
General Warren.....	39	Ruggeri Cadillac.....	7
Habitat for Humanity .....	42	Seniors Helping Seniors.....	68
Hershey's Mill Landscape .....	8	ServiceMark Heating, Cooling & Plumbing.....	48
Hershey's Mill Realty.....	3	Shew Community Management .....	54
Homefix Custom Remodeling.....	55	Smile Solutions .....	28
Home Helpers .....	20	Stowers Handyman Service LLC.....	34
J.E. Maranella Electrical Contracting .....	38	Surrey Home Care.....	51
Jane Chalfant.....	29	SV Dental.....	30
John S. Price, Jeweler, Inc.....	44	Toninos Pizza & Pasta Co.....	42
Kevin Free.....	52	Wagner Real Estate .....	72
Knots & Weaves .....	24	Wellington at Hershey's Mill .....	2

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