

MARCH 2017

GUIDE — AND — DIGEST



A PUBLICATION OF HMC-TV AT HERSHEY'S MILL



Please join us for the second part of our Moving Seminar Series for Seniors:

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Tuesday, March 14, 2017
11 a.m. – 1 p.m. | Wellington Hall

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HMC-TV Guide and Digest

Volume XVIII Number 3 - March 2017

Editor Louise O'Brien

Featured Writers Gay Barry, Don Evons,
Mary Kay Hagerty, Joe Kennedy, Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Director Joe Silio

Share, or get involved, with
your Hershey's Mill magazine!

All submissions welcomed; with rights retained
by the owner. Send to hmctvguide@comcast.net,

Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although
others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and
has sole discretion to publish any submission. Submissions are due by the 28th (32-35 days in advance of
each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor
for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are
those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.



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Cover: Another beautiful spring at Hershey's Mill! See the pedestrian safety article, on page 7,
for ways to enjoy it safely along the paths and roads.



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FROM THE MAIN GATE

Marc Fraser | Director of Security

The Hershey's Mill Security Department would like to remind pedestrians that they should utilize sidewalks, whenever available. Where they are unavailable, they should utilize the shoulder on the left side of the road

caution and be aware that drivers may have a difficult time seeing them. Just because a pedestrian notices the vehicle does not mean that the driver has also noticed them. Both parties should

Pedestrian Safety



facing oncoming traffic – as this allows drivers and pedestrians a much better opportunity to see the other approaching.

Also keep in mind that many of the Hershey's Mill roadways have "blind spots" – small rises in the road, curves, and other areas of poor visibility. In these areas pedestrians should use extra

always use caution when sharing the roadways within Hershey's Mill!

All pedestrians, automobiles, golf carts, bicycles, etc. that utilize our roadways and walkways are required to abide by the traffic rules and regulations of Hershey's Mill. We thank all of you in advance for making sure to doing so!



Published by Hershey's Mill Community-TV
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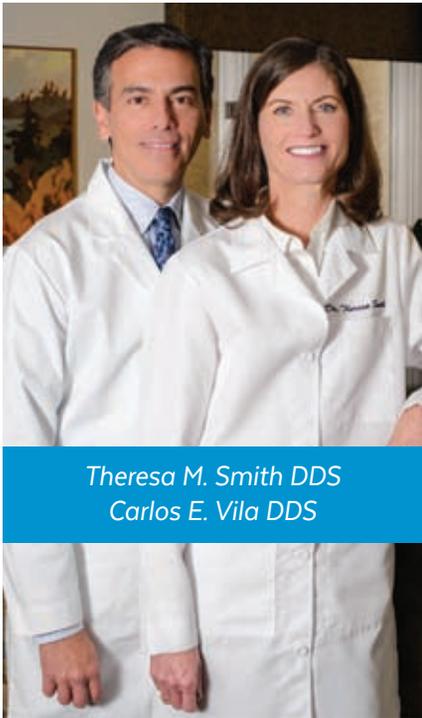
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—Marnie Keenan, Riddle Village Admissions Coordinator

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Riddle Village knows Lifecare.

Mary Kay Hagerty | Heatherton

Lisa and George Groff recently celebrated 50 years of married life together. How did they make it to this amazing milestone? As George says, "Listen to your wife and just say 'okay!'" Actually, compromising often, being best friends, and enjoying activities together is their recipe for a happy marriage.

Lisa grew up in Conneaut Lake, a borough in Northwestern Pennsylvania. Its name comes from an Indian word meaning "Snow Waters".

was nominated to be in the Pageant, and was chosen to represent Crawford County in the Miss Pennsylvania contest. In those days, the Miss Pennsylvania pageant was held in West Chester. Locals went all out for it, providing sponsors, chaperones and host homes for the contestants. It was a wonderful experience for Lisa, and she won "Miss Congeniality" and was awarded a scholarship which she applied to Kent State University in Ohio. She enjoyed attending Kent State, where she first majored in radio and television,

George, meanwhile, grew up in West Chester with his parents, and a brother and sister. He attended West Chester public schools through elementary and middle school. In high school, he studied at the Pennington School; a board-

kept telling her, "You've got to meet my uncle!" When George came home from the service, he got in contact with Lisa, but she was dating someone else at the time. She was teaching and directing plays with the Barley Sheaf Players, a

Meet Lisa & George Groff

Photos by Mary Kay Hagerty

A popular summer resort, Conneaut Lake's summer population grows to about 25,000 and then shrinks to about 700 in the winter. Lisa's parents owned a grocery store with a gas station, which was very busy in the summer. Lisa and her three sisters all pitched in to help pump gas and clean car windshields for customers. As Lisa puts it, "It was a lovely place to grow up." One sister still lives at the Lake, where she retired, and Lisa and George try to visit her once or twice a year.



and later switched to education; earning a bachelor's degree. Coming from a small town, it was a whole new experience for her. In the summers, she had various jobs in Lake Placid, NY, including selling advertisements and doing commercials at a local radio station.

ing college-prep school located about 15 minutes from Princeton, NJ. He returned to West Chester and attended Henderson High for his senior year. George, who is 6'4", played basketball in prep school; and in one intramural game he scored 96 points! He later played in an adult basketball league in West Chester.

After high school, George enlisted in the army for two years. During the Cuban Missile Crisis he was stationed at Ft. Stewart, Georgia; and when President Kennedy was assassinated, he was at Ft. Hood in Killeen, Texas. During both of these tense episodes, his units were placed on alert; but fortunately, were not called up.

T-shirts made for Lisa & George's 50th wedding anniversary celebration



How did George and Lisa meet? When Lisa graduated with her degree in education, she wanted to return to West Chester to teach; after being there for the pageant. One of her students, named Karen, at South Junior High,

Brighton Village

community theater in Lionville, PA. Eventually, they got together when Lisa was directing a show and she invited him to the cast party. That was their first date, and they've been together ever since! Before she met George, Lisa had applied to teach overseas and was accepted. After meeting George, she decided not to go. Locally, there were no job openings except in a Delaware County elementary school; where they were so desperate for teachers. So, Lisa taught 3rd grade there for 2 years. She then moved up to the high school, where she taught Political Science, Constitutional Law, and Theater Arts. She also directed all the plays, and introduced musicals to the district; beginning with

Continued on next page

Oklahoma. It was during that time that Lisa and George were married.

Lisa and George also started a boutique, called Applause, in the Parkway Shopping Center in West Chester; which they owned and operated for about 5 years. She loved planning the shop, and decorating and ordering the clothing; but found it difficult to find the necessary time to be there. They hired a manager to help with the day-to-day running of the boutique, and eventually sold it to one of the customers.



During that period, Lisa went back to earn her master's degree in theater from Kent State. It was one month after the infamous shootings there, in May of 1970. She remembers seeing tanks on campus, which was very unnerving. However, she said that the University held workshops to help students deal with the tragedy.

After 30 years of teaching, Lisa retired; and for the next 10 years became an Independent Representative, and then a Regional Director, with Excel Communications. She and George took many trips to Dallas, which was the national

headquarters for training and workshops. Lisa currently volunteers with RSVP, the Retired Senior Volunteers Program, where she enjoys working in a middle school library. Through this program, senior volunteers who work in the community can defray some of their property taxes.

After returning from the service, George worked for Chrysler for 2 years; followed by 5 years with the New York Life Insurance Company. He then had a 27-year career as a salesman at

James Chevrolet in West Chester. Lisa proudly showed me the plaque that George received 4 years ago when he won the Melvin Jones Fellowship Award from the Lions Club; of which he has been an active member for many years. Through this organization, he has performed so many good deeds; such as raising money for eye exams (for underprivileged children), installing ramps for wheelchair-bound people, and working with Wings For Success (a program which helps disadvantaged women by providing professional clothing for job interviews). Many of his Mill friends also support these causes, which he greatly appreciates.

George has maintained friendships, begun in West Chester, from the time

... compromising often, being best friends, and enjoying activities together is their recipe for a happy marriage.

he was 3 years old; and was given a plaque at his class reunion for helping his friends. One such friend, who was paralyzed in a sledding accident with his daughter, and was wheelchair bound for many years, was someone who George often helped. He has since passed away, but Lisa and George have kept in touch with his daughter; who calls George weekly and especially on Father's Day. George and Lisa also have "tons" of nieces and nephews, all over the country.

How did George and Lisa come to live in Hershey's Mill? When it was time to downsize from their home in West-

for many years. They have many friends at Hilton Head, and enjoy many of the same activities in which they participate here. They love the climate, and do something every day; be it tennis, bridge, pickleball, or biking!

For their 50th wedding anniversary, this past October 15, they were planning to go to Hilton Head; but because of Hurricane Matthew, they couldn't get there. So they went to plan B; driving to Ocean City, NJ, with two couples with whom they've been friends all of their married life, and had a beautiful week! They even had special t-shirts made for the occasion.

They have been to Bermuda three times, and absolutely loved it. Once, when Lisa had a sabbatical from teaching, they took a trip across country; which they said was the best! They had no planned stops, so they just took their time seeing the sights, and stopping to see friends and relatives along the way. They loved the vistas in Colorado, and the coast of California; including Hearst Castle and

Big Sur. They also enjoyed Las Vegas, and Lake Havasu City in Arizona.

What's on their Bucket List? They would like to travel the Trans-Canadian Railroad across the Rocky Mountains, and go on a Mississippi River paddle-wheel trip.

Giving back has been a recurring theme in George and Lisa's lives. They are a generous, active, and fun-loving couple with many friends – who are very happy with their lives at Hershey's Mill and Hilton Head. As they say, "What else do you need?"

Up Close with Lisa & George

How long have you lived at Hershey's Mill? 11 years.

Where did you live before moving here? Westtown.

Favorite activities here? Mah Jong, bridge, The Social Club, pickleball, and tennis.

Favorite place to travel? Hilton Head.

Favorite local restaurants? Roger's Bistro, and the General Warren.

town, they looked at several 55-and-over communities, but liked Hershey's Mill the best; particularly because of its beautiful landscaping, and many activities available. As Lisa says, "Something has to be wrong with you if you don't like it here."

Lisa and George are very active at Hershey's Mill. With her teaching background, Lisa is an excellent bridge, and Mah Jong, teacher. They enjoy playing bridge, pickleball, and tennis. When they retired, they became Snow Birds; wintering in Hilton Head, South Carolina, where they had been vacationing



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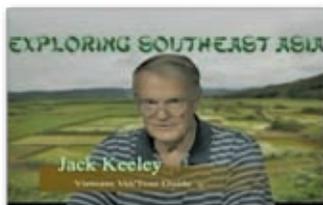
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Original Programming	March 1-15, 2017			
<p>Inside Channel 20 This program runs 60 minutes.</p> <p>The Channel 20 volunteers of Hershey's Mill Community-TV try to bring you informative programs and have fun in the process. Members of our program committee discuss how programs are selected, and how our studio works to get them recorded. We visit the editing room, and also see how our "green screen" works. Also see how programs and movies are aired, and learn about our website and concerts.</p>	10:00 am	4:00 pm	7:00 pm	12 am



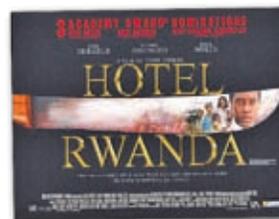
<p>Movies Noon and 8:30pm</p>	<p>March 1-7 (noon show only on the 7th) Hotel Rwanda (PG-13) <i>Don Cheadle and Joaquin Phoenix</i> Based on a true story, a hotel manager tries to rescue Tutsi refugees during the Rwanda Genocide. [Run time 2h 1m]</p>
	<p>March 8-15 (noon show only on the 15th) At First Sight (PG-13) <i>Val Kilmer and Mira Sorvino</i> A woman encourages her blind boyfriend to undergo surgery to regain his sight. [Run time 2h 8m]</p>

<p>Bulletin Board</p>	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight

To view Channel 20's original programming online: Go to hersheysmill.org, TV & Digest, HMC-TV20, Original Programming. Follow the instructions there to use this video streaming service.

To view/print all HM cable channels: Go to hersheysmill.org, TV & Digest, Cable & Comcast. Both basic and full listings are available.

Original Programming	March 16-31, 2017			
<p>Why Physical Therapy? - Part 1 <i>With Sandy Wollenberg</i> Sandy interviews physical therapist Vrinda Hatti to find out what physical therapy can do for you, and how to access it.</p>	10:00 am	4:00 pm	7:00 pm	12 am
<p>Why Physical Therapy? - Part 2 Sandy and Vrinda discuss using physical therapy to prevent falls as we age.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am
<p>Barbone Street Jazz Band Concert - Part 1 These excerpts from last August are sure to get you excited for our coming summer concerts!</p>	10:30 am	4:30 pm	7:30 pm	12:30 am
<p>Barbone Street Jazz Band Concert - Part 2 More excerpts from this band, which has been performing in the Delaware Valley since 1996, featuring New Orleans Jazz, Dixieland, Swing, and American Songbook.</p>	10:45 am	4:45 pm	7:45 pm	12:45 am



<p>Movies Noon and 8:30pm</p>	<p>March 16-23 (noon show only on the 23rd) Cool World (PG-13) <i>Kim Basinger and Gabriel Byrne</i> A comic-strip vamp seeks to seduce her cartoonist creator in order to cross over to the real world. [Run time 1h 42m]</p>
	<p>March 24-31 (noon show only on the 31st) First Knight (PG-13) <i>Sean Connery and Richard Gere</i> A classic romantic triangle develops in Camelot in this action-packed version of the English legend. [Run time 2h 14m]</p>

HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2017 HMC-TV

TRIPS ARE LISTED IN
CHRONOLOGICAL ORDER

Reading Royals Hockey

Saturday, March 4, 2017

Cost: \$35
Departs: 5:15pm
Contact: Marc Fraser

Join us as we travel to the Santander Arena in Reading, PA, to watch the Royals, the minor league hockey affiliate of the Philadelphia Flyers, take on the Manchester Monarchs in a 7pm game. Enjoy close-up, fast-paced, professional hockey, with nice lower level seating, in one of the finest arenas in the region. *Children age 8 and older are welcome!*

**The Playhouse on Rodney Square
"Pippin"**

Wednesday, March 8, 2017

Cost: \$83
Departs: 12:30pm
Contact: Adele Juzi

This winner of four 2013 Tony Awards, including Best Musical Revival, is a high-flying, death-defying hit Broadway musical! It is full of extraordinary acrobatics, wondrous magical feats, and soaring songs from the composer of *Wicked*. It will lift you up and make you smile; so don't miss seeing it from our great orchestra seats!

Trip payment checks need to be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Refunds are only granted when the trip is canceled, or if your reserved spot can be filled from a wait list for that event.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

**Philadelphia Flower Show
"Holland: Flowering the World"**

Wednesday, March 15, 2017

Cost: \$16 + Admission + Lunch
Departs: 11:00am
Contact: Sandy Waldman

A showcase of extraordinary plants, plus the creativity and talent of our region's top horticulturists and designers along with award-winning landscape and floral designers from the Netherlands. This show is a top destination and "must experience" horticultural event that dates

back to 1829; and now attracts 250,000 visitors annually to the Pennsylvania Convention Center. From towering windmills, wooden shoes and delectable cheeses, to the whimsical bicycles, canals, and vibrant tulip fields of the iconic Dutch landscape, this 2017 show shares diverse stories of horticulture, innovative eco-design, and modern urban greening and sustainability efforts of the Netherlands.

**Philadelphia Museum of Art
"The Age of Homer & Sargent"**

Thursday, April 6, 2017

Cost: \$40 + Lunch
Departs: 8:30am
Contact: Priscilla Burt

Enjoy the beauty, versatility, and strength of American watercolor painting featuring works of Winslow Homer and John Singer Sargent. More than 150 masterworks from public and private collections tell the story of the watercolor transformation that began in the

1860s. A free audio tour is available, and there are reduced rates for museum members. Lunch is on your own at the museum.

Union League of Philadelphia

Thursday, April 20, 2017

Cost: \$45
Departs: 9:15am
Contact: Bobbi Rubenstein

Located at 140 South Broad Street, it has hosted U.S. Presidents, heads of state, industrialists, entertainers, and dignitaries from around the globe; and has proudly supported the American military in each conflict since the Civil War. We will enjoy an in-depth tour of the building, followed by a lavish buffet luncheon. There is a dress code, so please do not wear jeans or sneakers.

**Opera Philadelphia
"The Marriage of Figaro"**

Sunday, April 30, 2017

Cost: \$15 + Admission
Departs: 12:30pm
Contact: Tressa Glynn

Join us for a matinee performance at the Academy of Music in Philadelphia. This Mozart opera is regarded as one of the greatest; so reserve your tickets now, and enjoy this great production with us!

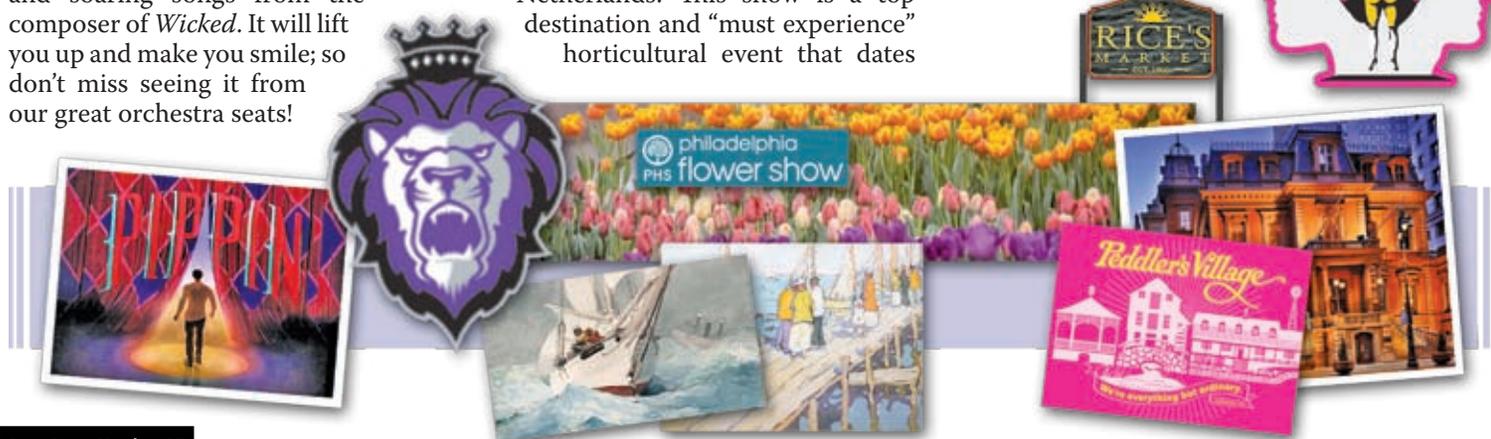
Rice's Flea Market & Peddler's Village

Tuesday, May 2, 2017

Cost: \$18 + Lunch
Departs: 7:45am
Contact: Ann Seraphin

Back by popular demand! Join us for a fun day in Bucks County. Pick up interesting bargains at the Market, where a snack bar is available for a late break-

Continued on page 21





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HERSHEY'S MILL BUS TRIPS (continued)

fast. We then move on to the nearby Village where there are 65 specialty shops and restaurants; including the popular Cock 'N Bull Restaurant. Lunch is on your own.

Washington, DC

Saturday, May 6, 2017

Cost: \$29 + Meals

Departs: 7:30am

Contact: Tressa Glynn

Join us as we experience spring in our nation's capital – where the Cherry Blossom trees should still be in bloom! Time is your own to do whatever you may wish; and remember that most museums are free. There are an abundance of food trucks on the Mall at this time of the year, for a quick meal among the sights. There will probably be special interest groups gathering too – which may be interesting to observe.

Colebrookdale Train Ride & Boyertown Museum of Historic Vehicles

Thursday, June 8, 2017

Cost: \$63

Departs: 9:15am

Contact: Ann McClay

Reservations must be made by April 30! Lost in the deep woods sheltering the Manatawny and Ironstone creeks is a mythical secret valley. The Colebrookdale Railroad is a record of epic engineering and

heroic human drama; going back one-and-a-half centuries, the line beckons you to experience it for yourself. As we enjoy a scenic train ride, we will be served a hot lunch of roast turkey, with filling, and various vegetables and fruit. After the ride, we will stop by the Museum to see antique cars, motorcycles, bikes, and the first Sunoco Station; as well as an original diner.

Pilgrimage to the National Shrine of Saint Elizabeth Ann Seton

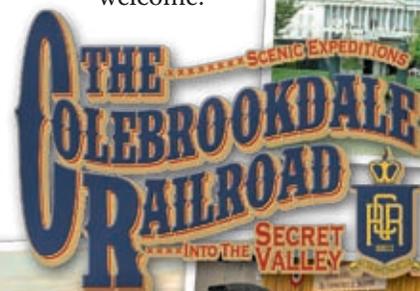
Thursday, June 22, 2017

Cost: \$39 + Lunch

Departs: 7:30am

Contact: Priscilla Burt

Enjoy a trip to Emmitsburg, MD, to visit the beautiful Shrine celebrating the life and work of America's first native-born Saint. The museum tour is followed by noon Mass in the Basilica. After lunch on your own at the Carriage House Inn, we will tour the grounds; then conclude with a visit to the Grotto of Lourdes. All denominations are welcome!



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HERSHEY'S MILL SERIES TRIPS

Philadelphia Orchestra

Friday Evening Series

Cost: \$14 (bus only per show) +
Performance Admission

Departs: 6:00pm

Contact: Ann Seraphin

It isn't too late to join us for exciting evenings with this remarkable orchestra! We only have three performances remaining in this HM Bus season, and we would love to have you with us.

March 10, 2017

Michael Tilson Thomas conducts Seeger and Beethoven, and Berg with Leonidas Kavakos on violin.

April 28, 2017

Stephane Deneve conducts a Rachmaninoff Festival with Nikolai Lugansky on piano.

May 19, 2017

Yannick Nezet-Seguin conducts Mahler's Symphony No. 3 with Karen Cargill, Philadelphia Symphonic Choir, and American Boychoir.

Walnut Street Theatre

Thursday & Saturday Matinees

Cost: \$44 (per show)

Departs: 12:30pm

Contact: Adele Juzi (Thursdays)

Contact: Connie Cline (Saturdays)

We're collecting names as vacancies frequently become available for shows.

Thursday 3/30/17 & Saturday 4/8/17
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Thursday 6/1/17 & Saturday 6/10/17
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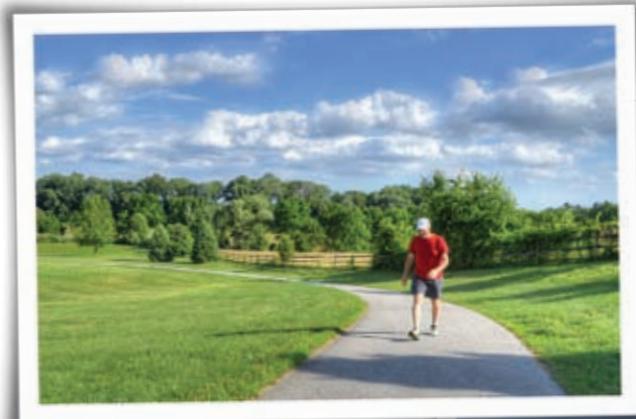
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We hope our initial Where To Walk feature last month, about the Stroud Preserve, has you chomping at the bit to explore the wilds of Chester County. But we know that not everyone is up to hiking trails all the time, and that some need and prefer paved surfaces. So, we are venturing into a park setting on this go-around, and think you will really enjoy all that it offers.

There's something particularly nice about sharing a walk with friends and family, and we have many who now have physical limitations. It's great to be able to include them when walking this park, as it offers a paved lot that is ADA compliant and is close to paths and amenities. The width and types of walkways makes going with scooter friends a fun outing for all.

East Bradford Park



A path runs around the perimeter of the park, and there are also paths running through it. Although there is only about a mile of paved to

East Bradford Park isn't that different from many other municipal offerings – but that isn't a negative, it's a positive! You get the benefits of a manicured landscape, well-maintained walkways, and amenities that can benefit us walkers as we age. Hate to lug around a water bottle? No need, there's a water fountain. Need a break from the sun, or to get off your feet for a spell? There's a covered pavilion, and benches along the walkways. When it comes time for a restroom break, it's also nice to have permanent facilities; instead of a portable unit, or none, when "in the wild."



choose from in the park, the numerous ways to move through it won't make it feel like you have "seen it all before" if you want to mix it up and walk further. We've walked miles here many times, and with each new turn and direction feel as though we are seeing something new. There is a gentle

East Bradford Park

835 Kenmara Drive
West Chester, Pennsylvania

Distance from HM: 6.7 miles

Time by car: 14 minutes

Parking: ADA-compliant paved lot

Path surfaces: Paved and gravel
Paths: .8 mile of paved walkways,
and .4 mile of smooth gravel trail

Terrain: Both flat and slightly hilly

Bathrooms: Permanent facilities

Other: Water fountain, picnic-table pavilion, and walkway benches

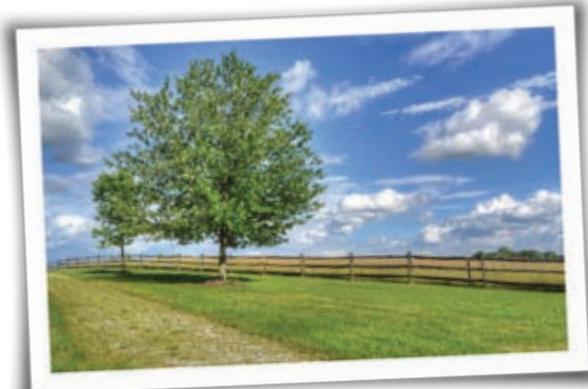
Where To Walk – At A Glance

Dogs are allowed, under leash or immediate control, and we have never had problems with over-friendly pooches saying "howdy". Also, the park includes a playground and sports facilities, but we have not had to contend with crazy kids on skateboards and such. When we took these photos, we were enjoying the gorgeous day and landscape, and forgot to turn the camera around to show the amenities and activities. But if you like the sounds and sights of kids play-



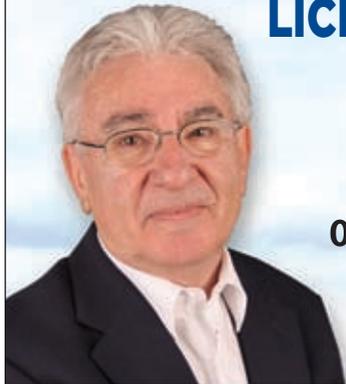
hill, at the end away from the parking lot, but you can walk just the lower portions that are relatively flat. In addition to the paved, there is also a trail that runs down to Copeland School Park. It's about half a mile, but is not a loop so you will double that if walking the length. You can also park there, and walk the other direction.

ing baseball and soccer, like we do, you are sure to see both their pure joy and "playing because mom and dad said so"; sometimes both in the same kid! Should you want to make a day of it, there is also tennis, pickleball, volleyball, concerts/movies, and that dandy playground for the grandkids.



This park reminds us of our very own East Goshen Township one, but offers a visual diversity that keeps us from getting bored. We hope that you add the East Bradford Park to your short list of locations to walk, and waste no time getting together a group of friends for the outing. We will look for you out on the paths!

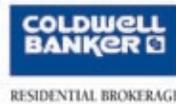
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HM RESIDENTS UPDATE

Hershey's Mill Security provides resident changes each month in the *Guide and Digest* which can be used along with the annual HMC-TV *Hershey's Mill Resident Directory* to stay up to date. All contact information is for personal use only.

Bachulski, Terrance & Joyce	Cox, Gregory & Toscani, Francesca	Nichter, Hal
809 Jefferson Way	1278 Robynwood Lane	1406 Springton Lane
Bonella, Dawn <i>(new #)</i>	Gulczynski, James & Marlene <i>(new #)</i>	Stowjowski, Stephen & Kathe <i>(new #)</i>
343 Devon Way	1518 Ulster Way	3 Hershey's Drive
Burns, William, MaryAnne & Anne <i>(new #)</i>	Kohler, John & Kathryn <i>(new #)</i>	Wise, Jack & Baker, Karen
1637 Yardley Drive	1702 Yardley Drive	177 Chandler Drive
Cockshaw, Connie	McGeehan, Gloria & Alison	Worth, Gayle
1346 Troon Lane	449 Eaton Way	1005 Kennett Way

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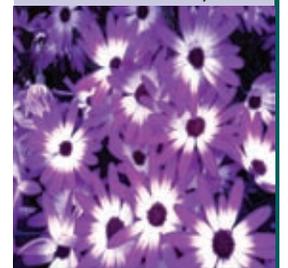
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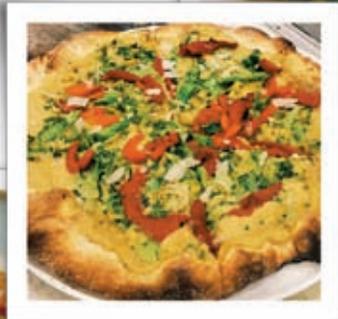
Michael C. Neale, P.C.H.
Connie L. Friedrich, P.C.H.



Gay Barry | Quaker

I can hear you all thinking what kind of name is EatNic? Me too. When asking one of the staff what it meant, she didn't know. She said to think beatnik or picnic. I think the owner, John Scardapane, thought it would evoke questions – and it does. The name usually includes “Urban Farmhouse Eatery & BYOB” and is likely there to clarify just what EatNic is. At least it is a name you won't forget easily.

EatNic was opened the day after Thanksgiving in 2016, and was founded by John Scardapane; one



executive chef; and recently, the executive chef at Silverspoon.

The building was completely renovated to allow for a comfortable atmosphere. Various levels of seating provide more



privacy and less noise. Re-purposed wood is used throughout the dining room, as well as restored furniture and vintage mirrors. It is bright and cheerful. The waiting area is cozily decorated in “shabby chic”.

Something special they offer is a collection of beautiful crystal glassware, and this makes your BYOB experience just about perfect. Another plus is excellent and cheerful service. The servers are also knowledgeable about each item on the menu, and are happy to make adjustments.

I think the number of items on the menu are reasonable, and there is enough choice to satisfy most appetites. Entrées and salads are featured, with soup, sides, pizza, and a few small plates available. Small plates include crispy calamari with fried arugula, wild Atlantic mussels, and carrot hummus with fresh baked naan.

When reviewing the salad choices, don't be too stunned by the prices as they are hearty enough to be an entrée – and then some. Also, several of the salads are available as sides; and of course, are smaller. Salads are crunchy vegetable with cavolo nero kale, Brussel sprouts, cauliflower, broccoli, red quinoa, and toasted hazelnuts. I hope that indicates to you how satisfying they are to the appetite as they were to me. Other salads are apple kale salad, mixed greens, mushrooms and goat cheese with



mixed greens, crispy calamari, and Caesar. Chicken or shrimp can be added for an additional cost.

I think the entrées are the highlight of the menu. All seem to have a combination of flavors and ingredients to blend and complement the dish. Some available are: organic Ora king salmon; EatNic burger with fries; Griggstown Farm turkey burger; open-faced croquet madame (hickory smoked ham and Swiss, mornay sauce, fried egg and fries); prime New York

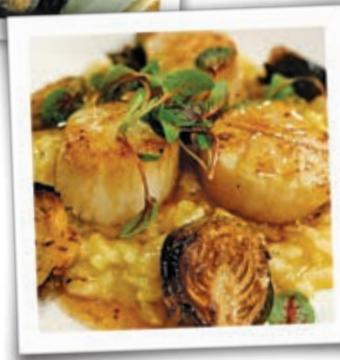
strip steak; wild caught shrimp with grits (which our friend thought was remarkable); and a house-favorite, 8-hour Bolognese. Everyone in our group enjoyed the meal, and said they would come back.

You may want to complete your dinner with dessert. Among your choices

EatNic

*231 West Lancaster Avenue
Paoli, Pennsylvania
(484) 320-8155*

are Anjou pear crisp, chocolate truffle, Chai sugar dusted doughnuts, and a caramel pecan tart.



All menus are updated every Monday, Wednesday and Friday, so what you read here may be different when you go. Lunch is offered, and breakfast is served all day. This is a child-friendly restaurant, and offers a kids menu.

“Farm to fork” means sourcing food locally and serving it within the shortest amount of time from harvest. The restaurant receives delivery from local family farms 7 days a week. EatNic is open seven days a week from 9am to 9pm, and is a BYOB.

Several friends recommended EatNic, and we were pleased with our dinner. Next time, I think I will try breakfast for dinner!

Photographs courtesy of EatNic

Donna Spoto | Ulster

Please view the canvas art print, *Woman Reading by a Window*, on the wall to your left as you enter the Library on your next visit; this is in honor of our past librarian Peggy McReynolds. We are still searching for a new librarian; and if you are interested, please know that you will have the support and assistance of a very competent library committee. Contact Becky Bell, at _____, for more information.



Photograph of painting provided by Donna Spoto

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Saturday 10 a.m. – Noon
www.hmlibrary.com

mittee usually meets, and all is ready for residents, by the third Friday of each month. As we purchase books, we are anxiously awaiting the newest book by Lucinda Riley; due for publication in the spring. Lucinda Riley is an Irish author of popular historical fiction.

Her seven novel series has been purchased for television. *Seven Sisters* and *Storm Sister* are in the library. *Shadow Sister*, to be released in the spring, is the third book in a series loosely based on the mythology of the Seven Sisters star cluster. A fourth novel, *The Pearl Sister*, is due for release in the fall. We look forward to adding them to our library collection when published.

NEW LIBRARY BOOKS

- Alphabetical by Author*
 Arden, Katherine – *Bear and the Nightingale*
 Baier, Bret – *Three Days in January*
 Bennett, Brit – *Mothers*
 Bitto, Emily – *Strays*
 Bohjalian, Chris – *Sleepwalker*
 Boyle, T. C. – *Terranauts*

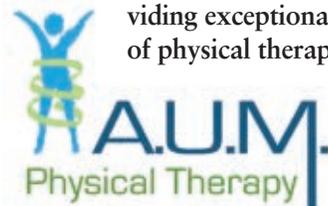
The dates for our 2017 book sale are Saturday, September 9, and Sunday, September 10. We are now accepting gently used books, and thank you in advance for dropping off donations at the library.

Our newest best sellers have been purchased and are on the shelves. The com-

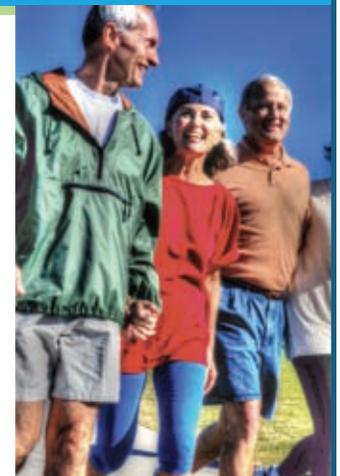
- Brown, Eleanor – *Light of Paris*
 Chabon, Michael – *Moonglow: A Novel*
 Chang, Janie – *Dragon Springs Road*
 Dunn, Carola – *Buried in the Country*
 Flagg, Fannie – *Whole Town's Talking*
 Fridlund, Emily – *History of Wolves*
 Friedman, Thomas – *Thank You for Being Late*
 Gains, Chip – *Magnolia Story*
 Grebe, Camilla – *Ice Beneath Her*
 Griffin, W. E. B. – *Curtain of Death*
 Harper, Jane – *Dry*
 Harris, Joanne – *Different Class*
 Higgins, Jack – *Midnight Bell*
 Hoffman, Alice – *Faithful*
 King, Coretta Scott – *My Life, My Love, My Legacy*
 Leavitt, Caroline – *Cruel Beautiful World*
 Mejia, Mindy – *Everything You Want Me to Be*
 Miller, Derek B. – *Girl in Green*
 Nguyen, Viet Thanh – *Sympathizer*
 Noah, Trevor – *Born a Crime*
 Patterson, James – *Filthy Rich*
 Peelle, Lydia – *Midnight Cool*
 Poeppel, Amy – *Small Admissions*
 Preston, Douglas – *Lost City of the Monkey God*
 Ricca, Brad – *Mrs. Sherlock Holmes*
 Rivers, Susan – *Second Mrs. Hockaday*
 Roberts, Nora – *Island of Glass*
 Rooney, Kathleen – *Lillian Boxfish Takes a Walk*
 Ruskovich, Emily – *Idaho*
 Schepp, Emelie – *Marked for Life*
 Schwalbe, Will – *Books for Living*
 Shapiro, B. A. – *Muralist*
 Silvis, Randall – *Two Days Gone*
 Steel, Danielle – *Mistress*
 Swanson, Peter – *Her Every Fear*
 Taylor, Brad – *Ring of Fire*
 Woods, Stuart – *Below the Belt*

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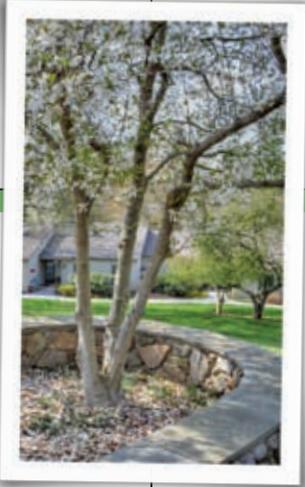
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<h1>March 2017 Activities Calendar</h1>		1 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am Ageless Exercise 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Casual Singing Group 7:00pm Mah Jongg	2 9:00am Remedies For Wellness 10:00am Alzheimer/Dementia Support Group 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker	3 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	4	5 (SH) takes place at Sullivan House. Dates and times are subject to change. Contact program leader for details.
		6 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	7 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Exercise To DVDs	8 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	9 9:00am Paoli Hospital Aux. 9:00am Remedies For Wellness 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm (SH) Book Disc. Group 2:00pm Table Tennis 6:30pm Poker	10 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Rummikub
13 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Chester Co. Hospital Aux. 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 2:00pm Photography Club 3:00pm Bridge 3:30pm (SH) HM Social Club 7:00pm Singers 7:00pm WH Duplicate Bridge	14 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Exercise To DVDs 7:00pm (SH) Great Books Club	15 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	16 9:00am Remedies For Wellness 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	17 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble		
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27 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm HM Singers 7:00pm WH Duplicate Bridge	28 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Exercise To DVDs 7:00pm (SH) Great Books Club	29 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	30 9:00am Remedies For Wellness 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 1:30pm (SH) Indivisible at HM 2:00pm Table Tennis 6:30pm Poker	31 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 7:00pm Bingo		





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WANTED Cheap used car needed by unemployed daughter, on medical leave, of Hershey's Mill Resident; just to get her to doctor appointments. Call

FOR SALE Solid-wood king-size **bookcase headboard bed**; includes two single mattresses and box spring. \$1,250. Call

FOR SALE Dark brown sheared **mink jacket with hood**. Reversible to dark brown leather. 2-years old. Purchased at Zinman's Furs for \$2,600. \$1,000 or best offer. Call

FOR SALE Must sell items due to downsizing. **Dining room table, 6 chairs, hutch, corner cupboard, spinet piano, glass-top indoor/outdoor table, 4 chairs** with pads, and many other items. Call for an appointment.

FOR SALE Sharp Carousel **microwave oven**, white, old but lightly used. Best offer. Call



FOR SALE Juki TL98E 9", long-arm, straight-stitch **sewing machine** in excellent condition; with attachments. Ideal for machine quilting or regular sewing. \$300. Call

FOR SALE Elliptical **exercise machine** with heart monitor; Precor brand, in excellent condition. \$750. Glass **dining room table** (84" x 42") with 10 **upholstered blue chairs**. \$1,500. Call

FOR SALE Beveled **glass-top table** (49" x 26") with brass base (40" x 20" x 13½" (height)) Glass top could be used with another appropriate sized base. \$50. Call

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Rates for Women Start at \$107/mo. for Plan N

I also sell Health Plans for people under age 65.

Call HM's Joe Murphy at 610-918-0590 for FREE QUOTE.

HMC-TV FREE SUMMER CONCERTS

Jack Keeley | HMC-TV

Hershey's Mill Community-TV (Channel 20) is pleased to announce our Summer Concerts for 2017.

Barbone Street Jazz Band

June 4 (rain date June 25)
Sponsored by Brooklands Audiology

22 Park Avenue

July 16 (rain date July 23)
Sponsored by Berkshire Hathaway Realtors

Webb - "Band of Brothers"

August 6 (rain date August 20)
Sponsored by Wagner Real Estate

AWARDS FOR HERSHEY'S MILL

Jack Keeley | Franklin

In September of 2016, Hershey's Mill received two awards that enhance awareness of it. One was a People's Choice Award from the *Daily Local News* – along with the news



that a Hershey's Mill advertisement and write-up, in the September 2016 edition of the *DLN's* Retirement Lifestyles section, was the most read and recognized. The other award was from the Pella window company. A DeWalt Jigsaw Kit was given to Hershey's Mill for sales of Pella windows here over the last year. The jigsaw

kit was donated to the Wood Shop, where it will get plenty of use.



RAFFLE FOR GETAWAY IN CAPE MAY

Lynn Mander | Devonshire

If you haven't visited Cape May, NJ, in the fall for Victorian Weekend, this is your chance. The Hershey's Mill Branch of the Paoli Hospital Auxiliary will be holding a raffle, to benefit Paoli Hospital, for a getaway to Cape May from October 5th through the 9th. This coincides with the Cape May Victorian Weekend. The Weekend consists of trolley tours, champagne brunch, craft shows, house tours, chocolate tasting, and the Lima Bean Festival. The winner will be staying at a beautiful "upside down" house on Cape May Point, just 4 miles from downtown. The house sleeps eight, and is very close to the beach. You might choose to visit the Cape May Lighthouse, and enjoy bird watching at Cape May Point – as it will be the height of migration season.

Raffle tickets will be available in the HM Community Center, next to the Library, on Tuesday, Wednesday, and Thursday mornings; and also during Happy Hour at the Golf Club in April. Members of the Auxiliary will be selling one chance

for \$15, or two for \$25. The drawing will take place on **May 11**, which is also the day of the Showcase of Homes tour. Stay tuned for more information on the tour. For further information, please contact me at _____ or _____

HELICOPTER MUSEUM GALA

Jack Keeley | Franklin

The American Helicopter Museum and Education Center will host their Annual Gala soon. This year's theme is "The Roaring Twenties" and celebrates their 20th anniversary. This annual event raises much needed funds for the Museum, and features an open bar, hot and cold hors d'oeuvres,



Provided photo may be the raffled house on Cape May Point

dinner, a silent and live auction, great music, and more! Catering is by the Desmond Hotel. Tickets cost \$125 per person, or \$1,000 for a table of 10. For additional information, go to www.americanhelicopter.museum.

ALL ABOUT BLUEBIRDS

Jacqueline Cvinar | Troon

Hear the presentations of Ken Leister and Bruce Foreacre on the subject of bluebirds on



Wednesday, April 12, from **6:30pm to 8pm** in the HM Community Center (main room on the first floor). Ken is a retired educator, and a member of the Bluebird Society of Pennsylvania Board of Directors. Bruce is the Assistant Superintendent of the Hershey's Mill Landscape Division. He holds a 2-year degree from Delaware Community College, and a 2-year degree from Longwood Gardens.

From Ken and Bruce we will learn more about attracting and watching bluebirds. Ken will discuss bluebird habitats, population patterns, and behavior. The program covers the three species of bluebirds, courtship through nest building, summer and winter food, and specifications of a good nest-box. Bruce will cover the current and future bluebird programs at Hershey's Mill. Please join us! For more information, contact me at _____ or _____



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INTERESTING FACTS?

Louise O'Brien | Springton

After my article last month on fun things to know, I heard from many Millers that are equally curious – thanks!

From A Lift-Off To The Moon



So, I thought I would share just a few more. These go from the Earth to the moon; and an additional assortment that I hope piques your interest.

For every extra kilogram carried on a space flight, 530 kilograms of excess fuel are needed at **lift-off**.

Intelligent people have more zinc and copper in their hair.

A comet's tail always points away from the sun.

The Swine Flu vaccine, in 1976, caused more death and illness than the disease it was intended to prevent.

Caffeine increases the power of aspirin and other pain-killers; that is why it is often found in a variety of these medicines.

The military salute is a motion that evolved from medieval times when knights in armor raised their visors to reveal their identity.

If you are at the bottom of a well or a tall chimney and look up, you can see stars even in the middle of the day.

When a person dies, hearing is the last sense to go. The first sense lost is sight.

In ancient times, strangers shook hands to show that they were unarmed.

Strawberries and cashews are the fruits whose seeds grow on the outside.

Avocados have the most calories of any fruit at 167 per 100 grams.

The Earth gets 100 tons heavier each day due to falling space dust.

Due to earth's gravity, it is impossible for mountains to be higher than 15,000 meters.

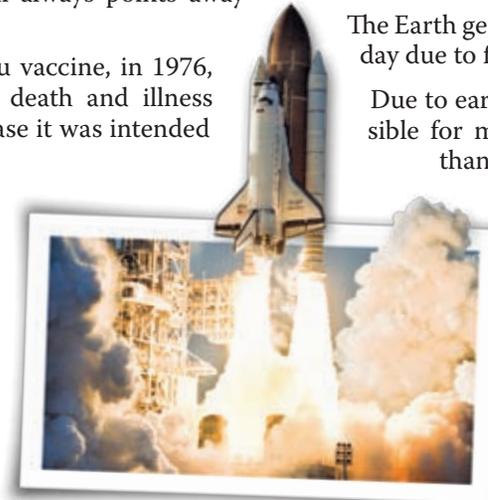
Mickey Mouse is known as Topolino in Italy.

Everything weighs 1% less when at the equator.

Soldiers do not march in step when crossing bridges because they could set up a vibration

sufficient to knock it down.

The **moon** moves about 2 inches away from the Earth each year.



CARESHARERS

Eileen Glinski | Glenwood

Another reminder that Hershey's Mill still has an active **free** volunteer group called CareSharers. This group of residents is on call to help in times of need; performing acts such as rides to doctors' and dentists' appointments, food shopping, and small chores. Call 610-430-8830 and leave your name, phone number, and a short message. A volunteer will then return your call to make arrangements for assistance.



BOCCE

Bob Crowther | Princeton

Sign-up for this year's Bocce Tournament by sending an email to me at . Please include you and your partner's



names, email addresses, and phone numbers. The deadline is **May 14**, and the sooner teams sign up the better. You will be placed into one of four groups, and will play each team in your group. The top two teams in

each group makes the playoffs, which start on September 1.

APPLE MAC CONNECTION

Carol Campanelli | Ulster

The HM Community Center will continue to host the Main Line Macintosh Users Group at **9am** on the **second Saturday** of each month, and the Newer Users Special Interest Group at **10am** on the **fourth Saturday**. There is no charge for either group, and all are welcome. But you can become a member, by paying the \$25 yearly dues, and this gives you access to their Listserve – a great additional resource for questions and answers about your Mac products.

On **Saturday, March 11**, the Newer Users Group (along with other Special Interest Groups) meets at 9am. At 10:30am, the main speaker will be Lisa Rysinger. She is an author, a creative entrepreneur, and an early adopter and expert in the field of digital video technologies.

On **Saturday, March 25**, the Newer Users will meet from 10am to noon on the second floor. Bob Barton provides help for all things Mac, and stresses that as a newer users group, that there are no stupid questions. Email questions to bartonbob@comcast.net so he can include them on his agenda. Coffee, tea, and light refreshments are provided.

CAPACITY FOR COMPASSION

Bonalyn Mosteller | Inverness

Come join this new, experimental Hershey's Mill group to explore where we experience compassion in our lives and where we don't; and what is needed to support our capacity for growing in compassion for ourselves, our families, our friends and even strangers.

TABLE TENNIS

Allan Shaffer | Yardley

What's the difference between table tennis and ping pong? Nothing. Initially, both names were fairly interchangeable; however, with fears about trade-

This photograph of a table tennis group was provided by Allan Shaffer



This group will initially commit to meet from **7pm to 9pm** for three sessions: **March 14, 21, and 28**. Then, we will decide together whether to continue to meet, expand the group, etc. The location will be somewhere within Hershey's Mill; yet to be determined. I will facilitate along with Terry Marran of Inverness Village. If you would like to join us, or have questions, contact me at



mark disputes arising, the governing body of the sport preferred table tennis when standardizing the rules of the sport. Serious players exclusively call their sport table tennis, with many taking offense at the name ping pong (being concerned that the onomatopoeic frivolity of the latter is detrimental to the image of the sport). But our table tennis group just wants to have fun! I hope that you will join us **Thursdays** at **2pm** in the HM Community Center.

The deadline to register is **March 5**.

Continued on next page

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

Our membership continues to grow, and our monthly photo topics are very helpful. We plan to have several field trips during this year; and one will be in March to the Middle Creek Wildlife Management Area, in Kleinfeltersville, to see thousands of tundra swans and snow geese – and possibly an eagle or two. We hope you will join us every **second Monday** of the month at the HM Community Center’s Paoli Room from **2pm to 4:20pm**. Any questions? Call me at _____, or Michael Rackover at _____.



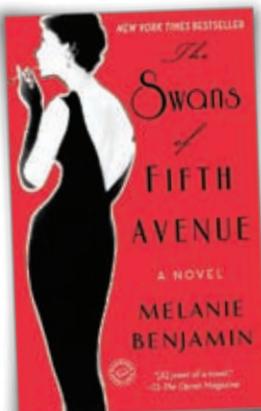
Deer photograph by Photo Club member Art Ramont

HERSHEY'S MILL SINGERS

Bonalyn Mosteller | Inverness

Do you love to sing and have singing experience? Consider joining us, especially if you are new to the Mill! We have a wonderful time harmonizing together, and just having fun. Contact me, Singers’ president, at _____ or _____ to learn more about our group.

On **March 13**, we begin rehearsals for our 2017 spring concerts. We hold full group rehearsals on **Mondays** from **7pm to 9pm**. In addition, women’s sectionals will probably be held **Wednesdays** from **3:15pm to 4:15pm**, and men’s sectionals on **Wednesdays** from **4:25pm to 5:25pm**. All rehearsals are in the HM Community



Center. Please make sure that you can attend most all rehearsals. All voice parts are welcome, but we especially

need basses and tenors. The spring concerts will likely be held the evening of June 2 and the afternoon of June 3. We hope to have final dates and times in the April *Guide and Digest*.

BOOK CLUB

Anne McAssey | Merrifield
Elaine Merhar | Ulster

We invite you to join us for a spirited discussion of *The Swans of Fifth Avenue*, by Melanie Benjamin, on **Thursday, March 9**, at **2pm** in Sullivan House. This author of *The Aviator’s Wife* returns with a triumphant new novel about New York’s “Swans” of the 1950s – and the scandalous, headline-making and enthralling friendship between literary legend Truman Capote and peerless socialite Babe Paley.

QUILTING GROUP

Diane King | Jefferson

We meet **Fridays** from **10am to noon** on the second floor of the HM Community Center. Many of us are not punctual, and arrive at our own pace. We have two sewing machines on-site, and some basic sewing supplies. Most often we bring hand work or things to show and discuss.

One thing we do best is pitch in and help folks “layer” their quilts. Doing this alone is a back-breaking task, and takes many hours; but we can do it in less than an hour with lots of working hands – and friendly conversation using our wonderful tables. We are more than willing to help people with a project, and welcome fresh “eyes” on ours. I personally find this to be a supportive, friendly, and wonderful group; and hope you will join us. If you have questions, feel free to call me at _____.



COMPUTER CLUB

Don Trauger | Kennett

The PC Club meetings are open to all regardless of computer experience. If you have questions, be sure to attend on the **third Tuesday** of each month at **7pm** upstairs in the HM Community Center. There is a new topic discussed each month, as well as a question and answer segment. Our next meeting will be on **March 18**.

EXERCISE TO DVD(S)

Sally Thompson | Franklin

I’m happy to say that more and more of us are finding that exercising to the DVDs of Miranda Esmonde-White has been good for our bodies and our souls – so our numbers are gradually

increasing! We meet at the rear of the top floor of the HM Community Center. We meet on the **first, second, fourth** and sometimes fifth **Tuesdays** at **7pm**. Please note that we have had a change, and are now *never meeting on the third Tuesday* (due to a scheduling problem). If you have questions, call me at _____.

BILLIARDS

Joe Silio | Eaton

“Billiards for Beginners”: Learn the basics in the Billiards Room of the HM Community Center on **Fridays** at **12:30pm**. This is an opportunity to pass an afternoon among friends and learn something new. Call me at _____ with any questions.

TENNIS

Dave Clewell | Robynwood

After our HMSG meeting in December, 2016, I am encouraged with the

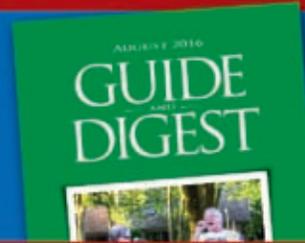
Continued on page 49

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We are seeking new members for our group! Projects include community publications, website, summer concerts, original television programming, and more. Many opportunities are available, and there are no membership fees – so share your skills, or learn new ones, while benefitting our community!



We currently need people to help with the *Guide and Digest* magazine. This is a great chance for village newsletter folks to share their talents with the entire community! Also needed are people with accounting skills. Please contact Louise O'Brien.

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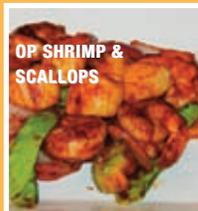
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CLUB NEWS (continued)

interest and plans for Tennis in 2017. A computerized reservation system is being considered, and we are going to evaluate various systems and make a



decision in the near future. Until and if this is up and running, I will continue to have sign-up sheets at the tennis-courts bulletin board. The tennis clinics are planned for June; one per week for four weeks. I will advise about the starting dates for all other tennis activities in future editions of the *Guide and Digest*. Plans are underway for beautification, and functional improvements, to the tennis, pickleball, and bocce areas. These should add to our goal of making Hershey's Mill more of a tennis community.

HERSHEY'S MILL POOL

Carol Campanelli | Ulster

For the summer of 2017, we will have both a new building and a new pool manager. Our manager will be Carol Keith, of Jefferson, who has been a sub-

stitute guard at our pool for the last two summers. She is highly qualified, and has excellent ideas for programming that will benefit both those who

like a peaceful swim and those who like to bring their grandchildren to the pool.

We plan to provide information about the new building opening and how you can volunteer at the Pool in the *April Guide and Digest*. But the basic options for volunteering include a weekly or bi-weekly

stint at the sign-in desk, subbing at the desk, helping with parties, or working with the committee that does the event planning. An orientation brunch



will be held the first week in May. For more information now, check the pool website at www.hersheymillpool.org or contact me at _____ or _____

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Don Trauger | Kennett

The venerable anti-malware software Malwarebytes has recently introduced version 3. This new version is available at www.malwarebytes.com by clicking on the Free Download button. It comes

in your Downloads folder) to install it – the specific name will include the build number in the name, so this will change over time. Accept the agreement, and continue to select Next during the install process until you get to Install; and then click this. Close the

Anti-Malware Software Update

with a 14-day trial of its premium features, including anti-ransomware protection, but I recommend selecting the free version; more on this shortly. Once downloaded, double-click the “mb3-setup-consumer-3...” file (likely

pop-up window that shows Protection Layers Turned Off, then click Finish. You then choose Learn More or Close in the introductory window. You may see a note that this new version can replace your anti-virus, but I strongly

recommend that you do not consider this. If you had an earlier version of Malwarebytes, this new version will replace it.

As mentioned prior, although Malwarebytes comes with a 14-day trial, I recommend that you select the free version. You can

needed for your frequency and type of online activities.

Other options for this software can be found when you click Settings, and when clicking the tabs at the top. However, I find that the factory settings are appropriate for most users.



then evaluate whether or not the paid version is right for you. To select the free version, click Settings, then My Account, and then Deactivate License. During the 14-day trial, updates are performed automatically; after that, or if you have deactivated the license, updating is manual. To update manually, click the “up” chevron on the Taskbar (in Windows 10), then the blue “M”, then Check for Updates. Once running, click the “circular arrow” in Scan Status. You can also click the desktop Malwarebytes icon to perform the update as described above. Make sure that the program Updates are “Current”, under Scan Status, before clicking the Scan Now button to perform a system scan. Scanning should be done weekly, or as

AdwCleaner, another anti-malware product, is a great complement to Malwarebytes. I think it’s good to have another assessment tool on your system; and it’s also available from Malwarebytes. To download it, go to www.malwarebytes.com/adwcleaner/. To use it, double-click the resulting file to launch it, and then click Scan; there is no formal installation. Follow screen prompts as necessary.

For more about installing and running these programs, as well as how these programs work, please join us for our next PC Club meeting on March 21. There will also be time for other questions. This is part of our regularly scheduled meetings on the 3rd Tuesday of each month, at 7pm, in the Ardmore room of the HM Community Center.

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Joe Kennedy | Princeton

Not long after African Americans had won their freedom in 1863, a black Union soldier on sentry duty at Camp William Penn shot and killed a white man. The charge in *The Commonwealth v. Charles Ridley* was murder.

camp's fence line near Rock Lane. News coverage of the trial, as collected in the files of the Historical Society of Montgomery County, offers little information about Ridley; other than that he was apparently new to the army and was not from the area. According to trial evidence mentioned in the Soci-

fence line. Fox, a gardener on a nearby estate, engaged Ridley in conversation. At first, the talk was casual and friendly, according to trial evidence, but turned ugly when Ridley ordered the party to move on and away from the camp. Fox, it appeared,

According to the Historical Society's archives, Corson opened for the defense. He called as a witness the commander of Camp William Penn, Col. Louis Wagner, a Philadelphia native, to confirm that the camp was a legally organized federal post, and

Pvt. Charles Ridley at Camp William Penn

Located in what is now the village of LaMott in Cheltenham Township, Camp William Penn had itself come into existence because of the Emancipation Proclamation issued by President Lincoln. This said that as of January 1, 1863, all slaves shall "forever more be free." Widespread recruitment of African Americans into the Union Army followed, and Camp William Penn was created as a segregated training base for black soldiers.

On the evening of August 7, 1863, Charles Ridley, a private in the Sixth (Colored) Regiment of the Union Army, found himself on duty at the

Photo is the 26th United States Colored Volunteer Infantry; massed at Camp William Penn in 1897. This was a later regiment. From the Library of the War Department.

ety's files, it was procedure at Camp William Penn to arm each sentry with a rifle and only one cartridge. Sentries were under the command of a corporal of the guard.

On the evening in question, William Fox, accompanied by another adult and three young boys, was returning from swimming in a nearby creek when he came upon Ridley at his post on the



wanted instead to take a shortcut through the camp, but Ridley ordered them off. One of the young boys, a nephew of Fox's, testified that Fox and Ridley exchanged racial slurs. At trial, Ridley denied this occurred.

Ridley called for instruction from the corporal of the guard, and a voice was heard from within the camp responding to his plea. Ridley asked how he should proceed, and the reply was "Shoot him" – which Ridley did. Fox died instantly.

An investigation resulted in Ridley's indictment on a charge of murder. He was confined in the Montgomery County prison, and went to trial in county court at Norristown in November 1863. Ridley was represented by James Boyd and George Corson, two of the county's most eminent lawyers. Trial evidence indicates Boyd and Corson took the case pro bono. Politically, the men were known to be pro-Union and antislavery.

that Ridley was a soldier in the Union Army under orders. Wagner also testified that the most important order a sentry received before going on duty was not to allow anyone to cross over the fence line into the camp.

An investigation by the Army had established that the "shoot order" did not come from the corporal of the guard, but probably from another soldier sentry. Still, Corson argued, at the time of the shooting Ridley believed he had received a lawful order from the corporal.

The jury returned a verdict of not guilty, and Ridley was acquitted. Local records do not reveal what happened to Private Ridley afterward.

At the close of the war, Camp William Penn was dismantled, and the lumber was used to build houses on the camp-site.

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Teresa Redcay | HMGC Manager

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With lovely views, we offer a unique and elegant setting for weddings and special events. Since we host gatherings from 20 to 150 guests, the Club is perfect for your event whether it be a wedding



Serenity is knowing that your worst shot is still going to be pretty good. – Johnny Miller

March Club Activities

March 16 St. Patty's Day Buffet

March 26 Member Brunch

or just a fun outing. I am always happy to work with you to plan your event; and from the menu to the linens, no detail will be left out.

Some of the events we host are: weddings, rehearsal dinners, engagement & anniversary parties, birthdays, luncheons, graduation parties, and golf outings. Perhaps you are looking to host a meeting or presentation – why not include a lunch? We have the WiFi and technological capabilities to easily handle meetings of almost any type.

I hope you will let your family and friends know that the Club is available as well – wouldn't you love to celebrate your grandchildren's milestones at the Club? Or perhaps celebrate your anniversary with your entire family in a setting where everything is done for you? We customize each food and beverage package, and every-

club on the ground. Move your stance, not your arms, forward or back to get the club behind the ball. Finally, unlock your knees and bend them slightly while also tilting your upper body away from the target – so your head is now comfortably behind the ball. This setup will give you the best chance at a solid strike even if your swing isn't perfect.

Matt Harvey, PGA

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Golf Tip

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Don Evons | Princeton

This is the first in a series of articles that will cover the history of the sporting activities in Hershey's Mill. It includes the impact they had, and are having, on our community's health, home values, and perception throughout the region.

Up until 2011, the sporting activities in Hershey's Mill were primarily tennis and paddle; golf isn't included in our conversation since it is privately owned. Tennis had between 70 and 100 players, some of who also played paddle, and the courts were used approximately 2 hours a day. These same players supported holiday events



Get Involved & "Play Where You Live"

- Bike Club:** Rides start in April. Contact Seth French or Dick Wright.
- Spring Meeting:** May 10 at 2pm in the HM Community Center.
- Socials:** Two planned; one in spring and another in fall.
- Activity Socials:** Memorial Day, Fourth of July, and Labor Day.
- Tennis Clinic:** Every Monday in June. Contact Don Evons.
- Candidate Filing:** July 13 deadline for President and Treasurer.
- Fall Meeting:** September 13 at 2pm in the HM Community Center.

on Memorial Day, Fourth of July, and Labor Day; fun opportunities to play tennis and then enjoy food and drink together. There were two socials at

Sullivan House each year, one in the spring (which kicked off the season) and another in the fall (which closed out the season).

Paddle had an interclub team for women which traveled to local clubs. There were some men who played regularly, and more who played occasionally. Eventually, the team dropped out of the league as they aged and other teams got younger. By 2015,

the courts were seldom used. To the credit of our Master Association, the courts were kept in good shape; always ready for the day when the sport came back to life – which it has.

We also had horseshoes and shuffleboard available, but neither were used much. The horseshoes were locked in the pool building, and the shuffleboard poles and discs were locked in the tack house near the Wood Shop. If you asked about the equipment, few knew if we had any, and even fewer knew where it was.

In 2011, things started to change. Pickleball was on its way to Hershey's Mill, and that would lead to a lot of changes!

Here's my story of how it started. I had been writing tennis articles for the Channel 20 Hershey's Mill newsletter, with Phyllis Panico's help, since 2005. One

These photographs are from the July 4, 2016, Hershey's Mill Sports Group All-Activities Celebration



Pickleball is also what prompted a name change for our group. We had

Our History

month I wrote an article about pickleball, thinking it would be a great sport for us and inexpensive to start. A day or two after the newsletter was delivered, I received a call from "some guy" who asked "Would you like some help with Pickleball?" I said, "Yes. You just became its president!" That "guy" was Roger Karr, and we started with two courts (made by laying tape on tennis courts), 8 wooden paddles, and a dozen balls. The year was 2011.

Pickleball has gone from 0 players in 2011 to over 120 today; and one of our players is nationally ranked. However, what is most amazing is that 90% of players had never played a racquet sport before, and some had played no sport at all! All we could think was "what were they doing before pickleball, and how many others are sitting at home just waiting for the right activity to come along?"

originally been called the Tennis Club, but we have now changed it to the Hershey's Mill Sports Group (HMSG). The name now represents the variety of sports activities available at Hershey's Mill. The name change actually took on a life of its own when it occurred, and is quite a story, but I won't be sharing that now.

My article next month will probably include more about shuffleboard, horseshoes, paddle, and pickleball. As well as Bocce, biking, bowling, table tennis, off-site golf, CPR courses, billiards, and our conversion to "soft" tennis courts.

As the HMSG President, I would love to hear your thoughts and ideas. Send them to me at . You can also visit the Sports Group pages on the HMC-TV homeowners website at www.hersheysmill.org.

In our little corner of the magazine, with somewhere between half a page and a whole spread in any month, there's no chance of sharing the full magic of Indonesian cuisine (3,000+ islands in the archipelago); but, we can give you a wonderful menu of authentic flavors – adjusted a bit for newbies and shopping convenience! Specialty ingredients (coconut milk, salam leaves, tamarind, and shrimp paste) may be in a grocer's international area, but we hope you visit an Asian or Indian grocery like we do; the selection is inspiring, and the prices can't be beat. We've used most of these ingredients often to make it worth your while, and hope you will be inspired to experiment with the remaining. So during these waning days of winter, be adventurous, and assemble your own little rijsttafel for family and friends!



Nasi Uduk

Rice cooked in coconut milk; from Java. This twice-cooked method is a typical Indonesian one.

- 2 cups basmati rice
- 3 cups coconut milk
- 1 salam leaf
- ½ teaspoon salt

Put everything in a saucepan, bring to a boil, then turn off heat and cover; let stand 15 minutes (liquid will be absorbed). In a steamer, with foil on rack, pile rice and steam about 20 minutes until done.

Satay Pentul

Meatball barbecue; from Java. Soaked bamboo skewers and a flame grill are authentic, but these can cook fully in the pan (with a nice reduced sauce), or be done under the broiler.

- 3 cloves garlic, sliced
- ¼ cup sliced onion
- 1 tablespoon coriander
- ½ teaspoon ground cumin
- 1 teaspoon tamarind concentrate
- ½ teaspoon black pepper
- ¼ teaspoon nutmeg
- ⅓ teaspoon ground cloves
- ¼ teaspoon turmeric
- 1 tablespoon diced ginger (or laos)

- 2 cups coconut milk
- 1½ pounds ground beef
- 2 eggs, beaten
- 2 teaspoons salt
- 1 stalk lemon grass, chopped
- 1" cinnamon stick (or 1½ tsp ground)
- 1 tablespoon sugar

Blend garlic, onion, coriander, cumin, tamarind, pepper, nutmeg, cloves, turmeric, ginger, and ½ cup coconut milk. Mix ¾ of this with beef, eggs, and salt; and shape into 20 egg-shape ovals. Blend remaining mix and coconut milk with lemon grass, cinnamon, and sugar; then, in frying pan, bring to a boil and cook meatballs for 5 minutes (carefully turning once). Skewer meatballs (1-3 per) and grill, turning often and basting with a bit of the pan liquid, until done (about 5 minutes).

Sambal Kacang

Peanut sauce; typical throughout Indonesia. Wonderful for dipping the Satay Pentul. Best to use Asian style hot sauce.

- 1 clove garlic, crushed
- 1 tablespoon peanut oil

- 1¼ cups water
- 1 teaspoon hot red chili sauce
- 2 teaspoons tamarind concentrate
- ½ teaspoon salt
- 1-2 tablespoons sugar (to taste)
- ¼ teaspoon shrimp paste
- 1 cup smooth peanut butter

Fry garlic in the oil for 1 minute, then add everything but peanut butter and

using other, cut to 1½" lengths and adjust cooking time as necessary.

- ¼ cup sliced onion
- 3 cloves garlic, sliced
- 2 moderately hot red chilies, sliced
- 2 tablespoons peanut oil



Indonesia

bring to a simmer. Add peanut butter and stir well, then simmer 5 minutes more. Serve hot or warm.

Bumbu Bali Daging

Spicy beef in red sauce; from Bali. Served over Nasi Uduk cuts the heat a bit.

- 2 moderately hot red chilies, sliced
- ¼ cup sliced onion
- 2 cloves garlic, sliced
- ½ cup sliced red sweet peppers
- 2 cups coconut milk
- 1 teaspoon salt
- 2 teaspoons sugar
- 1 tablespoon diced ginger (or laos)
- 2 salam leaves
- 2 kemiri nuts, crushed (or substitute with macadamia)
- ½ teaspoon shrimp paste
- 1 teaspoon tamarind concentrate
- 1 pound boneless beef chuck, cut into 1-1½" cubes

Blend chilies, onion, garlic, peppers, and ½ cup coconut milk; then add to a saucepan with other ingredients, and cook over medium heat, stirring occasionally, until tender (about an hour).

Sambal Goreng Buntjies

Spiced string beans; from Java. Chinese beans are tender and without strings; if

- 1 pound Chinese string beans
- 1½ cups coconut milk
- ¼ teaspoon shrimp paste
- 1 teaspoon salt
- 1 teaspoon tamarind concentrate
- 2 salam leaves
- 1 tablespoon diced ginger (or laos)
- 2 cups cubed tomatoes

Fry onions, garlic, and chilies in the oil for 3 minutes, then add the beans (cut in half) and cook, stirring often, for 2 minutes more. Add remaining ingredients and cook over medium heat, basting/stirring often, until cooked but crunchy (about 10 minutes).

Godok Godok

Mashed banana fritters; from Sumatra. Eat as dessert, or a side to spicy dishes.

- 5 ripe bananas (about 2 pounds)
- 1½ cups rice flour
- 2 tablespoons dark brown sugar
- ¼ teaspoon salt
- ½ cup peanut oil

Mash bananas, then mix well with remaining except for oil. In frypan with the oil hot, and in batches, drop heaping tablespoons of the mixture and cook 2 minutes each side; until golden brown. Drain well, and serve warm.



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