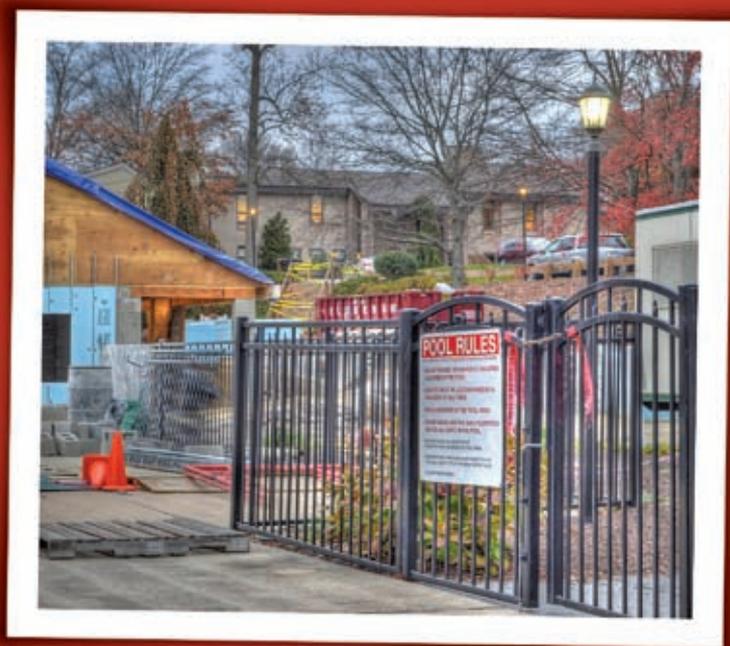


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All submissions are welcomed; with rights retained by owner. Send to hmcvtvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38-41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

HMC-TV Guide and Digest

Volume XVIII Number 1 - January 2017

Editor Louise O'Brien
Featured Writers Gay Barry, Mary Kay Hagerty,
 Joe Kennedy, Don Trauger
Advertising/Marketing Director Jack Keeley
Marketing Finance Director Joe Silio

Volunteer Coordinator Lee Gamma



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Cover: As the last colors of fall go out with a blaze, construction on the pool building continues. To see more photos, and for a quick update, see Pool News on page 17.



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–Marnie Keenan, Riddle Village Admissions Coordinator

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FROM THE MAIN GATE

Marc Fraser | Director of Security

The Hershey's Mill Security Department would like to thank all of the people who donated to our Christmas Fund. Your generosity is greatly appreciated. We look forward to serving you in 2017!



Thank You

HM RESIDENTS UPDATE

Hershey's Mill Security provides resident changes each month in the *Guide and Digest* which can be used along with the annual HMC-TV *Hershey's Mill Resident Directory* to stay up to date. All contact information is for personal use only.

Branca, Terri 322-A Devon Way	Dentone, Paul & Carol <i>(new #)</i> 1388 Springton Lane	Kelley, Donald & Carole <i>(new #)</i> 1546 Ulster Court
Brent, Robert & Lillian <i>(new #)</i> 1543 Ulster Court	Desjadin, Patty 478 Eaton Way	Letulle, Raymond & Victoria 1419 Springton Lane
DelCiello, Susan 132 Chandler Drive	Gulczynski, James & Marlene 1518 Ulster Way	Matteson, Mark & Jeanie 1652 Yardley Court
Another year begins at beautiful Hershey's Mill!	Herman, Ronald & Margaret 1571 Vassar Court	McLaughlin, James & Michele 1189 Princeton Lane
		Snow, Melissa 909 Jefferson Way
		Sullivan, John & Aoife 1556 Ulster Circle
		Wise, Joan 316 Devon Lane



Mary Kay Hagerty | Heatherton

If you saw *The Mill's Got Talent* last year, a production of the Hershey's Mill Players, you may not have realized that two of the judges were married to each other – Bill and Terese Judkins. They enjoy doing things together, and the show was just one of the many activities they enjoy at Hershey's Mill.

After both of them retired, they moved from Maryland to be closer to their daughter, Valerie, and her family who

community. They hadn't known anything about Hershey's Mill, but they often saw the walls on Route 352 as they drove to visit their daughter.

Bill and Terese have since moved to Chatham Village, are very happy with their lovely home; and as Terese told me, it is the largest home they've ever lived in. They are delighted to be in Hershey's Mill with so many friendly people their age, and so many activities to enjoy. As Bill puts it, "Sally *can* come out to play!"



Photo by Mary Kay Hagerty

live in West Chester. They bought a charming older home, which had once been a stable, in the Borough. They enjoyed living in an urban setting and being able to walk everywhere, but it was hard to meet new people. When Hershey's Mill resident Mary Blessing, who was in Terese's *Bible* study group, invited them over to her home in Lincoln Village, they fell in love with the

Bill grew up in northern Virginia where his dad was stationed with the U.S. Navy. He is the oldest of three children, with a younger brother and sister. Unlike many other military families, Bill's family did not move frequently. His dad knew the Navy dispatcher well, and was able to stay in Norfolk

during his tenure. Bill attended school in northern Virginia, and went on to graduate from The University of Virginia with a Civil Engineering degree.

Terese grew up in Washington D.C., and is an only child. When she was five years old, her father had a heart attack and was unable to continue working. So he stayed home taking care of Terese, and her mother became the family "bread winner" by working at the Bureau of Printing and Engraving.

saw how much fun they were having together, they assumed Bill and Terese had known each other for a long time!

Bill spent his career as a Civil Engineer in Virginia. He began by working for FEMA (the Federal Emergency Management Agency) for ten years, and produced and printed flood maps to aid victims in the event of a disaster. After

Meet Bill & Terese Judkins

Chatham Village

ing. Terese enjoyed growing up in Washington, and took advantage of the many museums and historic sights which were within walking distance of her home. There were often parades, and other special events, to enjoy in the nation's capital as well. Her family didn't own a car until they moved to the suburbs when Terese was 15.

Terese and Bill met in a Sunday School class at the Fourth Presbyterian Church in Bethesda, Maryland. Terese met Bill and another young man at the same time, and initially wasn't sure if Bill was the name of the one she liked! Their first date was supposed to be to a Dionne Warwick concert, but it was canceled at the last minute when the star didn't show up. Instead, they saw *The Spinners*; who they enjoyed very much. When a couple they double-dated with

leaving FEMA, Bill worked for the Navy in base realignment and closures. During his time with the Navy, he inspected over 30 bases to determine whether or not they were in compliance with environmental regulations. His inspections took him all over the country – from the distant Hawaii to the nearby Willow Grove in Pennsylvania.

Terese began her career working for the Veteran's Administration in Washington D.C., where she was a Management Analyst. After a while, wanting a change, she began looking for another job. She discovered that the United States Secret Service was hiring, and they were actively seeking to hire women to meet affirmative-action goals. She was hired, and worked for the Secret Service during

Continued on next page

the Nixon administration as an Intelligence Research Specialist. It was a difficult time for the Secret Service, as it was not that long after the Kennedy Assassination – which really shook up the entire agency. Terese’s former boss had been riding in the backup car in President Kennedy’s motorcade in Dallas, and she says that he never really got over the experience.

Terese later found a job as a Management Analyst for

Terese says that since Bill has retired he is a different man than the one she married. He even calls himself by a new name now, Billy Bob, and doesn’t at all mind not having a 9-5 job anymore! Terese loves having him around, and he loves that he has the opportunity to do whatever he wants now; especially things that he never had time to do when he was working.

Up Close with Bill and Terese

How long have you lived in Hershey’s Mill?

It will be 3 years in September.

Where did you live before moving here? In the Borough of West Chester.

What activities do you enjoy here? Walking, swimming, gardening (we have a plot in the community gardens and grow tomatoes), performing with the Hershey’s Mill Players, playing trivia, and participation with the Baby Boomers.

How many children and grandchildren do you have? We have one daughter; who lives just two miles away with her husband, Mark, and family. We have three grandchildren: Lilly (age 12), Stephen (age 10), and Will (age 8).

What are your favorite local restaurants? Limoncello, and Dixie Picnic.

What is your favorite place to travel to? Bethany Beach.

the National Science Foundation. In that capacity, she observed how other employees performed their jobs and suggested how they could be more efficient. As you might imagine, most people did *not* look forward to a visit from Terese!

When their daughter was 4 years old, Terese decided to stay home and take care of her. She did, however, have several part-time jobs as her daughter, Valerie, was growing up; this included teaching literature, acting, and year-book activities. Terese was an English major in college. While she earned her Master’s Degree from the University of Maryland, she taught English Composition, a required course, to freshmen.

Terese and Bill are very active at Hershey’s Mill. As Bill says, “You take up new things you wouldn’t normally do because they are available at Hershey’s Mill.” They both enjoy the pool, and Bill was one of only five men in the Mermaids water aerobics class! Shortly after they moved here, they met Carol Campanelli, Director of the HM Players, at a water aerobics class at the YMCA. When Carol found out that they lived at the Mill, she encouraged them to join the Players. She explained that joining the Players was a great way to meet active and interesting people at the Mill – and that they have great parties! Terese, who had no acting experience, jumped right in and encouraged Bill to do the same. Bill was one of the

“swimmers” in the popular beach scene in the Players’ production *Hershey’s Mill – A Day In the Life* from two years ago. They had so much fun that they again joined the cast this past year; and are looking forward to participating in the 2018 show!

You take up new things you wouldn’t normally do ...

Another thing Bill and Terese love to do is travel. However, they are not

fond of flying. Last year, they were able to travel to and around Europe without stepping foot on an airplane. They took a train to Miami, and set off on a 16-day trans-Atlantic cruise to Spain. They then travelled by train to Paris, London, and Rome. While in Rome, they saw the Coliseum – which they have always wanted to do. They took the Queen Mary ship back home. On the way to Europe they took a southern route; with great weather for strolling the deck and basking in the sun. On the way home they took a northern route, where they ran into cold and windy weather; but they did get to see whales and eat afternoon tea treats which they both loved. As you can imagine, they say it was a wonderful trip!

Another trip they enjoyed was to the Virgin Gorda Baths on the Caribbean island of Tortolla. It has a beautiful

beach with large boulders, and a tunnel for hiking. They have also enjoyed trips to Quebec, and to the Grand Tetons. One adventure they would like to try is a train trip through the Canadian Rockies. They also love to spend time at their second home in Bethany Beach, but have recently started renting it out, for part of the summer, because they don’t want to miss any of the activities at Hershey’s Mill.

They love to walk and be outdoors, and have joined an organization, with origins in Germany, called Volksmarch. Volksmarch plans 6-mile hikes to many architectural and historic sites around the world. Members receive small books, similar to passports, that get stamped at each walk. Bill and Terese have been on several hikes, and have even been on a Volksmarch trip to Penn State – which they really enjoyed.

Bill and Terese are always on the look out for other fun activities; so, I asked what else would they like to try at Hershey’s Mill. Bill said he would like to give golf and bridge a try, and Terese is interested in learning to knit. I’m sure that the groups at the Mill will love to include this fun couple, and that Bill and Terese will make the most of it! I certainly think we are lucky that they are a part of our Hershey’s Mill family.

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POOL NEWS

Pool news in January? Well, with construction continuing on the building, we just couldn't wait! So while we swim inside at a fitness center, or play platform tennis until our toes are numb, we are dreaming of the summer at our pool – complete with a nifty new multipurpose building. The latest from the October 27 and



Building Construction

November 3 Master Association meeting minutes is that the contractor was working to get the building weather-tight before colder



weather arrived; they were a little behind schedule but expected to make it up. We have faith they will catch up; if only to feed our frozen dream of soon sitting out under the sun! The interior finishes, including colors, have also been selected and endorsed. While you are cozy and warm, enjoy our photos showing the last blazes of fall color at the work site, and be glad you aren't the one working through the winter. On to summer!

Original Programming	January 1-15, 2017			
<p>Travels with Kay: Southeast Asia - Part 1 <i>With Kay Ricker</i></p> <p>What is Vietnam like these days? Hershey's Mill resident Jack Keeley found out when he and wife Julie visited there. Jack has a lot of interesting photographs from the trip. Jack has many interesting observations as he served there during the Vietnam war.</p>	10:00 am	4:00 pm	7:00 pm	12 am
<p>Travels with Kay: Southeast Asia - Part 2</p> <p>Kay and Jack continue discussion of his visit to Hanoi, Da Nang, and Ho Chi Min City (formerly known as Saigon) in Vietnam.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am
<p>Travels with Kay: Southeast Asia - Part 3</p> <p>Jack and Julie also visited Cambodia and Thailand on this trip. Jack has some interesting stories about these two countries as well.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am
<p>Medical Report - Visiting Your Primary Care Doctor <i>With Dr. Jim McCabe</i></p> <p>Jim talks to Dr. Christine Stallkamp about how to make the most of a visit. Learn what to bring with you, and what to discuss.</p>	10:45 am	4:45 pm	7:45 pm	12:45 am

<p>Movies Noon and 8:30pm</p>	<p>January 1-9 (noon show only on the 9th) Longest Day (G) <i>John Wayne and Robert Mitchum</i> An epic depiction of the Allied invasion of Normandy during World War II. [Run time 2h 58m]</p>
	<p>January 9-16 (noon show only on the 16th) Doctor Dolittle (G) <i>Rex Harrison and Samantha Eggar</i> A kindly veterinarian learns the language of his patients in this delightful family adventure. [Run time 2h 25m]</p>

To view Channel 20's original programming online: Go to hersheysmill.org, TV & Digest, HMC-TV20, Original Programming. Follow the instructions there to use this video streaming service.

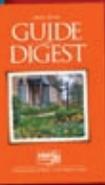
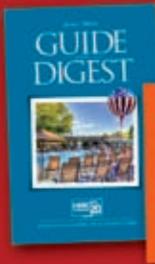
To view/print all HM cable channels: Go to hersheysmill.org, TV & Digest, Cable & Comcast. Both basic and full listings are available.

Original Programming	January 16-31, 2017			
<p>Travels with Kay: National Parks - Part 1 <i>With Kay Ricker</i></p> <p>Interview and pictures of a wonderful trip by residents of Hershey's Mill to six western National Parks last fall with the East Goshen Department of Parks & Recreation.</p>	10:00 am	4:00 pm	7:00 pm	12 am
<p>Travels with Kay: National Parks - Part 2</p> <p>Grand Canyon, Zion, Bryce Canyon, Grand Teton, Yellowstone, and Mount Rushmore Parks.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am
<p>Ecology of the Hershey's Mill Ponds - Part 1 <i>With Kathy Myers</i></p> <p>Bruce Foreacre educates us about plants, fish, and insects in the pond at Mill Road and Chandler Drive, and how they contribute to good ecology. Bruce has great pictures to illustrate.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am
<p>Ecology of the Hershey's Mill Ponds - Part 2</p> <p>More photos, and a discussion of other ponds in the Mill; and how water quality is maintained.</p>	10:45 am	4:45 pm	7:45 pm	12:45 am

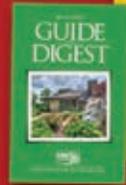
<p>Movies Noon and 8:30pm</p>	<p>January 16-23 (noon show only on the 23rd) Gattaca (PG-13) <i>Ethan Hawke and Uma Thurman</i> A man with a heart condition tries to assume the identity of a former athlete to travel in space. [Run time 1h 46m]</p>
	<p>January 23-31 (noon show only on the 31st) Airport (PG) <i>Burt Lancaster and George Kennedy</i> A bomber on an airplane, an airport closed by snow, and the personal problems of the people involved. [Run time 2h 16m]</p>

<p>Bulletin Board</p>	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight

HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2017 HMC-TV



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Contact: Priscilla Burt

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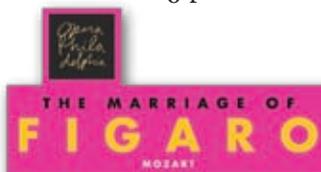
Cost: \$23

Departs: 6:30pm

Contact: Sandy Waldman



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"Riverdance"**

Wednesday, February 22, 2017

Cost: \$83

Departs: 12:30pm

Contact: Adele Juzi

Drawing on Irish traditions, the combined talents of the performers propel dancing and music into the present day, capturing the imagination of audiences across all ages and cultures in an innovative and exciting blend of dance, music, and song.

**West Chester University Live
Committed**

Saturday, February 25, 2017

Cost: \$23

Departs: 6:45pm

Contact: Sandy Waldman

Enjoy an a cappella performance by this 5-man group from Alabama – considered one of the nation's top ten for a cappella. They have been featured on NBC's *The Sing Off*, and received a 2016 Grammy nomination. You won't want to miss this performance with us at WCU!

**The Playhouse on Rodney Square
"Pippin"**

Wednesday, March 8, 2017

Cost: \$83

Departs: 12:30pm

Contact: Adele Juzi

This winner of four 2013 Tony Awards, including Best Musical Revival, is a high-flying, death-defying hit Broadway musical! It is full of extraordinary acrobatics, wondrous magical feats, and soaring songs from the composer of *Wicked*. It will lift you up and make you smile, so don't miss it!

**Opera Philadelphia
"The Marriage of Figaro"**

Sunday, April 30, 2017

Cost: \$15 + Admission

Departs: 12:30pm

Contact: Tressa Glynn

Join us for a matinee performance at the Academy of Music in Philadelphia. This Mozart opera is regarded as one of the greatest; so reserve your tickets now, and enjoy this great production!

Washington, DC

Saturday, May 6, 2017

Cost: \$29 + Meals

Departs: 7:30am

Contact: Tressa Glynn

Join us as we experience spring in our nation's capital – where the Cherry Blossom trees should still be in bloom! Time is your own to do whatever you wish; and remember that most museums are free. There are an abundance of food trucks on the Mall at this time of the year, for a quick meal among the sights. There will probably be special interest groups gathering too – which may be interesting to observe. Sign up now!



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HERSHEY'S MILL SERIES TRIPS

Walnut Street Theatre

Thursday & Saturday
Matinees

Cost: \$44 (per show)

Departs: 12:30pm

Contact: Adele Juzi (Thursdays)

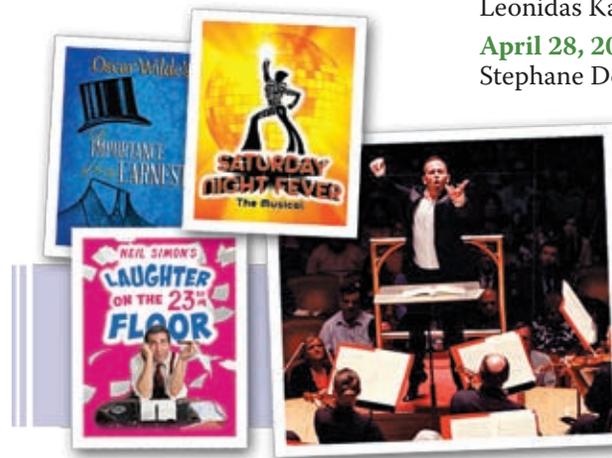
Contact: Connie Cline (Saturdays)



We're collecting names for our wait list as vacancies frequently become available for individual shows.

Thursday 2/2/17 & Saturday 2/11/17
Laughter on the 23rd Floor

Thursday 3/30/17 & Saturday 4/8/17
The Importance of Being Earnest



Thursday 6/1/17 & Saturday 6/10/17
Saturday Night Fever

Philadelphia Orchestra

Friday Evening Series

Cost: \$14 (bus only per show) +
performance admission

Departs: 6:00pm

Contact: Ann Seraphin

January 13, 2017

Yannick Nezet-Seguin conducts a Paris Festival, with mezzo-soprano Susan Graham.

March 10, 2017

Michael Tilson Thomas conducts Seeger and Beethoven, and Berg with Leonidas Kavakos on violin.

April 28, 2017

Stephane Deneve conducts a Rachmaninoff Festival with Nikolai Lugansky on piano.

May 19, 2017

Yannick Nezet-Seguin conducts Mahler's Symphony No. 3 with mezzo-soprano Karen Cargill, Philadelphia Symphonic Choir, and American Boychoir.

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With all the scams today, particularly those targeting seniors, you should start the new year by arming yourself with knowledge. We recently spoke with Allan Pomerantz, a resident of Merrifield Village and our guru of fraud prevention here in the Mill.

us to run edited excerpts of his winter 2016 newsletter here. Allan tells us scams change so quickly that it can be a challenge to keep up; but we think a combination of basic knowledge, specific cases, and critical thinking make you better prepared to identify any that

Protect Yourself

Allan has years of professional security experience, and has now applied his insights and knowledge to the kind of scams that affect individuals. He even provides a quarterly fraud-prevention newsletter which is available by email or on our homeowners website.

We thank Allan for this wonderful resource, and for generously allowing

come your way – just don't get complacent! Information provided by Allan, and us, is of a general nature; always seek professional legal or law-enforcement help where appropriate.

Let's begin with a package delivery scam. This may affect your after-Christmas-sale shopping, and there are variations including in person or

by telephone. Essentially, they say they have a package for delivery, but there is a problem with the address; and they need to verify you are the recipient. For that, there is a small charge (maybe just \$2.50 or \$3) for which they are not permitted to take



cash. So they want to “run” your credit card, but their real goal is to capture your credit card information; and this could cost you a lot more than a couple of dollars!

Next is a scam that could affect you at a winter condominium. A contractor shows up at your door saying “the condo sent me.” If you let them, they might do poor work at an exorbitant price, “case the joint”, or distract you while another steals. One variation has an exterminator who “accidentally” sprays you, and then “cleans you out” while you clean up. Never let anyone in unless you have requested service.

This last section is also targeted to snowbirds, as there are criminals who specifically target older people since

they know many often have seasonal residences. Of course, anyone who travels will also benefit, particularly those who travel during certain times of the year. These are less about the specific scams, and more about ways to keep from being targeted.

Begin with securing your house, which includes using timers on lights and stopping mail; luckily, the Mill takes care of keeping snow shoveled. You should also check your home-owners insurance for guidelines and/or requirements for extended time away. Something many people now do, in our Facebook or social-media accounts, is to announce “we will be heading for sunny Florida next week.” Don't do it! And be cautious with public postings while you are away.

While at a winter residence, or on the road, many of us use public networks (“hot spots”) to connect to the internet. You need to be very cautious doing so, because information is not encrypted. Although specific websites and applications may provide security, you should assume someone else can read what you enter. This affects financial management, online shopping, and details provided in emails; among others.

Notify your credit card issuers when leaving, and provide the area you will be in. Also, try to stick with one account to make monitoring easier – even though your liability is low, someone can use your information to open other accounts.

You can find Allan's Fraud Prevention Newsletter archive at HersheysMill.org in the Resources section








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Gay Barry | Quaker

We became aware of arugula, the vegetable, when we first had dinner at San Nicola. A delicious arugula salad was served, and I have been hooked ever since. So naturally, a restaurant named this intrigued me. Arugula is native to the Mediterranean, and has been around for thousands of years. It was introduced to the United States in 1960; by food editor Craig Claiborne. Rich in vitamin C and potassium, it is known in Italy as *rucola*, and as “rocket” in many other countries.

Arugula Ristorante Italiano

275 Wilmington W. Chester Pike
Chadds Ford, Pennsylvania
(610) 358-0888

Arugula Ristorante Italiano (Arugula) is proudly owned and operated by the Lubrano family. They say “we aim to bring you an authentic Italian experience every time.” Their sauces are homemade, and bread is freshly baked. Antonio Lubrano is the chef/owner, and his dishes incorporate the experience of living in Italy, as well as family recipes of northern and southern Italian cuisine. Chef Lubrano says, with a smile, that “I have been cooking since I was six years old.” That experience was certainly obvious in the delicious meal that we had at Arugula. On a Thursday evening when we were there, almost every table was filled. The atmosphere

is clean and simple, with the food being the centerpiece much more than the ambience – who wouldn’t prefer that?

Chef Lubrano has owned several restaurants in the area prior to Arugula; which opened two years ago. I think this is the one of which he is most proud. He was a little “rattled” when we came in, and we shared an understanding laugh as he had difficulty with a computer. Not to worry, though, since he had no difficulty presenting mouth-watering meals. They like to say “We aim to provide the best experience, using only the finest ingredients, in a comfortable atmosphere.”

The menu is quite extensive; including a number of specials each day. The night we were there, the table next to us had the veal chop special – it looked as delicious as it was huge, and the two diners ate every bit. However, we decided it was too hearty for us. So to the menu we went, and there seemed something for everyone. Not surprising for an Italian restaurant, it began with the antipasti with eight selections. Calamari, a favorite of many, was a choice as well. There was also crispy polenta; PEI mussels; thinly sliced prosciutto rolled in arugula; and a variety of homemade risotto balls. The *zuppe e insalata* (soup and salad) included *pasta e fagioli* and Caesar salad (with spinach, candied pecans, Gorgonzola, and dried figs in a lemon-Dijon olive-oil dressing. There are many other choices.

The pasta options are too numerous to list, but I will mention a few. Two of us had *rigatoni della mamma* (pasta and meatballs tossed with Mamma’s “Sunday meat sauce”). There was also angel-hair pasta in a cherry-tomato arugula sauce; rigatoni in a vodka sauce; and *cavatelli ala Diavola* (pasta tossed with shrimp, scallops, clams, mussels, and crab meat in a spicy marinara sauce).

Pollo e vitello are the chicken offerings; such as: chicken piccata; chicken with

since I think it indicates that the cuisine takes priority. And my regular readers know desserts always get a mention; with a Limoncello drink and Tiramisu getting the honors here – though there are others to choose as well.

Don’t let the address for Arugula throw you off; it is actually located south of Concordville on Route 202 going north. Route 202 splits as well, so you may need to go a little further south to the Wawa and turn left. Lunch and dinner are served, and hours are Tues-



saffron cream sauce and jumbo-lump crab meat, peas, and mushrooms; and chicken (or veal) rolled with arugula, pancetta, and Fontina cheese in a Cognac and mustard sauce. There are many other choices; as well as other meat and fish dishes, which are served with the vegetable of the day.

I am always pleased to mention when a restaurant is BYOB, which Arugula is,

Graphics courtesy of Arugula



day to Thursday from 11:30am until 9:30pm, Friday from 11:30am until 10:30pm, Saturday from noon until 10:30pm, and Sunday from noon until 9pm.

If you enjoy Italian food, I think you will have a very favorable experience at Arugula. *Buon Appetito.*

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Ad deadline is the 22nd and ads run two months at no cost (due to lead time, an ad received on January 22 would start in the March edition, etc.). Limit description to 30 words per item, and include pricing and contact information. Ads are subject to review and editing. Email submission to hmctvguide@comcast.net, attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. You must be a HM resident to advertise.

FOR SALE Baby Lock Pro-line model BL-6200 **sewing machine** complete with manual; also includes **pool sewing table** with 2 drawers of threads and **quilting supplies**. \$399. Solid-wood king-size **bookcase headboard bed**; includes 2 single mattresses and box spring. \$1,250. Call

FOR SALE Henredon **Cherry drop-leaf table**, 40" x 79" when extended with two additional 15" leaves, seats 12. Best offer. **4-acre lot** at Eagle Rock Resort in Blue Mountain, PA. Call for details at

FOR SALE Samsonite **table** with four blue "leatherette" **chairs**. Ideal for extra seating at family dinners or playing bridge. Used only once. \$75. Brass **fireplace andirons**. \$50. Wedge-wood Johnson Brothers **service for 12**, includes matching glassware; 60 pieces; excellent for a bride. \$150. **Art**, prints, and **frames**. \$5-\$20. Light-blue **golf bag**. \$10. Call

FOR SALE **Cookbooks** in excellent condition. Over 100 to choose from, so there is something for most everyone. \$2 each. Call

FOR SALE Empty **cigar boxes**. Great for storage, crafts, etc. Many different sizes, colors, and finishes to choose from. Most \$2 each (minimum purchase of 5 boxes). Call

FOR SALE Gorgeous handmade **Burano Lace tablecloth**; purchased from the Merletti-Dalla Olga shop in Italy; banquet-sized (124" x 64"); all



linen and heavily laced. Includes **12 matching napkins**. Never used. Original purchase price over \$1,000. \$600. Call

FOR SALE Queen Anne solid **Cherry dining room table** with 3 leaves, pads, and **6 chairs**. Solid **Cherry break-front**, and solid **Cherry serving cart**. \$900 for all. Call

FOR SALE Bodyguard R6X **Recumbent exercise bike**. Used for very short time, and in like new condition. \$700. Call

FOR SALE FireKing 25 **file cabinet/safe**. Fireproof and secure (locking) 4-drawer unit, 25" deep. \$100. Call

WANTED The Hershey's Mill Players are looking for a member of the HM Community who is **currently a Mummer**, or has a family member or friend who is currently a Mummer. Call Jim Dickerson, of Quaker Ridge, at

WANTED The *Guide and Digest* wants your **photos** and **stories** of life in the Mill. Call Louise O'Brien.



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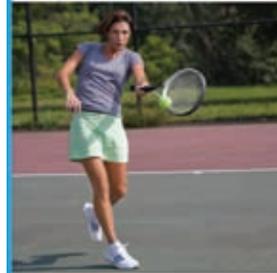
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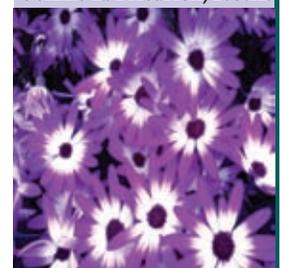
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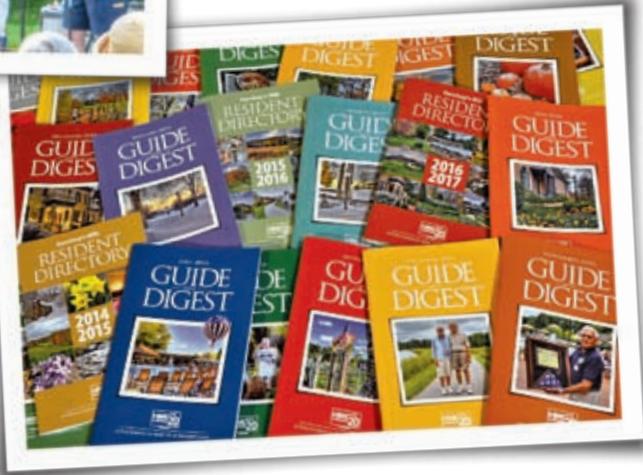
You know us from the *Guide and Digest* magazine, the annual *HM Resident Directory*, the Channel 20 cable programming, the free summer concerts, our homeowners website, support of community projects, and more. But did you know that we are a resident-led volunteer group like the many others at Hershey's Mill? All of the projects and activities above are managed and performed by your friends and neighbors at the Mill – and we want you to join us! It's easy to get involved since we have such a variety of projects, and each has lots of moving parts where you can utilize your skills



time flexible and fun. We have small and large teams of project volunteers; and needs for both skilled people and those who just want to “dive in” and learn as they go. Whether you want to discover all we have to offer or are ready to lend a hand, we hope you will call us or come by our building on Hershey's Drive. We would love to talk to you today!

There are also two areas that we are in need of your help with right now – the *Guide and Digest* magazine, and accounting. For the magazine, we would love your help with the writing, photography, special features, and covering the community; but what we really need your help with is coordinating content

Our free concerts, website, TV, and Directory are resident favorites – along with this magazine! But did you know this project supports most of the others? We'd love your help with it.



or learn new ones. And we don't have any fees to participate. In fact, the money we raise through some of our projects pays for everything we do in the community – there are no monies provided from your homeowner fees!

We are currently looking for new members to join us in all aspects of our group. You can work on a single project or participate in many, and most are

and preparing it for print. This includes working with our great writers on features, and contact with the many people who share activity information about what is happening at the

Mill and in clubs. It also includes light editing; which is really just reading for



ing or editing background – they just do their best to contribute; and we all learned English as part of those three “R”s in

Did you know HMC-TV donated to support the fountain? Helped the Pool and Sullivan House with WiFi; and the Community Center with audio and video? Get to know us!



comprehension and helping to address any issues. This is a time-sensitive project since we have monthly deadlines, but we do utilize professional help to keep us on track and make sure that we look our best.

Some people hear the words “accounting” and “editing” and think “I didn't do this professionally, so how could I

school. The same goes for people who help manage the finances for their club when their experience may have been

Your friends and neighbors at HMC-TV wish you a happy and healthy New Year! Each year at this time, we find ourselves remembering the joys of the year past, and enthusiastically looking to all that lies ahead; and what brings the biggest smiles are times with friends and family. The Mill is an extended family to us, and we look forward to working with you and our special community in 2017!



help?” Our group is fortunate to have many people with specific skills, and we would love to have more of them from our community get involved. But we don't want anyone to be put off by terminology! There are many village newsletters here at the Mill that are prepared by people with no publish-

limited to balancing a checkbook. Our group needs your help whether you can do it alone like a pro or manage it as part of a team. As noted above, a good example are the many people who are

Continued on next page

doing such good work on village newsletters; of course, if you don't happen to live in that village, you are out of luck. Some of the information is specific to just that village, but much of it would benefit the whole community. The *Guide and Digest* is a great opportunity to share your talents with everyone!

I know there are many of us in the Mill who have thought similarly about being involved but not sure about having the ability. After all, I am the editor of this magazine and never did it professionally! But our group is not that different from many of the clubs. Most of the HM Singers weren't recording sensations, and most of the HM Players never performed on Broadway. But we love to hear and see them perform anyway! Some had hidden talent and some learned as they went; some help

with the finances and coordination; and some hand out programs and make coffee at the rehearsals – but they all work together to make it fun and successful. We hope you bring your talents, or just your enthusiasm and a desire to learn, to our projects. It is very likely, as was the case with so many of us, that you have more to contribute than you ever thought.

There is one area where our group differs from many others – and this is our ability to raise funds and provide community resources and events at no cost to you! We all enjoy keeping up with the community in the *Guide and*

So if you love the community events and resources we provide, we need your help to make them work!

Digest magazine each month; we use the annual *HM Resident Directory* to contact friends and neighbors; we love going to the three free summer concerts each year; we enjoy original programming and great movies on Channel 20 television; and our homeowners website (www.hersheysmill.org) is an extensive resource for villages, clubs, management, information, and more. Every one of these is an HMC-TV project! They are funded exclusively by us – largely through advertising in the *Guide and Digest*. So if you love the community events and resources we provide, we need

your help to make them work! Whether you can help a little or a lot, have skills or want to acquire them, or are just looking to support our community and be among friends and neighbors, we need your energy and help. Call or email us at 610-436-5922 or hmctv@comcast.net and ask about how you can participate, or come by our building at 20 Hershey's Drive. To talk with me about the *Guide and Digest*, email hmctvguide@comcast.net or call me at home at

you missed it, make sure to go to our homeowners website and read the May 2016 Getting To Know You feature.



email us at 610-436-5922 or hmctv@comcast.net and ask about how you can participate, or come by our building at 20 Hershey's Drive. To talk with me about the *Guide and Digest*, email hmctvguide@comcast.net or call me at home at



But wait! Like so many of the fascinating and talented people at the Mill, Theresa is not even close to being done. She is the current head coach of the Lafayette Lady Leopards – a top-notch team of college basketball players.

With neighborly pride, and the desire for a great game of hoops, a group of 20 Mill residents bussed to LaSalle University for Lafayette's season opener on November 11. It was fun for all, and made even more so by the Lady Leopards season-opening victory!

BASKETBALL FANS

Mary Kay Hagerty | Heatherton

Did you know that one of your Hershey's Mill neighbors is in the Women's Basketball Hall of Fame? That would be our own Theresa Grentz of Glenwood Village. I was pleased to be able to speak with her at length, and write about her for the *Guide and Digest*. If

WELLNESS FAIR AT WELLINGTON

Danielle Paterno | Wellington

Join us for free health screenings, health related information, raffles, and giveaways on Tuesday, January 17, from 1pm to 4pm in the Wellington Hall Auditorium. Wellington at Hershey's Mill is located at 1361 East Boot Road in West Chester.

Hershey's Mill Community-TV

A fully self-supported nonprofit organization
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Telephone 610-436-5922 hmctv@comcast.net

We are seeking new members for our group! Projects include community publications, website, summer concerts, original television programming, and more. Many opportunities are available, and there are no membership fees – so share your skills, or learn new ones, while benefitting our community!

We currently need people to help with the *Guide and Digest* magazine. This is a great chance for village newsletter folks to share their talents with the entire community! Also needed are people with accounting skills. Please contact Louise O'Brien.

MA Board of Directors

The Master Association Budget is the largest line item in the budgets of Hershey's Mill Villages. This article is intended to help Hershey's Mill residents understand what is behind the Master Association numbers.

What does the \$144.15 per month cover? What we have learned over the years from prospective buyers is that

feature that new residents identify as a reason they selected the Mill.

Amenities include facilities, sports venues, and buildings that are here for the use and enjoyment of all residents. Again, this mix sets us apart from our competition.

Security for our 24/7 gated community consists largely of personnel expenses; but does also include central monitoring for fire and smoke, and

Understanding the Master Association Budget



expressing fees on monthly terms makes it easier for them to compare our fees to what they are paying to maintain their current home outside the Mill.

There are two items where a direct comparison can be made to what others in the immediate area pay for comparable service – **Cable and Sewer**. In both cases, Mill rates are at least half of what other local residents pay for similar service in the area.

Buildings and Reserves is where monies are set aside for future expenditures of a capital nature. Some of the items that are reserved are: roadways, pavements/walking trails, walls, fences, barriers, buildings, and fountains.

Grounds Maintenance, especially the landscaping, sets us apart from other active-adult communities; and is a key

the operation and maintenance of the computerized Gate Entry System. It also gives us “Lock-and-Leave” capability – enabling us to have worry free time when we are away for extended periods.

Administration covers the items that are listed, and is self-explanatory.

Understanding the items that are part of your Village budget is important in order to appreciate the full value we receive for our monthly homeowner fee. Note that there was only a minimal \$1.85 increase compared to 2016.

Master Association Budget for 2017

	Annual Cost	Per Unit/Month
Buildings and Reserves	\$467,029	\$22.63
Grounds Maintenance	\$451,465	\$21.87
<i>Landscape, Snow, Stormwater, and Fire Hydrants</i>		
Amenities	\$180,850	\$8.76
<i>Community Center, Sullivan House, Wood Shop, Library, Sports Group, Bus</i>		
Cable	\$653,086	\$31.64
<i>(Compare to \$50-\$80 in our area)</i>		
Security	\$576,643	\$27.94
Administration	\$224,030	\$10.85
<i>Management, Insurance, Audit, Health, and Miscellaneous</i>		
Green Hill Sewer	\$446,030	\$21.61
<i>(Compare to average \$46 in East Goshen)</i>		
Subsidy from 2016 Contingent Reserve ..	-\$24,000	-\$1.15
Total	\$2,975,133	\$144.15



It is also important to be able to explain the Master Association Budget, and the Village budget, to our friends who are considering Hershey's Mill as their home. The Open Community Days, held twice a year, reveal that monthly fees and what they include is a major

question visitors have. Another is local taxes.

There is a Value Statement, that is used in discussions with visitors, which you can view at www.hersheysmill55plus.com (in the Homes For Sale section).

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PADDLE BALL

Jack Hamilton | Heatherton

With colder weather on the horizon, we often hear “What outdoor sports can we play?” Paddle Ball, also known as Platform Tennis, is a cold-weather outdoor sport! It’s played on a court about a third the size of a tennis court, and equipment includes a spongy ball and a composite paddle; and the Mill is blessed with two world-class courts. Whether you are new to the game, or have played for years, you are invited to play on **Fridays**. New players meet at **1pm**, and there will be an instructor to help,



BIKING

Seth French | Yardley

The HM Riders initiated our **weekly Friday, 9am**, rides this past September. All rides were well attended, and had a great mix of men and women from age 60 to 80. We always start our Mill

rides at the entrance of Springton Village, and take a coffee break at Starbucks (in Giant) at 10am. We have several routes available; from 3-5 miles for new riders and 5-7 miles for regular riders. After coffee, riders have the option of one or more Chandler Drive loops.

On September 28, we had our first trail ride on the Chester Valley Trail. Riders logged 19 miles in approximately 90 minutes. We are thinking about additional special outings, and current suggestions include: New Hope-Washington Crossing, Pennsylvania Grand Canyon, and the Schuylkill Valley Trail. We look



and experienced players at **2:30pm**. The courts are behind the pool, and due to ongoing construction are accessible only from the Nature Walk. If you have any questions, please call me at

forward to growing our membership, so if you have any questions, please call me at

APPLE MAC CONNECTION

Carol Campanelli | Ulster

The Main Line Macintosh Users Group, parent to our Newer Users Group, will continue to hold their **2nd Saturday** of the month meetings starting at **9am** in the HM Community Center. There is no charge, and all are welcome; coffee and tea are available. The Special Interest Groups meet in break-out sessions from 9am to 10am, and offer basic help, multimedia help, and advanced OS & iOS help. Following this, and a brief break, there is a presentation to the full group; and a raffle.

The next Newer Users Group regular **4th Saturday** of the month meeting is on January 28. Refreshments will be available. Email me at

to receive meeting reminders.

BINGO

Hal Deal | Jefferson

Our regular schedule is the **last Friday** in each month, and we meet in the HM Community Center. For *January and February*, we will start promptly at **3pm**. Beginning in March, we will move to our regular evening time of 7pm. If you are new to our bingo games and need more information, or need clarification about the when and where each month, please give me a call. I hope you will all come join your friends and neighbors for fun and fellowship.

BILLIARDS

Joe Silio | Eaton

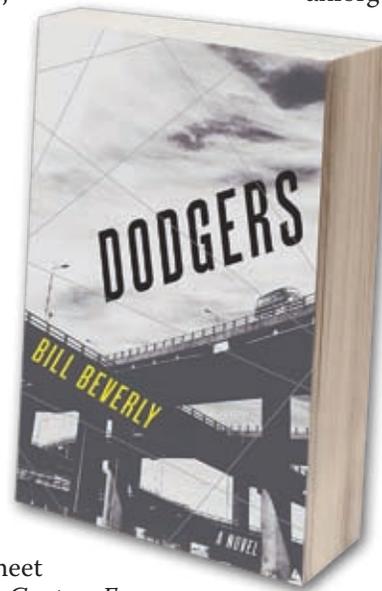
“Billiards for Beginners”: Learn the basics of billiards in a casual and social atmosphere in the Billiards Room in the HM Community Center on **Fridays** at **12:30pm**. Please call me at with any questions.

BOOK CLUB

Anne McAssey | Merrifield

Jean Gaul | Ulster

Join us in Sullivan House at **2pm** on Thursday, **January 12**, to discuss *Dodgers: A Novel* by Bill Beverly. This is an unforgettable coming-of-age



story of four young Los Angeles gang members who are sent to Wisconsin to kill a key witness in a trial. Exposure to a different America forces 16-year-old East to grapple with his place in the world, and determine what kind of man he wants to become.

COMPUTER CLUB

Don Trauger | Kennett

The PC Club meetings are open to all no matter your experience, and are held on the **3rd Tuesday** of each month at **7pm** upstairs in the HM Community Center. There is a new topic discussed each month, as well as time for addressing questions. Our next meeting is on January 17, and I hope to see you there.

Continued on next page

EXERCISE TO DVD(S)

Sally Thompson | Franklin

It's time for New Year's resolutions for the mind and body! So "age your body backwards" by following limbering-up exercises, using *Classical Stretch* DVDs, by Miranda Esmonde-White (a celebrity on PBS). She specializes in gentle workouts, aimed at gradually eliminating pain, by stretching muscles that surround painful areas such as knees, hips, and back. Join us on **Tuesdays at 7pm** upstairs in the HM Community Center; *but please note that due to available space, we don't always meet on the 3rd Tuesday of each month (and when we do, we meet on the main floor)*. For new participants, you should contact

me to confirm whether we are meeting on a specific 3rd Tuesday, or with any



other questions; for the regular participants I have contact information for, I will let you know. Although anyone can follow along to Miranda's DVDs, our participants know that we are more likely to exercise when done

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together – and it certainly is more fun. Join us!

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

Come and see our newest Photography Show, hung in November 2016, on the main and lower floors of the HM Community Center. Our membership continues to grow, and we share our experience and knowledge. Join us on the **2nd Monday** of each month at **2pm** in the HM Community Center (Paoli Room); except for July and August when there are no meetings. There is usually a slide show of member photos, and a discussion period that also addresses questions. Please call me at (or Michael Rackover at with any questions.



Flowers photograph by Carol Poling of the Photography Club

our group plays at **4pm Monday through Friday** and **11am on Saturday**. We are still looking for more players to join the fun – especially for the Saturday sessions. We have two courts reserved for our scheduled times; and if you come, you will get to play as we have adopted a format that gets everyone into the games. I plan to include more articles in the *Guide and Digest* about tennis programs and events, so keep an eye out. If you have any questions, please call me at

TENNIS

Dave Clewell | Robynwood

Everyone I talk with at the courts asks "How can I play more tennis?" Evening groups were added 3 years ago, which brought in more players. Presently,

CASUAL SINGING GROUP

Sally Thompson | Franklin

Chase the winter "blahs" away with a casual singing session – no rehearsals, just joyful music! And it is such fun to be accompanied by our enthusiastic group of talented guitar players. We are a come-when-you-can group that makes you feel welcome whether you come once a year or every month; and whether you can "carry a tune" or not! We meet upstairs in the HM Community Center on the **1st Wednesday** of each month at **7pm**.



Donna Spoto | Ulster

On November 12, 2016, the Hershey's Mill Library lost our beloved librarian Peggy McReynolds. While we are all extremely saddened by the loss, we will remember all that she did to bring the Library to its present status.

Although originally from Pittsburgh, Peggy and her husband Steve had resided in California before moving to

HM Library (Community Center)
Monday to Friday 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

www.hmlibrary.com

gestions; as well as from the Book List, NY Times Best Sellers list, and suggestions from various bookstores staff. Since Peggy was a certified librarian, she used her skill to catalog the newly purchased books; and with her guid-



Devon in 1981, and then to Hershey's Mill in 2000. Peggy became the librarian at the School of the Holy Child, in Rosemont, from 1981 until 2002.

Peggy served as our librarian for the past 12 years, and helped in the planning and organization of the Library as we know it today. Monthly, she purchased books based on residents' sug-

Photographs of Peggy provided by Donna Spoto

ance, we were also able to weed out old books in an orderly fashion.

In addition to her work on behalf of our entire Mill community as librarian, she was an avid bridge player who also loved her gourmet food club and

enjoyed traveling – particularly vacations in Maine.

NEW LIBRARY BOOKS

Alphabetical by Author

- Al-Khatahtbeh, Amani – *Muslim Girl*
- Archer, Jeffrey – *Cometh the Hour*
- Archer, Jeffrey – *This Was a Man*
- Backman, Fredrik – *And Every Morning the Way Home Gets Longer*
- Baldacci, David – *No Man's Land*
- Bruning, John – *Indestructible, One Man's Rescue Mission*
- Child, Lee – *Night School*

- Conroy, Pat – *Lowcountry Heart: Reflections on a Writing Life*
- Correa, Armando Lucas – *German Girl*
- Cussler, Clive – *Odessa Sea*
- Evanovich, Janet – *Turbo Twenty-Three*
- Evans, Richard Paul – *Mistletoe Secret*
- Goodwin, Daisy – *Victoria*

“From the standpoint of daily life, however, there is one thing we do know: that we are here for the sake of each other ...” – Albert Einstein

Remembering Peggy McReynolds



- Gregory, Phillipa – *Three Sisters, Three Queens*
- Grisham, John – *Whistler*
- Johansen, Iris – *Night Watch*
- King, Stephen – *End of Watch*
- Lamb, Wally – *I'll Take You There*
- Macomber, Debbie – *Twelve Days of Christmas*
- Palmer, Arnold – *Life Well Played*
- Patterson, James – *Cross the Line*
- Preston, Douglas – *Obsidian Chamber*
- Sandford, John – *Escape Clause*
- Smith, Zadie – *Swing Time*
- Steel, Danielle – *The Award*
- Twomey, Steve – *Countdown to Pearl Harbor: The Twelve Days to the Attack*
- Willner, Nina – *Forty Autumns: A Family's Story of Courage & Survival on Both Sides of the Berlin Wall*
- Woods, Stuart – *Sex, Lies & Serious Money*

- Clark, Mary Higgins – *Sleeping Beauty Killer*
- Cobbs, Elizabeth – *Hamilton Affair*
- Connelly, Michael – *Wrong Side of Goodbye*
- Cornwell, Patricia – *Chaos*

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TECHNOLOGY TIPS

Don Trauger | Kennett

Windows 10 has troubleshooting tools to correct many different problems – think Microsoft knew it might have trouble along the way? Anyway, using these tools might solve an individual problem. Microsoft offers 25 of these tools, and there might be one for the problem you are trying to resolve.

Windows 10 Troubleshooters

Perusing the list, you will see many diagnostic/repair utilities to correct problems. Just pick the one that best fits your situation. When you open a tool, click on “Advanced”, then choose



To view or use any of these tools, right-click “Start” (lower-left corner of the screen), then left click “Control Panel”. On the upper right, click the down-arrow and choose “Large icons” in the “View by:” field. Next, click “Troubleshooting”, then click “View all” (on the upper left). You could also type “troubleshooting” (no quotes) in the “Ask me anything” box, and then click “Troubleshooting Control panel” at the top. In the next window, click “View all” (on upper left).

to “Run as an Administrator” and “Apply repairs automatically”, and then click “Next” and follow any further screen prompts (they differ from tool to tool). If you continue to have a problem after the repair attempt, you can always try System Restore; which was covered in the November 2016 *Guide and Digest*.

At the January 17th PC Club meeting, in the HM Community Center, we will discuss using some of these tools; also, there will be time for questions.

Joe Kennedy | Princeton

During colonial times, the Schuylkill river played a dual role as a source of food and an avenue of transportation. And that led to a conflict between water people and shore people about its use. This long-lasting dispute arose early in the 18th century, at times bringing violence to the otherwise peaceful colony of Pennsylvania.

The records of the Historical Society of Montgomery County show that as early as 1683, the colonial legislature passed a law “prohibiting the erection of racks, wears, or dams on any navigable water

in the colony.” From the standpoint of the Port of Philadelphia, both the Delaware and Schuylkill rivers were natural highways in and out of the city. The rivers were keys to the expansion and development of the colony.



But there was another point of view. In the 18th century, before the Indus-

trial Revolution, the forest came up to the banks of the Schuylkill. There were no towns or villages; development of the canal and railroads would come in the 19th century. Yet the river was dotted with log cabins and small farms, whose owners saw it as a source of fish to supplement their diet and income.

They built fishing snares on the river. The colonial assembly took note of this and, in 1700, it passed a more specific law to “remove any fishing dams or wears across the Schuylkill.”

then were much larger than today’s sport canoes – the colonial-era vessels could carry up to 4 tons of brick or 40 bushels of wheat. During the conflict, water people from Berks County

A River Conflict

A law was passed in 1734 when it became clear that the shore people continued to place fishing dams and traps close to their homes on the river, and below the mouth of creeks that flowed into the river. The fixtures were a

formed convoys to pass down-river. As they moved down-river, they destroyed the traps and even stole the fish. Shore people retaliated by throwing rocks. No deaths were recorded. This went



Remnants of fishing trap piles (at left) and a shallow area of the Schuylkill near farm lands

menace to the large canoes and flat-bottom boats that navigated the Schuylkill, and the new law imposed fines for placing such obstacles in the way of the boats.

on for a number of years before a small group of constables was sent from Philadelphia to remove the fishing traps. The law-enforcement officers were met at two points on the river near sets of traps. Facing verbal abuse and then clubs, the constables were thrown into the river and sent packing.

The shore people tried to amend the law to allow for the building of fish traps during April and May. According to the Historical Society’s files, Governor Patrick Gordon opposed such an amendment. As a result, it failed. Thus, between 1734 and 1740, there was conflict between the shore people and the water people. The canoes used

The colonial assembly had finally had enough. Sheriffs from Philadelphia and Chester Counties removed the traps – without any opposition from the shore people.

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Greg Gaul | Ulster

Who knew this golf course, tucked away in the clustered Bronx neighborhood of bustling New York City, held so many secret honors? America's oldest public golf course, Van Cortlandt Park, opened in 1895; and holds many other

it maintains a bucolic parkland quality amidst the metropolis. It has rolling land for the first two thirds, and steep hills for the remainder. It is "shortish", yet quite sporty. The city's largest freshwater lake is located on the property. It boasts that it has the easiest access from the city center of the four other

A Venue Of Firsts

Van Cortlandt Park Golf Course

"firsts" in the heritage of United States golf. It is named for Stephanus Van Cortlandt, the first native-born mayor of New York City. He was a descendant of the prominent family that owned nearly 1,200 acres of Van Cortlandt Park going back to the 1600s.

The golf course is nestled within the Van Cortlandt Park, and is sliced by highways, waterways, and bridges; yet

city-owned courses. It's not unusual to see enthusiastic "linksters" traveling to their games on public transportation – clubs in hand.

When my wife and I played there, we were paired with two young New Yorkers, one who had taken the subway to the course. It was a resplendent summer day that showed off the course's delightful layout beautifully. It was

Proper setup on a 4-foot putt is very important. If your setup is off, it will cause your putter to swing out of position on your backstroke. Since the stroke is so short, it is practically impossible to recover during your forward stroke. By using the following setup tips, you should be able to make a smooth stroke using your arms and shoulders while keeping your head still. First, keep your hips over your heels as this will

keep you balanced from start to finish. Next, keep your eyes over the inside edge of the golf ball. Third, keep your hands under your shoulders as this allows you to swing naturally on the proper path. And lastly, make sure the angle of the shaft of your putter matches your forearms; because if it doesn't, your putter is either too long or too short.

Matt Harvey, PGA

The HM Golf Club is closed in January, but other private clubs in the area accept "reciprocals" and will bill your meal back to us. When contacting other clubs to make reservations, ask if they accept reciprocals. See you in February.



The only shots you can be dead sure of are those you've had already. – Byron Nelson

originally designed by the Scottish-born Tom Bendelow; but, in 2009, New Jersey architect Stephen Kay, along with Doug Smith, gave it a classy update. It is a Par 70, and stretches to just over 6,000 yards. However, it does have challenges; such as a 615-

lic links golf course in the United States was also played there on July 13, 1905. Isaac Mackie won it, with notable Willie Anderson and Bernard Nicholls tying for second.

And now, a little-known fact with an unusual twist. On July 20,



yard five par, and a 220-yard three par. In a very early iteration, it is storied that there was a 700-yard hole – but long gone now.

The "Vanny", as it has been nicknamed, also hosted the first United States Public Golf Tournament in 1896. The first professional golf tournament on a pub-

1916, "Long Jim" Barnes, from Whitmarsh Valley GC near Philadelphia, won, evidently, the first PGA Championship at Van Cortlandt Park. It was a medal play event, and his score was 276 for

Continued on page 59

72 holes. From October 10 to 14, 1916, Included are Harry Vardon, Babe Ruth, Barnes competed in the first PGA Willie Mays, Jackie Robinson, Championship; the flag- ship event later to become a Major (at Siwanoy GC in nearby Bronxville, New York). He defeated Jock Hutchinson in the finals of match play to take the newly donated Rodman Wanamaker Trophy. The unusual twist is that Barnes won both events, evidently, but due to coincidences, proximity, or timing the Van Cortlandt win does not show up in most accounts of golf history. And yet there is a haunting photo of Barnes, with a clear inscription of the event name, date, and medal score, that hangs in the clubhouse today. A mistake? Another first? Who knows?



Many recognizable golf names from the past have played Van Cortlandt Park. Like most "munis", the walls of the "Boathouse" Clubhouse are adorned with pictures of personalities and celebrities who have golfed there.

Joe Louis, and even The Three Stooges (who reveled in performing their high jinks on this fabled "linksland").

Although largely unnoticed for its place in United States golf history, and overshadowed by its host city, nothing can take away its interesting past of firsts. It remains today a constant source of pleasure and recreation for all who know it, and for those who take time to look back and muse at the beginnings of this great game.

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Don Evons | Princeton

Is it a very cold day when you remember your New Year's resolution that you are not going to turn into a couch potato? Well, with a 5-minute warmup you can fill your lungs with fresh air and put a



your opponents a second chance, usually at a much slower speed, to return a blast – so you may want to make your shots cleanly. And at the risk of being sexist, I will point out that Paddle can be a great sport for ladies to be at parity with the men. In fact, the best player in the Mill today is a woman!

At the end of the new pool building, currently under construction, will be a room with heat and windows facing the Paddle courts. This will be a great spot to wait for your game to start, or to warm

up with facilities for coffee, hot chocolate, popcorn, etc. And with the lights, it won't be long before you see Paddle parties at night.

The Hershey's Mill courts are professional grade; in fact, we have been approached by others for using our courts to supplement their own. But if we build interest for Paddle in the Mill, it will be one more reason for

and if there is enough interest it could happen again in the 2017-2018 season.



Paddle Tennis

bounce back in your step – maybe even break out a sweat that will make you remember the mobility of much younger days! How? I suggest Paddle Tennis right here in Hershey's Mill.

If you've never played Paddle, but have played tennis, squash, or pickle ball (or very active games of ping pong), you will quickly find yourself competing with intermediate players. For newbies, Bob Crowther is currently holding clinics to show you the basics and help you learn strategies. It is fun and social, and includes men's, women's, and mixed play. Like pickle ball, Paddle is fast; and it puts a premium on finesse.

The game is forgiving with the wire fencing, but there is strategy to not using it. Example: playing off the wire gives



Get Involved and "Play Where You Live"

Paddle Tennis: Play and learn; **Fridays from 1pm to 3pm.** Open play; **Tuesdays at 1pm.** Contact Jack Hamilton.

Pickleball: Indoors open play at ACAC, YMCA, Concord, Garnet Valley (www.gherkins.org), and United Sports (Downingtown). Call venues for days and times.

Skiing: **Thursdays, when there is snow, at Blue Mountain. Leave at 7:30am and back by 5pm.** Free for age 70+!



Paddle courts, racquets, and nature trail after a storm – pristine snow before they were cleared. During pool building construction, you will need to use the trail to access the paddle courts.

To get more details about what is happening with Paddle, check the activities box in this section or call Jack Hamilton. There should be plenty of time to reserve courts for private games or Paddle parties. *Editor's note: Jack has an article in this month's Club News, and we suggest you check that for additional information, and to confirm details as they differ somewhat from those Don provides here.*

people to relocate here. Several people have told me not to mention it, but when I played in western PA, golfers would set aside their clubs, when snow was on the ground, and enjoy playing Paddle. The Mill used to have a men's and women's inter-club league team,

As the new HMSG President, I would love to hear your thoughts and ideas. You can send them to me, or request to receive more up-to-date information by email, by emailing me at

Louise O'Brien, of Springton, recently provided a couple of "kitchen hints" for use in the *Guide and Digest* – and we love contributions from our community! We got to thinking that it might be a nice way to start a new year by sharing just a few of our favorite cooking tips too. As you would guess, we spend enough time in the kitchen to benefit from help where we can get it – and no matter how much you cook, you will benefit as well! As for those Louise hints, they are the first two; on sautéing and chopping. We wish everyone a joyful kitchen, excitement for their taste buds, and a home filled with friends and family in the coming year!

Adding Oil While Sautéing

If you find you need more oil in the pan, add it in a stream along the edge. This way, by the time the oil reaches the ingredients being cooked, it will already be heated.

Chopping Herbs And Garlic

When chopping herbs, toss a little salt onto the cutting board to keep them from flying around. Tossing salt on garlic cloves keeps them from sticking to the knife while mincing.

Cooking Tips
Try Them!

Don't Sift – Whisk!

Some of our favorite baking recipes are the oldies, and they always call for sifting dry ingredients; which we rarely

do. Grab a balloon whisk (many thin round tines) and give it a good go. It aerates, distributes ingredients, and works out lumps (not many in today's modern milled flours); and the powder rinses away for easy cleanup.

The Mighty Sandwich Bag

We aren't talking about the array of fancy and expensive bags, but the simple ones your mother and you have always had in a drawer; clear, thin, fold-over top, and small. Yes, they are perfect for the grandkids white-bread P & J; but they also make a fantastic glove. Put one on your hand, pinch off a bit of butter, and grease up every last nook and cranny of a pan (spray oil has *not* made this process obsolete); and no battle to get that tough-to-clean fat from under your nails. A bag glove also works great for holding and chopping a few hot peppers (which we love in almost everything). Small piping jobs or plate decoration? Cut-corner baggies work great – how many times are you doing a large enough project to justify the popular and expensive zip-top models anyway; or a piping bag?

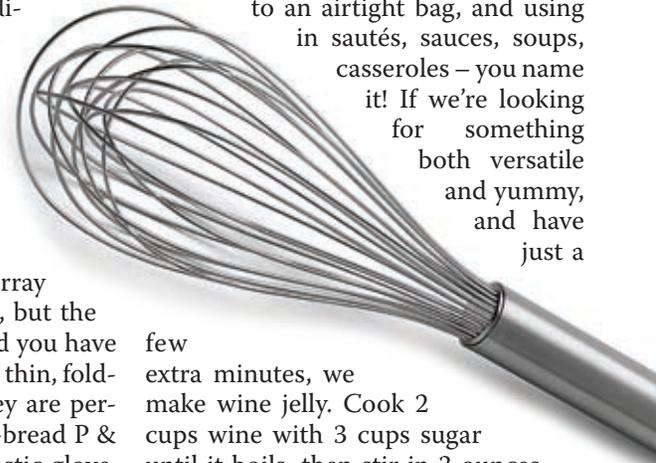
No-Stick Spray

So if we're baggie-buttering pans, why use oil spray? Beyond the pans we *do* spray, we love this for spraying: measuring cups used with honey and molasses (it all slides right out); soft cheese graters (uniform grating with no sticking); and food processor blades (for sticky mixes and easy removal of contents).

Leftover Wine

So, hot peppers get added to a *lot* of dishes; what else? Wine. We can't recall meeting one we didn't like, but there is usually some left; even after drinking

leftovers. Our go-to tip is freezing it in ice-cube trays, transferring cubes to an airtight bag, and using in sautés, sauces, soups, casseroles – you name it! If we're looking for something both versatile and yummy, and have just a



few extra minutes, we make wine jelly. Cook 2 cups wine with 3 cups sugar until it boils, then stir in 3 ounces (a pouch) of liquid pectin until dissolved. Pour into lidded jar(s) of your choosing. Red and pink wines are prettiest, or a drop of red food coloring can be added to whites. Delicious eaten as jelly, or a treat to cook with.

Segment Without Measuring

We don't always sweat the details on size, but same-sized things do cook consistently. Have a cookie-dough log, dough for rolls, or meat for cubes to cut? Slice/divide them uniformly by cutting in half, then halve those, and again until the desired size – your brain does a great job "seeing halves."

Coconut Macaroons

Our last tip is a recipe – we *should* have at least one – but is so easy that it's tip worthy. Two simple ingredients is all that it takes to make this marvelous treat! Preheat oven to 350°F, line a baking sheet with parchment. In a bowl, mix 6 ounces of unsweetened coconut flakes with 7 ounces sweetened condensed milk; mix really well. Form the mix into 12-15 little pyramids, and bake until golden brown (about 15 minutes). Cool and devour.

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