Aquacise with Sandy & Merfriends

Music to keep you Moving and Motivated! For RESIDENTS ONLY!

No Pre-registering Required/NO FEE

Monday through Saturday

First Day: Tues., May 28 Last Day: Mon., Sep. 2 9:45 a.m. - 10:30 a.m.

(Gate Opens to Sign-in at 9:20 a.m.)

Class Size: MAX 35 Participants

(First Come/First In)

Waterbells Available

Fitness! Fellowship! Fun!



March 15, 2024 - 1 - 2024Aquacise20240315