

# **Aquacise with Sandy & Merfriends**

**Music to keep you Moving and Motivated!**

**For RESIDENTS ONLY!**

**No Pre-registering Required/NO FEE**

**Monday through Saturday**

**First Day: Tues., May 27 Last Day: Mon., Sep.1**

**9:45 a.m. - 10:30 a.m.**

**(Gate Opens to Sign-in at 9:20 a.m.)**

**Class Size: MAX 35 Participants**

**(First Come/First In)**

**Waterbells Available**

**Fitness! Fellowship! Fun!**

