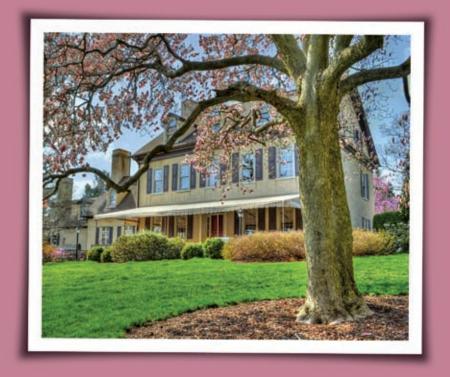
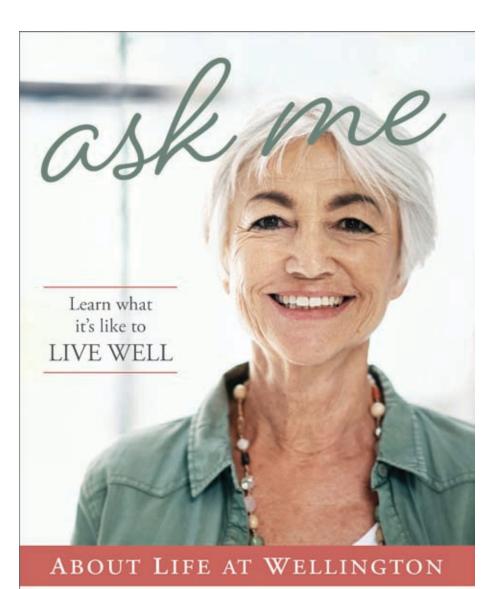
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Volunteer Coordinator Lee Gamma

All submissions welcomed; with rights retained by the owner. Send to <a href="mailto:hmctvquide@comcast.net">hmctvquide@comcast.net</a>,

HMCTV Guide and Digest
Volume XX Number 3 - March 2019

Editor Louise O'Brien

Associate Editors Gail Habbersett and Sharon Kope

Featured Writers Joe Kennedy and Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Julie Blank and Tom McGinn

Please share with your Hershey's Mill magazine!

Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.

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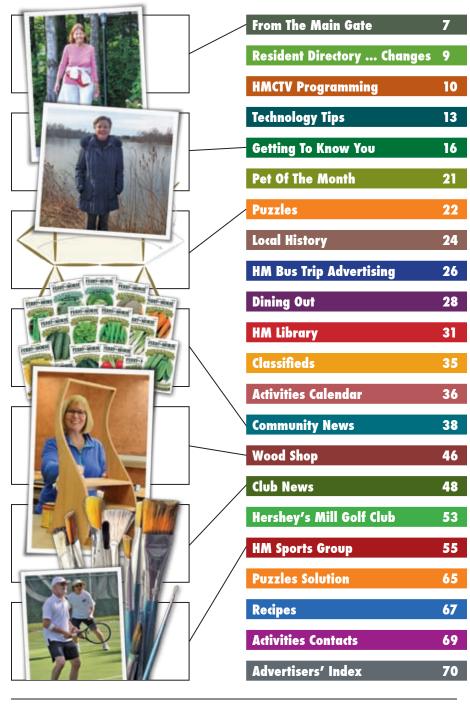
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#### CONTENTS



Cover: Spring begins on March 20, 2019, and we can hardly wait for The Mill to again be in full bloom (like it was in this photo of Sullivan House from 2015)!



#### CONVENIENCE IS PART OF THE TREATMENT PLAN AT MAIN LINE HEALTH CENTER AT EXTON SQUARE MALL.

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#### Marc Fraser | Director of Security

The Hershey's Mill Security Department would like to remind pedestrians that they should utilize sidewalks, where available. Where sidewalks are unavailable, pedestrians should utilize the shoulder on the left side of the road – facing oncoming traffic, as this allows drivers and pedestrians alike a much better opportunity to see the other approaching. Also, if pedestrians will be walking around dusk or after dark, they should wear bright-colored clothing (reflective, if possible) and carry a flashlight, in order to make them more visible to motorists.

Photographer's note: Christine Hannafin of Troon was walking Chandler Drive, facing traffic as recommended, but by the time I got my camera ready she had passed. She so nicely offered to walk back a bit to help me out, and did. Such friendly folks here in The Mill!

Motorists are reminded to adhere to the 27 MPH speed limit along Chandler Drive and Mill Road, and drivers should always yield to pedestrians in crosswalks. Keep in mind that Hershey's Mill roadways also have several "blind spots" (small rises in the road, curves, and other areas of poor visibility). In these areas, pedestrians should use extra caution and be aware that

drivers may have a difficult time seeing them. Just because a pedestrian notices the vehicle coming toward them does not mean that the driver has also seen the pedestrian. Both parties should always use caution when sharing the roadways within Hershey's Mill!

Lastly, all people (pedestrians and operators of automobiles, golf carts,



bicycles, etc.) utilizing Hershey's Mill roadways and walkways are required to abide by the traffic rules and regulations of Hershey's Mill. Thank you!

10%

for



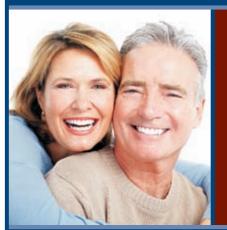
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# Jailing the



#### Tuesday, March 26 at 5 p.m.



700 N. Franklin Street, West Chester

Hear author Bruce Mowday tell the inside story of how dedicated law enforcement brought to justice the leaders of Chester County's notorious gang. The rise and fall of this organized crime family inspired

the 1986 movie "At Close Range."

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A Nursing and Post-Acute Rehab Community

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Programs	March 1-15 (7 p.m. show March 15 will not be shown)			
Volunteering at Bryn Mawr Rehab Hospital with Kathy Myers Looking for an enjoyable way to help your community? Join the Bryn Mawr Rehab Hospital volunteers! Yvonne Navarro gives us a number of unique volunteer opportunities, covering a wide range of patient assistance and administrative needs.	10:00	4:00	7:00	12:00
	am	pm	pm	am
Goshen Fire Co. Volunteering with Jim McArdle Jim talks to Robert Sullivan and Philip Salas, who are Fire Police Officers at the local fire company, about volunteer opportunities. The fire company operates like a small business, so there are many ways to help including plenty of support positions available throughout the administrative and operational divisions.	10:30	4:30	7:30	12:30
	am	pm	pm	am

Movies

Noon & 8:30pm

#### March 1 to March 7, noon Philadelphia Story (PG 13)

Gary Grant, Katharine Hepburn and James Stewart
When a rich woman's ex-husband and a tabloid reporter turn
up just before her planned remarriage, she begins to learn
the truth about herself. [Run time 1h52m]

#### March 7, 8:30 p.m. to March 15, noon Ghostbusters (PG)

Bill Murray and Dan Aykroyd

Three former parapsychology professors set up shop as a unique ghost removal service. [Run time 1h 45m]

12:45 am - 10:00 am	10:45 am – Noon	am – Noon Following the Noon movie until 4:00 pm	
4:45 pm – 7:00 pm	7:45 pm – 8:30 pm	Following the 8:30 pm movie until Midnight	Board

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2019 HMCTV

Programs		March	16-31	
Chester County Enrichment Classes with Kay Ricker Have you wanted to make your own jewelry, create a container garden, learn cooking for couples, take a tour of Annapolis or Italy, or develop your sixth sense? These are examples of classes offered by the Chester County Night (and Day) School discussed by Leslie Heisman, a co- director. Also shared is the programming of live entertainment like Dueling Pianos and Improv at Uptown! Knauer Performing Arts Center in West Chester.	10:00	4:00	7:00	12:00
	am	pm	pm	am
West Chester Theater Shows with Kay Ricker West Chester Theater Shows last show of the season will be Dirty Rotten Scoundrels. This exciting new Resident Theatre Company, founded by Kristen McLaughlin Mitchell, fea- tures actors from New York and Philadelphia. The first two shows of the season, Evita and Lend me a Tenor, both earned excellent reviews.	10:30	4:30	7:30	12:30
	am	pm	pm	am

For **Programs** and **Movies**, please go to **Channel 1970** (**Bulletin Board** information will appear only if neither offering is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**.

To view **Programs online**, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming. Follow the instructions there.

## Movies

Noon & 8:30pm

#### March 15, 8:30 p.m. to March 22, noon The Great Train Robbery (PG)

Sean Connery and Donald Sutherland
In Victorian England, a master criminal makes elaborate plans to steal a shipment of gold from a moving train.

[Run time 1h 50m]

#### March 22, 8:30 p.m. to April 1, noon Hannah and Her Sisters (PG-13)

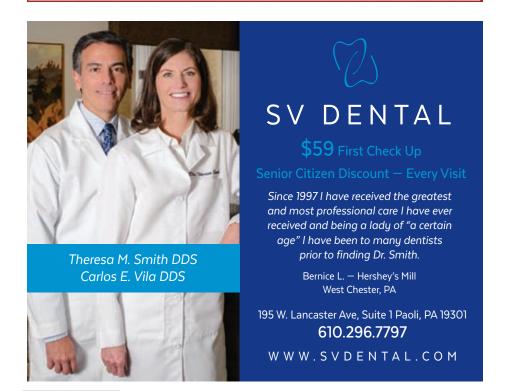
Mia Farrow and Michael Caine

Hannah, a loving wife and mother, has a husband who is cheating with one of her sisters, and an ex-husband going out with another sister. [Run time 1h 47m]

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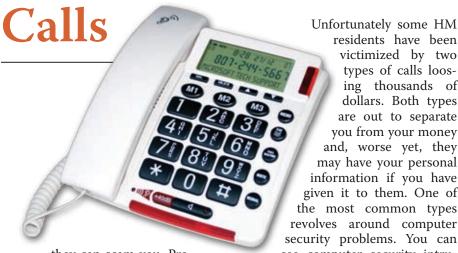
#### TECHNOLOGY TIPS

#### Don Trauger | Kennett

A spoofed telephone call can be described as an unknown caller using a fake name and telephone phone number to contact you with intent to obtain your personal information so

database. The problem is Nomorobo can't keep up with spoofed calls. These types of calls are generated very quickly, often changing their name and caller ID number with every call. Nomorobo is still effective but less so with the emergence of spoofed calls.

## **Spoofed Telephone**



they can scam you. Previously I have written about enabling Nomorobo at http://hersheysmill. org/?s=nomorobo on your Verizon account to handle annoying robo calls. Nomorobo is based on using established fake phone numbers in their

types of calls loosing thousands of dollars. Both types are out to separate you from your money and, worse yet, they may have your personal information if you have given it to them. One of the most common types revolves around computer security problems. You can see computer security intrusions by a pop-up window on your computer or by an incoming phone call with caller ID purportedly from Microsoft, Apple and other fake

residents have been victimized by two

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#### TECHNOLOGY TIPS (continued)

will ever call you about your computer whether you're having a problem or not. The only exception could be that you called them first and asked to be called back. Computer intrusions (malware) can be detected and removed by Malwarebytes Free at https://www.malwarebytes.com/.

Years ago we used to answer almost all phone calls as there were hardly any scams out there. Now we need to be vigilant against scam calls. If you answer the phone beware that these people are very slick. They are experienced in dealing with others and are convincing in their dialog. My advice is to not answer any incoming calls if you don't recognize the name or number. If it's an important call, but you don't recognize it, let it go to your voice messaging system. The best part here is that

incoming scam calls rarely if ever leave a message.

Now for more good news. The FCC has mandated all telecommunications companies (Verizon, Comcast, etc.) must implement techniques in 2019 to insure incoming calls come from legitimate sources, making sure that the calls are not spoofed. More on caller ID Spoofing at https://www.fcc.gov/consumers/guides/spoofing-and-caller-id and https://www.washingtonexaminer.com/opinion/finally-the-fcc-is-cracking-down-on-caller-id-spoofing.

For a discussion on this subject please attend the PC Club meeting at 7 p.m. on Tuesday, March 19 in the Community Center or other location designated if construction is underway in the Community Center.



#### Gail Habbersett | Eaton

During a visit to the HM Library in mid-November, I happened upon a guide describing wildflowers in our community. These guides are free and I learned that their creator lives among us. Being a nature lover myself, this knowledge prompted my interest in meeting the author and resident, Christine McCormick. After introducing myself over the phone, I sensed that my timing was not ideal. So after a brief conversation, we agreed to follow up in a few months when the hope of spring – and vigorous plants – would be on the horizon.

To my relief, Christine took the initiative of contacting me. The path to her home off Chandler

Drive follows through a small woodland and, along the way, features an inviting stone-walled patio where you can just imagine neighbors and guests passing the time on warm, sunny

days. On this day, however, we got to know each other in the comfort of Christine's home.

Christine's first home, I learned, was Conshohocken. Her father was one of 11 children; her mother one of seven. By comparison, Christine grew up with just one brother and one sister. Since most of her kith and kin remained in the area, large family reunions occurred annually. On her father's side alone, Christine and her siblings had 32

cousins. Imagine those parties! Christine started to share a story of bygone days when Cousin Ted stole a peach pie off the table, but the ending was never divulged. The family still gets together once a year and, in fact, her mother and sister live in nearby Lansdale.

Christine's parents made it quite clear that college *would* follow her graduation from Plymouth Whitemarsh High School. To that end, she took it upon herself to survey colleges. She ended up at Pembroke College in Brown University. Initially Christine pursued applied mathematics leading to a biology pre-med degree. During her junior and senior years at Pembroke though, the field of environmental science was blooming and her interest and apti-

# in a few f spring charlet ine McCormick

tude in the subject caught the attention of a popular British geneticist professor in the program. Christine dropped pre-med



and received her Biology

Degree from Brown. Her second major was Russian; an interest stemming from her family heritage. She became fluent in the language and spent the summer following graduation in an exchange program in Leningrad. Christine shared several memorable observations of that

experience. First, she'll always recall that she slept in a "horrible bed". Once in it, there was almost no way out! On a brighter note, Christine was 22 years



(Above) Christine quite enjoys the many natural habitats our community has to offer.

(At left) The guides to our seasonal wildflowers reflect Christine's love of nature and her desire "to foster a growing population of walkers who appreciate the natural life along the trails".

Photos by Gail Habbersett.

old at the time, her dorm was across from the Hermitage, and she far preferred socializing in the evenings rather than sleeping since darkness never fell there. Her final comment applauded all of her extraordinary professors.

Following her Russian trip, Christine's British professor and his wife invited Christine to spend her last two weeks of summer in Liverpool with them. Her holiday ended abruptly with an attack of appendicitis. Despite this inconvenience, they invited her to work with them the following summer at Cambridge University.

Christine had already been accepted to a four-year Ph.D. program in ecology and evolutionary biology at Princeton. She feels her acceptance was, in a

> large part, due to the papers she, as an undergraduate, helped publish with her British professor. One significant incentive for Christine offered in this doctoral program was the two- to three-week research conducted every winter in the tropics. At the onset of her second year at Princeton, Christine chose an advisor whose research focused on tropical birds which related to her own developing thesis. She questioned why butterflies evolve with so many different patterns if the purpose is to be recognized as poisonous to pred-

ators. Wouldn't just one pattern like that of the Monarch butterfly serve the purpose? Subsequent field studies of mimicry wings in butterflies led to her observations of hundreds of butterflies in the jungle while on two trips to Peru and others to Venezuela, Puerto Rico, Panama, and Gabon. In support of this work, she assembled an extensive collection of butterflies which she donated to the American Museum of Natural History in New York just before moving to Hershey's Mill. In the course of this research, she became more aware of the intricacies of nature.

All of Christine's education, including research opportunities in the states and abroad, prepared her for a full and exciting career in environmental consulting. Being a gifted team player and skilled organizer served her well

Continued on page 19

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#### GETTING TO KNOW YOU (continued)

throughout her work in New Jersey and later in Maryland. Christine retired in 2014 as Chief Scientist of EA Engineering, Science and Technology, Inc., a national environmental consulting firm. Notable in her 40 year career, she provided environmental analysis and planning input to development and operation of waste management facilities (Cape May County NJ Sewerage Systems, Fresh Kills Landfill on Staten Island): airports (Dulles, Logan, Newark); ports (Baltimore, NY)), and power plants; as well as hazardous waste site cleanup and National Park planning.

After retirement, Christine and her husband, Phil, of 30 years had hoped to collaborate as professional planners. Phil would supply the architectural expertise and Christine, obviously, the

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environmental. Sadly, this was a short-lived dream as Phil died prematurely. Thankfully, they enjoyed each other's company and many years together visiting ports on the East Coast aboard *Magic*, their 36-foot sailboat.

Interestingly, it was one of the 32 cousins who has lived in HM for a decade who convinced Christine and Phil to move here a couple years ago. And if ever you rest upon the bench on the putting green dedicated to Bill Sikorski, know that Christine's uncle was recognized for his friendship to many. But what is most remarkable is how Christine's home was built in 1974 with the principles of environmental planning that were key in that time and she herself did studies on spray irrigation of sewage effluent on golf courses - and that's exactly what we have here! The idea of 50% green space and 50% developed space fits her professional roots. In an early tour of HM, Christine commented, "It's a really green space"!

In light of that, it's no wonder that she aspires to reinvigorate our Audubon Sanctuary status with help from others here with a common interest in nature. Meanwhile, she will especially enjoy the convenience of her simplified home and life, the trails, the pool, and her neighbors.

She plans to periodically update her three-seasons of "Trail Walker's Pocket Guide to the Wildflowers of Hershey's Mill". Each guide includes a brief introduction, a trail map, a glossary, references, photographs, and descriptions of plants, insects, birds and animals observed over the course of a year. The pamphlet, inspired and published by her late husband, will hopefully continue to be available in the Hershey's Mill Library.

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Dr. Rowan Michael earned his medical degree from Rutgers – Robert Wood Johnson Medical School, where he was elected to the AOA Honor Medical Society and Gold Humanism Honor Society. He then went on to complete his postgraduate residency training in orthopaedic surgery at Dartmouth-Hitchcock Medical Center in New Hampshire. After residency, Dr. Michael completed a fellowship in Hand and Upper Extremity Surgery from The University of Florida.

Dr. Michael specializes in treatment of the full spectrum of hand and upper extremity conditions. He has published several journal articles and book chapters on the latest advances in upper extremity surgery. He strongly believes in providing individualized care to best suit the needs of each patient.

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#### PET OF THE MONTH

#### Louise O'Brien | Springton

We would like to introduce you to HM Community TV's mascot, Miss Sadie Kope. Sadie is an all-black Dachshund-Spaniel mix who is a year and a half old. Sharon surprised Bob on his birthday with this little bundle of love when she

was nine weeks old and has thrived in their loving care. Sharon, who volunteers at HM Guide and Digest, delights Louise and Gail when she brings Sadie to keep us company. Sadie has a boyfriend whose name is Bailey, a Goldendoodle who lives in Quaker. The hours at the Station go by much faster when we have Sadie to pet.

Hershey's Mill is a very friendly community for people and their pets.



(Above) Sadie's favorite pastime is sitting in the window sill protecting the neighborhood. (At right) Sadie loves hugs – but not as much as treats!



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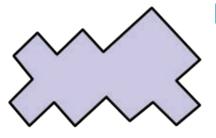
Ralph Gagliardi - Owner

#### A Simple Fold

When I was just a "bit" younger, my still very young niece showed me this puzzle. It seems so simple, but isn't, so don't flip out if it takes you awhile to solve it.

(At right) She says she has cut a large capital letter from a sheet of paper and given it a single fold. It's easy to see that the letter could be an "L", but that's not the letter she cut out. What letter is it?





#### **2** Two Identical Parts

Spatial reasoning your thing? This couldn't be easier. For the rest of us ... ouch!

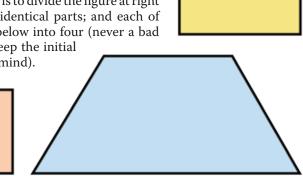
(At left) You need to divide the figure into two identical parts. The line won't be com-

plicated, but that doesn't mean it's straight either.



And then there were more than two! Likely still an ouch.

Your task is to divide the figure at right into five identical parts; and each of the two below into four (never a bad idea to keep the initial shape in mind).





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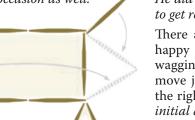




#### 4 Face To The Right

Even the most engaged youngster gets a bit rambunctious when a restaurant is very slow in serving the food. My grandfather, who loved logic puzzles, always had

*a plan (and a puzzle) at the ready* frustrated on occasion as well!



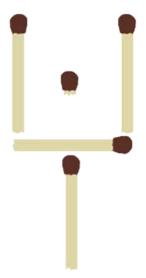
to keep a young mind fascinated; and He did this one using a handful of easy to get restaurant toothpicks.

There are 13 toothpicks that make a happy dog facing to the left; with his wagging tail up. The challenge is to move just two so that he's looking to the right, but with the tail still up. The initial attempt is often to move the two toothpicks as shown, but that makes for a tail-down (unhappy) dog; and we certainly can't have that!

#### 5 Out With The Onion

The first time I saw this puzzle, it was done with paper matches. My grandfather first encountered it when cocktails and smoking went hand-in-hand, and the matches were still around long after he had seen the light and given up smoking. Although I now suggest a version done with toothpicks and a breath mint, it's nice to remember my grandfather with the original.

The four paper matches are arranged on a table to look like a martini glass; the match head inside indicating the onion of a Gibson cocktail. The puzzle is to move just two matches so that the glass is reformed, but the onion – which must stay where it is – winds up outside the glass. At the finish, the glass may be turned to the left or right, or even be upside down, but it must be exactly the same shape as before.



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#### Joseph S. Kennedy | Princeton

The career of W.C. Fields spanned the history of popular stage entertainment from the turn of the century to the end of World War II. Born in Delaware County and eternally linked in the popular imagination with Philadelphia, Fields apprenticed as a comic juggler in burlesque and vaudeville, and devel-

oped his image as a cantankerous comedian in the Ziegfeld Follies and in Broadway theater. In silent films, he was clever at pantomime, but in talkies he found his voice and became a star. Many critics believe he was one of the great comics of the 20th century.

Fields came from an English immigrant family. His mother and father lived in Philadelphia across Cobbs Creek from Delaware County. The couple ran a hotel bar, Arlington House at Main and Mill Streets in Darby. It was there in 1880 that Fields was born as William Claude Dukenfield, according to W.C. Fields, A Biography by James Curtis.

Fields' childhood, writes Curtis, was "vividly Dickensian." His father routinely beat him, and his mother had taken to drink. His education was limited, and he spent a lot of time on the streets, where he fell in with a gang of teenage thieves. He was saved from a life of crime when he taught himself to juggle. That craft earned him a few local engagements at \$5 a week at various amusement parks on trolley lines in the region. At 17, he changed his last name to Fields and his career in bur-

lesque was launched, doing bits as a tramp juggler in such places as Atlantic City.

"To conceal my youth, I added whiskers to my makeup," Fields is quoted as saying. Burlesque was where Fields and future stars Al Jolson, Bert Lahr and Sophie Tucker got their starts. At 20, Fields married Hattie Hughes, a burlesque showgirl. They toured together

until she became pregnant with their son. She refused to continue on the tour. As a result, they grew apart, eventually separating. But because she was Catholic,

Fields grew up very poor in Philly, and worked jokes about his home-

> town into his comedv act. It is often said his epitaph is "Here Lies W.C. Fields, I Would Rather Be Livina In Philadelphia." But that was a joke he made for a Vanity Fair article in 1925. His real, much less amusing, marker is shown at left.

Hughes would not grant him a divorce. She

demanded that he support her and their son. By then he was making a comfortable salary of more than \$125 a week and was able to send his wife and child a monthly check. Over time, the relationship became bitter. Fields never developed a fatherly relationship with his son. He filled the loneliness over the years with a number of mistresses.

W. CHENCEDS

1550 - 1965

His career continued into vaudeville. stage entertainment consisting of

various singing, dancing and comedy acts. He toured nationally and internationally. This form of entertainment brought Fields into contact with such performers as Fannie Bryce, Eddie Cantor, Will Rogers and the Marx Brothers. It was competitive work, in which Fields became self-absorbed and petty with some of his fellow performers. He began to drink heavily. Yet it was during this time that he left the tramp juggler behind for a new comic image.

"The first thing I remember figuring out for myself was that I wanted to be a definite personality, so I developed a philosophy of my own," Fields is quoted as saying. Slowly, he developed the image of a curmudgeon con man who lied, cheated, and disliked children and small dogs. He delivered this character to his audience in a wry, drawling voice, the trademark that made him a star in movies.

By 1907, Fields made the big time when he became associated with the Ziegfeld Follies, musical revues filled with beautiful women, lavish sets and imaginative costumes. He starred in their annual productions through the 1920s. By then Fields' income was more than \$1,000 a week. At the same time, he made one-reel silent films such as Pool Shark and appeared on Broadway in such plays as Poppy.

From 1927 to 1945, he was involved in movies, both in New York and Hollywood. During this time, he appeared in 50 films and wrote the screenplays for 15 of them. His voice and character were now in full play. He became a wealthy man but also an alcoholic. He drank on the set, where there was always a large pitcher of dry martinis. Although he had to be helped to his feet during filming and on occasions forgot his lines, he performed at his

comedic best and his adlibs were often better than the script.

One of his notable performances in films was the role of Wilkins Micawber in George Cukor's 1935 classic, David Copperfield. The character was tailored for Fields' personality, and he won critical acclaim. Yet by 1945, his drinking had robbed him of his energy, and his film career was just about over. He continued to perform but on radio, where he had some success, particularly in his repartee with ventriloguist Edgar Bergen's Charlie McCarthy.

In 1946, sick with alcoholism, he entered a sanatorium. There, he was visited by an old friend, Eddie Cantor. "Eddie, I've often wondered how far I could have gone had I laid off the booze," Fields said. Shortly after W.C. Fields died at age 66.

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HersheysMill.org • Page 25 Page 24 • March 2019

#### **Reading Royals Hockey**

**Sunday, March 24, 2019** 

Cost: \$35

Departs: 2:15 p.m. Contact: Marc Fraser

Children age 8 and older are welcome! Join us as we travel to the Santander Arena in Reading, PA to experience some hockey action as the Reading Royals, minor league hockey affiliate of the Philadelphia Flyers, take on the Worcester Railers in a 4 p.m. matchup. Enjoy close-up, fast-paced, professional hockey and lower level seating in one of the finest arenas in the region!

#### Guided Bird Watching - Valley Forge Park

Tuesday, April 23, 2019

Cost: \$15 Departs: 7:30am Contact: Priscilla Burt

Experience a fascinating bird walk in the beautiful setting of Valley Forge Park. Assisted by our guides, local avid birders, we will see or hear different species in a variety of habitats such as meadow, edge, and woods. The walk is intended for birders of all levels, and beginners are welcome and encouraged to join in. Good walking shoes are a must; and binoculars, water and a hat are recommended.

#### Philadelphia Phillies – "Jimmy Rollins Retirement Night"

Saturday, May 4, 2019

Cost: \$50 Departs: 4 p.m. Contact: Marc Fraser

Children age 8+ are welcome! Join us for an evening of baseball at Citizen's Bank Park, as we watch our Philadelphia Phillies take on the Washington Nationals in a 7:05 p.m. game. The Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.

All bus riders must be age 18 or older unless otherwise noted in the trip write-up.

Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.

Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.

Bus leaves promptly at the scheduled Leave Time. Please plan to arrive 10 minutes early.

The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

evening will also feature a time to celebrate the amazing career of 2008 World Champion Jimmy Rollins, the former shortstop great who is retiring as a Phillie during this special pregame event. Seats are in Section 210, and food is on your own at one of the many ballpark concessions.

## Philadelphia Museum of Art -"The Impressionist's Eye"

Thursday, May 16, 2019

Cost: \$35.00 + Lunch Departs: 8:30am Contact: Priscilla Burt

Peer over the shoulder of Claude Monet, Mary Cassatt, Vincent van Gogh and others as they make their indelible mark on canvas, paper, and bronze. Best known as oil painters, the artists in this tight group moved fluidly from one medium to another, supporting and inspiring one another. Don't miss this rare opportunity to see a broad range of impressionist sculpture, painting, and works on paper shown together. Lunch is on

your own at the Museum Café. Museum members receive a reduced rate.

#### **SERIES TRIPS**

2018 - 2019 Walnut Street Theatre Series

#### WAIT LIST ONLY

**Thursday & Saturday Matinees** 

Cost: \$47.00 per show Departs: 12:30pm

Contact: Adele Juzi (Thursdays) & Joan Stanek (Saturdays)

The Walnut Street Theatre's 210th Anniversary Season includes the following shows for both the Thursday Matinee and Saturday Matinee Series:

Thursday 3/28/19 & Saturday 4/5/19 "Curious Incident Of The Dog In The Night-Time"

Thursday 5/30/19 & Saturday 6/8/19 "Legally Blonde: The Musical"

We are collecting names for the Wait List, as vacancies frequently become available for individual shows.

#### 2018 - 2019 Philadelphia Orchestra

#### **Friday Evening Series**

Cost: \$18.00 (Single Date, Bus Only) + Performance Admission

Departs: 6 p.m.

Contact: Ann Seraphin



Please join us for a new exciting season with our wonderful orchestra. Brief program summaries and dates are:

#### Friday, March 29, 2019

Yannick Nezet-Seguin conducts Hannibal and Sibelius

#### Friday, June 21, 2019

Yannick Nezet-Seguin conducts Bernstein.



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#### Louise O'Brien | Springton

We can't think of March and not think of St. Patrick's Day and an Irish Pub. The first one that came to my mind was Kildare's in West Chester. Remembering that Gay Barry had done a review,

degree from West Chester University and a doctorate in Chiropractic, his first love has always been the restaurant business. To qualify as a "publican," Magrogan attended and received a certification from the rigorous Guinness Irish Pub Operations Course.

## Kildare's

### An Authentic Irish Pub

I decided to rerun that review. Given The interior of Kildare's is truly authenits location, so close to West Chester tic. Most of the mahogany wood, fur-

very crowded with a college gang on March 17. Worth noting, they have added an Irish Breakfast to the menu for \$13.99, served every day until 12 noon.

"May your troubles be less, your blessing be more, and nothing but happiness come through your door" - an Irish blessing. In this month of March, most of us become

Irish if only for just one day – so, "the top of the mornin' ta ya" and fáilte (welcome) to Kildare's.

"An authentic Irish experience," as Dave Magrogan, creator and owner of Kildare's, describes his six Irish pubs - the West Chester location being the first to open in 2003. Magrogan, from Brookhaven, Pa, grew up in kitchens - first as a dishwasher and then moving through every job in the restaurant business. Although he has a pre-med

University, I would imagine it will be nishings, bric-a-brac and artwork have





come from Ireland representing Irish music, brewing traditions, literature,

sports and history. In fact, one of the bars imported from Wexford is 110 years old. The pub, the menus and recipes were

to early inhabitants; the Cottage - an extension of the home open to friends

and neighbors; the Victorian a nod to story, rhyme and song, donned with bookshelves; and the Brew, a tribute to the great brewing traditions of Irish whiskey, ale, lager and stout.

"May you live long, die happy, and rate a mansion in heaven."

Photos courtesy of Kildare's

You don't have to go "across the sea" to experience some hearty Celtic cuisine. All the chefs have been trained in Ireland. To your delight, you can find Guinness stew, Shepherds pie, bangers and mash, fish and chips, rosemary herb chicken with a Jameson's whiskey sauce, drunken steak made with a whiskey demi glace and beer battered onion rings or Jameson BBO salmon.



#### **Irish Blessing**

May the road rise to meet you. May the wind be always at your back. May the sunshine warm upon your face, And rains fall soft upon your fields. And until we meet again,

May God hold you in the hollow of His hand.

#### Leprechaun

A leprechaun is small and green, he hides where he cannot be seen. But if you catch one on this day. he must give his gold away!

Shared by Louise O'Brien

designed and created in Ireland and food is its main attraction.

There are five pub styles represented in this Kildare's. The Shop style, which shares space with a General Store and post office; the Gaelic gives tribute

Boxtys are a traditional dish, found commonly in the Irish countryside, made from potato pancake and then rolled and stuffed with a variety of fillings. Your choices at Kildare's are grilled marinated chicken,

Continued on next page

#### DINING OUT (continued)

oven-roasted vegetables, thin sliced roast beef or shrimp. Boxtys come with mashed potatoes and a vegetable. Hearty, indeed.

As well as the Celtic selections, there are a variety of other items on the menu, from Pub Burgers, Pubwiches, home made soups, salads and appetizers to tomato roasted garlic flatbread and tomato and onion toastie.

#### "May your troubles be few & as far apart as my grandmother's teeth."

Now this wouldn't be a pub without spirits and there is a wide choice. Guinness draft, of course, in 10 concoctions, Guinness stout, Harp lager and Smithwick's draft from Ireland and 18 other drafts from around the world. There are plenty of bottle beer choices, Scotch

whisky and Irish whiskey to whet your whistle.

There is live Irish music on Saturday nights as well as some special feature every evening. On Sunday, one can enjoy a "skillet" brunch offering nine varieties and \$5 Bloody O'Marys!!!

Kildare's, located at 18-22 W. Gay Street in West Chester, is open seven days a week from 11:am to 2:am with an all-day menu. For information call 610-431-0770. We went for lunch and were delighted with the food, atmosphere and the service. Ask for Mike, if you can; he will make your experience even more pleasant.

"As you slide down the banisters of life, may the splinters never point the wrong way."

Sláinte!



#### **HM LIBRARY**

"A reader lives a thousand lives before he dies. The man who never reads lives only one." George R Martin

Our library is excited to announce a new software program. The program is up and running in the library and is available for all residents with Internet access on any personal

device. Check it out on your computer or smartphone, or stop in at the library for a demonstration. Go to hmlibrary. com, as usual, when searching for a book or author. Once you input the title of a book or an author's name, the linked entry will include a plot summary and the book cover. Our volunteers have been trained to help you locate your book. Please stop in for a demonstration.

HM Library (Community Center)
Monday to Friday 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

HM Library contact: Angela Linden, 610-696-5374

www.hmlibrary.com

parents find some treasures for their grandchildren as well as themselves.

One of our newer acquisitions is *The Collectors Apprentice*. Art and intrigue comprise the latest novel by B.A. Shapiro. Vivienne Gregsby is trying to get her life in order after a broken engagement to a con artist who cost her family their fortune and art collection. Edwin Bradley hires her to help him with his



Our Used Book Sale collection is in progress and many books are arriving daily Please deliver your books to us in good condition. College textbooks and religious books will have to be donated elsewhere. Our section of children's books is always popular as grand-

art collection for a museum in Philadelphia. Vivienne's x-fiancé con artist appears. She wants her family's art collection back and revenge takes many turns.

Continued on page 33



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#### HM LIBRARY (continued)

#### **NEW BOOKS**

#### **Fiction**

Arden, Katherine-*Winter of the Witch*Belfoure, Charles-*Fallen Architect*Benedict, Marie-*Only Woman in the Room* 

Bradford, Barbara Taylor-*Master of His Fate* 

Cameron, Marc-Oath of Office
Carr, Robin-Best of Us
Faye, Lyndsay-Paragon Hotel
Griffin, W.E.B.-Enemy of My Enemy
Hendricks, Greer-An Anonymous Girl
Jewell, Lisa-Watching You
Kelly, Julia-Light over London
Krentz, Jayne Ann-Untouchable
Lupica, Mike-Robert Parker's Blood
Feud

Obioma, Chigozie-An Orchestra of Minorities

Roberts, Nora-Of Blood and Bone

Robson, Jennifer-*Gown* Steel, Danielle-*Beauchamp Hall* Steel, Danielle-*Turning Point* Trigiani, Adriana-*Tony's Wife* 

#### Mystery

Burke, James Lee-*New Iberia Blues* Hoag, Tami-*Boy* Kreuger, William Kent-*Desolation Mountain* 

Montgomery, Jess-*Widows*Patterson, James-*Liar*, *Liar*Patterson, James – *Target: Alex Cross*Patterson, James-*The House Next Door*Penny, Louise-*Kingdom of the Blind*Preston, Douglas-*Verses for the Dead*Woods, Stuart-*Delicate Touch* 

#### **NonFiction**

Clark, Doug Bock-*Last Whalers* Krauthammer, Charles-*Point of It All* Obama, Michelle-*Becoming* 



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**FOUND** Very rare (only one) **gold**, **amethyst and pearl earring** found in the Sullivan House dining room on December 13, 2018. Further examination identifies earring as genuine "H.G." and "1/20-12KT. Will be available in sealed unmarked envelope within Lost & Found box of Sullivan House butler's pantry closet beginning December 14.

**WANTED** Two matching **twin size headboards, footboards and frames** in excellent condition. Quality hardwood desired. Call

**WANTED** Golf carts in decent condition. Please contact me at

. I have a trailer to transport.

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**FOR SALE** Complete set of **deep red dishes cut glass design** with some



serving pieces and gorgeous wine glasses. 52 pieces. Asking \$150. Call

**FOR SALE** "GO" machine of the Accuquilt line of fabric cutting machines. Two free dies included. Machine in excellent condition. \$175. Call

**FOR SALE** Pool table bench. Upholstered back and seat. 50" W, H of back 46", H of seat 29", 22" D. Excellent condition. \$100. Call



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Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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#### NEWS FROM THE COMMUNITY CENTER

#### Sharon Kope | Robynwood

Have you been to the Community Center lately? Have you noticed the new room signs? Or observed the schedules posted on the Ardmore, Malvern and Paoli Room doors? We

Included with your showcase ticket is admission to the Boutique Vendor Show at the Hershey's Mill Golf Club between 11 a.m. and 3:30 p.m. on the same day. It's presented by local retailers, who will donate a portion of their sales to the hospital. There will be imaginative raffle baskets available at



are trying to make things clearer for all who use the building.

As of the writing of this article, the elevator has been put on hold due to the necessity for more information from contractors. Please stay tuned and remain open to whatever changes need to be made once construction starts.

#### SHOWCASE OF HOMES

#### Lynn Mander | Devonshire

May 9. Your \$25 ticket will provide you with a self-guided tour of unique homes in the Mill that you can visit at your leisure between 10 a.m. and 3 p.m. The profits from this event benefit the Paoli Hospital Foundation.

the Golf Club as well. We will also be offering lunch at the Club for an additional \$25.

If you have questions, please contact Lynn Mander, chairperson for the event, at or by e-mail at

#### MONDAY NIGHT AT THE MOVIES

#### Lynne Urian | Merrifield

This year's event will be on Thursday, As we all slog through the final grasp of winter, Monday Night at the

Movies will present a little breath of spring on Monday, March 18 at 7 p.m. in the main room of the Community Center with "Miss Potter" (PG, 2006). The film is based on the life of beloved children's

author (and early feminist and conservationist) Beatrix Potter. Director Chris Noonan (of "Babe" fame) paints a lovingly portrait of this Victorian woman who



of her time to publish her work and to become an

outspoken champion of conserving the British countryside she

conventions



loved so much. Rene Zellweger does a lovely job as Potter, and Ewan McGregor as her publisher

(and romantic interest) is wonderful as well. This is a lovely, romantic little film, capturing the spirit of this fascinating and gently determined woman and it's filled with breathtakingly beautiful scenery of the British countryside.

> Monday Night at the Movies is a perfect way to chase away the winter blues!

If you'd like more information, please call Lynne Urian , or email

Hoping to "see you at the movies!"

#### **COMMUNITY GARDENS**

#### Ed Sweeney | Yardley

Last year was difficult and challenging for HM gardeners. Mother Nature was way too generous with rain! Hopefully, in the upcoming growing season, we will experience more balanced weather conditions and will experiment with some shortcuts and Home Depot discounts revealed to us by Bill Reynolds.

> By now you've placed your Burpee catalog order and probably started your seedlings under a lamp. If you need an outlet for your extra seedlings, Bonalyn, Terry and Bill agreed to host our Second Annual Seed and Plant Exchange this year on May 1 – mark your calendars!

Good news for Prius owners and other folks who found the speed bumps on the garden road too high. Jim and Ed report that the problem is fixed and will be graded this spring at this new level.

Get ready to plant your onions!

Continued on page 41





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#### COMMUNITY NEWS (continued)

#### "GRAND" IDEAS!

#### Gail Habbersett | Eaton

Each month we'd like to feature an activity our HM readers have enjoyed



Street, it is very affordable; one fee no matter how long you stay. They also offer specialty coffees, teas and cold drinks at the on-site café which adults are welcome to enjoy throughout the

playground. Shelley, the grandkids, and I had a super time together for 2½ hours. In all that time, both children freely moved from one imaginative center to another, never running out of new activities to try. I love Casita's slogan, "Where the little ones can play and the parents can stay". If you need further con-

(At left) Jay completes a successful test drive at Lulu's Casita. (Below) Em and Oma warming themselves by the fire they built. Photos by Shelley Russell.

with children up to and including teenagers. Please email your brief article/outline about your experience as an attached Word document, to hmctvguide@comcast.net. You may also attach photos as jpg files. Don't worry, we'll polish it up if you'd like.

What do you do with little people when there's nothing but rain in the forecast? Recently,

during a visit from our grown daughter, Shelley, and her two-year old son and four-year old daughter, it poured. Shelley did the only wise thing. She googled "activities for kids in West Chester". She discovered Lulu's Casita, an indoor children's center, is open every day for casual, drop in play. Located in the borough of West Chester at 111 N. High

vincing, check out their website: www.luluscasita.com.

#### **HM PLAYERS**

#### Terese Judkins | Chatham Village

The Players need people to work on costumes for their June 2020 play — Mur-

Continued on page 43

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## Come be a part of ours.

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#### COMMUNITY NEWS (continued)

der Mystery/Musical Comedy! If you like to sew and you'd like to be involved

in producing colorful, fun costumes, please contact Bronwyn Yocum. We always need singers, dancers, actors and lots of people to work backstage or in other areas of production like fund raising, ticket sales, publicity, etc. The Players are an active, friendly group and we'd love to have you join us by contacting John DeVol. Players watch your email for information on our spring social!

expanded consciousness to the aging process.



"I know that only by owning who and what you are can you start to step into the fullness of life. Every year should be teaching us all something valuable. Whether you get the lesson is really up to you." Oprah Winfrey

#### ARE YOU "AGING" OR "SAGE-ING"?

#### Bonalyn Mosteller, Ed.D | Inverness

So these are the Golden Years?? Come explore new ways to view the aging process and join us for a four-week class which supports us to discover new, more positive ways to approach this aging thing. What is this "sage-ing" idea? Most of us move into aging with plenty of fears and anxieties (and rightfully so!). But the idea of "sage-ing" is to bring more wisdom, possibilities and

During this fourweek course, we will first recognize, at a deeper level, our traditional attitudes toward aging and then move toward expanding our thinking in more positive ways. Might we even have the courage to consider some "exciting" possibilities about aging?

Some of the topics to be covered are these: How do negative attitudes about aging become self-fulfilling prophecies and what are new possibilities? How might we deal with physical changes in more positive ways? What do you want your legacy to be? These four sessions will be held 7-9 p.m. at an HM location (to be decided)

on these dates: March 18 and 25, April 1 and 8. Please don't sign up unless you can attend all sessions. This course will be taught by Hershey's Mill resident Bonalyn Mosteller, Ed.D. She has previously taught other HM adult-learning courses. If you have questions or want to register, feel free to contact her.

. Registration deadline is March 15. Fee: donation to cover costs of materials.

Continued on page 45

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## **JUDGE, JURY AND EXTERMINATOR SINCE 1928.**

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For those who qualify and participate, all study-related care will be provided at no cost. You may receive compensation for travel costs.

MISSION AD

#### COMMUNITY NEWS (continued)

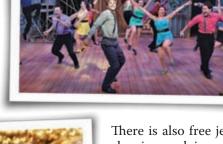
#### **BROADWAY FOR BEGINNERS**

#### Bridget Flood

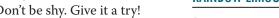
Do vou love Broadway musicals and the upbeat, energetic dance numbers? Have you always wanted to learn some of the moves and dance along with Broadway favorites? Then let's dance! Broad-

way for Beginners is a great way to get moving, have a blast, and learn dance numbers based on Broadway choreography. Learn moves from Hairspray, Chicago, and A Chorus Line and have a blast dancing! This class is offered on Thursdays

from 3-4 p.m. in the Community Center. It costs \$8 a class. All levels are welcome! Don't be shy. Give it a try!



There is also free jewelry cleaning and inspection. Replacement batteries for watches will be available. Find extra money when you turn your unwanted jewelry and heirlooms into treasures. We have the highest prices paid in the five county area.



#### IGC, INC CONCIERGE JEWELER

#### Ed Tomassi, Owner

On Thursday, March 28, IGC, Inc. will be at the Community Center from 8 a.m. to 4 p.m. You are able to sell your gold, silver and platinum jewelry, flatware, and serving pieces; or you can just have it appraised. You can also bring any jewelry you need fitted or repaired and receive a quote from IGC. Some repairs can be done while you wait.



#### **RAINBOW LIMOUSINE**

Despite a common grape-vine rumor circulating, it should be clarified that Rainbow Limousine (formerly Rainbow Cab and Limousine,) has not ceased operations, nor has it changed ownership. Rainbow, owned by Gibbs Tolsdorf since 2003, continues to provide trips between Hershey's Mill and the Philadelphia airport, seven days a week.

Rainbow Limousine now offers "luxury chauffeured services," according to their newly vamped website at www. rainbowlimosyc.com. This means that residents can now choose to travel in a private black sedan or SUV, with a certified chauffeur at the helm. They serve PHL, JFK, EWR, BWI, and all the cruise terminals on the east coast. The approximate cost one way from HM to Phila. International Airport is \$115 including gratuity. Call 610-696-6060. There is a 5% discount if you use the website to reserve service.

#### Fred Auger | Ashton

We are always very proud when one of our many Hershey's Mill Woodshop (HMW) women members completes a unique woodcraft project.



Please meet Denise Bucci, of Brighton Village, an active HMW member who also volunteers her time for Woodshop cleaning and committee representation. A month or so ago, Denise chose to undertake a unique stepstool construction. This was no ordinary stepstool! The stepstool design incorporated sweeping wavelike form with

mortised tenon steps and a wide handle all constructed from rough white oak lumber. With her customary enthusiastic bright smile, Denise proposed her new project. There was a caveat. Denise asked me, "Fred, do you think

> I can do this and can I get some help with my project"? My response was, "Absolutely Denise. Here's how I would approach vour project".

As a graduate of the Woodshop's basic woodworking class conducted by masters, Mark Gross and Arnold Auger, Denise had all of the of the basic wood working requirements to undertake such a novel and elegant stepstool. So the work began!

#### Denise Bucci with her handmade stepstool

After planning and cutting her white oak blanks, Denise set about drawing a replicate template for the stepstool sides. This required manipulating French curves to acquire the wavelike side supports for the desired two step kitchen stepstool. In no time at

all, a drawing evolved into the stool's sidewall template. Denise was pleased wither results. So were Denise's woodshop consultants! Now the template had to be transferred to the white oak material.

With great care and attention to detail, Denise transferred her luan plywood sidewall template to the prepared oak

blank. Once completed, it was now the band saw that would separate the sidewalls from scrap. Once completed, the new sidewall became the template for the second sidewall. Now that the sidewalls were completed. The steps and handle were next.

Compared to the sidewall construction process, the two steps were easy. However, Denise chose to mortar the sidewalls, the best approach to secure the steps to the support walls. This was tricky! Mortising both sidewalls had to be exact and near perfect. Otherwise, the steps would resemble something from, "Cat in the Hat" stairways, crooked and out of proportion. With counsel from woodshop members the mortising process was perfect. Both steps and handle fit their mortised joints.

All of the pieces were finished and ready for assembly. With great patience and attention to detail, the unique stepstool took form. After some final sanding, edge rounding and layers of polyurethane finish, the magnificent stepstool was now complete.

Denise's wonderful smile stands testimony to a job well done. The finished product will always stand testimony to Denise's woodcraft abilities. We invite more community women to participate in our magnificent Hershey's Mill woodshop amenity. You have the skills! Come join us and share your knowledge. We woodshop members have much to share with you!

#### Correction needed:

January Issue, Wood Shop - Tony Hanson, Franklin Village wrote the article on Mark Koschmann's wooden train.

#### Strategies for Managing Retirement Income

#### **Financial Seminar Series**

Hershey's Mill Community Center • March 2019

Join financial advisor and author *Michael J. Mattie* for a discussion on Managing your Retirement Income.

Serving several residents of Hershey's Mill, Michael will provide an update on the financial markets and discuss a different strategy at each seminar with complementary light refreshments and food provided.

There is no cost to attend, however please RSVP by contacting Lisa at (215) 499-9776 or via email at michael.mattie@lpl.com. Please include your name, the date of the seminar

and the number attending.



#### SEMINAR DATES: Hershey's Mill Community Center, from 12:00noon - 1:30pm

- Thursday, March 7th
- Tuesday, March 12th
- Thursday, March 21st
- Wednesday, March 27th

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#### QUESTER GROUP

#### Caroline Weisbecker | Eaton

Hershey's Mill Quester's Group meets in the Sullivan House at 10 a.m. on the second Wednesday of each month. Anyone interested in antiques of all variety, restoration and preservation of such is invited to attend. We take trips periodically to interesting locations. On March 13, we will have an enactment of Ben Franklin's wife featur-

> Deborah Read Franklin (1708-1774) as painted by Benjamin Wilson between 1758 and 1759.

ing Ellen Carmondy and Dolores Higgins. There also will be a talk on the Daughters of the American Resolution on May 8. It promises to be most informative. Our upcoming trip for High Tea fits in with the PBS series on Oueen Victoria. Please call or email

#### **BOOK CLUB**

#### Carol Barkovsky | Eaton

Please join us on March 14 at 2 p.m. in Sullivan House as Elaine Merhar leads us in a discussion of Before We Were Yours by Lisa Wingate. Please prepare to join us on Thursday, April 11 at 2 p.m. in Sullivan House when Jean Gaul facilitates an interesting conversation of Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants by Robin



Wall Kimmerer, Botanist and member of the Citizen Potawatomi Nation, Kimmerer asks questions of nature using the tools of science. As an indigenous scientist, a mother, and a woman, Kimmerer embraces indigenous teachings that consider plants and animals to be our oldest teachers. She also shows us how other living beings offer us gifts and lessons, even if we have forgotten Before We Were Yours how to hear their voices.

#### PC CLUB

#### Don Trauger | Kennett

Our March meeting will focus on spoofed telephone calls that once were manageable with Nomorobo. Join us at 7 p.m. on Tuesday, March 19 in the Community Center, or other location designated if construction is underway in there. We'll discuss



2 p.m. from September through June in the Paoli Room of the Community Center. If you enjoy photography, please join us. Our topic for March is Abstract Photography, something that doesn't have an immediate association with the object world. The topic for April is religious themes.

(Above) Blue Himalayan Poppy that is on display at Longwood Gardens during the month of March, Photo taken by Carol Poling. (At right) "Going for a Stroll at Grounds for Sculpture." Photo taken by Sharon Kope.

the importance of being vigilant about scam calls and what the FCC has mandated for 2019 to help.

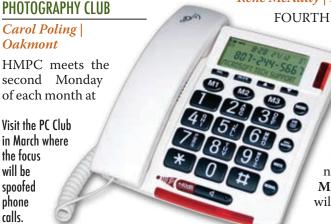
calls.



#### APPLE & MACINTOSH CONNECTION

Rene McNally | Eaton

FOURTH SATURDAY MAC HELP: The Newer Users Group continues to meet on the fourth Saturday of the month in the Paoli Room of the Community Center from 10 a.m. to noon. Our next meeting will be on March 23. Refreshments will be available. Expert Continued on page 51



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#### CLUB NEWS (continued)

advice is free and available to all. Contact Carol Campanelli carcamp1@comcast.net receive email meeting reminders. Rene McNally is the contact in Hershey's Mill.

SECOND SATURDAY MAC HELP: Be sure to check the Main Line Macintosh Users website - www.mlmug.org for the location of the Mac parent group's second Saturday meetings. The March 9 meeting will be from 9 a.m. to noon

at the Whitemarsh Fire House located at 205 Conestoga Road.

#### ART GROUP AT HERSHEY'S MILL

#### Martha Hanson | Franklin

A Yorkie named Max, a rolling river in Bucks County, a thatched cottage...these serve as the inspiration for the artists (with or without formal training) who meet every Wednesday from 12 p.m. to 3 p.m. in the Cove. Each member of the art group enjoys being creative in different ways. One such member is Sarah Hamilton. Sara, the contact person for the art group, has had formal art education taking

classes at the Studio Friday Art Group in Ocean City, New Jersey; the Wayne Art Center; the Mainline Art Center: and Community Art Center in Wallingford. She continues her training during weekly art instruction with Ana McCormick at Administration Gallery and Studio in Newtown Square. She has exhibited and



sold paintings. She uses acrylics and oil in her home studio. She is currently working on two projects simultaneously; a brown and white floral composition, and a bridge scene from France. Even though Sara has numerous places to paint, she has been coming to the art group for over three years. She, like many of the other members, relishes the collegial atmosphere and the chance to learn from others. She says she finds it inspiring to see the growth in the work of the other club members and gets new ideas each week as the members share their individual projects. The art club welcomes new members who

> want the opportunity to expand their skills through their relationships with others.

#### **VETERANS CLUB**

#### Robert Irwin | Quaker

We will hold a meeting on April 3, 2019 at 10 am in the Cove. Any Veteran is welcome to attend. Please contact Bob Irwin at or email

Continued on next page

## ALZHEIMER'S/DEMENTIA SUPPORT GROUP

#### Robert Hughes | Franklin

Like cancer, there are many types of dementia with

Alzheimer's disease accounting for more than 50% of the cases. Only a few of these cases are curable or manageable and the rest leads to premature death. Being a caregiver of a loved one



is very stressful and could result in a condition called "caregiver burnout." A major purpose/hope of the support group is to reduce this stress.



The beginning caregiver suffers from a lack of knowledge about the disease and its many ramifications. These include and are often discussed: cost of care, where and how to get help, early signs

of dementia, typical deterioration of loved one's health, hospice care, doctors, and drugs. For additional information, please call at

#### House Committee News Donna Dickerson | Ulster

The Club re-opened on February 8 after its 6-week winter break. Renovations were conducted on the entryway ceiling, floor and hallway that leads to the Conference Room and Manager's office.

The annual Indoor Golf event is Saturday, March 2. You do not have to be a golfer to participate. As long as you can play miniature golf, you are good to go.

Trivia Night kicks off on Thursday, March 14. This continues to be super popular and will be offered every other month.

Chef Steve will prepare Irish-themed specials along with our normal din-

ner menu for Saturday, **March 16** in order to celebrate St. Patrick's Day.

Something new will be offered on Thursday,

"Golf is 20 percent talent and 80 percent management" Ben Hogan

By definition, a chip is a

March 21 – HMGC Book Club. Meet at the club at 6 p.m. for a light dinner followed by a book discussion. More will follow on this in the March leaderboard.

We will continue with Ladies' Night Out once a month on a **Wednesdays**, except for June when we are going to take over the banquet room for "Girls Just Wanna Have Fun". There will be a DJ, lots of 50's, 60's and 70's music and light fare. Brush up on your line dancing gals!

Club favorites like Steak Night, Kentucky Derby party, brunches, holiday cookouts and theme nights will all be offered.

As always, we value your feedback and suggestions. Remember to fill out Comment Cards which are available in

the Suggestion Box in the Lobby and are included with your bill. Remember to put your name on the card, because we will continue to pull a card each month for a free drink.

HMGC

for this shot depends solely on the distance needed from your intended landing spot to the hole. The stroke itself should be nothing more than your putting stroke, but on a slightly downward angle into the ball because of your setup. Practice this shot using all your lofted clubs, taking note how far each one allows the ball to roll out.

Matthew Harvey, PGA

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**Golf Tip** 

shot made from around the green where the objective is to fly the ball just a few feet onto or just short of the green, allowing the ball to roll out to the pin. You are not trying to control this shot with trajectory or spin. The proper setup should have your weight slightly toward your front foot, your stance narrow and slightly open, and the ball played off

your back foot. The proper club



#### AMERICAN DREAM

#### As told by Tam Hguyen

**Part 3** – Tam's story of the American dream picks up from the February Guide and Digest.

I am proud to have added a small amount of paint to the picture of the

American Dream, making it brighter and brighter.

Passing through many economic, social and political crises in the past, the American dream has lasted from the day that the nation was created until the present time. Indeed, in the winter of 1945, in his final Inaugural Address, President Roosevelt said: "American power and prosperity has reached epic heights". These ideas also had been expressed by John Adams; Americans of the post-war era were living better, richer and happier lives.

In addition, President Barack Obama, a black man, was reelected for a second term in 2013. This reality is proof of the America dream, and also it is a valuable lesson for mankind especially for people of color

who are living in America, because despite their different skin color, all citizens are equal.

America is truly a land of opportunity. Work hard and you will prosper. This premise has nurtured the people since the country was created and lasts until today.

In the beginning, explorers in the 16th and 17th centuries sought riches, and religious dissenters came seeking freedom of worship (Gold and God or God and Gold). British broke with England to come here and form a new society with the belief that a man's natural right included "life, liberty and the pursuit of happiness".

Since the day this nation was created and passing through generations, many



waves of immigration came from all over the world, following previous people to search for prosperity here, and they found it.

Besides the hard work, of course, their success depended on other factors such as the abundance of natural resources, fair and equal justice, and especially the American open education system. Individual talent was exploited at all levels of school, English as a second language classes for new immigrants

Continued on next page

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#### HERSHEY'S MILL SPORTS GROUP (continued)

schools, in neighborhood

were organized at many locations - in communities, in churches or even at home with volunteer teachers.



Eileen Rackover. with Mike's help, took the photos during a practice.





(At top) Billiards team (from left): Roger Kane, Keith Banks, Gordon Davis Jr. Jim Short. Jack McGowan, Joe Silio, Bob Cohen, John Sullivan, John DeVol, Chip Dascanio, Rocky Rackover. Not pictured: Bill Carlin, Dennis O'Leary, and Joe Devanney.

(Above) Keith Banks and Gordon Davis Jr are the winners of our Holiday Tournament that ran the last two weeks in December 2018.

More importantly, the Constitution of America is the first written constitution in world that history was completed by people who owned private property.

It is based on the ideal of democracy, the first nation formed as a republic, a federal system with the office of President and 3 separate branches that were elected by citizens with a limited term for leadership. That structure guaranteed the practice of democracy and orderly issued policies, avoiding the overuse of power. The strength of this model is demonstrated by the fact that America has never had a coup d'état since the day this country was created (1776).

It is very rare among large countries in the world to have such a stable political system and being able to satisfy their people like that.

Even though the US Constitution is only about more than 240 years old, America still became the world leader in economy and many other areas.

#### Conclusion

Whether the American Dream survives or not depends on the role of government and the consciousness of the people. On one hand, government always provides the opportunity for people to promote and develop new ideas and innovations; on other hand, people should know how to work hard in order to prosper and live a better life. What a wish.

TDN.

Source: Time Magazine

#### **HMSG CLUB NEWS**

#### Don Evons | Princeton

On May 22 and 23, the HMSG has a spring event planned for "everyone" in The Mill. This means everyone. For those who are not familiar with the HMSG,

it is the sports activity group that supports over 10 sporting activities here in The Mill. We are sponsoring our first EXPO as a way to introduce our activities, show what is new for 2019 and how to get involved. If you are a member or already involved "BRING A FRIEND". If not come and learn about us. What is especially exciting is showcasing things to do with your grandchildren.

Set aside the afternoon of MAY 22 now.

#### HMSG MEMBERSHIP

#### Judy Dale | Jefferson

It's almost spring! Now is the time to play, indoors or outdoors! But it takes more than just playing. The HMSG is focused on increasing membership in 2019. Why join? The Group helps finance capital improvements, maintenance and equipment. Plus it is an easy way to get involve and socialize! The Master Association is very helpful, but financial support from our players is vital. This year "spring" for a donation. May 22 and 23 will be our "Bring a Friend" Expo! Watch for additional information next month.

#### **BIKE CLUB**

#### Jeff Smith | Princeton

The days are getting noticeably longer and we will soon be liberating our bikes from the recesses of our garages and basements, cleaning them, inflating the

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YOUR GOAL | Whether to walk to the mail box or to run a marathon, no | SOUR GOAL | box or to run a maratron, regard is too small or too big.

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#### HERSHEY'S MILL SPORTS GROUP (continued)

tires and preparing them for another season of riding. We welcome riders of all levels to join us in riding some of the beautiful trails and back country roads in the southeastern Pennsylvania area. Our schedule of upcoming rides includes a description

beyond Exton to Downingtown where it will link with the East Brandywine Trail. The Struble Trail in Downingtown is another local rail trail that's ideal for beginning riders. It parallels the Brandywine River and is very flat and scenic.



you enjoy biking or have never biked and think you may enjoy it, contact either myself at

Seth French at

of the distance, type of terrain, surface and interesting sights along the way. One of the highlights last year was putting our bikes on an excursion train in the town of Jim Thorp, Pennsylva-

nia for a 20-mile trip north along the Lehigh River and then pedaling mostly downhill back to Jim Thorp. We hope to do that again this year. Another favorite ride is the Schuylkill River Trail that parallels the Schuylkill River from Valley Forge into center city Philadelphia. We typically only ride a portion of the trail and take a lunch break at one of the eateries along the way. The Chester Valley Trail is an easily accessible rail trail right in our backyard. It currently runs from Exton to Valley Forge, but there are plans to extend it westward

and we'll

put you on our email list. Additionally, if you would like to ride and need a bike, let us know. Occasionally, someone who no longer rides will donate a bike to us and we're able to pass it on to someone else. If you have a bike that's no longer being used or you know of someone not using their bike, please let us know and we'll make arrangements to pick it up.

Biking is a great way to stay fit, have fun with other bikers and enjoy the beauti-

Continued on page 61

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#### HERSHEY'S MILL SPORTS GROUP (continued)

ful scenery of our area. For those of you who want to remain active and perhaps get involved in a competitive sport, put May 22 and 23 on your calendar. The Hershey's Mill Sports Group, the umbrella organization for all sports activities within The Mill, is having a Sports Expo at the Community Center from 4-6 p.m. on both days. Every sport from horseshoes to tennis will be represented at this Expo. Regardless of your athletic ability, you're sure to find an activity that will be enjoyable and keep you active.

Champions are. We hope to see you in October, ready to bowl!

#### SENIOR MEN'S TENNIS LEAGUE

#### Sergei Yurchak | Springton

Fairly soon the weather will be improving to allow for playing outdoor tennis. This will give you an opportunity to participate with other Hershey's Mill players in the interclub Senior Men's Tennis League. An objective of the League is to provide competitive doubles matches for the players, typically five teams per match and ten matches

per season. If you are interested in playing in this venue come

Continued on page 63

(At left) Dave Dorsey, Dolly Elwell, Bert Peterson, Ed Imparato, Irene Kane, Joan Evans, Bill O'Brien



#### **HMSG BOWLING**

#### Doll Elwell | non-resident

As you read this, Hershey's Mill Bowling League is nearing the end of the season. First half results are in! The Divots (Elizabeth Powers, Marion Mackey, and Dave Dorsey) finished in first place. The Pros (Ed and Eileen Isselmann, and Kathy Kell) finished in second place. Pete Heinly and Joan Evans had Individual High Averages. Pete (again) and Irene Kane had High Scratch Games. CONGRATULATIONS! Our bowling season ends on March 26, unless a playoff is necessary to see who the



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Dr. Bradford J. Jacobs
Dr. Alexandra K. Grulke
Dr. Aabha M. Suchak
Dr. Megan S. Saltzman
Dr. Vanessa Cardenas
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#### MEMORY SCREENING

#### ARE YOU GETTING MORE FORGETFUL?

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Do people say that you repeat the same stories or ask the same question over and over?

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These could be symptoms of Mild Cognitive Impairment or early Alzheimer's Disease.

Keystone Clinical Studies conducts free Memory Screenings, which could help you understand your symptoms. Memory screenings typically last about a half hour and include clinical testing and discussion of results. If you or someone you know is concerned about their memory, please call our office to schedule a memory screening.

(Memory Screening does not take the place of your regular care with your family physician)

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#### HERSHEY'S MILL SPORTS GROUP (continued)

May, please contact me at

#### **PICKLEBALL**

#### Tom Fant | Yardley

Isn't it amazing? Outdoor sports at The Mill have gotten very quiet recently with one exception. If you're

praise the Lord). What happened to Wednesday, you ask? There's a popular difference in our schedule on Wednesdays. We play from 5-7 p.m. to accommodate our once a month pickleball and pizza socials, plus give the stillemployed Mill folks a break.

We here in what we like to call The

Hershey's Mill Pickle-

Photo by Tom Fant of Larry Appalucci, Robynwood and Karen Stahl, Ashton.

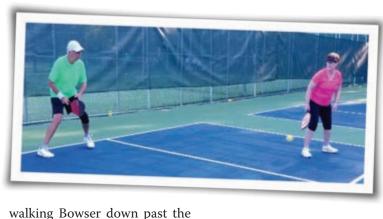
ball Nation with the 150+ email list, like to

remind Mill residents and their accompanied guests that the above hours are reserved on the Sports Group website (ROCO) for the purpose of arranging games. This is a walk-on activity, so that new players need only identify themselves, and one of the experienced players will help them get started.

Good news...the balls and rackets are NO CHARGE items located at what we refer to as the GIMME SHELTER and locker beside the courts.

What about winter spectator pickleball, you ask? We use our Troon Village internet whiz, George Madden, and the pickleball portion of his own website with the link https://www.gmadden33.com. He has the national championships at places like Naples, FL and Indian Wells, CA set up for viewing at your leisure. The instruction portion of the site should be helpful, as well.

See you at the courts!



pool/Cove parking lot from 1-3 p.m. on any clear day this winter, you will hear the distinctive sound we love...the pock, pock, pocking of the pickleballs. The other Mill residents were certain that the only winter activities in these environs would be table tennis (ping pong), platform tennis or indoor (regular) tennis off site on rented courts. However, there they are, the hardy souls bundled up to be sure, but enjoying this game with the funny name and

fabulous growth here and around the

world.

Now the much anticipated spring activities will soon be upon us with our opening pickleball clinic scheduled for Saturday, April 27 at 9 a.m., plus the Sports Group Expo fair and social less than a month later. Also in April, the hours for pickleball play will be moved to 9:30-11:30 a.m. on Saturday, and from 2-4 p.m. on Monday, Tuesday, Thursday, and Friday. Sundays are

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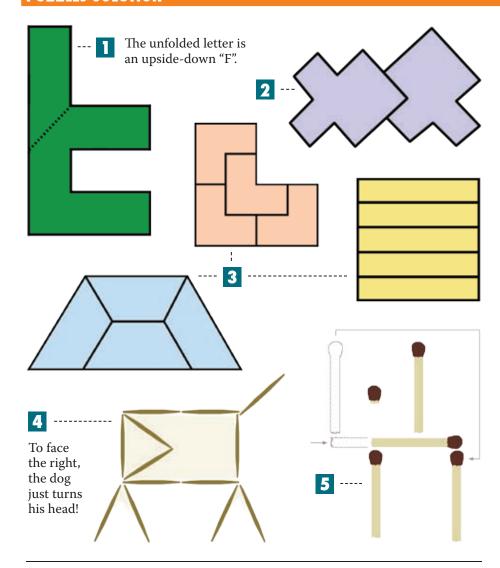
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#### **PUZZLES SOLUTION**





#### RECIPES

If you don't think of seafood when you think of Ireland, you don't know Ireland! These two favorite recipes, from County Donegal, are sure to make your St. Patrick's Day special. We splurge on good Irish butter for both, and suggest you do too.

#### **Creamy Mussel Soup**

2 cups dry white wine
8 tablespoons chopped shallots
1 clove garlic, smashed
8 parsley sprigs, 1 bay leaf, and ½
teaspoon fresh thyme leaves
Pinch of saffron
¼ teaspoon ground white pepper
8-10 pounds mussels, scrubbed
5 tablespoons butter
½ cup flour
3½ cups whole milk
Heavy cream
Sea salt
Croutons and chopped fresh
parsley for garnish

In a saucepan, combine wine, shallots, garlic, herbs, saffron, and pepper; then add mussels, cover, and steam until mussels open. While mussels steam, and in a second saucepan, cook the butter and flour to create a medium roux; stirring often. Simultaneously, heat milk in a microwave until nearly boiling. Pour mussels and liquids through a fine colander, reserving all liquid; then remove mussels from the shells (discard shells, and also any unopened mussels). Return strained liquid to the saucepan and boil it over high heat until reduced by about a quarter. Transfer this liquid to the roux saucepan, and whisk together; then whisk in the hot milk. Adjust the milk if needed to obtain desired thickness, keeping in mind it will thin a bit more once cream is added. Just before serving, add the shelled mussels and heavy cream (to taste and desired thickness); and season with sea salt (may take only a small amount dependant on the liquid from the mussels). Serve with garnish.

#### **Scallops with Mushrooms**

2 pounds unpeeled russet potatoes
1 cup whole milk, 2 egg yolks, and
3 tablespoons butter
12 sea scallops
Dry white wine, and water
14 cups half and half
2 tablespoons butter
34 cup chopped shallots
2 cups sliced mushrooms
3 tablespoons flour
Sea salt and ground white pepper
34 cup grated aged cheddar cheese
2 tablespoons chopped fresh parsley

Boil the potatoes in well-salted water until easily pierced with a knife. Remove from water and remove skins while hot, then beat together with the milk, egg yolks, and butter until light and fluffy. Cover and keep warm. Put the scallops in a saucepan, then cover with a mixture of half wine and water. Poach scallops about 5 minutes, then remove them and reduce the remaining liquid until it's about 11/4 cups. Add the half and half and simmer at least 5 minutes. In a separate saucepan, sweat the shallots in the butter until soft, then add the mushrooms and cook another 4 minutes, then add the flour and cook. stirring, for another 1 minute. Add and stir in the hot scallop, wine, and half and half liquid. Season as desired. Cut the scallops into 3 pieces each, and add to the sauce with half the cheese and all the parsley. In an oven-safe serving dish, pipe the prepared potatoes around the edge of the dish, fill the center with the scallops in sauce, and sprinkle the remaining cheese on top. Place under broiler until top is bubbling and lightly browned.



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#### **ACTIVITIES CONTACTS**

Aerobic Dance/Exercise	. Barbara Thomas
Alzheimer's/Dementia Support Group	
Art Group	
Baby Boomers	
Billiards Club	. Joe Silio
Bingo	
Book Discussion Group	
Bowling (Oct-Apr)	
Bridge Groups:	
Golf Club Tuesday Bridge	. J.B. Smink
Golf Club Friday Bridge	
HM Duplicate Bridge, Mondays at 12:30pm	
Intermediate Bridge	
Social Club Party Bridge	
Talking Bridge	
Card Games	
CareSharers Support Group	
Chester County Hospital Auxiliary	
Computer Club (PC)	
Cradle Stitchers	•
Dominoes (Mexican Train)	
Exercise to DVDs	
Gardens (Community)	
Hand and Foot Card Group	
Knitting Circle	
Mah Jongg (Groff)	
Men's Bible Study	
Mermaid Book Club	
Monday Night at the Movies	•
Paoli Hospital Auxiliary	•
Photography Club	•
Pinochle Club	•
Poker Club	. Mike Brindisi
Quilters	. Diane King
Scrabble	. Marie Knox
Singers (Casual Singing Group)	
Singers (Hershey's Mill Singers)	
Social Club	
Sports Group (HMSG)	. Don Evons
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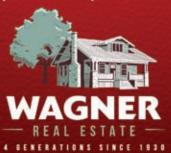
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