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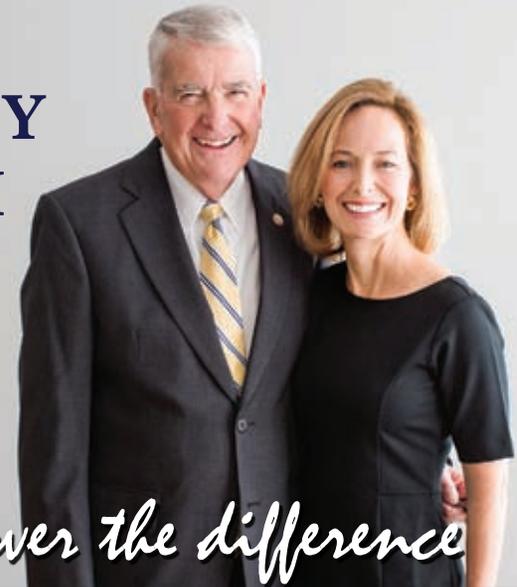
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HMCTV Guide and Digest

Volume XX Number 11 – November 2019

Editor Louise O'Brien

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Featured Writers Joseph S. Kennedy, Bonalyn Mosteller, Jurg Oppliger, Rosie Taylor, and Don Trauger

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Please share with *your* Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



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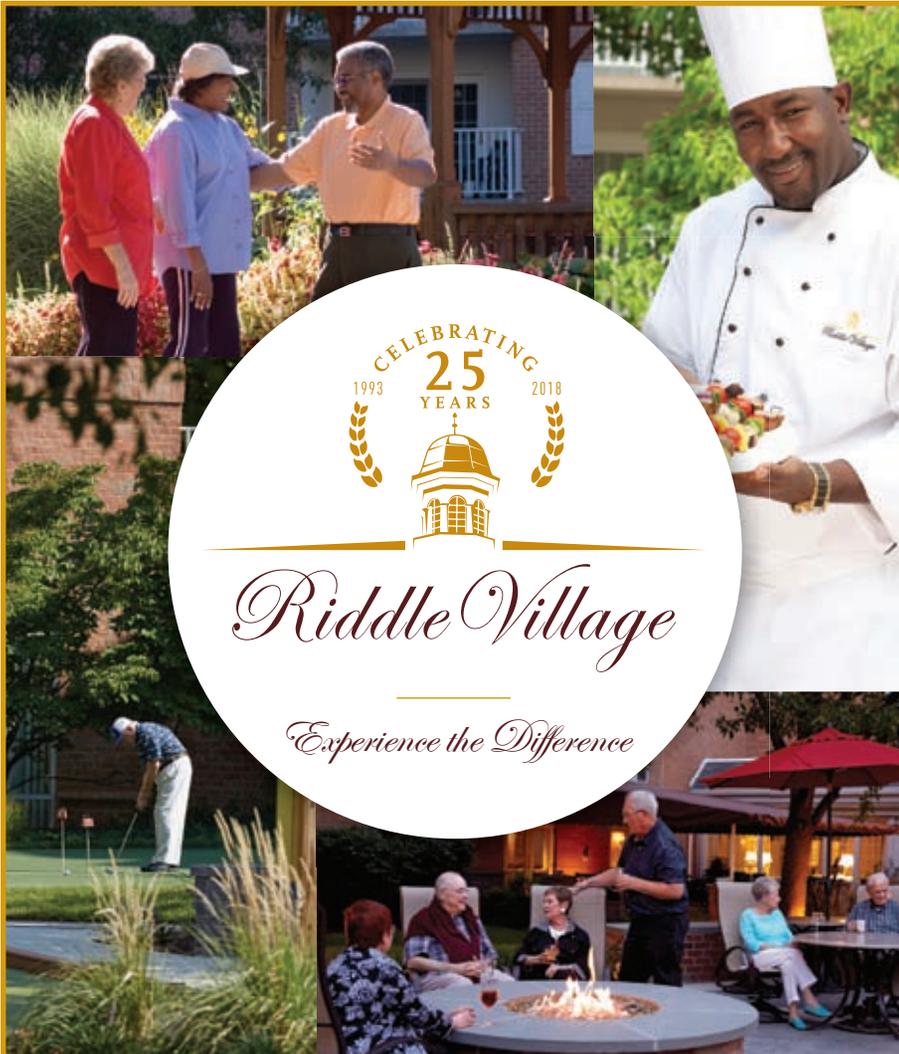
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- Medication reminders
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- Companionship
- Transportation

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From the Main Gate	8
Resident Directory ... Changes	11
Classifieds	12
HMCTV Programming	14
Getting To Know You	16
Pet of the Month	19
And Then It Is Winter	21
HM Bus Trip Advertising	22
Dining Out	29
Vine Talk	31
Local History	32
HM Library	34
Activities Calendar	36
Holiday Community News	39
Community News	40
Club News	48
Tech Tips	52
Health and Well Being ...	55
For the Love of ...	57
Hershey's Mill Golf Club	59
HM Sports Group	60
Recipes	64
Activities Contacts	69
Advertisers' Index	70

Cover: HM bikers at the annual Jim Thorpe outing. See names and more in HM Sports Group.



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Marc Fraser | Director of Security

In the past I have warned you about various scams where people call your home and use convincing stories (“You’ve won a car!” or “A loved one is in jail and needs you to post bail.”) to persuade seniors to reveal their bank account numbers or to wire money. I believe this is an important issue that needs to be repeated.

During peak air conditioning season and winter months, these scammers will pose as utility company representatives and place telephone calls to homeowners. The scammer

will tell the homeowner that their service is about to be shut off because of unpaid bills; and to avoid an immediate shutoff, the homeowner must pay their overdue bill by providing the caller with a credit card number or pre-paid debit card number. They will try to confuse and deceive people by stressing the urgency of paying the bill immediately over the phone. In some cases, these scam artists have been demanding payment for several months’ worth of purported unpaid utility service; and they even have the ability to falsely display the name and phone number of your utility company, or any other phone number, on your Caller ID. Once these scammers have your credit/debit card numbers, they will proceed to drain your account of any remaining credit. If you receive a phone

call from a utility company that is threatening to cut off your service, do not give any information to the caller. Rather, dial the customer service number on your corresponding utility bill and verify the information with an actual utility company representative.

Security has received a few reports of people knocking on doors and stating that they were sent by your utility company or even from your village management company. At times, their goal is to get a credit or debit card number from you; and at other times, they are looking to steal something easily accessible from your home while you go look for a utility bill or to step outside to look at the “problem” with the exterior of your property. Thankfully, I am not aware of anyone within Hershey’s Mill who has lost money or property as a result of this scam. How-

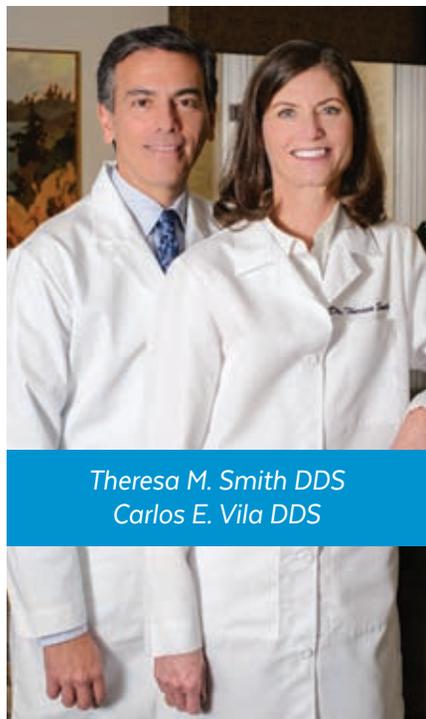
ever, if you find yourself facing a situation like this, do not let the visitors into your home and do not go outside which leaves your home unattended. Simply tell them that you are going to call Security, or the police, and close the door. Once you’ve closed the door, please call Security immediately at **610-436-6403** and let the officers on duty know of your experience and where the visitors could be headed next, if possible.

Solicitation and peddling is not allowed within Hershey’s Mill without permission, so if you see someone going door-to-door, please contact Security at the number listed above.

Also be aware of anyone calling and stating you should send money in any form. DO NOT send anything and report this to the company they are saying they represent. Below are examples of various scams:

1. The IRS (threatening you over unpaid taxes).
2. Publisher’s Clearing House (you’ve won a prize/cash and must pay to have it delivered)
3. Microsoft (your computer has been infected or needs an update)
4. Anyone claiming to be a loved one is hurt and needs money.
5. The Sheriff’s Office or Police Department regarding your jury duty absence.
6. Anyone pretending to represent a loved one who is in jail and in need of bail or attorney fees.
7. A credit card company saying that your card has been compromised and asks you to provide information from your card.

Remember that these scammers are well-trained and very convincing, so if you ever think that a telephone call may be related to a scam, simply hang up the phone.



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Resident Directory Additions and Changes

Boniewicz, Michael & Carol	Guilday, Elizabeth	Moyer, Merle
1087 Kennett Way	558 Franklin Way	246 Chatham Way
Dare, Robert & Dan	Henderson, Scott & Elizabeth	Mulqueen, Jay & Faith
(Updated)		
587 Franklin Way	1409 Springton Lane	555 Franklin Way
Donatoni, Anthony & Diane	Hill, Peter & Susan	Nilon, John & Rita
564 Franklin Way	951 Kennett Way	1413 Springton Lane
Duncan, Jack & Barbara	Kreider, Karen	Pare, James & Norma
1435 Quaker Ridge	330 Devon Way	1139 Merrifield Drive
Fernandes, Antonio & Rosemarie	McClure, Joan & Susan	Rothfuss, Craig & Mulvey, Karen
	(Updated)	(Updated)
1545 Ulster Court	1103 Lincoln Drive	1236 Princeton Lane
Fitts, Barbara	Mossholder, Nelson & Carla	Woodhull, Roger
1456 Quaker Ridge	1412 Springton Lane	935 Jefferson Way

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FOR SALE Complete House. Down-filled, 3-seat maroon **Couch**, like new condition \$600. Cherry **3-Drawer Chest** \$75. Wooden **Coffee Table** \$100. 5 Wooden **Dining Chairs** with arms \$50 each. 60" round **Dining Room Table** \$100. 6 white Upholstered **Dining Room Chairs** \$20. 80" **Buffet**, dark wood \$100. 54" **Side Table**, dark wood \$75. **Queen Canopy Bed**, dark wood \$150. 6 Drawer **Tall Chest**, matches the bed \$150. Dark wood **Armoire**, matches bed \$150. Dark wood **Nightstand**, matches the bed \$50. **Hide-a-bed couch**, like new condition, blue, yellow and cream color \$150. Yellow 60" rectangular **Wooden Table** \$150. Please call or leave message at

FOR SALE Collectible Walt Disney Plush characters. Purchased at

Disneyworld. Adult owned. Kept in cabinet under glass. Donald Duck 16", Dopey 14", Jimmy Cricket 16", Teddie-Barra 9", Winnie the poo 17". Each \$10. Large collection of Beanie Baby Bears all with attached original tags. \$3 each. Plus large **Beanie bears**, 14" tall with matching Baby Bears \$10 each. Adult owned. Call

FOR SALE Beautiful queen-size, pine **headboard** \$75. Call

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HMCTV Programs	November 1-15 (7 p.m. show on November 15 will not be shown)			
<p>Meet the Author <i>with Edie Taylor</i></p> <p>Edie and local author, Matty Dalrymple, discuss her newest suspense novel, <i>The Iron Ring: A Lizzie Ballard Thriller</i>, the third book in her Lizzie Ballard Trilogy, which starts in the suburbs of Philadelphia and ends in Sedona, AZ.</p>	10:00 am	4:00 pm	7:00 pm	12:00 am
<p>Volunteering at Chester County Hospital <i>with Kay Ricker and Kathy Stocker</i></p> <p>Kay talks to Kathy, the Director of Volunteer Services at Chester County Hospital, about their 250,000 ft expansion, opening January 2020, and their need for more volunteers, who can help in areas such as the pharmacy, information desks, gift shop, and knitting newborn hats.</p> <p>Ends at 10:45 am, 4:45 pm, 7:45 pm, and 12:45 am</p>	10:15 am	4:15 pm	7:15 pm	12:15 am

Movies Noon & 8:30pm	<p>November 1 to November 7, noon</p> <p>Sweet Liberty (PG) <i>Alan Alda and Michael Caine</i></p> <p>After selling the rights of his book to a production company, a writer finds himself fighting the many egos and varying views around him. [Run time 1h46m]</p>
	<p>November 7, 8:30 p.m. to November 15, noon</p> <p>The Mirror has Two Faces (PG 13) <i>Barbara Streisand, Jeff Bridges and Lauren Bacall</i></p> <p>A shy, middle-age professor enters into a romantic but non-physical relationship with an unlucky-in-love colleague. [Run time 2h 6m]</p>

24 hours/day channel 1971	Bulletin Board Times
12:45 am - 10:00 am, 10:45 am - Noon, 4:45 pm - 7 pm, 7:45 pm - 8:30 pm on channel 1970	

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2019 HMCTV

HMCTV Programs	November 16-29 (7 p.m. show on November 29 will not be shown)			
<p>22 Park Avenue Orchestra Concert</p> <p>Our August Entertainment in the Park concert, 22 Park Avenue, is a high energy, all volunteer band of 17 members that plays music from the 1930s through 1990s. The concert features old favorites, such as <i>In the Mood</i> and <i>That Old Black Magic</i>.</p> <p>Ends at 10:45 am, 4:45 pm, 7:45 pm, and 12:45 am</p>	10:00 am	4:00 pm	7:00 pm	12:00 am

For **Programs** and **Movies**, go to **Channel 1970** (Bulletin Board information appears only if neither is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

Call HMCTV at 610-436-5922 if you aren't able to receive our TV channels.

Movies Noon & 8:30pm	<p>November 15, 8:30 p.m. to November 22, noon</p> <p>March of the Penguins (G) <i>Told by Morgan Freeman</i></p> <p>In the Antarctic, every March since the beginning of time, the quest begins to find the perfect mate and start a family. [Run time 1h 20m]</p>
	<p>November 22, 8:30 p.m. to November 29, noon</p> <p>MacArthur (PG) <i>Gregory Peck and Dan O'Herlihy</i></p> <p>Biopic of General Douglas MacArthur covering his war exploits during World War II and the Korean War. [Run time 2h 10m]</p>

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Lucy Jorgensen | Quaker

Chip of Quaker

Chip Dascanio of Quaker Village is a busy man but happily so. Recently he and his wife Trish found time to visit with me to talk of the full life they are enjoying here in Hershey's Mill.

Born in Wayne, PA to a hard working Italian family, he was instilled with solid principles and morals. His parents, grandparents and uncles encouraged him to love his country and respect others. At the tender age of twelve, Chip got his first job working at a gas station on Sundays. He worked from seven a.m. until six p.m. for a dollar an hour washing Post Office trucks, small business trucks as well as pumping gas.

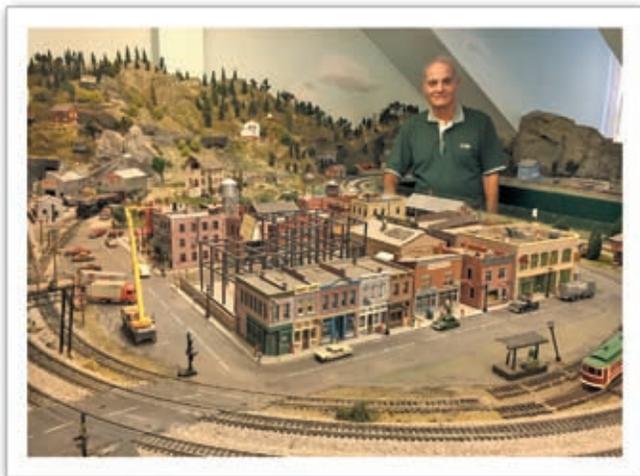
When Chip was seventeen, he and two buddies joined the Army where he served in the ASA, Army Security Agency. After three years in the military, Chip returned home and decided to visit his old boss at the gas station. A very attractive woman pulled in to

get gas and Chip asked his boss if he could pump the gas for that young woman. A romance blossomed and six weeks later he and Trish were engaged and married within a year. Fifty one years later their marriage continues to be cemented in love.

Chip and Trish have two sons, two wonderful daughters in law, and five grandchildren. They live close by and everyone has a special restaurant they enjoy together. A couple of favorites are Florello in West Chester and San Nicole in Paoli. Chip also enjoys helping his family with projects big and small.

Friends seem to have played an important part in Chip's life. After the Army, Chip pondered what career would fulfill him. He and a friend went for a haircut and his friend suggested barber school. That became his calling, a decision he never regretted. After schooling, apprenticeship and working

as a hired hand for a few years, Chip ventured out on his own and opened a shop in the Great Valley Shopping Center at the intersection of Routes 401 and 30. That business has thrived since 1972. Recently, Chip semi-retired leaving the business to a faithful and long-time employee. Speak of generosity.



This spirit of giving extends beyond material assets. He serves on various committees in Hershey's Mill such as Baby Boomers, Players Club and the House Committee for the Golf Club.



When the train committee was dissolved Jack Barry and Chip invited three former member to join them in revitalizing the Train Club. Eventually ten others were recruited to preserve the trains at the Sullivan House. Be prepared to see the traditional Christmas display with the trains up and running.

Though Villanova basketball gets top priority, Chip is enthusiast about all sports; he is a faithful Eagles, Phillies and Sixers fan. Chip plays a fair share of golf, enjoys daily workouts at the gym and also finds time to shoot pool with men of the Hershey's Mill billiards team.

We at Quaker Village have welcomed him to the Mill. Chip is definitely a people person.



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Pet of the Month

Kate Lindsay | Brighton

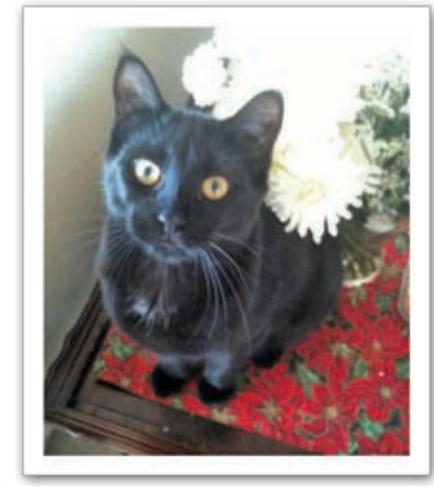
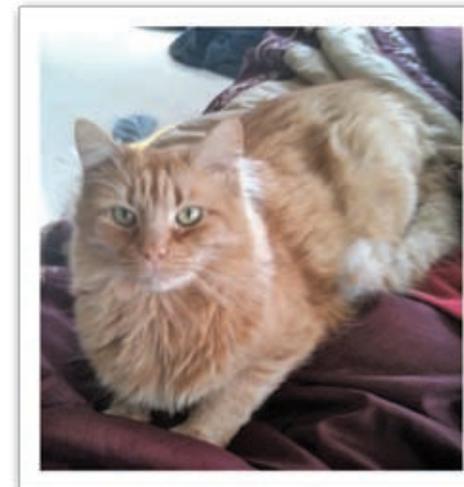
Benjamin came into my life because he needed a home since his owner was marrying a woman who had an allergy to cats. He is a long hair, orange male tabby. While he was a little hesitant when he first arrived, he was able to get familiar with his new home. He was slow to approach any human but as time passed, he became a champion greeter and he continues to be comfortable with people. When you come to my home, he will approach every person and of course want a head scratch, then he goes back to his quiet place. But as the party or card game continues, he comes out and makes the rounds again until people leave.

He was from a family of 2 cats and 2 dogs and at times he seemed lonely. That is when I got the idea that he needed a pet. By coincidence, a friend had been given 3 rescued kittens, so I took one home. The adjustment of 5-year-old Benjamin to Sophie, the new kitten was interesting. One day, Benjamin, who usually does not make a sound, started growling very loudly. It startled me and I was concerned

about what was happening. Well, it turns out that Sophie was in his chair. She was looking at him as if he were crazy. Once she was removed from the chair things calmed down. She does this type of teasing with him until the present time and continues to look innocent. But he does not react as fiercely as he did initially. Today they can play together and Benjamin does show more energy since Sophie has become part of our lives.

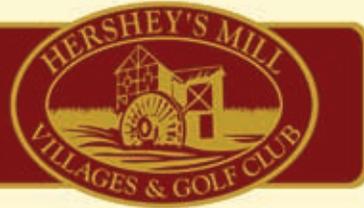
They are great company and entertaining. While Benjamin can come out to visit with his pet sitter when I am away, Sophie will hide the entire time I am gone. In fact, some of my friends have never seen her in the 9 years she has been with me. When I return, she gives me the silent treatment for at least 24 hours. After that, she screams at me for at least 2 days. Recently, after I returning from a two week trip, she became hoarse by day four. Once she forgives me for going away, she starts acting like her old self. I feel lucky to have both Benjamin and Sophia in my life.

(Below left) Benjamin loving living
(Below) Sophie me in trouble



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“Life” is a GIFT to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

Remember: “It is Health that is real wealth and not pieces of gold and silver.”

Your kids are becoming you, but your grandchildren are perfect!

Going out is good, coming home is even better!

You sleep better on a lounge chair with the TV blaring than in bed. It's called “pre-sleep.”

You forget names, but it's OK, because other people forgot they even knew you!

You realize you're never going to be perfect at everything, especially golf.

The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.

You miss the days when everything worked with just an “ON” and “OFF” switch.

You tend to use more 4 letter words, “what?” “when?”

Now that you can afford expensive jewelry, it's not safe to wear it anywhere.

You notice everything they sell in stores is “sleeveless.”

What used to be freckles are now liver spots.

Everybody whispers.

You have 3 sizes of clothes in your closet, 2 of which you will never wear.

But “Old” is good in some things: **Old Songs, Old movies ...and best of all, our dear .OLD FRIENDS!!**

Send this on to other “Old Friends” and let them laugh in agreement



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Penn State Football @ Beaver Stadium

Saturday, November 16, 2019

Cost: \$35 (Bus Only)

Departs: TBD

Contact: Marc Fraser

Join us for our inaugural trip out to Beaver Stadium in scenic Happy Valley (State College, PA) to see the Penn State Nittany Lions take on the Indiana Hoosiers in their final regular season game, with hopes of a trip to the Big Ten title game and National Championship implications on the line. The NCAA has not yet set the time for the game, so departure is TBD at this point. The cost is for bus only; tickets, currently ranging between \$50 and \$125, are to be purchased on your own., Marc Fraser can easily assist you in purchasing game tickets. A minimum of 15 people must sign up for the trip to be taken, so please call to sign up right away, in order to allow time to purchase tickets for a reasonable amount.

American Music Theatre - "Christmas Show"

Thursday, December 5, 2019

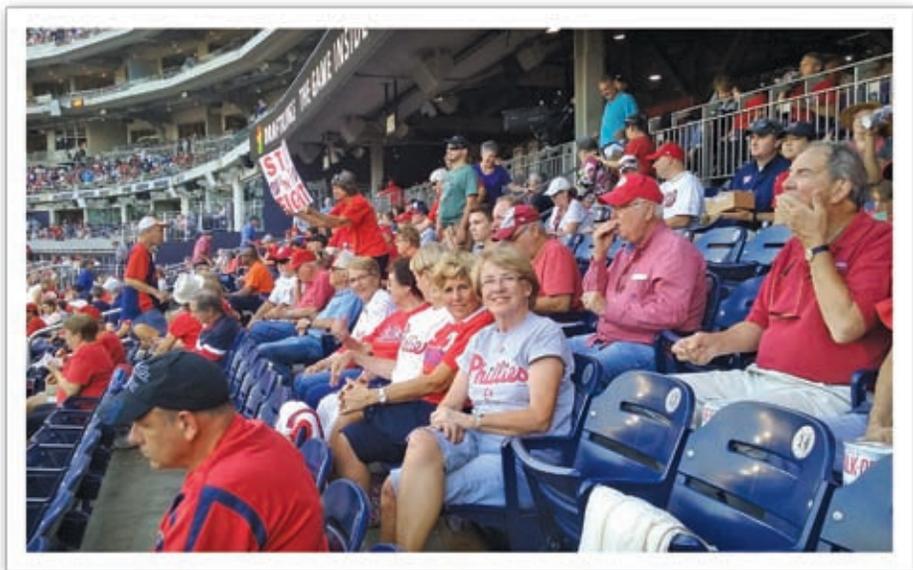
Cost: \$70

Departs: 11:15am

Contact: B.J. VanSchooneveld

Please join us for the American Music Theatre Christmas Show. The ringing of the church bells in a quaint town square sets the scene for *Joy To The World - Holiday Spectacular*. The stage will transform into a small-town winter carnival, featuring scenes fill with entertaining elves, dramatic dancing, and sensational singing. AMT singers, dancers, and orchestra will perform such favorites as *Away in a Manger*, *Jingle Bells*, *Let It Snow*, etc. Inspiring music, dance, and holiday humor are the ingredients for this all-new extravaganza. A smorgasbord luncheon at Shady Maple, prior to the show, is included in the price.

(Below) Right to left: Elaine Sontag, Shirley Marengo, Joan Evans



Kozier's Christmas Village & Smorgasbord Dinner

Wednesday, December 11, 2019

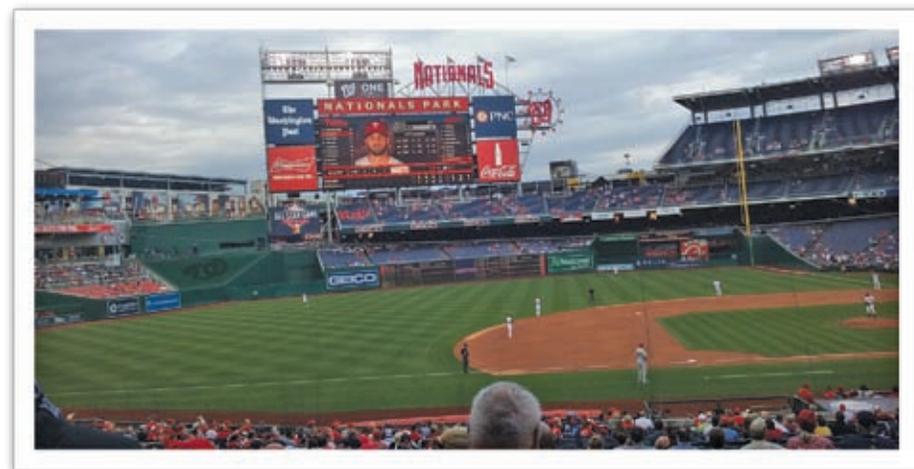
Cost: \$50

Departs: 4:00pm

Contact: Marc Fraser

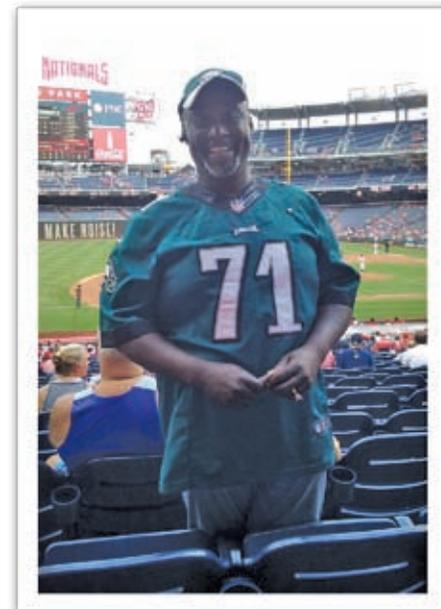
Driving through the darkened countryside and coming over that last hill on the unlit country road is like driving into a fairyland. Suddenly you find yourself in a dazzling valley set aglow with more than one million Christmas lights adorning buildings, gift barns, and landscape. Come enjoy the Christmas season with us, as we visit Kozier's Christmas Village in Bernville, PA. Christmas Village is a truly magical destination, featuring indoor and outdoor model train displays, covered bridge, an opportunity to meet Santa, over a million Christmas lights, and several gift shops where you can find everything from Christmas ornaments and gifts to hot chocolate and cookies, all while listening to traditional Christmas music. Prior to our Christ-

(At right) Bus driver Donald Folks.
(Below) Nationals' Park Washington, D.C.



mas Village visit, we will be enjoying a smorgasbord dinner at Dutch-Way Family Restaurant (included in price). Wear comfortable walking shoes, as it will take approximately 90 minutes to fully navigate Christmas Village. Visit www.koziarschristmasvillage.com - for more information.

Continued on next page



"Vox Renaissance Consort – Voices & Period Instruments"

Friday, December 13, 2019

Cost: \$34

Departs: 7:15pm

Contact: Karen Smith

Join us at the Church of the Good Samaritan in Paoli for VoxAmaDeus' *Renaissance Noel*. This season marks the 33rd consecutive year of our annual tradition of magical Renaissance Noel concerts by the professional Vox Renaissance Consort. They celebrate the glorious Christmas music of Old Europe, with masterpieces for single and double chorus, solo voices, and period instruments. The Renaissance Consort performers are attired in lush period costumes. Come and experience a joyful and traditional old-world Noel! Running time is 90 minutes, with no intermission.

Longwood Gardens Christmas

Wednesday, December 18, 2019

Cost: \$15 or \$42.

Departs: 3:00pm

Contact: Karen Smith

Nothing is quite as festive as Christmas at Longwood Gardens! This holiday season, they celebrate the many shapes of the season with a display that is both nostalgic and inventive. Inspired by the contours of traditional holiday favorites from poinsettias to pinecones to snowflakes, as well as the unique forms found in the grand Conservatory, their holiday display inspires and dazzles. If you're a member of Longwood Gardens, you pay only the \$15 bus fee. If you're not a member of Longwood Gardens, the cost is \$42. See LongwoodGardens.Org for more information on what the gardens have to offer.

NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
2. Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
3. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
4. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive 10 minutes early.
5. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

***Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at 610-431-4006.

SERIES TRIPS

2019–2020 Walnut Street Theatre

WAIT LIST ONLY

Thursday & Saturday Matinees

Cost: \$50 per show

Departs: 12:30pm

Contact: Jayne Lytle (Thursdays)
& Joan Stanek (Saturdays)

The Walnut Street Theatre's 2019–2020 Season includes the following shows for both the Thursday Matinee and Saturday Matinee Series:

Thursday, 11/21/19 & Saturday 11/30/19 - "Shrek, The Musical"

Thursday 1/30/20 & Saturday 2/8/20 - "A Woman of No Importance"

Thursday 3/26/20 & Saturday 4/4/20 - "The Best Man"

Thursday 5/28/20 & Saturday 6/6/20 - "The Bodyguard, The Musical"

2019–2020 Philadelphia Orchestra

Friday Matinee Series

Cost: \$108.00 (All 6 Dates, Bus Only) OR \$18 (Single Date, Bus Only) + Performance Admission

Departs: 12:00 PM

Contact: Ann Seraphin

Please join us for a new exciting season with our wonderful orchestra. Brief program summaries and dates are:

Friday, January 24, 2020: "Beethoven NOW" - Yannick Nezet-Seguín conducts Fung, Beethoven, and Rachmaninoff, with Yefim Bronfman on piano.

Friday, February 21, 2020: "Symphonie fantastique" – Herbert Blomstedt conducts Mendelssohn & Berlioz, with Lise de la Salle on Piano

Friday, March 6, 2020: "Porgy & Bess" – Marin Alsop conducts Gershwin, with Angel

Friday, May 1, 2020: "Tchaikovsky & Shostakovich" – Tugan Sokhiev conducts Firsova, Tchaikovsky, and Shostakovich, with Lukas Geniusas on piano.

Friday, May 29, 2020: "Yja Wang & The Brahms Piano Concertos" - Yannick Nezet-Seguín conducts Brahms & Sibelius, with Yuja Wang on piano.

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Dining Out

Wasabi II

Rosie Taylor | Princeton

High quality food and excellent service are the hallmarks of Wasabi II, a Chinese and Japanese Restaurant located at Dilworthtown Crossing in West Chester. Open for lunch and dinner, 7 days a week, their extensive menu offers selections to satisfy your taste buds while keeping your wallet happy. My husband and I first discovered this hidden gem in Bradford Square where Wasabi I was located. We started going to Wasabi II in West Chester after they opened only because it was a few minutes closer to our home. Both are wonderful as Wasabi III will be when it opens in the Longwood area.

Wasabi II is known for its Chinese standard dishes like Steamed Dumplings, Moo Goo Gai Pan, Hunan Chicken or Beef as well as a varied selection of appetizers, soups, salads, seafood, beef, pork, chicken. All prepared to order with unique sauces and degrees of spicy from cool to hot.

Jeff and I both have our go-to dishes. His is the Orange Peel Chicken with brown rice or any assortment of Sushi. For me, the Bar-B-Q spare ribs

and Coconut Pineapple Chicken Rice cause me to close my eyes, inhale and lick my fingers! I have never had ribs this tender and tasty. All are enjoyed with our favorite BYOB beverages.

The friends we dine with are fans of teriyaki. Adele is divided between the salmon and jumbo shrimp teriyaki while her husband Stan orders both the vegetarian teriyaki and the steak teriyaki knowing he'll take enough of both home to enjoy later in the week because the portions are bountiful. Most of the teriyaki dishes are reasonably priced at \$16.00 or less.

For Sushi lovers Wasabi II offers a 12 or 22 piece assortment which includes all the standard rolls like California, Alaskan, Eel and Maki and unique Shrimp and Chicken Tempura Rolls as well as Neigilhamachi Rolls. Godzilla rolls and Dynamite Rolls. You'll have to come in and try these.

Harrison, the manager, is also very aware that some of the diners are health conscious so Wasabi II offers meals low in sodium, mildly seasoned and, again, prepared to order. Just share with him or any member of his staff your special needs.

Excellent food and beautiful presentation in a welcoming environment. The courteous staff and reasonable prices. Wasabi II offers it all whether you're dining in or taking out. Try it once and you'll be hooked making it your favorite Chinese-Japanese Restaurant. The restaurant is located at 1375 Dilworthtown Crossing, West Chester PA, route 202 and Dilworthtown Rd. Call 610-399-0999 for reservations on Monday through Sunday lunch and dinner.



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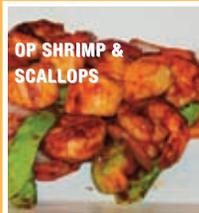
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Vine Talk

Wine Tasting

Jurg Oppliger | Devonshire

The tasting of wine is both a science and an art. I think it is more art than science. Professional wine tasters are called “Sommeliers”. In France, they often use a silver tasting cup called a “tastevin”.

Some high-end restaurants have a sommelier to help you choose your wine. A real sommelier went perhaps to a 10-week course that cost about \$10,000 and let them taste more than 350 wines. A good sommelier can tell you in a blind tasting what grapes the wine is made from, where the wine came from, and sometimes even the year the wine was made.

“Blind tasting” means that the taster cannot see the bottle and does not know what he is tasting. This is used in all serious wine evaluations. But amateur tasters will usually look at the bottle first and then decide how they like it and what they can tell their friends about it.

As a “Commandeur de Bordeaux” and a “Compagnon du Guillon” (the wine society of the Vaud region at the lake of Geneva in Switzerland), I had the chance to be in many wine tastings in Europe. Here is what you as an amateur taster should know.

You judge a wine with your eyes, your nose and your tongue. You first look at it in the glass and judge its color and its clarity. Then you swirl the wine and smell it and see if you like it. And finally, you take a generous sip and let the wine run over your tongue. Now you know your wine and can begin to describe it.

If you are really interested in wines, you should start a little book and take notes for every bottle you open and rate it. I rate them from 1 to 10 for the best. Such an entry should contain the date of the tasting, the name of the wine and the vintage, where you bought it and what you paid, your rating from 1 to 10, your evaluation and if available, the grapes the wine was made with. Here is a simple example:

12/7/2017 “Vecciano 2012” (from Wall Street Journal Wine Club) \$10.50, Rating 9. An excellent Super Tuscan. Dark red color with rich wild berry aroma, heavy but very smooth, with a long finish. Blend of Sangiovese, Cabernet Sauvignon and Merlot.

Here are some words you may use to describe what you taste, but there are many others: Blackberry, caramel, chocolate, floral, herbal, honey, leather, mushroom, raspberry, roasted nuts, smoky, vanilla, wild berries. Your first word impression is usually the best. Words of condemnation include dirty, bitter, chalky and sour.

Try to be independent. Just because somebody else liked or disliked a wine does not mean you have to like or dislike it too. You should not read somebody else’s notes before a tasting, because that will certainly influence your own judgement.

And now, open a bottle and get started!

If you have any questions, I will try to answer them. Just email to “ ” and put as subject “Wine Question”

Joseph S. Kennedy | Princeton

Battle of the Clouds

On September 11, 1777 war came to Chester County in the Battle of the Brandywine at Chadds Ford. One of the minor engagements that followed the major battle took place in our neighborhood in local history it is called the Battle of the Clouds.

Washington was defeated at Brandywine by General Sir William Howe, commander of the British Army. The American forces avoided a disaster when Washington skillfully withdrew his army from a British envelopment and retreated to Chester. Howe did not pursue the Americans but stayed in the Chadds Ford area and rested his troops.

Howe's main objective was to capture Philadelphia. But he also had it in his mind to move to the Schuylkill River as well as send some of the soldiers off to Reading, the American Army supply base. On September 15, Howe moved his army in two columns north and west towards the Schuylkill. One column under the command of General Lord Cornwallis moved along Route 352 to Goshen Meeting while Howe, at the head of the second column, marched to the Turks Head Inn (in what is now West Chester) on Boot Tavern Road.

Washington, having lost contact with the British, sent reconnaissance groups out to the west and south to locate and give battle to the Red Coats. Meanwhile Washington moved the main part of his Army to the Great Valley area. At about 1 p.m. on September 16th the advance units encountered each other right in our backyard.

American dragoons under the command of Brigadier General Count Casimir Pulaski ran into an advance unit of British infantry at Hershey's Mill Pulaski's cavalry deployed to charge. The British formed a double skirmish line and fired a deadly volley at the mounted troops. The dragoons were routed and 12 Americans were killed.

Almost at the same time Howe's advance unit confronted a battalion of Pennsylvania Militia on Boot Road. A brief firefight took place killing six of the militiamen and wounding three British soldiers.

Washington moved out of Great Valley toward the advancing British columns. It looked like there would be a second major battle.

But then nature intervened.

August and September of 1777 were particularly hot and humid. But shortly after the two firefights described above a cold front hit our region and created a downpour of rain, "so violent that few could even remember a more terrible storm - visibility was severely limited".

The rain created other military problems. The powder pans of the muskets of both the British and the Americans were water soaked, as was the ammunition in the soldier's cartridge boxes. The British troops had their bayonets fixed but the visibility was so poor that they could not locate the American troops.

The advance units on both sides disengaged. Washington stopped his advance and moved to what is now Chester Springs. The British marched

on to the Valley Forge area thus ending the Battle of the Clouds.

The aftermath of the Battle of the Brandywine not only included the Battle of the Clouds but also the Paoli Massacre, the occupation of Phila-

delphia by the British, the American Congress's removal to York. The Battle of Germantown, and the Whitemarsh and Valley Forge Encampments.

These are the stories that make up our local history.



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"Reading is to the mind, what exercise is to the body." – Richard Steele

Roberta Ullman has been chairperson of our annual used-book sale for six years. Prior to this she was just a shopper attending the Preview and shopping on Saturday and Sunday. This was her strategy to be sure not to miss anything as the tables were replenished and the sale continued for two days. As Chair, Roberta begins in January, working tirelessly, sorting and packing the used books donated by our residents. Books are sorted into categories, fiction, non-fiction, cook-books, children's books, etc. Nancy Allen and Becky Bell comprise her small committee who help her with this job over a period of 8 months. Once boxes are filled, Eddie, the Community Center Facilities Coordinator,

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stores the packed boxes until the sale. There would be no book sale without Eddie's help!

Many people think our library collection is used books, but our collection is all new books – purchased monthly and based on NY Times Best Seller and the Princeton Review. The majority of these books are purchased at Barnes and Noble. The only used items kept in the library are audio books, puzzles, and DVDs that have been donated. The books in the kiosks outside the library are donated and are taken on the honor system.

Think about this – you can't pass on a favorite book you've read on your Kindle.

Roberta loves the library and is happy to organize the sale as it helps raise money for supplies, shelving, bookends, Wall Street Journal and several periodicals.

Please continue to support *your* library.

NEW BOOKS OCTOBER

FICTION

- Atwood, Margaret-*Testaments*
- Bobotis, Andrea-*Last List of Miss Judith Kratt*
- Chevalier, Tracy-*Single Thread*
- Clayton, Meg Waite-*Last Train to London*
- Cussler, Clive-*Titanic Secret*
- Donati, Sara-*Where the Light Enters*
- Donoghue, Emma-*Akin*

- Gappah, Petina-*Out of Darkness, Shining Light*
- Goodrich, Heddi-*Lost in the Spanish Quarter*
- Greenwood, Bryn-*Reckless Oath We Made*
- Gregory, Philippa-*Tidelands*
- Keopp, David-*Cold Storage*
- King, Stephen-*Institute*
- Lee, Ji-Min-*Starlet and the Spy*
- Lee, Jing-Jing-*How We Disappeared*
- Lester, Natasha-*Paris Orphan*
- Prescott, Lara-*Secrets We Kept*
- Rushdie, Salman-*Quichotte*
- Steel, Danielle-*Dark Side*

MYSTERY

- Archer, Jeffrey-*Nothing Ventured*
- Child, Lincoln-*Old Bones*
- Cleeves, Ann-*Long Call*
- Coleman, Reed Farrel-*Robert B. Parker's The Bitterest Pill*
- Krueger, William Kent-*This Tender Land*
- Lagercrantz, David-*Girl Who Lived Twice*
- Patterson, James-*Killer Instinct*
- Penny, Louise-*Better Man*
- Robb, J. D.-*Vendetta in Death*
- Slaughter, Karin-*Last Widow*

NON FICTION

- Gladwell, Malcolm-*Talking to Strangers*
- Kershaw, Alex-*First Wave the D-Day Warriors*

LARGE PRINT MYSTERY

- Lapeña, Shari-*Unwanted Guest*
- Scottoline, Lisa-*Someone Knows*

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<p>Color Legend</p> <ul style="list-style-type: none"> Ardmore Room Billiards Room Cove H - CC Main Hall Malvern Room Paoli Room Sullivan House Warming Room 	<h1>Activities Calendar November 2019</h1>				Nov 1 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study at HM 1:00pm Mah Jongg-Ullman 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 2:30pm Scrabble	2 2:00pm Table Tennis-Open
3 2:00pm Table Tennis-Open	4 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Grief Counseling	5 6:00am GENERAL ELECTION 1:00pm Canasta 1:00pm Canasta- Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Chatham Open	6 7:30am Men's Bible Study 9:00am Art Group 9:30am Intermediate Bridge 12:30pm Bridge-Social Club 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely 7:00pm Hand & Foot 7:00pm Singers Reh	7 8:00am Veterans' Group 9:00am Chester County Hospital Aux. 10:00am Caregiver Support Group 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 3:45pm Dance Class 6:30pm Poker 7:00pm Casual Singing Group	8 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study at HM 1:00pm Mah Jongg-Ullman 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 2:30pm Scrabble	9 9:00am Gun Sense 2:00pm Table Tennis-Open
10 2:00pm Table Tennis-Open	11 8:30am Aerobic Dancing/Exercise 10:00am Chester County Hospital Aux. 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 2:00pm Photography Club 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 6:00pm Ashton Open 7:00pm Grief Counseling 7:00pm Ulster Open	12 10:30am Brooklands Audiology 1:00pm Canasta 1:00pm Canasta- Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Troon Open 7:00pm Great Books Club	13 7:30am Men's Bible Study 9:00am Art Group 10:00am Questers 1:00pm Dominoes 1:00pm Mah Jongg-Groff 2:00pm Robynwood Open 7:00pm Mah Jongg-Kiely 7:00pm Hand & Foot 7:00pm Jefferson Open 7:00pm Singers Reh	14 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Book Discussion Group 3:45pm Dance Class 6:30pm Poker 7:00pm Eaton Open 7:00pm Glenwood Open	15 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study at HM 1:00pm Mah Jongg-Ullman 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 2:30pm Scrabble	16 2:00pm Table Tennis-Open
17 2:00pm Table Tennis-Open	18 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Devonshire Open 7:00pm Grief Counseling 7:00pm Merrifield Open 7:00pm Monday Movie Night	19 1:00pm Canasta 1:00pm Canasta- Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 2:00pm Spirit of Democracy Club 6:30pm Boomers Book Group 7:00pm PC Computer Club 7:00pm Quaker Open	20 7:30am Men's Bible Study 9:00am Art Group 9:30am Intermediate Bridge 12:00pm Social Club Bridge 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely 7:00pm Franklin Open 7:00pm Singers Reh	21 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 3:45pm Dance Class 6:30pm Poker 7:00pm Princeton Open	22 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study at HM 1:00pm Mah Jongg-Ullman 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 2:30pm Scrabble	23 2:00pm Table Tennis-Open
24 2:00pm Table Tennis-Open 2:00pm National Affairs Forum	25 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Grief Counseling	26 8:00am Concierge Jewelry 1:00pm Canasta 1:00pm Canasta- Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Great Books Club 7:00pm HLN Open	27 7:30am Men's Bible Study 9:00am Art Group 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely 7:00pm Hand & Foot	28 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 3:45pm Dance Class 6:30pm Poker	29 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study at HM 1:00pm Mah Jongg-Ullman 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 2:30pm Scrabble 3:00pm Bingo	30 2:00pm Table Tennis-Open



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Holiday Community News

SULLIVAN HOUSE HOLIDAY OPEN HOUSE

Judy Molt | Yardley

It is the holiday season and as is the tradition at Hershey's Mill, the Sullivan House will be all dressed in holiday splendor. Start your holiday season at the Historic Sullivan House by coming to the Annual Open House being held on Sunday, **December 8 from 1 p.m. to 4 p.m.**

Sullivan House will be aglow with sparkling and twinkling decorated trees, garlands, wreaths, bows and lovely poinsettias. This year some very special elves have been busily working to revive and restore the treasured third floor train display. Members of the East Goshen Historic Committee will be selling their Holiday Ornament commemorating the listing of Sullivan House to the township's Historical Inventory. Come one, come all, bring your children, grandchildren and friends to share the wonderment of the season as well as share holiday cheer with your neighbors, new and old.

In addition to the magic of the house, holiday cookies and punch will be served. The Friends of Sullivan House (FoSH) will be offering chances to win festive gift baskets, jewelry, artwork as well as a variety of other gifts.



HERSHEY'S MILL TREE LIGHTING AND TREE OF STARS CEREMONY

Betsy Carlin | Princeton

Please join the Hershey's Mill branch of the Paoli Hospital Auxiliary for its annual Tree Lighting Ceremony on Saturday, **December 7 at 6:30 p.m.** in front of the Hershey's Mill Community Center. Bring your children and grandchildren to see the tree come alive with sparkling lights while the Hershey's Mill Singers lead us in joyful carol singing. There will also be a special visit from Santa for all the little ones who will be attending.

The festivities will continue inside the Community Center with refreshments and homemade goodies along with the beautiful Tree of Stars which will be on display. You can support the Paoli Hospital by purchasing a gold star, for a donation of \$10, and writing the names of your loved one(s) to hang on the tree and viewed throughout the holiday season. Stars are available from any Auxiliary member or by calling or e-mailing Gerry Walsh at



. Gold Stars may also be purchased on the evening of the tree lighting. All proceeds benefit Paoli Hospital.

OFFICE RELOCATION

Sharon Kope | Robynwood

The contract for the elevator at the Community Center has been signed! The location of the elevator will be in the space currently occupied by the Community Center office. Since there is no unused space available in the CC, we will be relocating the office to the Guide and Digest office. It is located in the building that sits on the right side

of the road as you exit through the Main Gate. There are two driveways; the first one has the Channel 20 sign by the entrance and the second driveway goes up around the rear of the building. Use this second driveway. We will be moved by Monday, December 2. We look forward to having you drop by to visit, book your activity and pick up the necessary paperwork.

WELLINGTON

April Soublis | Community Relations

Wellington at Hershey's Mill is hosting our very first Veterans Resource Expo on Thursday, **November 7** from 1:30-4 p.m. This event will be held in our brand new performing arts center, formally known as the auditorium. Other

(All photos) HM Garden Club celebration collage.



sponsors who will be in attendance, Wellsprings, Willowtree Hospice, and Oasis in conjunction with the Veteran's Outreach Program.

Access to a variety of resources, services, lunch, and much more will be provided. Featuring representatives from the American Legion, VA Regional benefits office, Chester County Veteran Affairs, Chester Recorder of Deeds, Coatesville Medical Center and more. All Veterans and families are welcome, but space is limited. Please RSVP to April Soublis at 484-263-5995. Veterans should bring a copy of their DD214.

Also, on Friday, **November 8**, from 11 a.m. to 1 p.m. please join Wellington and other sponsors in a walk around East Goshen Park to aid the fight against Alzheimer's. Please visit <https://act.alz.org> if you would like to donate and help in the fight.

COMMUNITY GARDENS

Ed Sweeney | Yardley

The Hershey's Mill Garden Club took full advantage of perfect late summer growing conditions that enabled many gardeners to extend the season of fall crops. Many gardeners planted lettuce, beans, beets and other cool weather plants. Nevertheless, all good gardens need a rest. And what better way to wind down than with a big celebration at the Garden Gazebo! The attached collage of the group attests to the fun and good eating by all.

WINTER HOLIDAY BOUTIQUE

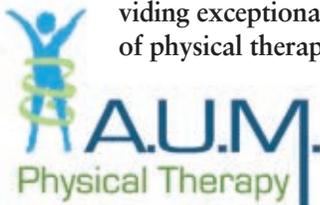
Chester County Hospital Auxiliary

On Sunday, **December 1** at the Community Center from 10 a.m. to 3 p.m., the Chester County Hospital Auxiliary is pleased to host another fabulous boutique event. Come join us to kick

Continued on page 43

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(At left) Special appearance by friend and resident Red Tail Hawk!

who is not pleased when Father Flynn, a young new priest (Seymour Philip Hoffman) has recently been assigned to the school. All four leads, and the film itself, were nominated for Oscars. "Doubt" is a tense, thought-provoking drama that presents more questions than answers. Join us, and form your own conclusion!

It's free and open to everyone at Hershey's Mill. If you'd like more information, please call Lynne Urian at _____, or email her at _____

start your holiday shopping featuring unique vendors and local artisans with selections such as clothing, pottery, jewelry, accessories and candles just to name a few.

Proceeds of this event will be used to support the advancement of the heart and vascular program "Heart to Heart" of Chester County Hospital.

MONDAY NIGHT AT THE MOVIES

Lynne Urian | Merrifield

Doubt (2008, PG13) Please join us on Monday Night, **November 18** at 7 p.m. in the main room at the Community Center as we present "Doubt." Written and directed by John Patrick Shanley and based on his Pulitzer Prize and Tony Award winning play. The film takes place in the Bronx in 1964. Meryl Streep is Sister Aloysius, the principal of a Catholic school,

Hoping to see you at the movies!

HM PLAYERS

Terese Judkins | Chatham

Dinner, dancing and jingle bells? It must be time for the HM Players Christmas party! It will be at the Club on Thursday, **December 19**. Information will be emailed to all HM Players in November. If you are not a Player but would enjoy making new friends, attending fun socials and working on or off stage to produce our June 2020 murder mystery musical comedy, contact Shauna Flynn and she will email you a flyer which will tell you how to reserve your spot at the party. June 2020 is coming before you know it so don't wait, join us in this fun production. We would love to meet you.

Continued on next page

IGC CONCIERGE JEWELERS

On Tuesday, **November 26**, IGC Concierge Jewelers will be at the Community Center from 8 a.m. until 4 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: gold, silver and platinum jewelry, gemstones, sterling silver flatware and sterling silver accessory pieces, fine time pieces and coins. They also repair fine jewelry and time-pieces. Free jewelry cleaning and free coffee and doughnuts will be served.

UPCOMING EVENTS

Bryn Mawr Rehab Hospital Volunteer Association is having a Craft Fair on

Friday, **November 22** from 11 a.m. to 5 p.m. at the Bryn Mawr Rehab Hospital. For more information call 484-596-5400.

On **December 17** at 2 p.m., the “SPIRIT OF DEMOCRACY GROUP” will include a Review of the November Elections in a holiday setting.

“GRAND” IDEAS!

Gail Habbersett | Eaton

Please take a moment to send us a story of one of your favorite “dates” with your grand(s). Pictures often tell it all! Email your brief article/outline about your experience as an attached Word document, to hmctvguide@comcast.net and attach photos as jpg files.

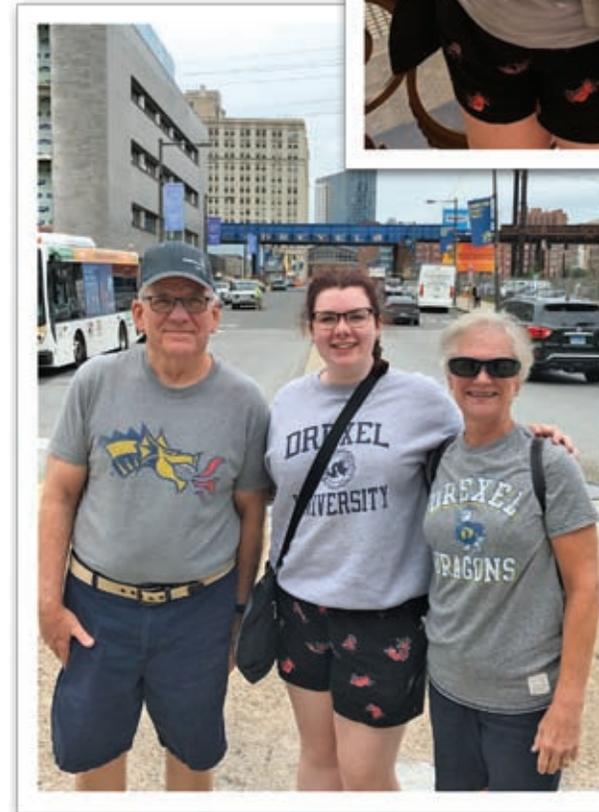
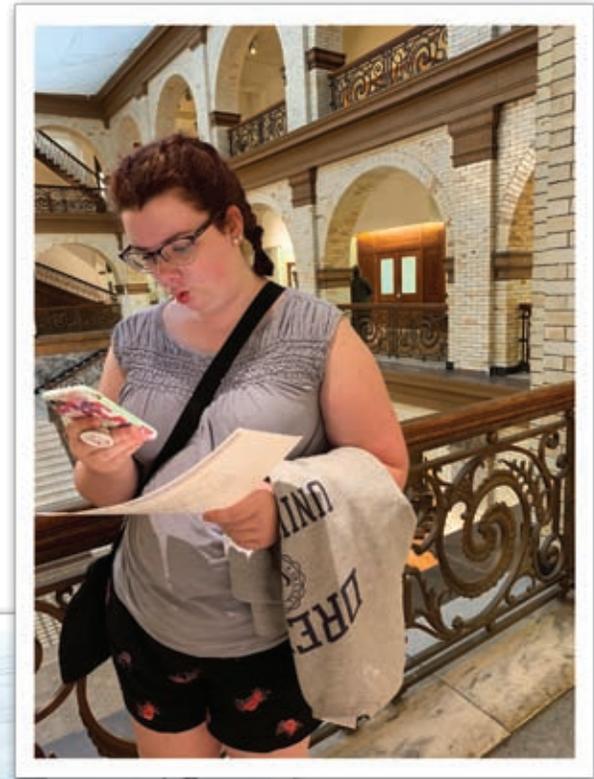
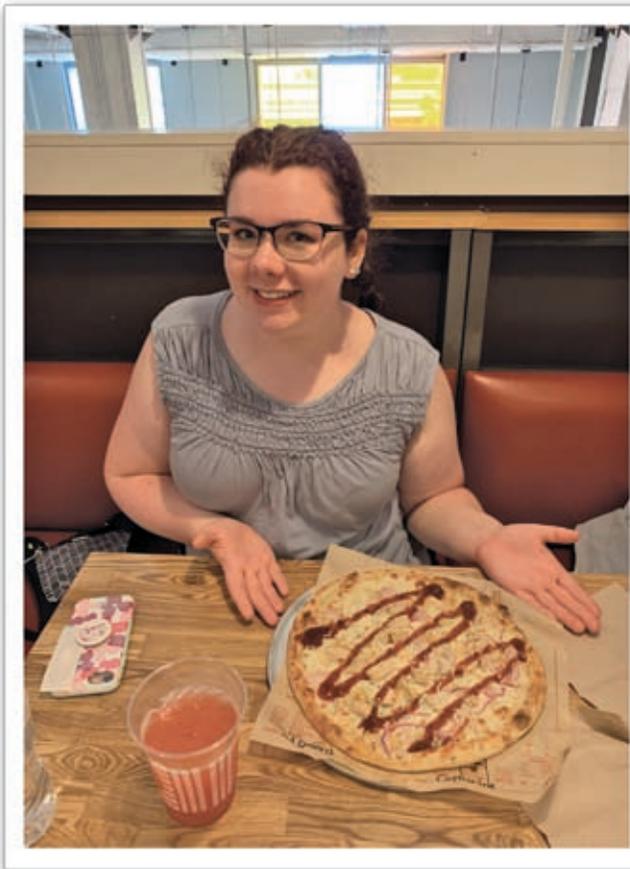
As is inevitable, but evident in a healthy life, “grands” grow up! And for many, their 18th year brings the onset of a college career. This fall our oldest grandchild, Cath-

(At left) Catherine pleased with her “green stripe pizza”.

(At right) Catherine was given helpful information from the staff in Drexel’s Admission’s Office before we conducted our own tour.

(At far right) All of the University buildings were in proximity of her dorm making travel on foot practical in the city.

erine, matriculated at Drexel University and we were delighted to spend a day on campus – just the three of us – before *day one*. Septa’s free senior pass made the trip part of the adventure. Catherine, already familiar with some buildings she had frequented, led our tour of the stately Admission’s building, her high-rise dorm neighborhood, some classroom buildings, and the Barnes and Noble/Drexel bookstore. For lunch, Catherine chose Blaze



Fast Fire’d Pizza since it was close by and she’d never been there. Now she can add a new “fav” to her list of area eateries. Just so we could say we did, all of us walked through Wawa’s biggest store as we headed back to 30th Street Station. Our day in Philly was such fun and gave Opa and Oma peace of mind as Catherine soon ventures out on her own. We’ll be able to envision her new surroundings and more easily plan a quick and easy trip in the future.

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Featured Club

WOMENS' PINOCHLE

Roseanna Taylor | Princeton

Enjoy cards? Love having fun? Join the Pinochle Group! Our goal is simple. Every Tuesday enjoy each other's company while playing a fun game. Pinochle is a form of rummy and easy to learn. The group has been meeting for over 24 years and consists of every level of player from beginner to skilled. We even have a player who's a Pinochle instructor and very generous with her knowledge and help.

Our ages vary as much as our skill levels, however the hoots, hollers and laughter come from everyone.

Pinochle requires a lot of luck, some strategy and loads of humor. It was originally brought to the Americas by German immigrants who, when trying to pronounce the word 'Bezique' came out Pinochle and the rest is history. The classic game

(At right) Kate Lindsay, Ruth Dudt, Erna Graham, and Tina Bradley
(At far right) Gail Reed, Louise O'Brien, Rae Birch, and Rosie Taylor

is played in groups of 4. Depending on the numbers of players who come on Tuesday, we play 3, 4, 5 or 6 handed. On this particular Tuesday, we had two groups of four.

New to Pinochle? Played years ago but a little rusty? Skilled? Wherever you fit there's a place for you at our table. We meet on **Tuesdays** from 1-3 p.m. at the Sullivan House. Join us! We'd love to have you. For more information, contact Erna Graham, Franklin at



APPLE & MACINTOSH CONNECTION

Rene McNally | Devonshire

Fourth Saturday Mac Help: This Newer User's Group will meet in the Paoli Room of the Community Center from 10 a.m. to noon on **November 23**. Refreshments will be available. Expert advice is free and available to all. Contact Carol Campanelli at carcamp1@comcast.net to receive email-meeting reminders.

ART GROUP

Martha Hanson | Franklin

"Art is for healing ourselves, and everybody needs their own personal art to heal up their problems." Linda Ronstadt

These words ring true for most of the members of the Hershey's Mill Art Group. Many find that art has helped them to work through and cope with their sorrow and pain. One of our members, Barbara Leone, discovered a passion for calligraphy while dealing with the loss of her husband. The pursuit of this craft gave her a way to make herself and others feel happy. The Art Group is not just a group where members create their individual art, we also take trips and ask individual members to share their expertise. The group meets from 9 a.m. to noon **each Wednesday** at the Cove.

Continued on next page



CAREGIVERS SUPPORT GROUP

Sue Staas | Kennett

If you are caring for a loved one with a chronic illness such as: Parkinson's disease, cancer or dementia, or managing your loved one's disability, consider attending our monthly Hershey's Mill Caregiver Support Group. For over 10 years, we have offered a soft place to land for those seeking practical solutions and emotional support along their caregiving journey. Our meetings are the **first Thursday** of each month in the Community Center from 10 a.m. to 12 p.m. Walk-ins are welcome. For more information, contact Sue Staas at _____ or Aimee Gustitis, BSN, RN, JD at _____ or _____

BOOK CLUB

Carol Barkovsky | Eaton

During our **November 14** meeting, Jean Gaul will address team and sports competitions, community pride and the values of loyalty, friendship and kindness in the community of Beartown, as described in *Us Against You*, by Fredrik Brackman. Please join us at 2 p.m. in the Sullivan House. In December, attendees are asked to bring their favorite poem to read and explain why it is meaningful and memorable to them.

CASUAL SINGING

Paul Day | Ashton

The fun continues for the Casual Singing Group which meets the first Thursday of the month at 7 p.m. in the Ardmore Room of the Community Center. Recent sing-alongs have drawn many of our regulars and several new folks, plus 5 or 6 guitar players to add energy to the singing. Come **November 1**, sit in our circle, and pick a song

for us to sing from our collection of rock, spiritual, folk, and traditional songs. Only one rule – HAVE FUN! When we aren't singing, we are laughing. Sometimes we laugh so hard, we can hardly sing!

COMMUNITY BIBLE STUDY

Bill Judkins | Chatham

Our Bible Study, *From the Red Sea to the Jordan River* has started but it's not too late for you to join us. The study is at the Cove on **Friday mornings** from 10-11:30 a.m. Community Bible Study is an international, interdenominational study. We read, discuss and watch short videos which provide other information adding to our understanding. Developing a caring community in the group is an important part of our time together. To learn more about CBS, go to the website, www.communitybiblestudy.org. or please call me, Bill Judkins at _____

KNITTING CIRCLE

Ruth Schick | Chatham

The Hershey's Mill Knitting Circle is knitting and crocheting away into the fall season. If you are a knitter or crocheter, why not bring along your project and join our friendly group. We meet every **Thursdays** from 1-3 p.m. in the Paoli Room of the Community Center. In addition to doing our own knitting and crocheting, when possible, we are happy to assist people with their knitting and crocheting projects. For information about the Knitting Circle, contact Ruth Schick at _____ or _____

PAOLI HOSPITAL AUXILIARY

Eileen Rackover | Franklin

PHA-HM invites you to attend our monthly meeting on Thursday, **November 14**, 9:30 a.m. at the HM



(At left) Photo by Kate Lindsay from Brighton Village "Clear Night in New York"

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

The HMPC meets the second Monday of each month at 2 p.m. in the Paoli Room. The topics for the months of November-January are listed below:

November 11-Fall/Seasonal/Trees
December 9-Working hands
January 13-Funny looking photos of family and/or friends

Any questions, please call Carol Poling _____ or Michael Rackover _____

QUESTERS Tredyffrin Chapter #3

Sue Ciorletti | Zephyr

The Hershey' Mill Questers group will meet Wednesday, **November 13** at 10 a.m. in the HM Community Center. The speaker will be Cathie Voorhees of Heatherton. She has written a book called the *Colors of Dignity*, a factual history found in the diary of a Civil War soldier. Those of us who enjoy antiques, history and discovering new antiques, will enjoy this meeting.

SPIRIT OF DEMOCRACY

Linda Wiley | Lincoln and Christi Marshall | Vassar

On **November 19**, from 2-4 p.m., this Club will welcome two speakers to continue our September discussion on the Environment. In addition, as a salute to our elections, we will discuss the original framework for democracy. Our first guest speaker, Rachel Joy Davis, is a recognized environmentalist and our second speaker will be a Constitutional Scholar and Educator. Look forward to seeing you soon!

Community Center. This month's presentation is by our very own Jean Cox, Jefferson Village, who will share the visual journey of her late husband Howard Schafer's career as a marine artist. Jean's presentation begins with his early work in New Jersey, following his art training in Philadelphia and continues with different venues of his paintings. Please join us! If you would like more information about the HM Auxiliary, please contact Betsy Carlin at _____

PC CLUB

Don Trauger | Kennett

Our next meeting will **November 19**, starting at 7 p.m. This meeting will focus on the best way to handle Microsoft Updates. There will also be time to discuss all computer topics of interest. Come join us as we all learn together. We meet in the upstairs in the Ardmore Room of the Community Center.

Don Trauger | Kennett

Windows 10 Version 1903 - What's New

Microsoft's support for version 1803 will end November 12, 2019. Version 1809's support will end May 12, 2020. For 1803 users Microsoft is busy downloading 1903 to your computer. You may already have it. You can check to see what version you have by clicking Settings, the gear icon above the Power icon after clicking Start, then click System and scroll down and click About. Scroll down to Windows specifications to view your version.

If you have version 1903 click Home at the top left corner to return to the main Settings window. Next, click Update & Security. You will see a major change in the way Microsoft handles updates.

For some background on this change read my December 2018 and July 2019 articles dealing with Windows Update problems. Go to our web site hersheysmill.org and type windows update in the search field and press Search. The articles will help you better understand why Microsoft is making a change with Windows Update starting with version 1903. Don't implement any changes mentioned in the articles. If you still have the changes mentioned in the articles, restore your computer back to its original configuration. The new 1903 version will be able to be configured to mitigate Microsoft's reliability problems with updates. Users with version 1809 may or may not see this new Windows Update feature. Microsoft

has stopped offering 1809 as a version upgrade and instead has moved directly to 1903.

Updates are issued generally every Tuesday starting at 1 p.m. except for high priority security updates that can occur at any time. The timing for these updates does not mean you can get them automatically at 1 p.m. Depending on the load for Microsoft's servers it could be as late as Thursday or Friday before you get them. The first Tuesday of the month is the big-

gest and consists of the major updates for the month. Weeks 2, 3 and 4 may consist of patches to correct any errors made with the first Tuesday patch.

It's very easy to see that Microsoft issues updates in the beginning of the month then spends the rest of the month figuring out how to fix them. Let me guide you away from this scenario.

Here's how to configure Windows updates to avoid Microsoft's mistakes. In Settings click Update & Security. Move down to and click Advanced options. Scroll down to Pause updates. Assuming you get your updates in the first week of the month click the down arrow in the field and select the last Friday of the current month (at the earliest) or the first Friday of the following month. Microsoft limits you to a 35 day maximum delay. Whenever

you receive your updates then you get a new 35 day delay window.

You can see this feature will always delay updates up to 35 days. However, the first time you use it depends on receiving stable updates during the first week of the month that don't require patching during the second, third or fourth week of the month. Be alert to any system problems that occur after an update. Click the Resume updates button located in Update & Security under Settings and download the fix. It may take a week or longer to download a stable fix.

Our PC Club meeting is on the third Tuesday of every month at 7 p.m. upstairs in the Community Center. Our next meeting will be November 19, 2019. You'll get answers to your questions regarding this article and any other issues that you may have.



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“I’m just a Big Worrier – I Can’t Help It!”

Many of us suffer from “obsessing worrying”. We find our minds continually thinking about the same worrying scenarios—like a broken record. For many HM people, we experience this stressful worrying related to our adult children and/or grandchildren: “Is she making a big mistake by doing [a particular thing]?” “Will my granddaughter be permanently damaged by some approach her parents are taking?” We could name other types of examples: “My cat seems to be drinking a lot—is she getting diabetes?”

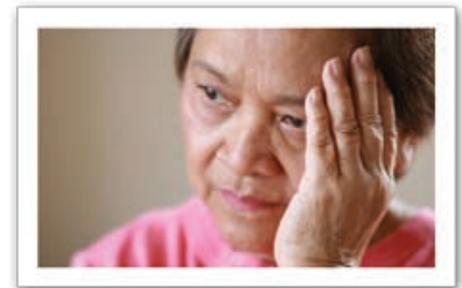
What’s the problem? I will mention three. First, in the brain, obsessive worrying releases cortisol (a steroid hormone) and triggers other non-healthy biochemical reactions. Second, these chemical changes in the brain also directly affect the body, contracting various body parts for example. Commonly, the shoulders and low back are affected. Indeed, low back pain is often more about tight muscles than vertebrae issues. Third, worrying gets us nowhere! Nothing changes—at least nothing that is positive.

It might be as difficult as mining for gold, BUT it is possible to train our minds to worry less. Here are a couple tools that can help. First, consciously stop the worrying thought and instead focus on your breath: in and out. If words butt in again, just return to your breath. You will notice that when your attention is 100% on your breath, the worrying thoughts are not pres-

ent; they disappear. At first, this is likely to be a very challenging practice, but, over time, this practice works.

Second, practice relaxing whatever part of your body seems to be most contracted. Exhale your breath through your tightened muscles. Actually imagine that the breath is relaxing the muscles, in the low back, for example. Over time, these muscles may become less tight. I was recently in a very stressful situation, and the next day I couldn’t bend over. It took me a couple days of consciously relaxing my low back muscles and stretching before the problem completely resolved.

I close with two vital notes: “Beating ourselves up” about worrying only makes the whole cycle worse. Instead, lovingly remember that your intentions are good, worrying thoughts are actually the mind’s way of trying to keep your loved ones safe! Finally, it is not true that the more we worry, the more we care. Relax and bring more peace to yourself.





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For the Love of ...

Veterans

Rosanne Taylor | Princeton

Unlike Memorial Day, a special day that remembers those who gave their lives for our country, is Veterans Day which set aside to honor all of those who have served the country in war and peace and to thank living veterans for their sacrifices. A few years ago, my father-in-law, Al Taylor, a WWII vet, participated in Honor Flight, an organization who honors vets by taking them to visit their memorials in Washington, D.C. Since 2005, when the first Honor Flight Network flew 12 veterans in six small planes flew to D.C., where over 159,000 vets have been honored.

Dad's Honor flight included a bus tour of D.C. and a visit to the WWI, WWII, Korean, Vietnam, and Air Force memorials as well as Arlington Cemetery. Hundreds of volunteers and tourist cheered, hugged and applauded these heroes. At the WWII memorial, vets stood shoulder to shoulder. Some spoke. Some cried. Most were silent. All relived something they seldom if ever spoke about.

For Dad's group, which included vets from MD, NY, and PA, the day concluded with a dinner at the Armed Forces Retirement Home. During the bus ride to the retirement home a special event took place...mail call! Mail call was a lifeline for service men and women fighting the war. Letters from wives, mothers, sweet-hearts, children and others helped boost their morale while letting them know that they were remembered and keeping them up to date on what was happening on the home front. The Honor Flight mail call consisted of handwritten letters, notes and cards from family, friends, school children, and a local politician. EVERY vet received at least 1 letter. Dad received over 300! He was shocked both by the number of cards and the sentiment, love, affection and sincere appreciation for the kindnesses he extended to so many over the years. In reality, Dad was reading what would be said of him at his memorial service. To this day, at 96, he still reads those cards.

On this Veterans Day, honor a vet. Attend a Veterans Day event, ask a veteran about their time in the military; hang a flag in your yard; place a wreath at Arlington; buy a vet a meal; participate in an Honor Flight event or take a vet to Washington. Because of the sacrifices made by these dedicated men and women, we enjoy and live in freedom. Take the time to thank them.

Know a vet? Help them participate in Honor Flight. Contact www.honorflight.org.



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Hershey's Mill Golf Club

Starting Sunday November 3, the Club will be closed for dinner on Sundays.

As we approach the holiday season, the Club starts off November with **Seafood Night** on Thursday, **November 7**. This evening offers an extravagant appetizer buffet and your choice of plentiful seafood entrees. Reservations are a must!

The always-fun game of **Trivia** will be back on Thursday, **November 14**. Get your winning team together, fill out the sign up card and drop it into the box located in the lobby. Names and club numbers are required.

Thanksgiving is Thursday, **November 28**. If you've never celebrated this holiday at the Club, we hope you'll join us and decide it is the perfect place for your family gathering. The traditional dinner will be available, including turkey with all the trimmings. Dinner



reservations will be taken from 1-4 p.m. Don't delay in making your reservations as tables are filling up fast! Cost to dine is \$29.95, plus tax, for adults and \$13.95 for children age ten and under.

For those who prefer dining at home on Thanksgiving, the Club will be preparing **Turkey to Go** including all the trimmings and apple or pumpkin pie. Cost for Turkey to Go for 8 is \$185; for 12 it's \$225. Pick up is promptly at noon on Thanksgiving and orders must be placed with the Club in advance.

Looking into December, Santa will come on Saturday **December 7** for the HMGC annual "**Brunch with Santa**". It's not too late to make reservations for this popular and fun-filled family event!

Comment cards are always included with your tab, please let us know if you enjoyed your meal or have suggestions to share.



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POCKET BILLIARDS

Michael Rackover | Franklin

According to the Billiard Congress of America, billiards was developed out of a lawn game similar to croquet in the 15th century. When play moved indoors, green tables were used to simulate grass. Originally, the balls in billiards were driven by a mace with a large tip, and through something similar to a croquet wick. The game evolved and expanded over time to include pocketed tables and shot-calling for points, enjoying wide popularity in America in the 1920s. The term *billiards* comes from the French words *billart* ("wooden stick") and *bille* ("small ball"). Typically, billiards can refer to any kind of tabletop game played with a cue stick and cue ball, while pool largely means a game with pockets. (<http://mentalfloss.com/article/582807/whats-difference-between-pool-and-billiards>)

Our billiards room in the Community Center now has two brand new 8 foot Olhausen pool tables. The room



has been painted and redecorated. We want to thank the Master's Association and Community Center for the support to updating room. In September, we had our first home match with the Villages of Hillview from Coatesville. The room was able to support 12 shooters either playing or on the sidelines watching the match. Congrats to our HM team winning this inaugural match.

At your convenience, please stop in and see the new Billiards Room. On Fridays from 1 p.m. to 2:30 p.m. the Billiards Room is reserved for

(Below) Out with the old, in with the new

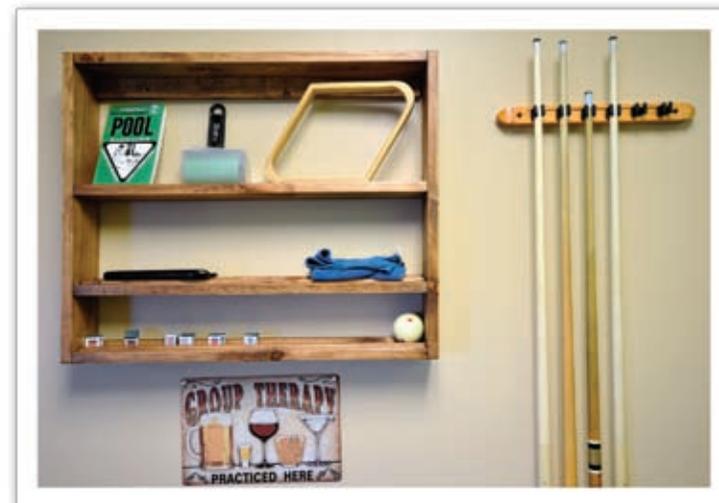


(Above) "Changing of the guard"

open play for all residents. Beginners, experienced players wishing to brush up on old skills, and those interested in a social game should give it a try. A member of the Billiards team will be present to assist, instruct, or play depending on the attendees. With two tables, we have more options for everyone to participate at a comfortable level.

The Billiards Room is open when the Community Center is open with

(At right)
You can't play
without this



the exception of the times reserved for team practice, generally Monday through Thursday from 3 p.m. to 8 p.m., scheduled team matches and when the Hall is rented for parties.

For more information contact Joe Silio at

Continued on next page



BIKING

Seth French | Yardley

Six HM bikers braved forecasts of inclement weather for the annual Jim Thorpe outing. It was clear and

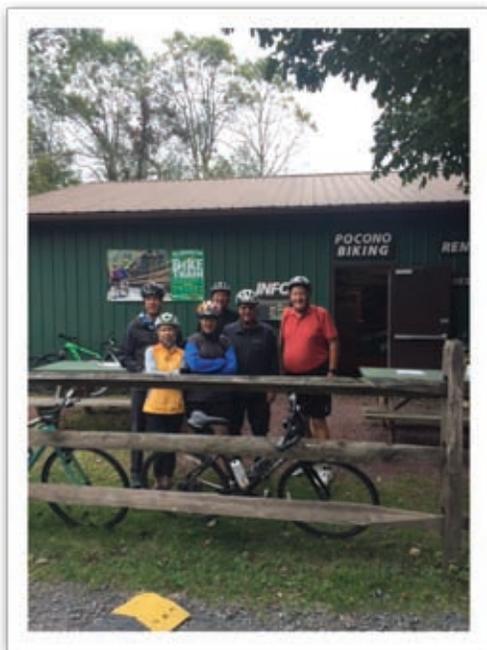
cool from the trailhead to the Thorpe Train Station. We enjoyed 25 miles of shade, scenic outlooks and waterfalls. Our homemade gourmet sandwiches enhanced a perfect day for a beautiful ride. When you read this, our season for 2019 is over, but 2020 will be even better with all our new rides. This past year we set a new record for rides and riders. Help us do it again in 2020!

BOWLING

Ed & Eileen Isselmann | Inverness

The Hershey's Mill Bowling League started its new season on Tuesday, October 8 at the Palace Bowling Lanes in Downingtown. Everyone talked about their activities over the summer and were happy to get the season started. This year we are looking to have

(At left) From left: John and Liz Ryan, Kelly Markus, Jeff Smith, Frank Kelly, and Seth French.



12 teams of 3 players each. We would like these teams to bowl 12 times each half of the season. The scheduled first half is from October to January and the second half is January to March. The season should end on March 31, weather permitting, so everyone has time to transition into the spring and summer events, and sporting groups. There is still time to sign up for the substitute list. Contact one of us below and we will be happy to give you the initial details and put you on the list. Ed Isselmann at

; or Eileen Isselmann at
;
(home)

PICKLEBALL

Tom Fant | Yardley

Recently we mentioned that 2019 was turning out to be special with a full year play on a neat rebuilt surface.

This has brought Hershey's Mill Pickleball a lot of attention including a terrific crop of new players. Many are also currently tennis players or ones that are using tennis skills as an easy transfer to a new game that is easier on senior joints. Joe Murphy is the perfect example of one who took to pickleball like a hawk takes to ther- mals. We also have a number of folks who are total beginners and appreciate the "walk on" nature of our game. No problem...veteran players, like Lynn Mander and Jack Hamilton, are happy to coach and set up practice games. We have designated pickleball court #4 for this purpose, particularly on days when the courts are busy.

This month, we change our sched- ular to every day at 1 p.m., weather per- mitting. Of course we adjust for The E-AG-L-E-S. On game day November 3, we bring our two hour reserved

time up to 11 a.m. to 1 p.m. This schedule will continue till May. It is always good to dou- ble check with the Hershey's Mill Sports Group website reservation system, hypertext- ROCO, along with the bulletin boards.

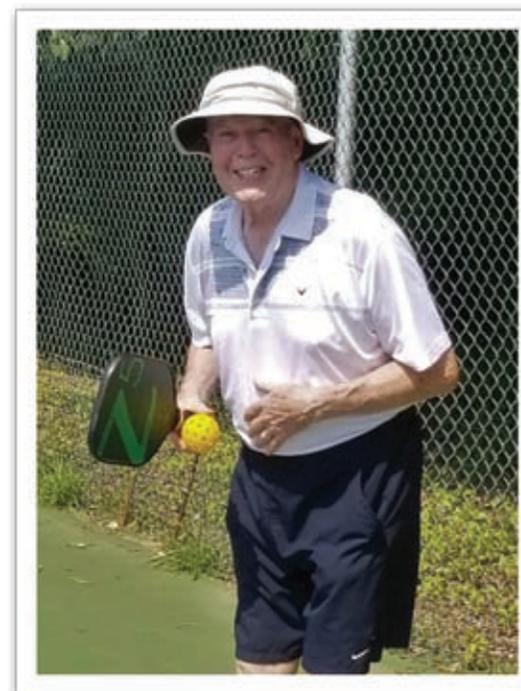
Where can you find us? "Ttwixt tennis and the pool with a little bocce on the side." See you there!

BOCCE

John DeVol | Princeton

Plans are underway for a return of league play in 2020 in conjunction with village and open play. Details will be forthcoming in the upcoming months of the Digest.

(At left) Joe Murphy of Glenwood Village



Anytime of year is great for soup, but our cool Novembers make it a perfect time for the hearty and comforting recipes we provide here. These days, when we think of soup, we think of fellow soup-lover Louise O'Brien; she's not only a Mill resident and friend, but is editor of this magazine. We hope she, and you, enjoy them too!

Creamy Barley Soup with a Barley, Leek & Mushroom Swirl

It may be tempting to prepare the swirl while the soup is cooking, but we don't recommend it since the additional very low cooking time greatly benefits the taste of this hearty and earthy soup.

- ½ cup + ⅓ cup uncooked barley
- 2½ tablespoons olive oil
- 3½ tablespoons unsalted butter
- 1 very large yellow onion, chopped
- 1½ teaspoons diced fresh oregano
- ½ teaspoon diced fresh parsley, *plus more for garnish*
- 2 large leeks, white part only
- 1 large carrot, finely grated
- 2 garlic cloves, finely chopped
- 3 cups vegetable stock
- 1¼ cups sour cream, *not fat-free*
- Kosher salt and ground pepper
- 1½ cups thinly-sliced mushrooms

In a bowl, cover the half cup of barley with boiling water and set aside. In a large saucepan over medium heat, heat the oil and 1½ tablespoons of the butter, then add the onion, oregano, and parsley and stir often for about 7 minutes. Dice one leek, rinse very well, and add to saucepan along with the carrot and garlic, and stir occasionally while cooking for another 12 minutes; vegetables should be well caramelized. Drain the soaking barley, and add to saucepan along with vegetable stock and 4 cups of water, then simmer until barley is fully cooked and soft; about 25 minutes. Add sour cream and puree soup using an immersion blender until smooth; and consistency

can be adjusted with a bit more water if you prefer. Season to taste with salt and pepper, then set heat to very low, and cover with lid. In another saucepan, cover the remaining third cup of barley with water and a bit of salt, and simmer until tender but toothy, then drain and remove to a bowl. Slice remaining leek into 1½ inch pieces, rinse very well, and simmer in salted water in the saucepan until just tender; 4-5 minutes. Drain leeks and return to saucepan with remaining butter and the mushrooms, and sauté over medium-high heat until vegetables are lightly caramelized. If your mushrooms don't provide enough moisture, add a bit of water during cooking; and make sure it is all absorbed. Mix in cooked barley, stir for about 1 minute, then remove from heat and lightly season to taste. For service, place creamy barley soup in large flat bowls, swirl in the barley, leek, and mushroom mixture, then garnish with a bit of diced fresh parsley.

Creamy Celery Root & Apple Soup with an Apple, Walnut & Gorgonzola Swirl

We hate to see any part of the flavorful celery root go to waste, so have made the tough skin part of the stock for this tasty and unique soup.

- 1½ pounds celery root, cleaned well
- 2 large Vidalia onions, or other sweet
- 5 large celery ribs
- Bouquet garni of 2 bay leaves, 3 parsley sprigs, and 2 thyme sprigs

- 1 cup diced carrots
- 3 tablespoons unsalted butter
- 1¼ large Granny Smith apples
- ⅔ cup diced russet potato, uncooked
- 1¼ cups half-and-half
- Kosher salt and ground pepper
- 1½ ounces Gorgonzola cheese
- ⅓ cup finely chopped walnuts

Carefully slice off celery root skin, and add to a large saucepan along with 6½ cups of water, 1 onion (roughly chopped), 3 celery ribs (roughly chopped), the bouquet garni, and half of the diced carrots; then bring to a boil. Once at a boil, reduce heat to a simmer, cover, and cook for 45 minutes. After 25 minutes of stock cooking has elapsed, and in another large saucepan, melt butter over medium-high heat, then add celery root (diced), remaining onion (diced), remaining celery ribs (diced), apple (peeled,

cored, and diced), remaining carrots, and potato. Stir and cook for about 10 minutes until onions and carrots are a bit caramelized, then add half a cup of water, cover, reduce heat to low, and cook for 10 minutes more. Pour the stock through a strainer and into the saucepan with the vegetables and fruit, cover, and simmer until the vegetables are completely soft; about 25 minutes. Add half-and-half and puree soup using an immersion blender until smooth; and consistency can be adjusted with a bit of water if you prefer. Season to taste with salt and pepper, cover, and leave on low heat while preparing swirl. In a bowl, add cheese (crumbled), walnuts, and remaining apple (unpeeled and diced). For service, place soup in large flat bowls, then swirl in the cheese, walnut, and apple mixture.



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Table Tennis.....	Allan Shaffer.....
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Yoga.....	Ellie Sybesma.....

Advertisers' Index

55 Plus Essential Services.....	11	John Clarke - EXP Realty.....	68
Advocare Pulmonary & Sleep Specialists.....	30	Kendal ~ Crosslands Communities.....	47
AireServ Heating & Air Conditioning.....	68	Kevin Free.....	21
Amada Senior Care.....	18	Kristen R. Matthews - Attorney.....	54
Angel Companions.....	4	Louis Romano Services.....	42
Arbour Square at West Chester.....	10	Made Easy Inc.....	67
AUM Physical Therapy.....	42	Main Line Health Center - Exton Square.....	7
Barclay Friends.....	33	Medicare Insurance Services.....	66
Beardsley Agency.....	59	Menninger & Associates.....	67
Blinds 4 U.....	38	Oliver Heating and Air Conditioning.....	66
Body-Borneman Insurance.....	20	Oriental Pearl Restaurant.....	30
Boyle's Floor & Window Designs.....	35	Plush Mills.....	38
Brandywine Valley Heating & Air Conditioning.....	46	Podiatry, Ronald Melincoff, DPM.....	25
Brewer Heating & Air Conditioning.....	42	Podiatry Care Specialists, PC.....	17
Brooklands Audiology, Inc.....	71	RE/MAX Main Line.....	13
Buckley, Brion, McGuire & Morris LLP.....	34	Richard J. Egan Painting Co.....	70
Daylesford Crossing.....	28	Riddle Village.....	6
Donnelly Heating & Air Conditioning Inc.....	9	Sarah Care of Malvern.....	46
Dorsey Team.....	3	Second Source Computer Center.....	12
E.W. Brown, Inc.....	52	Seniors Helping Seniors.....	26
Echo Lake.....	56	ShelfGenie.....	54
Excel Physical Therapy.....	15	Smile Solutions.....	27
Eye Doctors of Chester County.....	28	SV Dental.....	8
Frazer Dental Care.....	66	The Desmond.....	38
Freedom Village Brandywine.....	53	The Hickman.....	65
General Warren.....	11	The Stove Shop Fireplace Center.....	46
Gerhard's Appliances.....	58	Toninos Pizza & Pasta Co.....	26
HM Homeowners Landscape Division.....	20	Wagner Real Estate.....	72
		Wellington at Hershey's Mill.....	2

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