



Bulletproof Your Shoulders! Educational Seminar

Hosted By Dr. Gabe Kresge PT, DPT

Free Lunch and Learn

Learn how to Manage / Prevent shoulder pain, including:

Rotator Cuff Tears, Shoulder Impingement, Bursitis and more!

Tuesday November 19th, 11:00 AM

Topics will include: Shoulder Mechanics, Common causes of shoulder pain, Strengthening Exercise recommendations and Management of the injuries included above

*Kinetic Physical
Therapy*

Hersheys Mill Community Center
RSVP recommended:
gabek@kineticptpa.com